

# Scoring School

**BREAK**  
80

# Swing Challenge Week

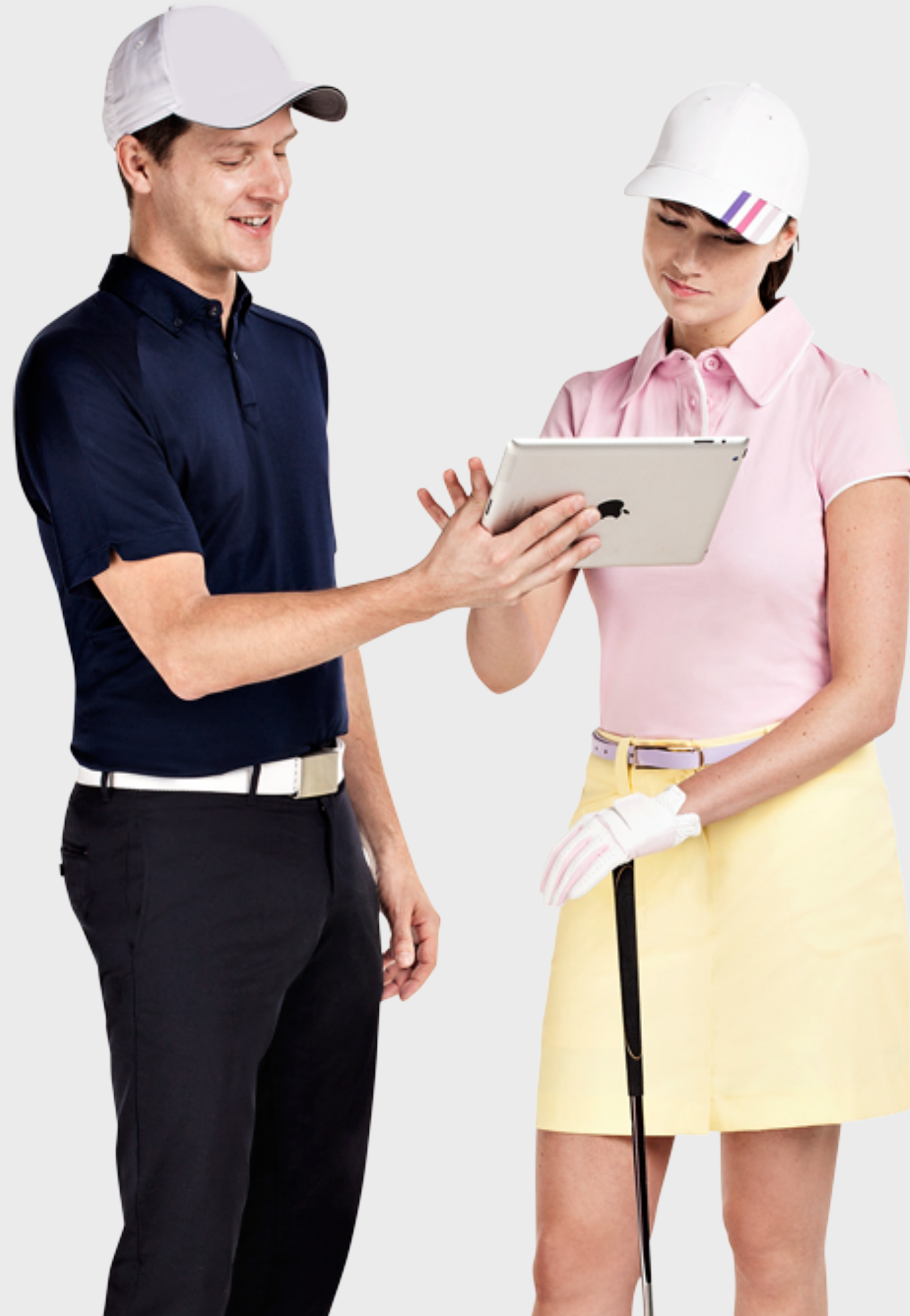


ORBISgolf™



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# Session Timetable

4 Scoring School Break 100 - Swing

## Class Timetable

Session Length: 90 Mins    Group Size: 1:8    Session Focus: Break 100 Swing    Topic: Driver    Technical Focus: Set Up Fundamentals Path and Face    Scoring Challenge: Driver

Time	Focus	Class Content	Games / Drills	Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>		
5 mins	Introduction	<ul style="list-style-type: none"> <li>Outline to the students, the break 100 program and the structure and format of the week</li> <li>Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses</li> </ul>		
25 mins	Practice Stations Set Up Fundamentals	<ul style="list-style-type: none"> <li>Students play the practice stations individually, in pairs or in groups</li> <li>Opportunity to provide private coaching to those attending</li> <li>Introduce and reinforce the technical focus points along with reasons for implementing them</li> </ul>		<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
25 mins	Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> <li>Outline to the students how to control the start line of the shot with the Driver</li> <li>Demonstrate to the student, how the combination of path and face will influence the direction of the shot</li> </ul>	<ul style="list-style-type: none"> <li>Perfect Post</li> <li>Little step, big step</li> <li>Get it forward</li> </ul>	
25 mins	Driver Challenge	<ul style="list-style-type: none"> <li>Set up the Driver Challenge and allow students to attempt this to see if they can achieve the Break 100 challenge</li> </ul>	<ul style="list-style-type: none"> <li>Start Line</li> <li>Army Golf</li> </ul>	
10 mins	Media on GLF Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents.</li> </ul>		<ul style="list-style-type: none"> <li>Driver Challenge</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships.</li> <li>Ensure everyone is aware of the next next skills series date</li> <li>Opportunity to upsell private lessons to those that require additional help</li> </ul>		<ul style="list-style-type: none"> <li>GLF Connect App</li> <li>GLF Connect App</li> </ul>

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# Class Timetable - Challenge Week

Session Length: 90 Mins	Group Size: 1:12	Session Focus: Break 80 Challenge Week	Topic: Challenges and Benchmarking	Technical Focus Swing	Scoring Challenge Swing Challenges
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Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"><li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li><li>Be ready to welcome participants 5 minutes before the session starts</li></ul>	<ul style="list-style-type: none"><li>Class Layout and Setup</li></ul>
5 mins	Introduction	<ul style="list-style-type: none"><li>Outline to the students the break 80 program and the structure and format of the challenges week</li><li>Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses</li></ul>	
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul style="list-style-type: none"><li>Allow the students to take part in the first rotation of three parts of scoring challenges</li><li>During this time the students will attempt the iron challenges</li><li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li><li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li></ul>	<ul style="list-style-type: none"><li>Iron Challenge</li><li>Challenge Scorecard</li></ul>
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul style="list-style-type: none"><li>Allow the students to take part in the first of three parts of scoring challenges</li><li>During this time the students will attempt the fairway woods challenges</li><li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li><li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li></ul>	<ul style="list-style-type: none"><li>Fairway Woods Challenge</li><li>Challenge Scorecard</li></ul>
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul style="list-style-type: none"><li>Allow the students to take part in the first of three parts of scoring challenges</li><li>During this time the students will attempt the driver challenges</li><li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li><li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li></ul>	<ul style="list-style-type: none"><li>Driver Challenge</li><li>Challenge Scorecard</li></ul>
10 mins	Media on GLF. Connect	<ul style="list-style-type: none"><li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li><li>Ask Students to update the GLF. Connect App if they have succesfully completed a challenge across the scoring goals</li></ul>	<ul style="list-style-type: none"><li>GLF. Connect App</li></ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"><li>Take time after the class has finished to actively connect new students and build relationships</li><li>Ensure everyone is aware of the next next skills series date</li><li>Opportunity to upsell private lessons to those that require additional help</li></ul>	<ul style="list-style-type: none"><li>GLF. Connect App</li></ul>



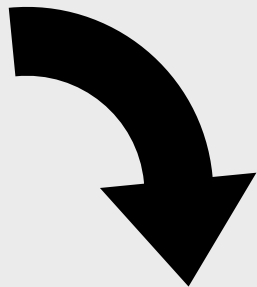
# TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

## Swing

<b>Club Speed</b> The linear speed of the club head's center just prior to first contact with the golf ball	<b>Attack Angle</b> The up or down movement of the club head of contact between the club and ball	<b>Launch Angle</b> The vertical angle the golf ball takes off at relative to the horizon	<b>Club path</b> The in-to-out or out-to-in movement of the club head	<b>Ball Speed</b> The speed of the golf ball's center of gravity at impact	<b>Carry</b> The straight-line distance between where the golf ball was launched from and where it lands
<b>Face Angle</b> The direction the club face is pointing at the point of contact between the club and ball	<b>Face to Path</b> The angle difference between the reported face angle and club path	<b>Low Point</b> Distance from the club head to the lowest point on the swing arc at the time impact	<b>Launch Direction</b> The horizontal angle the golf ball takes off at relative to the target line	<b>Side</b> The perpendicular distance between the target line and where the ball crosses a point	<b>Total</b> The straight-line distance between where the golf ball was launched from and its resting position.

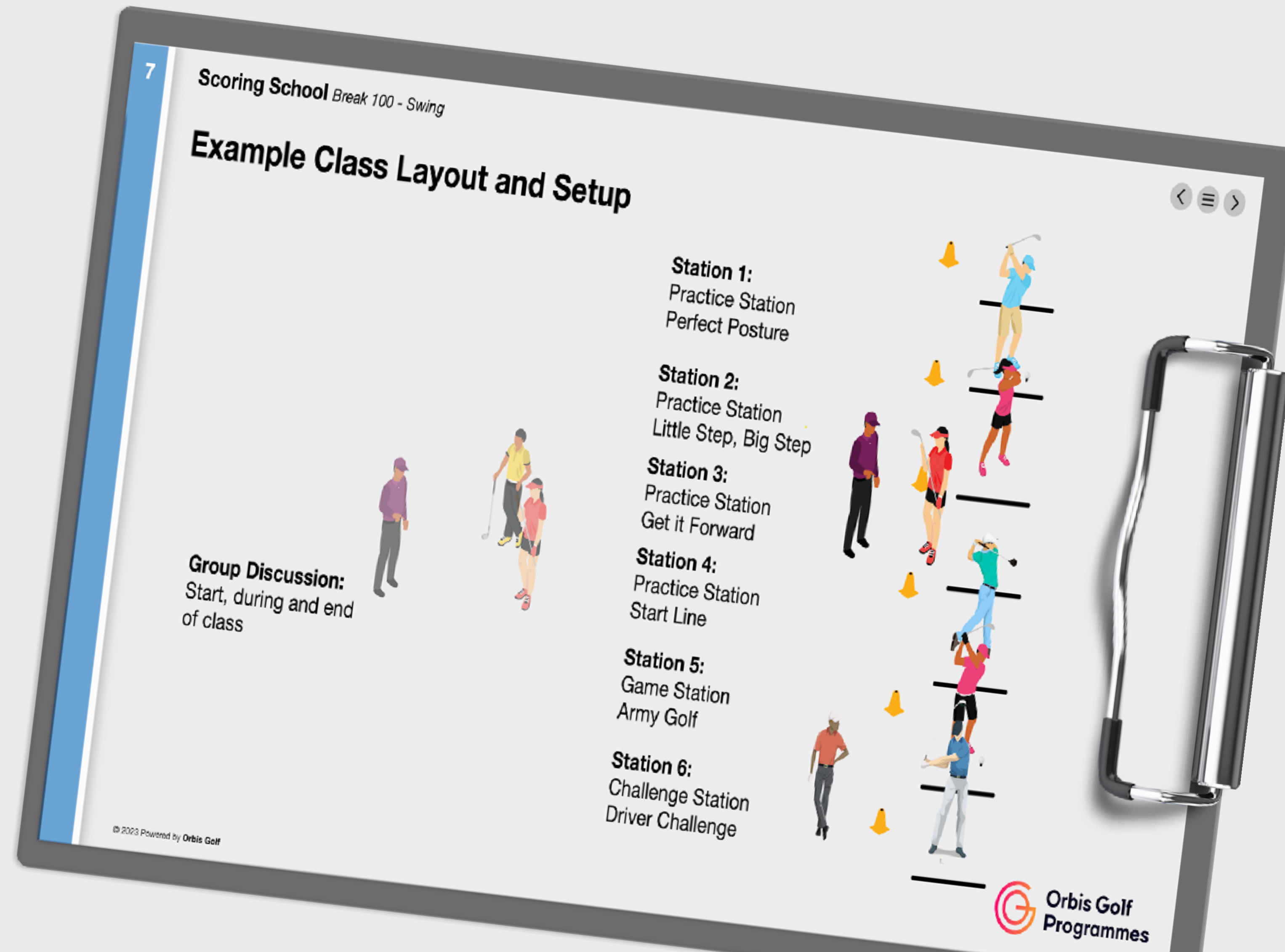
Keep an eye out for the Trackman Sticker on the game or challenge cards



TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.

# Objectives and Setup

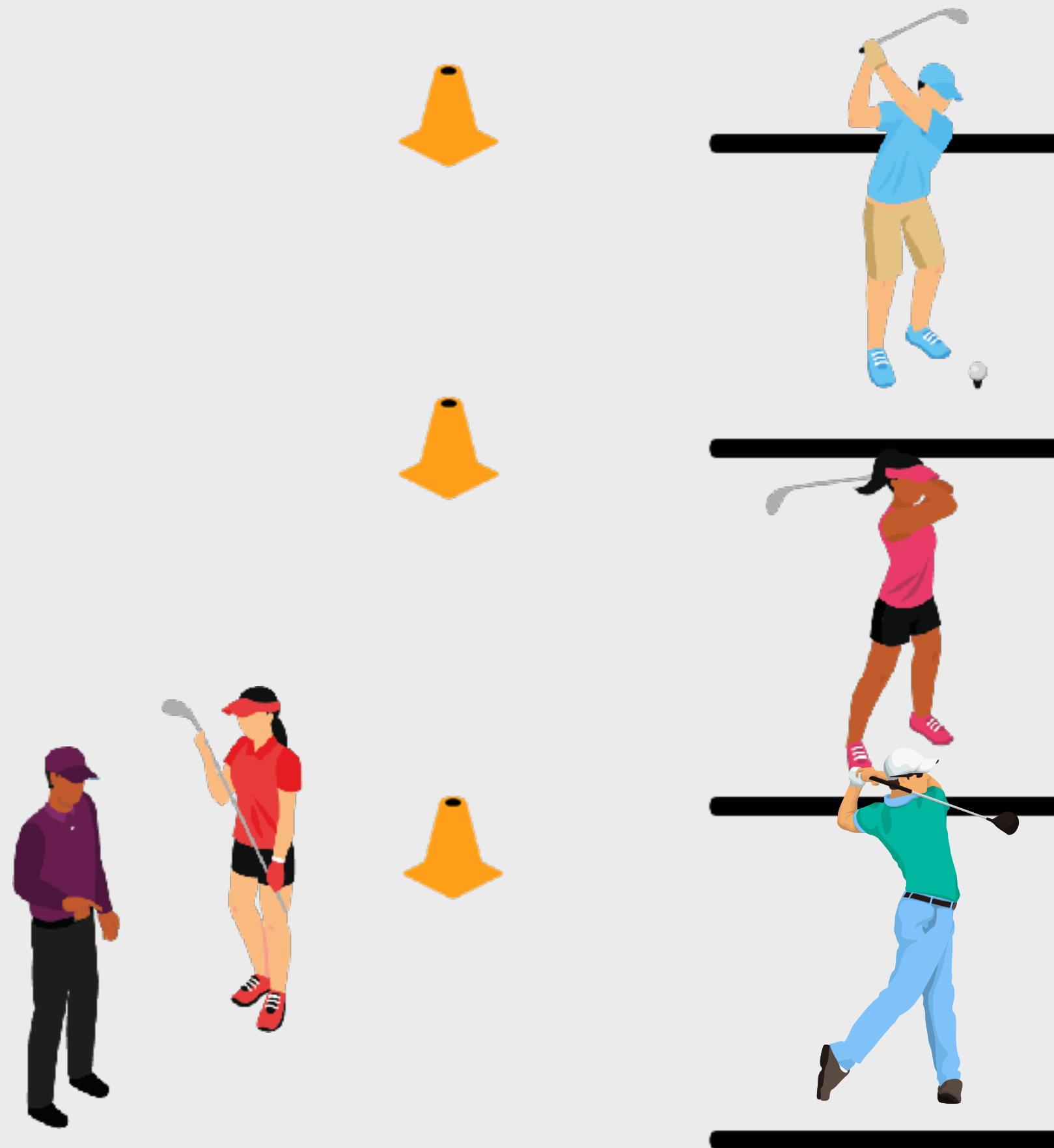


# Class Layout and Setup

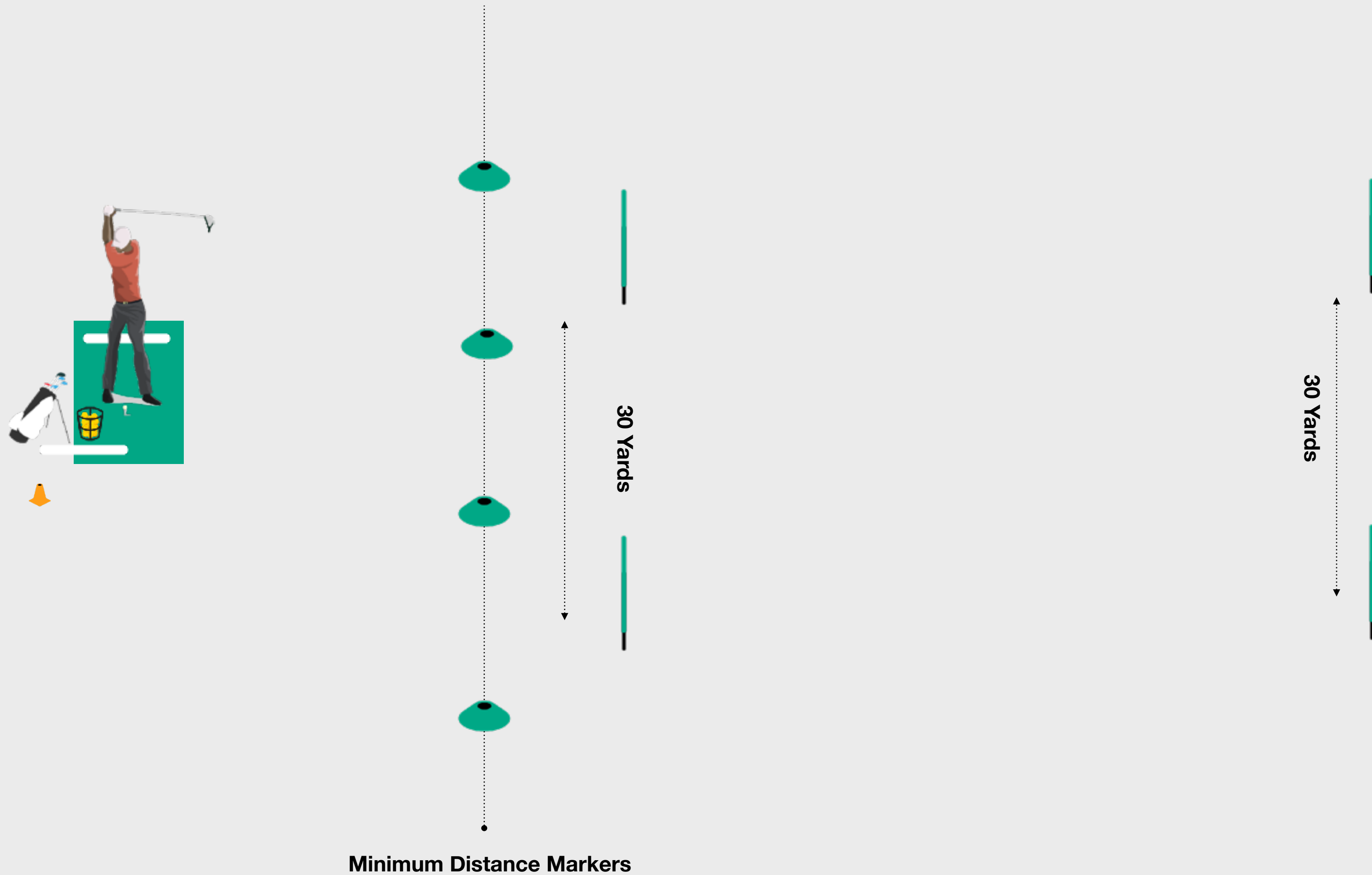
**Station 1:**  
Iron Challenge

**Station 2:**  
Fairway Wood Challenge

**Station 3:**  
Driver Challenge



# Driver Challenge Setup



## Equipment Needed

- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 4x Alignment Sticks
- 4x Foam Noodles

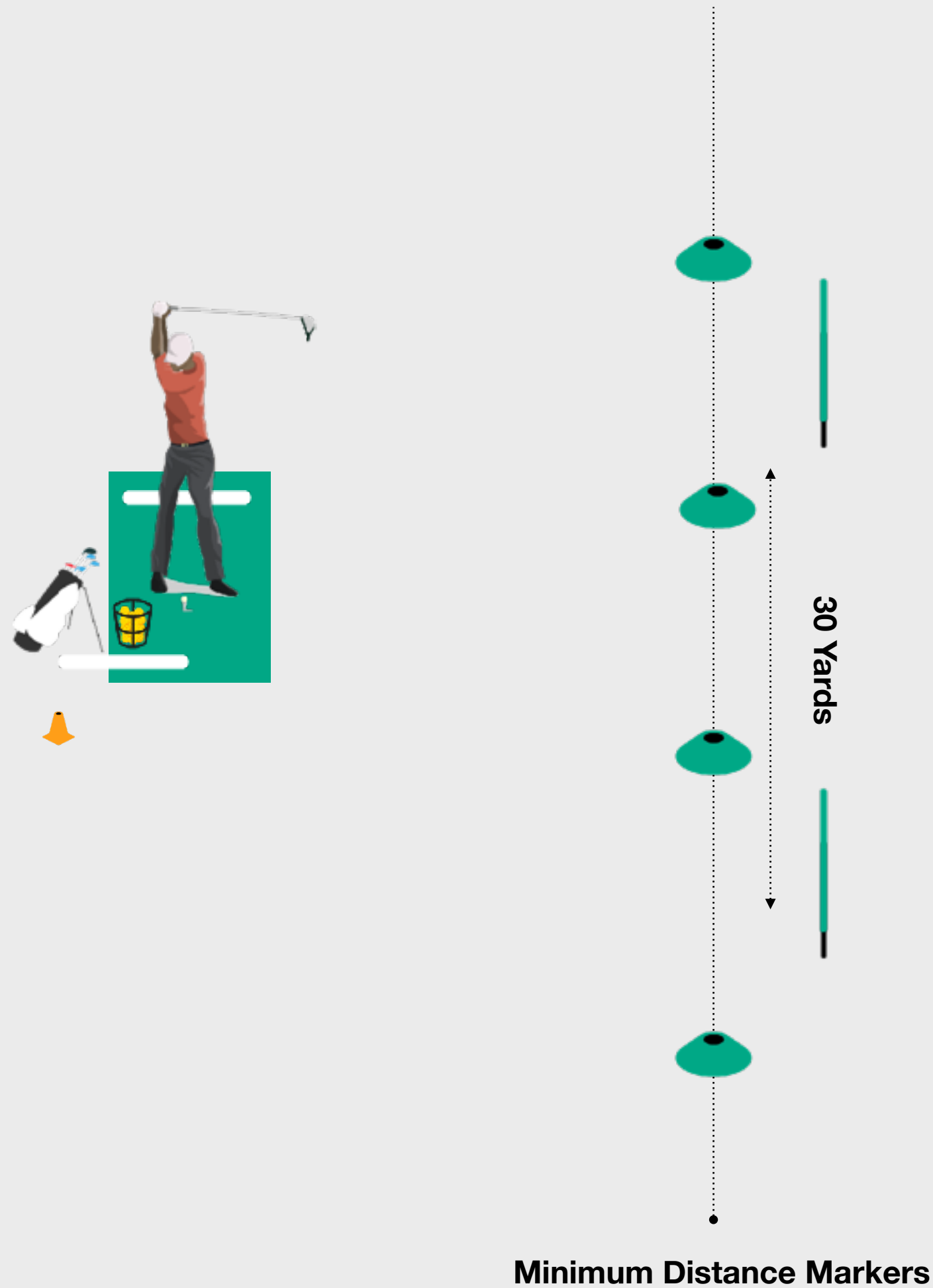


## Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



# Fairway Wood Challenge Setup



## Equipment Needed

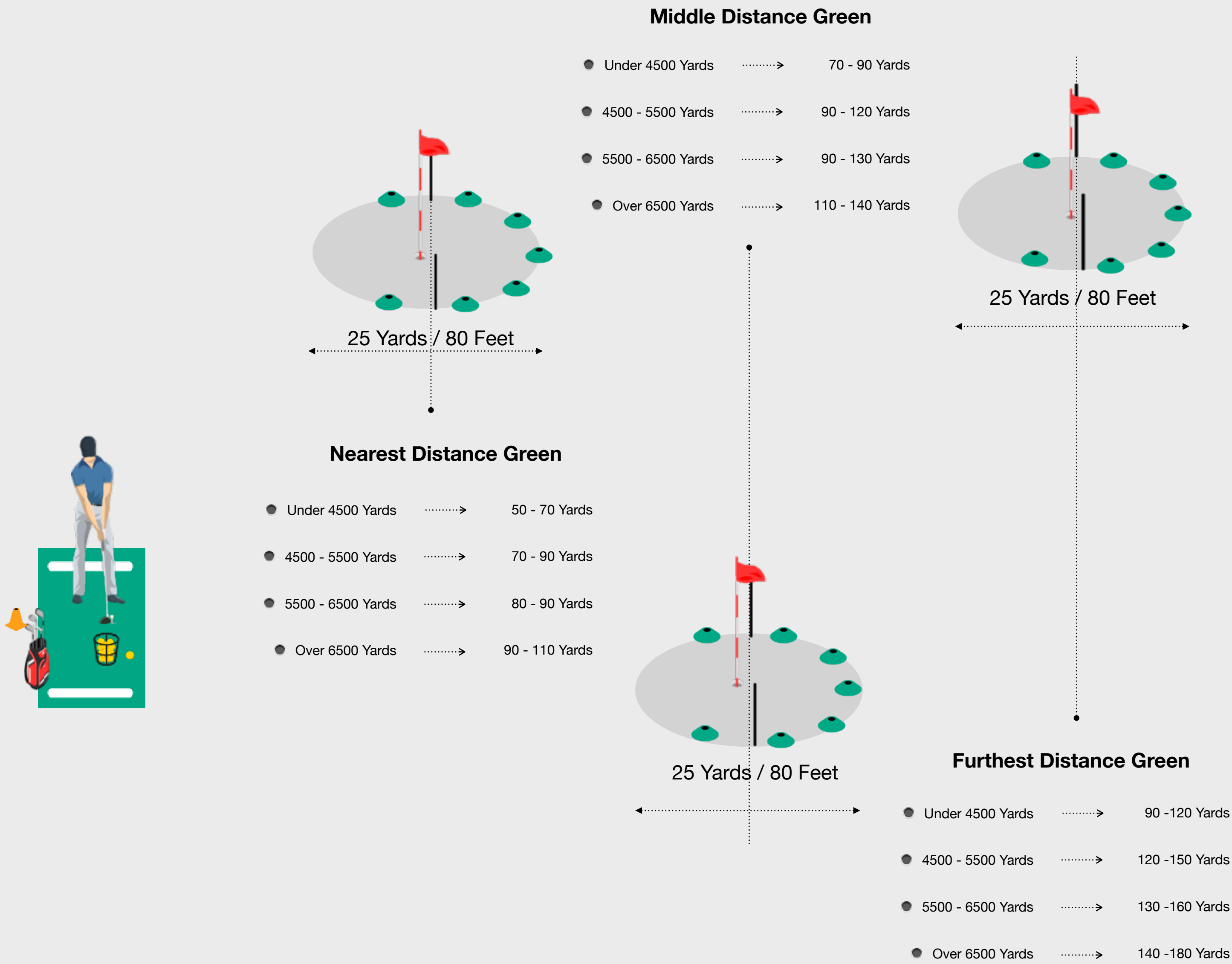
- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 4x Alignment Sticks
- 4x Foam Noodles



## Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal

# Iron Challenge Setup



## Equipment Needed

- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 9x Alignment Sticks
- 12x Foam Noodles
- 3x Flagstick



## Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Coloured cones to mark out the three target greens
- Foam Noodles placed onto the alignment sticks used to mark the target widths
- Set out all the markers to enable every player to attempt their challenge for their scoring goal
- Flag to be used as marker for middle of the target green (optional)





# Swing Challenges



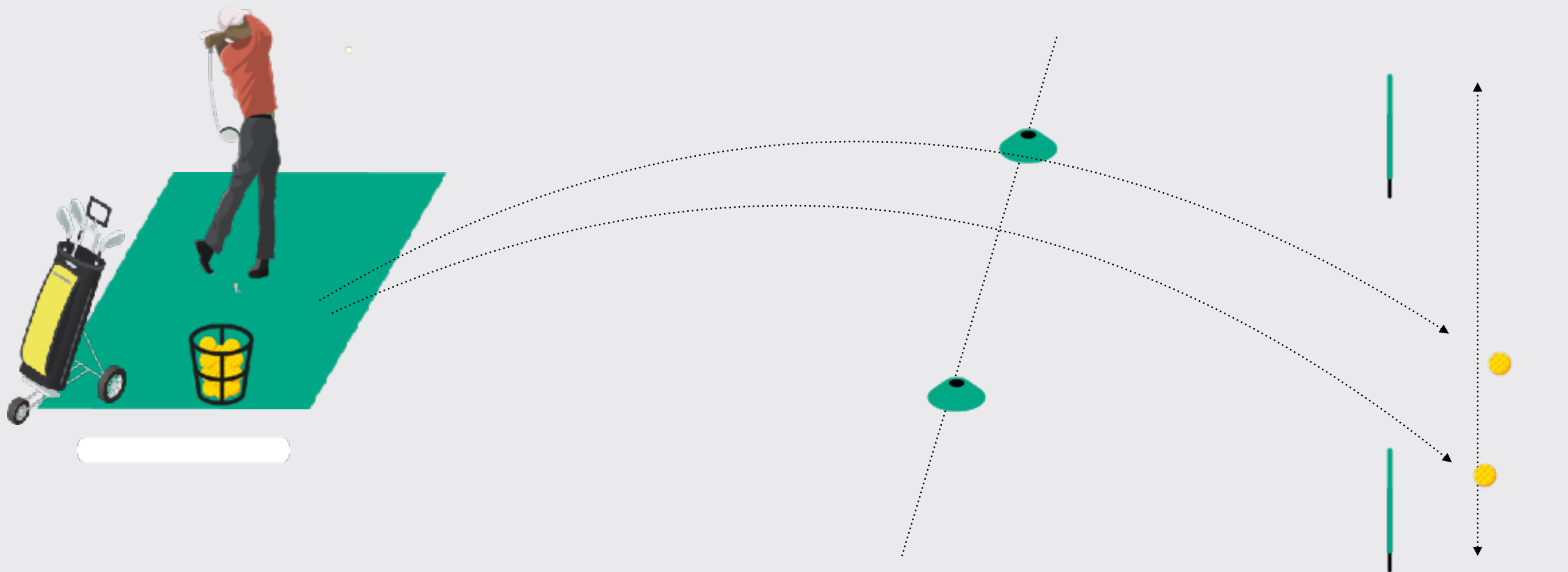
# Driver Challenge

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the  
Appropriate  
Minimum Distance  
for your chosen  
Course Length

	Course Length	Minimum Distance
Select the Appropriate Minimum Distance for your chosen Course Length	< 4500 Yards	150
	4500 -5500 Yards	190
	5500 -6500 Yards	210
	> 6500 Yards	250



Minimum Distance Markers

30 Yard Wide Target Gate

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## Attempting the Challenge

- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

## The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Driver. The student has a total of 10 attempts
  - 8/ 10 shots between a target gate

## What to do Next:

- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward





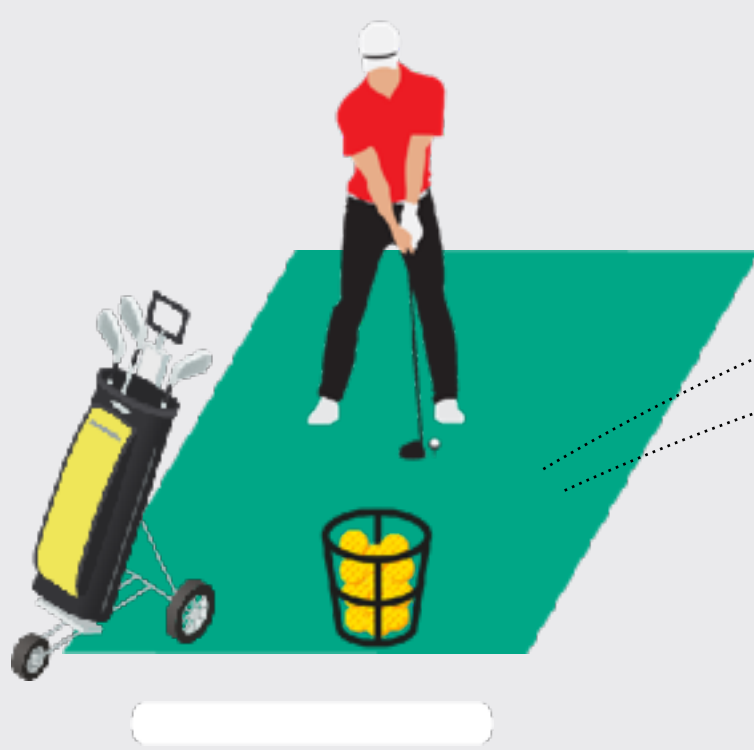
# Fairway Wood Challenge

TRACKMAN

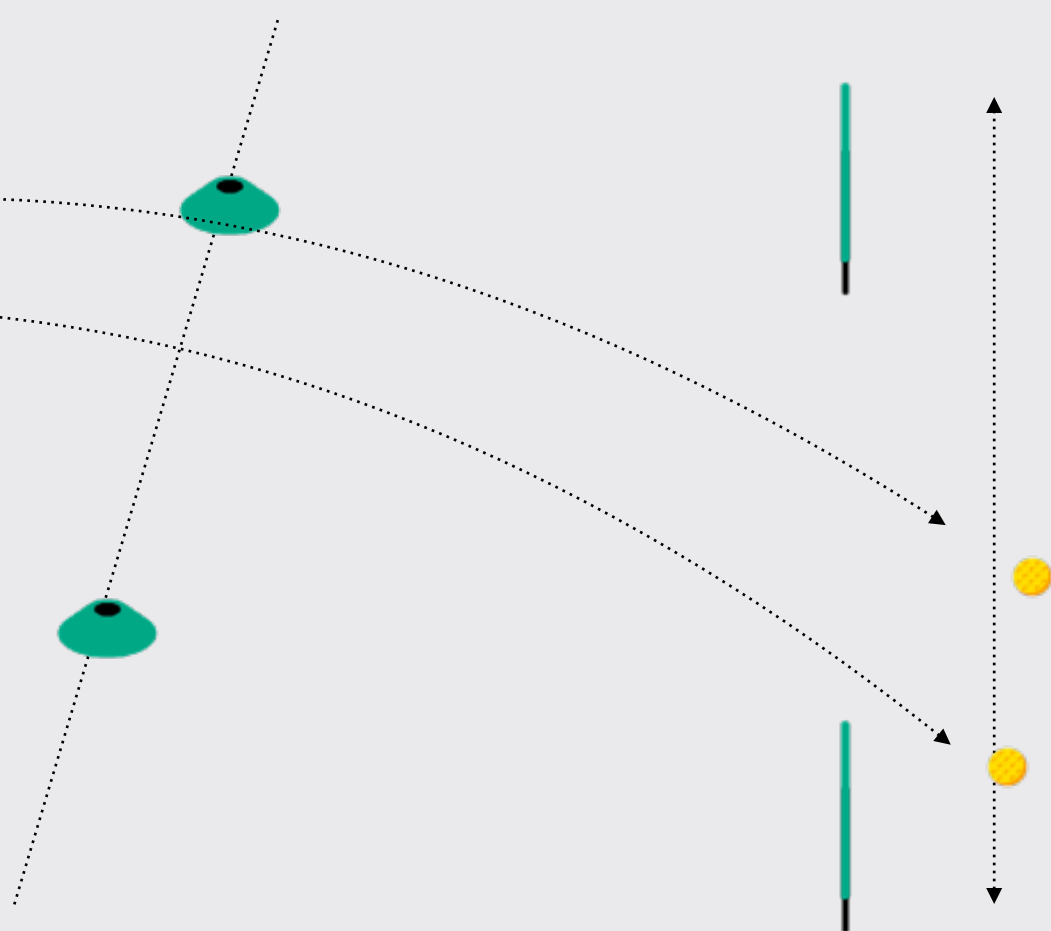
Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the Appropriate Minimum Distance for your chosen Course Length

	Course Length	Minimum Distance
Select the Appropriate Minimum Distance for your chosen Course Length	< 4500 Yards	135
	4500 -5500 Yards	170
	5500 -6500 Yards	190
	> 6500 Yards	215



Minimum Distance Markers



30 Yard Wide Target Gate

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## Attempting the Challenge

- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

## The Challenge

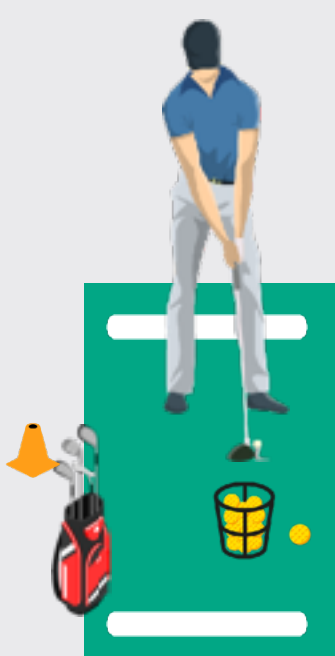
- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts
- 8/ 10 shots between a target gate

## What to do Next:

- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

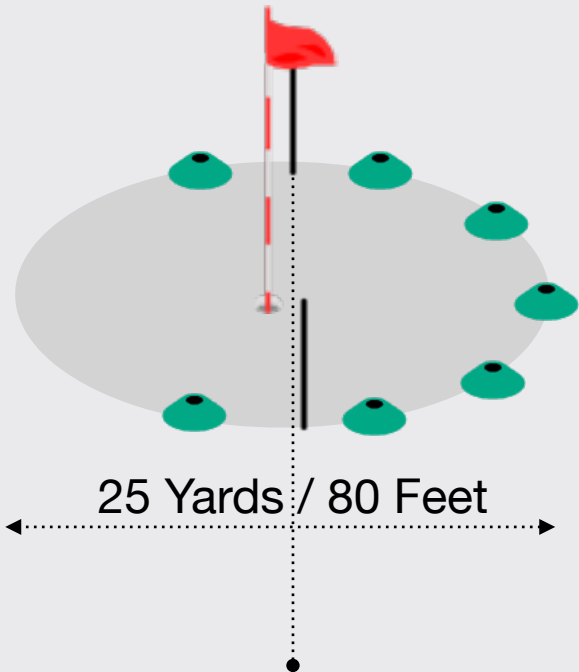


# Iron Challenge



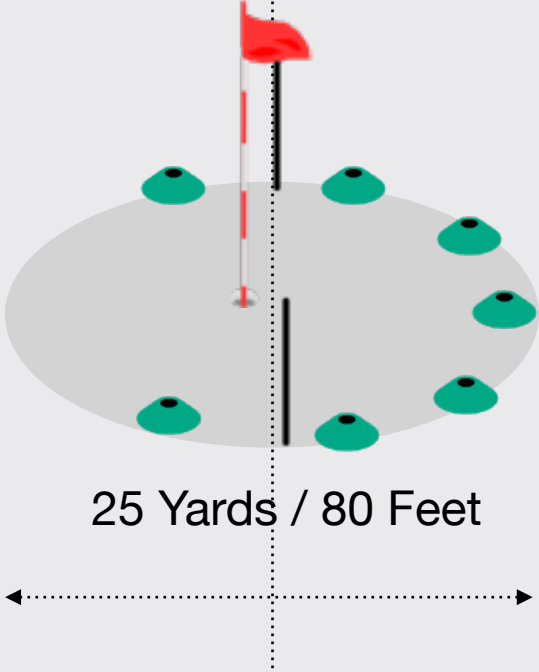
Middle Distance Green

● Under 4500 Yards	----->	70 - 90 Yards
● 4500 - 5500 Yards	----->	90 - 120 Yards
● 5500 - 6500 Yards	----->	90 - 130 Yards
● Over 6500 Yards	----->	110 - 140 Yards



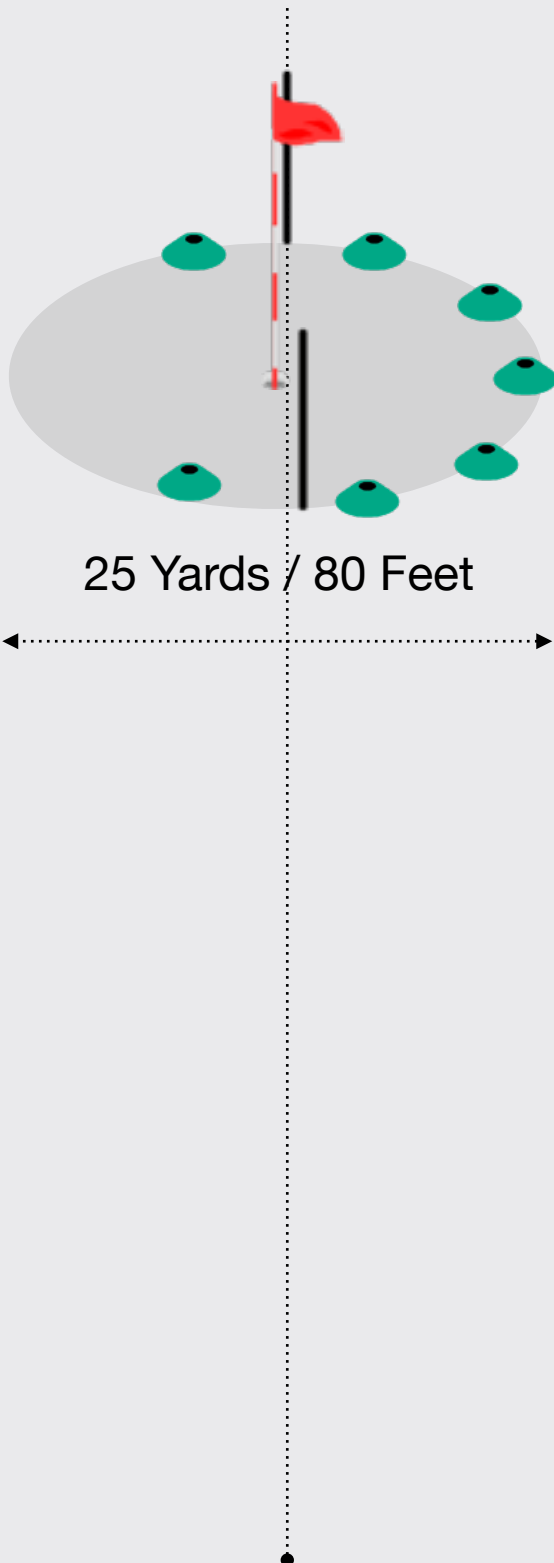
Nearest Distance Green

● Under 4500 Yards	----->	50 - 70 Yards
● 4500 - 5500 Yards	----->	70 - 90 Yards
● 5500 - 6500 Yards	----->	80 - 90 Yards
● Over 6500 Yards	----->	90 - 110 Yards



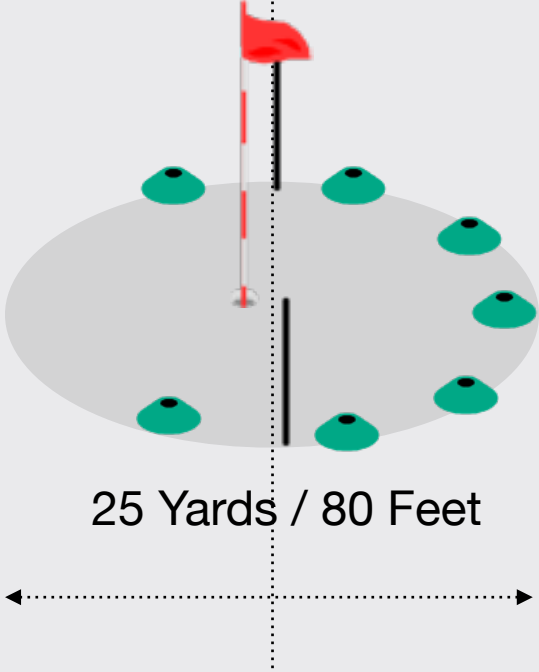
Middle Distance Green

● Under 4500 Yards	----->	70 - 90 Yards
● 4500 - 5500 Yards	----->	90 - 120 Yards
● 5500 - 6500 Yards	----->	90 - 130 Yards
● Over 6500 Yards	----->	110 - 140 Yards



Furthest Distance Green

● Under 4500 Yards	----->	90 -120 Yards
● 4500 - 5500 Yards	----->	120 -150 Yards
● 5500 - 6500 Yards	----->	130 -160 Yards



TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

- Attempting the Challenge
- Students should select the minimum distance based on their home club course length from the table opposite
  - Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
  - Record the result of each attempt on the Challenge Scorecard

- The Challenge
- Hit five shots to each target distance using whatever Iron/Hybrid they require to reach the given distance. Students have a total of 5 attempts for each distance. attempts for each distance:
  - 4/ 5 shots land on the nearest target green
  - 3/ 5 shots land on the middle target green
  - 3/ 5 shots land on the further target green

- What to do Next:
- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

