

# Junior Weekly Overview



**JUN/OR<sub>GOLF</sub>  
ACADEMY**



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# Overview





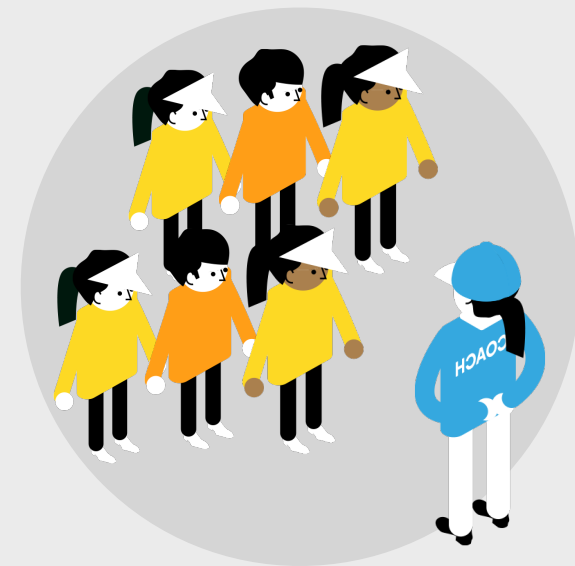
# Overview of the Junior Weekly Program

The Junior Weekly Program is the core Junior Program that is recommend to be delivered at your club. The essentials of the program are as follows...



## Weekly Classes

Classes are recommend to be offered on a weekly basis at your club on consistent days and times.



## Group Based

All Classes are delivered on a group basis with a maximum of six juniors to each coach.



## Open to All

The program is open to all juniors at your club regardless of their ability and experience however it is ideally targeted to those with limited and no experience of playing the game.



## Age and Ability Groups

We recommend that you offer classes across three age groups delivered in a developmentally appropriate way. On a club by club basis dependant on sign up numbers, you may also be able to offer ability based groups.



## Pay Per Block

The Junior Weekly program is recommend to be delivered on block by block basis delivered in line with the school curriculum. Parents register Juniors for the entire block of class and not on a session by session basis.



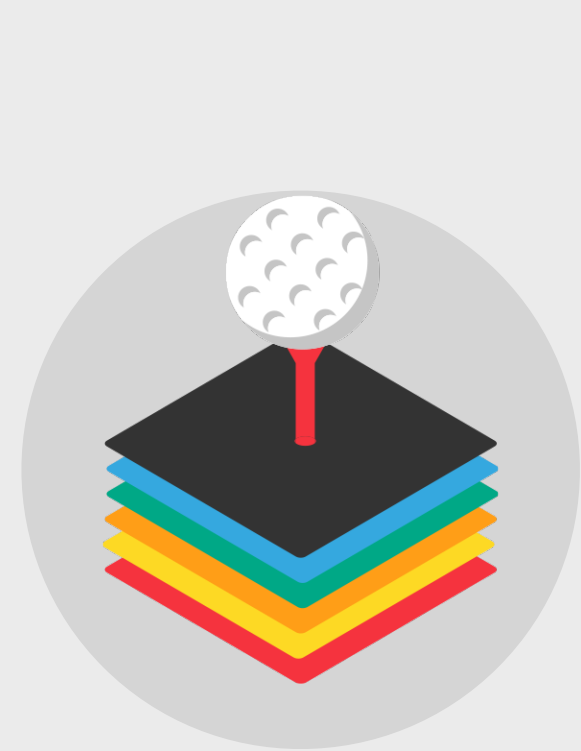
## Added Value

The Junior Weekly program crucially connects to other JGA programs and specifically the Junior Course Play and Master the Game Challenges are included free of charge for participants.



# Purpose of the Program

The purpose of the Junior Weekly Program is giving the junior a consistent and structured coaching program to develop them and their golf skills across a range of learning outcomes. The Junior Weekly program will also give the junior the opportunity to become integrated into the Club environment to develop their confidence and knowledge and showcase your club as an ideal place for the junior and the family to spend time learning and playing the game...



## Progression Pathway

When developmentally appropriate, juniors are able to work through the progression pathway across six levels to drive engagement, development and enjoyment.



## Develop Fundamentals

One of the core focusses of the program is driving the development of the junior's fundamental skills and knowledge to play the game confidently and competently at your club and develop the building blocks to become a golfer for life.



## Drive New Friendships

Through group based classes across age and ability based group, juniors will have the opportunity to develop friendships to drive confidence and enjoyment of the game.



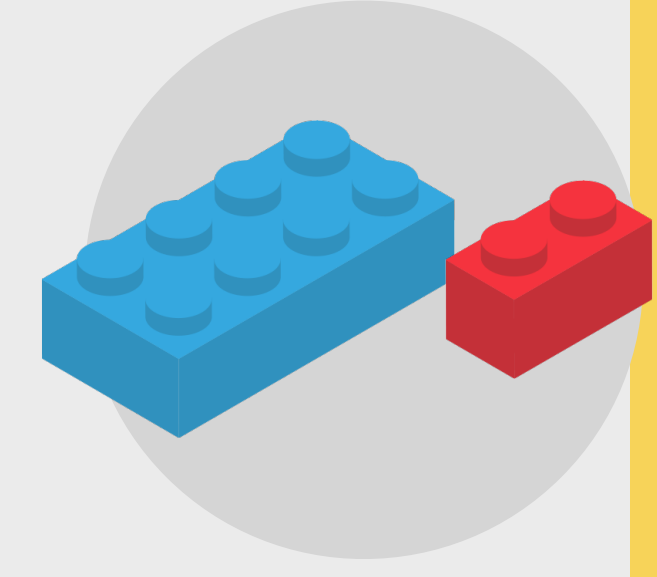
## Engage the Family

The Junior Weekly program will provide the ideal opportunity to engage with the family, welcome them to your club and get them invested in the junior's development.



## Integrate into the Club

Through engaging with the family and driving opportunities for the junior to build their confidence, skills and friendships the Junior Weekly Program will drive integration into your club and conversations of new members and retention in the long term.



## Structured and Developmentally Appropriate

Juniors can work through a structured program across a variety of learning outcomes in a developmentally appropriate manner driven by the principles of long term athlete development.

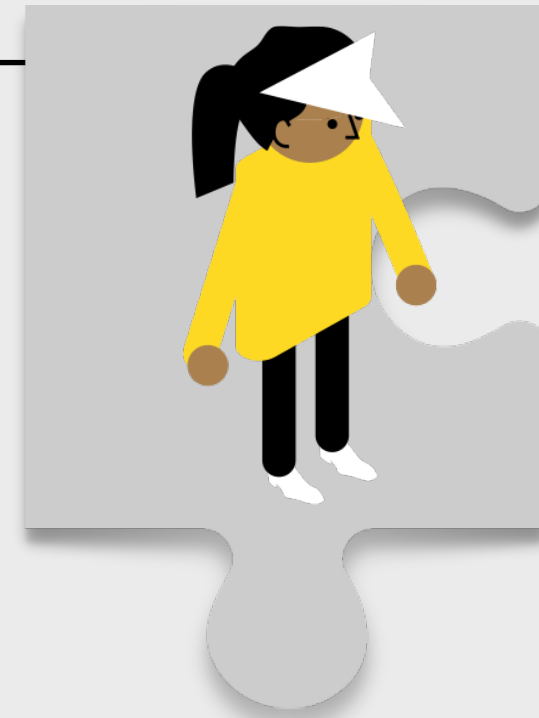


# Target Juniors

The Junior Weekly program is built to drive new participants into your club and your other Junior Golf Academy Programs. The program should be targeted towards the following four customer types...

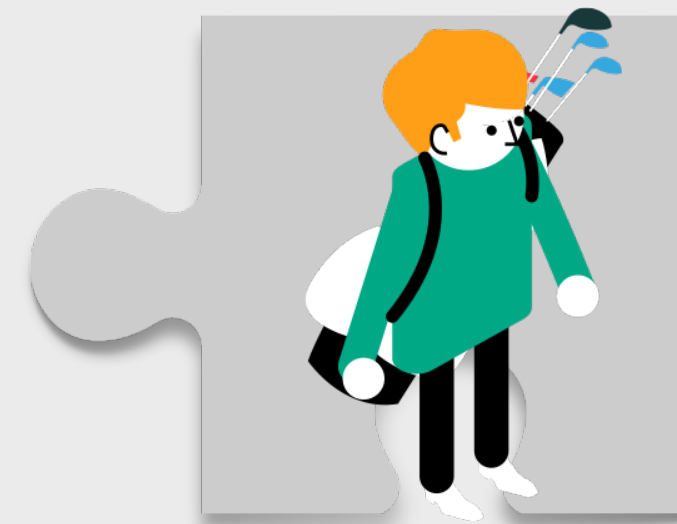
## 1. The Unconnected Junior

The program is open to juniors and their family without any connection to the club. These may be found through engagement activities in the local community, marketing activities or through customer driven enquiries.



## 4. The Connected Junior

Juniors who are already actively engaged in your coaching programs such as Junior Camps should be encouraged to attend so they can continue to develop their skills, gain confidence at the club and form new friendships.



## 2. Friendship Circle

Participants may have a connection through a current club member or through a junior that is already participating in the program



## 3. Family Connection

Participants may be close or extended family members of current club members or related to a junior that is already participating in the program.





# Program Groups

The Junior Weekly Program is recommend to be delivered across aged based groups. This is to ensure that the right balance can be struck on delivering the right opportunities and development at the right time in a junior's development as well as help you to practically deliver the junior program at your club and maximise revenue opportunities. The aged based groups are...

Ages

## 4-6

Development of the junior through group coaching and games-based play across the learning outcomes.



Ages

## 6-11

Development of the junior through group games-based and formalised learning across the learning outcomes and progression pathway.



Ages

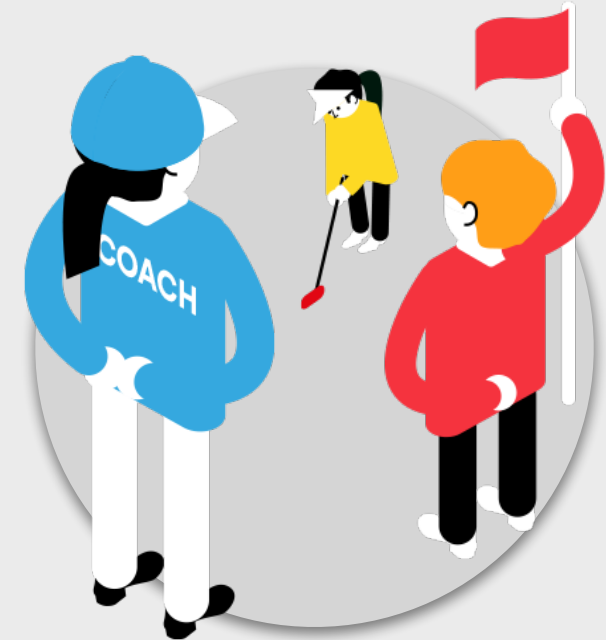
## 11-16

Development of the junior in gender-based OR mixed gender groups with a focus on co-operative and independent based learning, across the learning outcome and progression pathway, with an emphasis on creating competitive experiences.



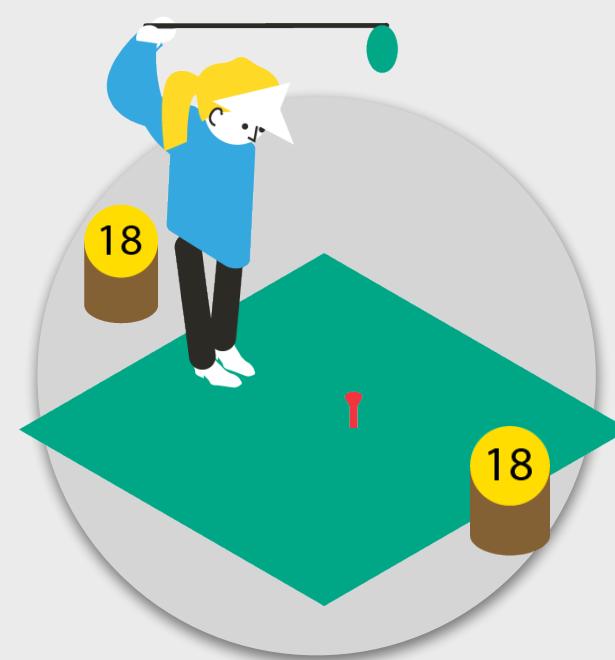
# Catering for Advanced Juniors

We understand that you may have a number of juniors who have been engaging in activity at your club for a sustained period prior to the implementation of this program. You also may have juniors with a level of skill and confidence that extends beyond the learning opportunities the program curriculum. The Junior Weekly program has been designed primarily to cater for juniors new to the game and building their skills, experience and confidence to play the course, and ultimately become a club member. Therefore, for those of your looking to run a more advanced group we have put together some specific guidelines to ensure that you can capitalise on interest in classes at your venue...



## Targeted at Single Figure Juniors

An advanced coaching group should be targeted towards juniors who have been learning at your venue for a sustained period or those that demonstrate a level of competency matched to the latter stages of the development pathway and beyond level 6 of the program.



## More On Course Learning

Within an advanced coaching group you may want to consider giving more access to the golf course to promote on course development and confidence on the course.



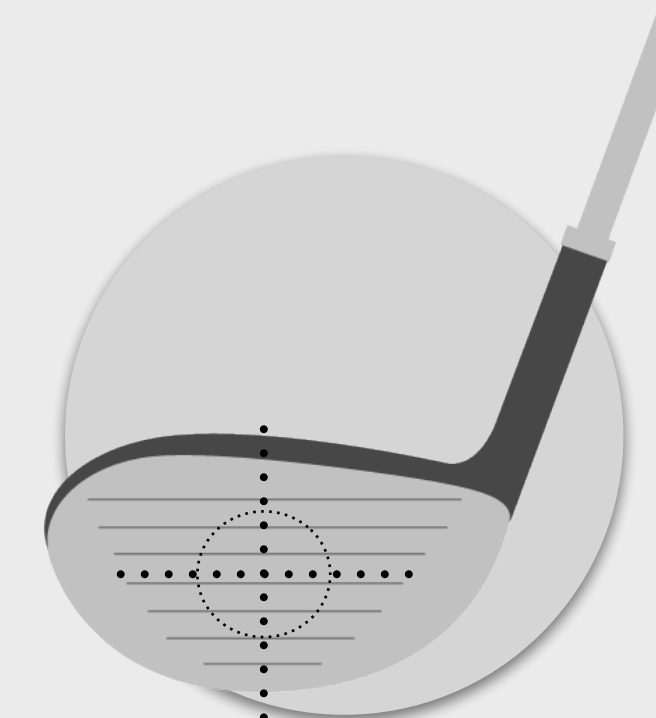
## Reduced Games Based Learning

The 60-minute classes options within the Junior Weekly program are designed with a number of games for juniors to play in pairs and groups. These class structure may not be appropriate for juniors within an advanced coaching group and these classes should be focused on one to one learning and competitive experiences in class.



## Increased Duration Options

You may want to consider extending the duration of the weekly classes beyond 60 minutes to allow for increased time to be allocated to private instruction, discussion and challenges.



## Advanced Learning Outcomes

The weekly program curriculum focuses on four learning outcomes, with specific elements of these covered within the programs and class plans. Your advanced coaching group should build on these elements and focus on more advanced learning opportunities beyond the Junior Weekly curriculum.



# Advanced Group Target Participants

An advanced coaching group should be targeted towards the learning needs of juniors who would benefit from experiences and opportunities that are not included within junior Weekly program and extends beyond the 6-level progression pathway. Your advanced coaching group should not conflict with the Junior Weekly aged based classes, but act as building block program or a program to facilitate juniors with more advanced learning needs as follows...



## Juniors with Advanced Competency Levels

An advanced coaching group is recommend to be specifically for juniors who need learning opportunities and experience that fall outside of the remit of the Junior Weekly classes. A key indicator of this is the ability to score 40 or less over 9 holes.



## Juniors Aged 11 - 16

Due to developmental needs of those aged 4-11, and the likelihood that juniors in these age groups learning needs will be covered within the Junior Weekly aged based classes, the advanced coaching groups are for juniors mainly aged between 11-16. Use your discretion, and if you feel a younger junior would benefit from advanced classes then they can also be included.



## Looking for Competitive Experiences

The juniors who would ideally be suitable for your advanced coaching group are those looking for more competitive experiences in classes beyond the games based approach within the Junior Weekly classes.



## Juniors Working to Club, State or National Standards

The advanced coaching group is designed for you to cater for juniors who are looking for learning opportunities when they are working towards the standard of playing at a competitive club, state or national level.

# Other Key Information

Each club will be different in how the program is structure and delivered, however we have provided some additional guidance on areas of the program and our recommendations based on program success. This includes...



## Class Size

The class ratio is recommend to be 6 juniors to 1 coach. This will ensure that classes can be conducted safely and successfully meet the learning outcomes for each junior. A proportion of the class delivery is also through co-operative learning with a variety of games and challenges that can be delivered in teams or pairs. The group size of 6 gives you flexibility to deliver these games and challenges in an engaging way for the junior.



## Class Duration

Classes are recommend to be 60 minutes and the associated class resources have been built around this duration. This length of class will ensure that you have appropriate time to deliver the learning outcomes within the session, keep each junior engaged and deliver the elements of progression pathway during classes.



## Consider Gender Based at 11-16

It is likely that during the period of ages 11-16, the junior will be maturing both physically and mentally. Therefore, you may want to consider that to maximize engagement and participation in classes that juniors are split based on gender at this age group.



## Ability Based Groups

You have flexibility at your club to split out the 6-11 and 11-16 age-based groups into two separate ability-based groups if you are able to maximise class capacity. Juniors can be split based on their attained level in the progression pathway with juniors recommend to be group in Levels 1-3 and Levels 4-6.



## Flexibility for You

Although the age groups should be followed as closely as possible, you have flexibility to move a junior into an age groups class depending on their maturity and ability. Every junior is different and you should cater for this to ensure that the junior is receive coaching and opportunities that are developmental appropriate.



# Connection to Other Programs

The Junior Weekly program is intended to be the core program offered at your club and other programs are either built to provide a supplementary and supporting experience for those enrolled or be the building block into the program. The programs in phase 2 are designs to give juniors and experience of playing and learning the game to them sign up to your weekly program.

The Junior Playing and Social Class will provide juniors with an opportunity to play and experience the course outside of weekly classes in a variety of formats and provide an additional chance to build and strength friendships...





# Curriculum





# Learning Outcomes

The Junior Weekly program has been built with a curriculum which will expose juniors to the learning opportunities and experiences to develop the competency and confidence to play the game. The curriculum will also help the junior to thrive as a person outside of golf and to become an active participant at your club. The curriculum has been developed around the following four learning outcomes...



## Mastering the Game

This element is focused on developing the junior's golf skills to play the game confidently and competently. Each class will focus on one of the Mastering the Game elements. This will give the junior the opportunity to develop their skills across three of the four elements.



## Learning the Game

This element is focused on developing the junior's knowledge to be at the club and to play the golf course independently, socially and/or competitively. Each class will provide the junior with an opportunity to develop their understanding of the these elements. Each class will include discussion on a topic lead by the instructor.



## The Whole Junior

This element is focused on the development of the junior to thrive in golf and wider life, across a range of social and psychological development elements. The element within this learning outcome will be developed through independent, social and competitive learning opportunities within each class.



## Physical Literacy

This element is focused on the development of the junior's necessary movement skills and physical development to thrive in golf and to provide a grounding for a healthy and active lifestyle. The elements within this learning outcome will be developed through independent and team based warm up games at the start of each class.

# Program Curriculum

A curriculum has been built which provides an opportunity for juniors to be exposed to learning opportunities within each of the learning outcomes so that throughout the program year they are developing their skills and knowledge of the game. This also provides variety to each classes which will increase engagement and enjoyment. A example of how the learning outcomes rate each week is provided below...

Each Week the class rates around the Mastering the Game Skill Focus

A Whole Golfer theme is also included which can be explored in the session through games based learning and discussion.

Each week rates around the Learning the Game Category and then includes a focus which can be explored in the class through demonstration and discussion.

## Curriculum

	Mastering the Game	Whole Golfer Topic	Whole Golfer Focus	Learning the Game Category	Learning the Game Category	Challenge
Week 1	Swing	Cognitive	Beginners Mindset	Rules and Etiquette	Introducing Yourself	Iron Challenge
Week 2	On the Green	Personal	Positivity	Orientation	The Clubhouse	Short Putts Challenge
Week 3	Around the Green	Social	Friendships	Preparing to Play	Staying Safe at the Golf Course	Chipping Challenge
Week 4	Swing	Creative	My Hero	Orientation	Par 3, Par 4, Par 5	Fairway Woods Challenge
Week 5	On the Green	Cognitive	Your Goals	Preparing to Play	Why Should we Warm-Up?	Long Putts Challenge
Week 6	Around the Green	Personal	Perseverance	Orientation	Areas of a Golf Hole	Pitching Challenge
Week 7	Swing	Social	Appreciation	Orientation	The Tee	Driver Challenge
Week 8	On the Green	Creative	Practice at Home	Preparing to Play	Introducing the Scorecard	Scoring Challenge
Week 9	Around the Green	Cognitive	Feeling Nervous	Rules and Etiquette	Introduce Rules in a Bunker	Bunker Challenge

Juniors are able to attempt one of the Master the Game Challenges linked to skill focus for that week.



# Weekly Class Focus





The recommended class focus and thus the location of the lesson will be based on the skill elements within the Mastering the Game learning outcome. Opportunities for the junior to develop their skills within the On the Course Skill element are delivered within the Junior Course Play and Junior Social Play program opportunities.

Therefore, the class focuses on the skill elements of **Swing, On the Green** and **Around the Green**. Age Group class focus run in conjunction each week to ensure that you can deliver each class at your club as efficiently as possible. However, there are differences in the specific content and focus of each class within the Age 4-6 age group and 6-11 and 11-16 age groups to ensure that the program is developmentally appropriate...



# Rotating Weekly Class Focus

The class focus across each learning outcome is rotated each week to ensure variation for the junior and to ensure that each skill within the learning outcome is adequately covered during the program year. In the example below, using February May 2024 as an example, the first week of delivery is swing and each week then rotates through the three skill elements, rotating back to Swing on Week 4 with the additional learning outcomes also rotating

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1	2	3	4	5	6 	7
<b>Week 1</b> • Swing • Cognitive • Rules and Etiquette	8	9	10	11	12	13 	14
	15	16	17	18	19	20 	21
<b>Week 3</b> • Around the Green • Social • Preparing to Play	22	23	24	25	26	27 	28
	29	30	1	2	3	4	5

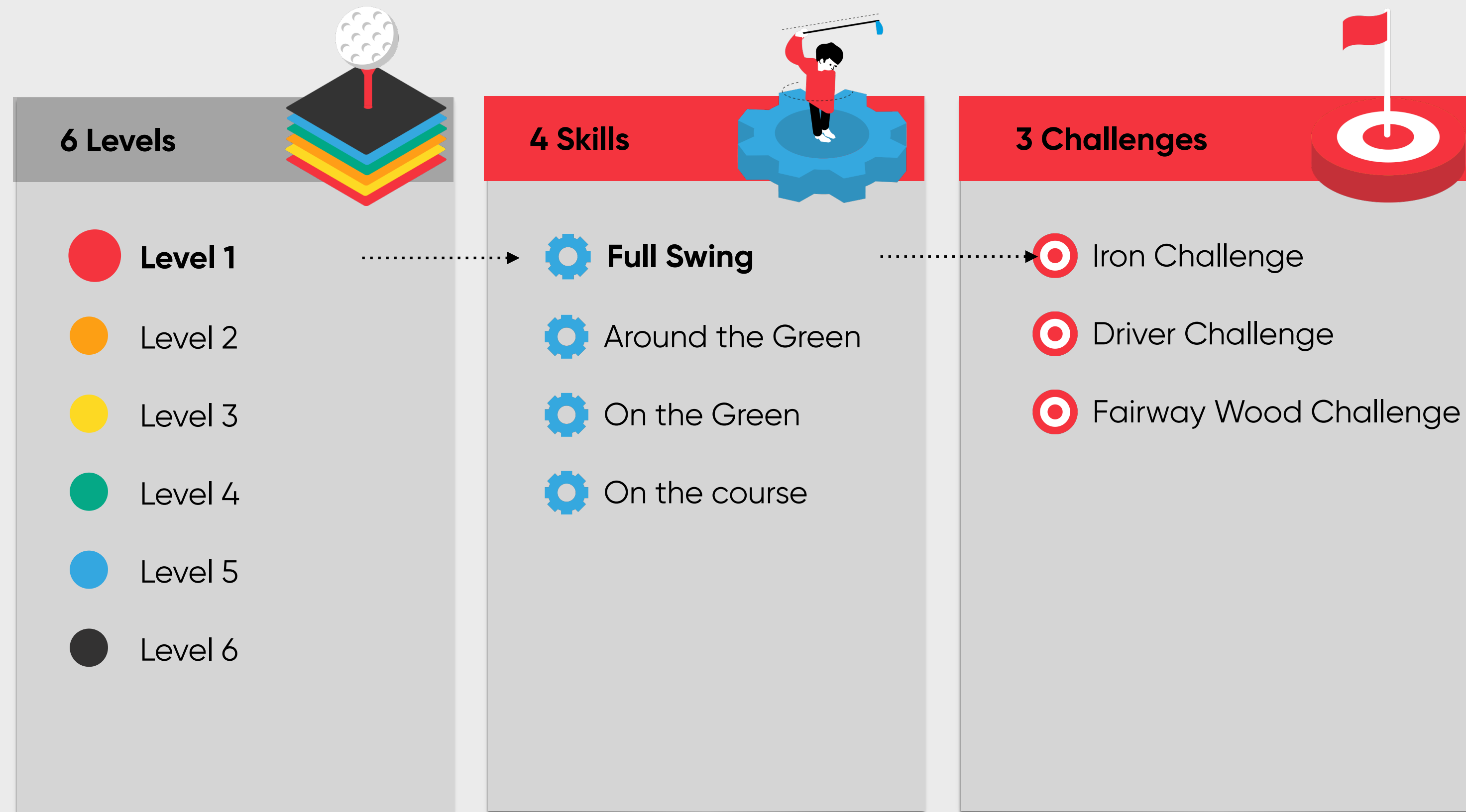
- Week 2**
- On the Green
  - Personal
  - Orientation

- Week 4**
- Swing
  - Creative
  - Preparing to Play



# Challenge Focus




During each class, the junior has an opportunity to attempt a challenge that links to the Skill element for that week and which links directly to the progression pathway and levels. As a reminder, there are 72 Challenges across the six levels, with three challenges within each skill element.






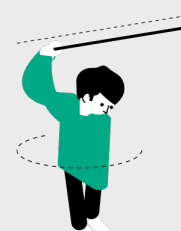


# Challenge Focus Opportunities

In the example below, we can see how the challenge links directly to the Skill element focus for that week. As week 1 is a Swing Class, the challenge that is linked to the Class plan for that week is the Iron Challenge. On week 4, the junior has the opportunity to attempt the Fairway Woods challenge within the next Swing Class. The junior has an opportunity to attempt the three challenges with the On Course element within the Monthly Playing class. The Master the Challenges Social Play Class provides an additional opportunity for juniors to attempt all the challenges within the program within a single class....

## Course Play Challenge

-  Score
-  Attendance
-  Number of holes



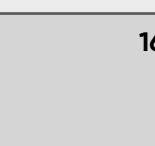
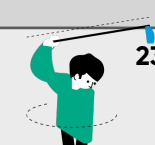
	Mon	Tue	Wed	Thur	Fri	Sat	Sun	
	1	2	3	4	5	6 	7 	
<b>Week 1 Iron Challenge</b>	8	9	10	11	12	13 	14 	<b>Week 2 Short Putts Challenge</b>
	15	16	17	18	19	20 	21	
<b>Week 3 Chipping Challenge</b>	22	23	24	25	26	27 	28	<b>Week 4 Fairway Woods Challenge</b>
	29	30	1	2	3	4	5	







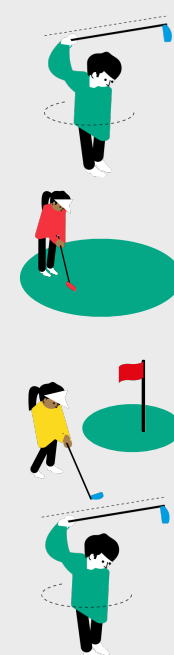
# Challenge Attempt Opportunites

After a total of nine classes, the junior will have had an opportunity to attempt the three challenges within each skill element and three opportunities to attempt the On the Course Challenge during the Course Play class. We can see in the example below, that the class focus rotates each week as well as the challenges. In this example there is a break in the program for Sprint Break...

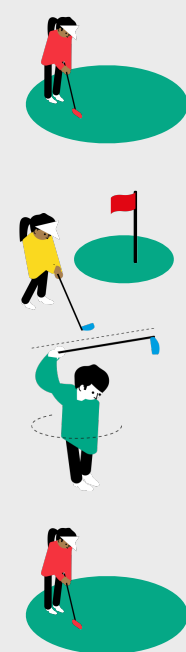
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	<b>1</b>		4
5	6	7	8	<b>2</b>		11
12	13	14	15	<b>3</b>		18
19	20	21	22	<b>4</b>		25
26	27	28	29			

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				<b>5</b>		3
4	5	6	7	<b>6</b>		10
11	12	13	14			17
18	19	20	21	<b>7</b>		24
25	26	27	28	<b>8</b>		31

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	<b>9</b>		7
8	9	10	11	<b>10</b>		14
15	16	17	18	<b>11</b>		21
22	23	24	25	<b>12</b>		28
29	30					



- 1** Iron Challenge
- 2** Short Putts Challenge
- 3** Chipping Challenge
- 4** Fairway Woods Challenge



- 5** Long Putts Challenge
- 6** Pitching Challenge
- 7** Driver Challenge
- 8** Scoring Challenge



- 9** Bunker Play Challenge
- 10** Iron Challenge
- 11** Short Putts Challenge
- 12** Chipping Challenge

# Skill and Challenge Opportunities over Program Year

Based on the number of delivery weeks at your club, the number of weeks that can be delivered across each of the skill elements and the number of challenge opportunities for each skill will vary. The graphics below indicated the number of delivery weeks across each skill element and challenge based on a delivering the program in line with school term dates and a year round program delivered every week over a 12 month period....

## Year Round - 52 Weeks



## School Term Dates - 36 Weeks

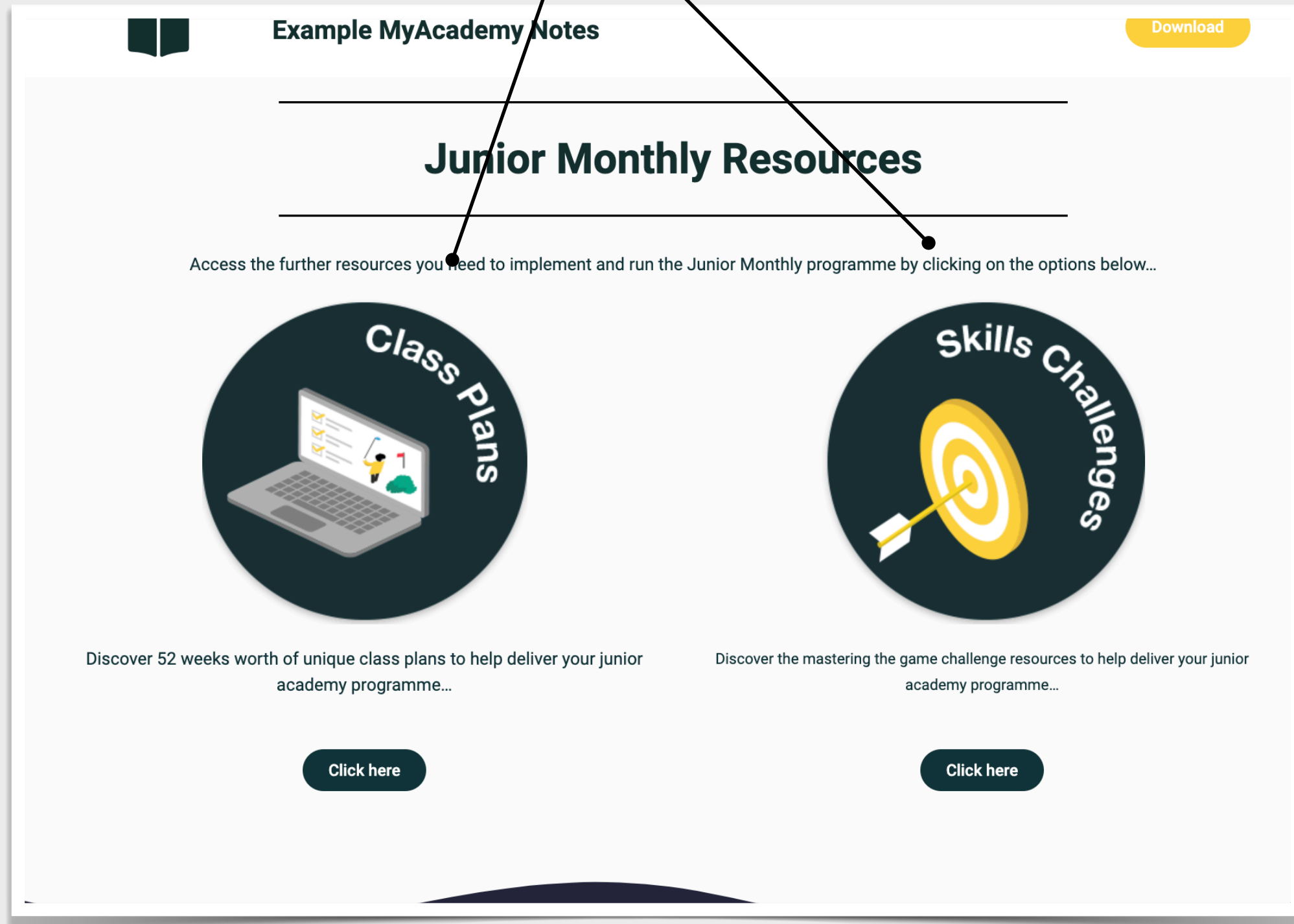




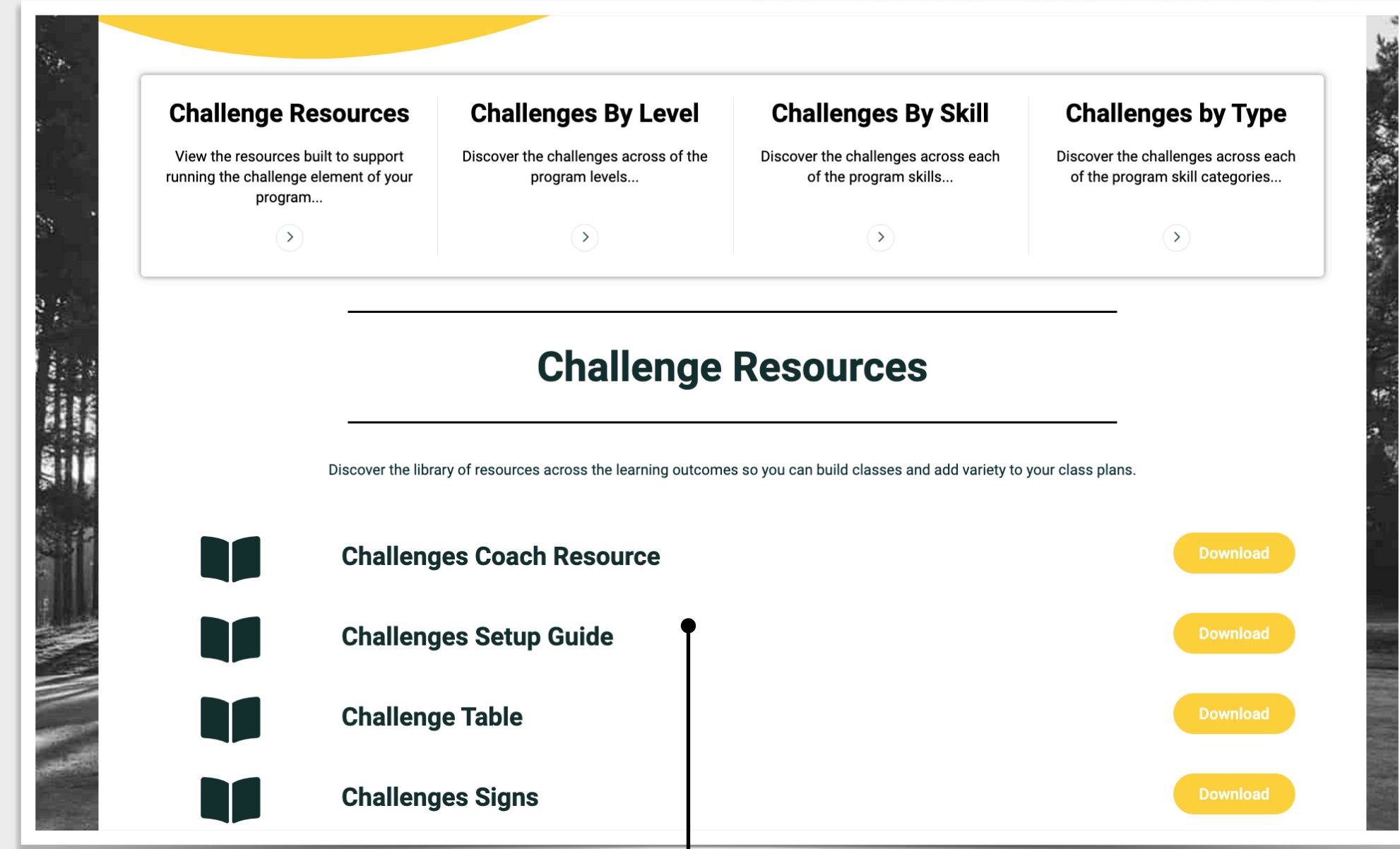
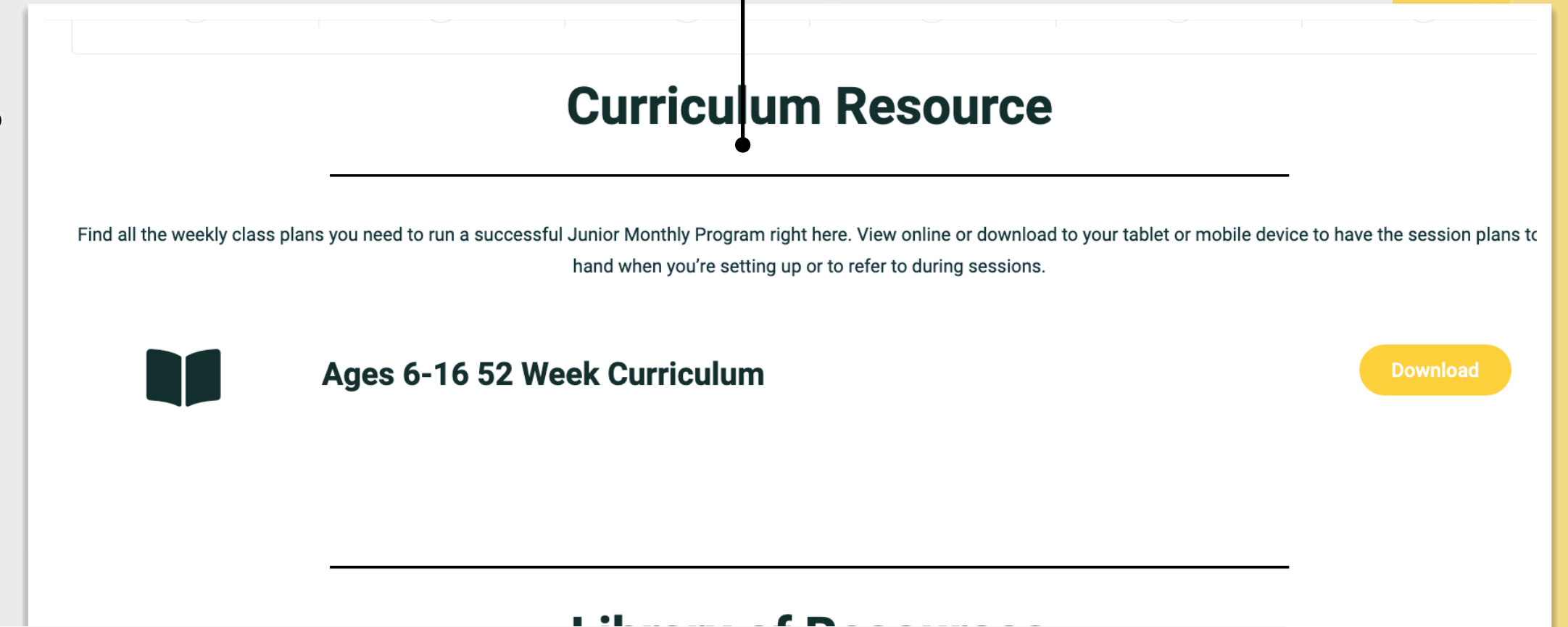
# Accessing Supporting Resources

Via the Coaches Toolbox, you can access supporting resources to help you run access resources to support the challenge element of the program and the curriculum so you have all the resource you need to run the program and each class. Follow the steps below...

**1** On the Junior Weekly page select from the Class Plan or Master the Challenge option...



**2** On the Class Plan page you can access the Program Curriculum, class plans and other resources...



**3** On the Master the Challenges Resource as a library of resources to run the challenge element of the program



# Scheduling and Pricing





# Scheduling Expectations

We understand that each club is different in regards to access to facilities and the size of the coaching team as well as the climate in which you operate. Therefore, this will influence the size of your program and program year. However, there are some crucial scheduling recommendations to make the program a success and this includes...



## Weekly Term Based Classes Blocks

You should be offering classes across each age group each week on a consistent day and time based around the school term dates. These are scheduled in blocks and students register for a place on all classes within that block.



## 60 Minute Duration

Classes should be 60 minutes and the class plans and supporting resources have been built around this duration. This length of class will ensure that you have appropriate time to deliver the learning outcomes within the session, keep each junior engaged and deliver the elements of progression pathway during classes.



## Weekend or After School

You have the flexibility to decide on what days to run your classes to be best suited to your needs, the needs of your club and opportunities in the local community. Classes may be delivered after school and on the weekends at times to suit you.



## Scheduling through GLF. Connect

All of your weekly program classes should be scheduled and bookings processed through your GLF. Connect system. This will ensure that you can add value to the juniors experience, track your sign ups, engage with parents and measure the programs success.



## Climate and Facility Dependant

The starting date of your program and the months in which it will run will be dependant on the climate in which you operate. In turn this will have an impact on the number of classes you can deliver in a program year.

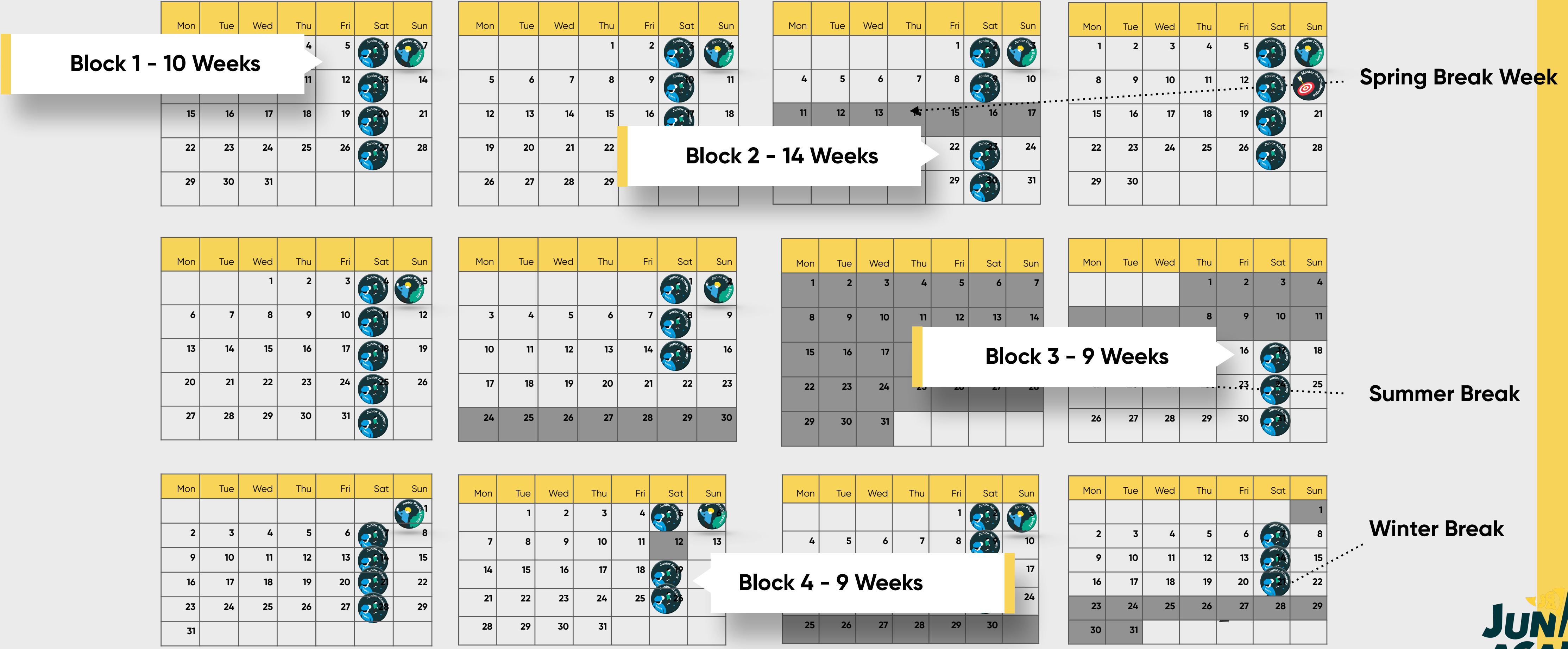


## All Age Groups

You are recommended to offer opportunities across all of the age groups at your club and consider if running an advanced group is appropriate for your program.

# Annual Program Calendar

The graphics below shows an example of how a program can be scheduled and come together across a calendar year for those operating in a climate and facility which allows for classes to be scheduled throughout the year. In this example, classes are operating weekly on a Saturday with the break weeks scheduled during the School vacations and broken into four separate blocks of classes...





# Class Scheduling on the Day

Depending on the number of classes that you intend to offer at your club within each age group, scheduling classes correctly to ensure that there is adequate access to facilities and for you to manage the setup and changeover between classes is imperative. We do not recommend scheduling all classes back to back, but instead leaving a buffer period between certain classes. This will help you to deal with the unexpected, plan and setup for each class as well as ensuring you can engage with parents and re-energize to deliver the next class. In this example, we can see that every age group class is offered at the club on a Saturday and planned accordingly...

## Saturday April 6th 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6 	7 
8	9	10	11	12	13 	14 
15	16	17	18	19	20 	21
22	23	24	25	26	27 	28
29	30					

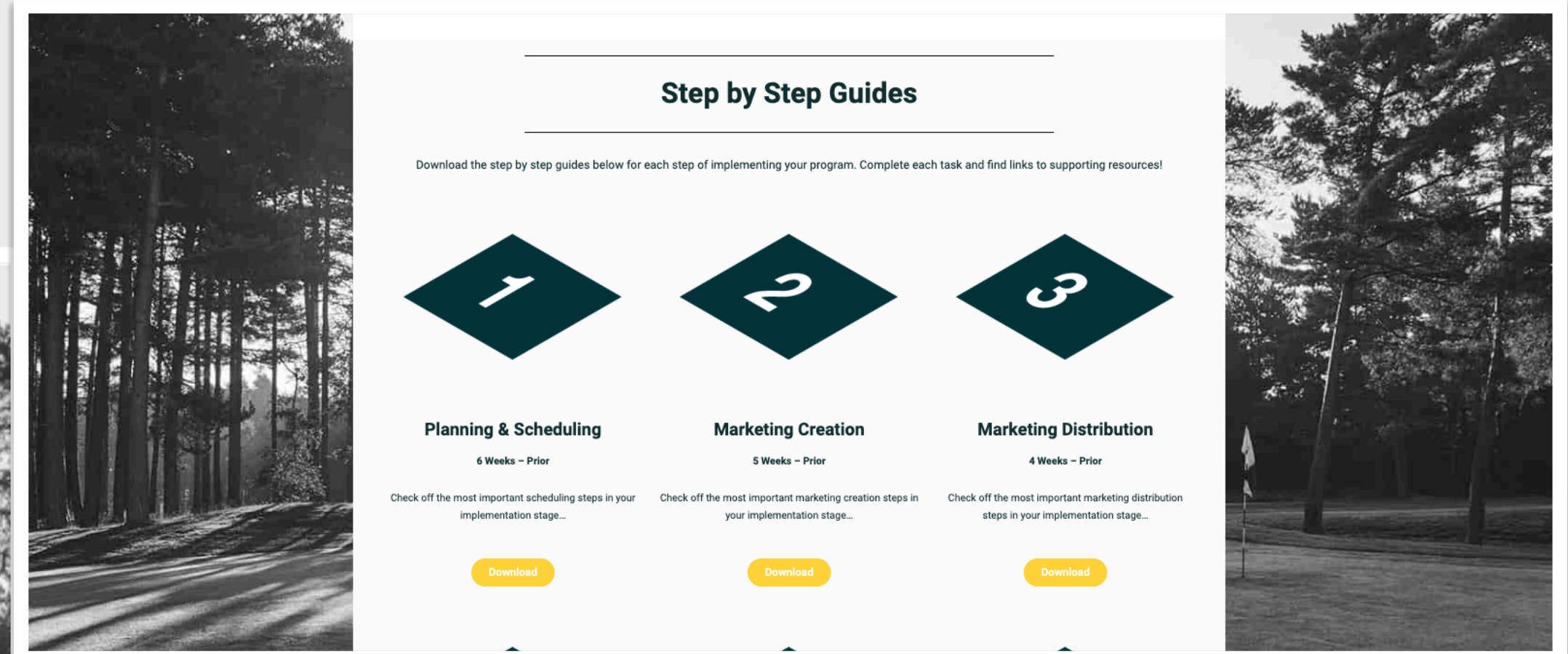
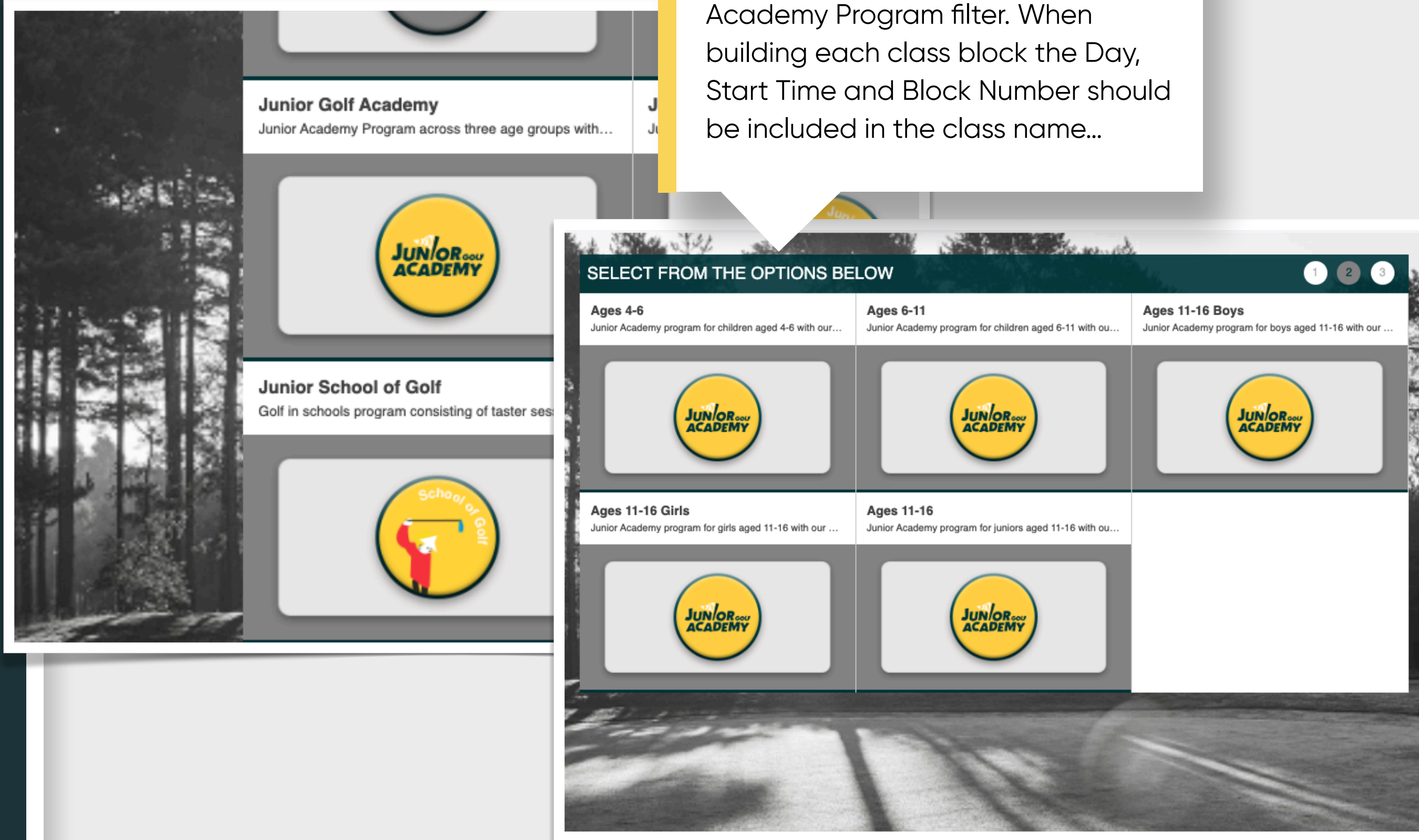
Time	Session
9am - 10am	Ages 4 - 6
10am - 10:15am	Break
10.15am - 11:15am	Ages 6 - 11
12.15pm - 1pm	Break
1pm - 2pm	Ages 11-16 Boys
2pm - 2:15pm	Break
2.15pm - 3:15pm	Ages 11-16 Girls

# Scheduling via GLF. Connect

All Junior Weekly Class Blocks should be scheduled and bookings processed through your GLF. Connect system. Program booking filters have been created for you on your system and the GLF. Connect Support Team has built a range of training material to help you get the camp scheduled correctly....

The aged based group options are categorised under the Junior Golf Academy Program filter. When building each class block the Day, Start Time and Block Number should be included in the class name...

Further training is available from the GLF. Connect support team to help you setup your camp correctly within the Support and a specific training video is available within the Scheduling section on the Coaches Toolbox Junior Weekly Program page...

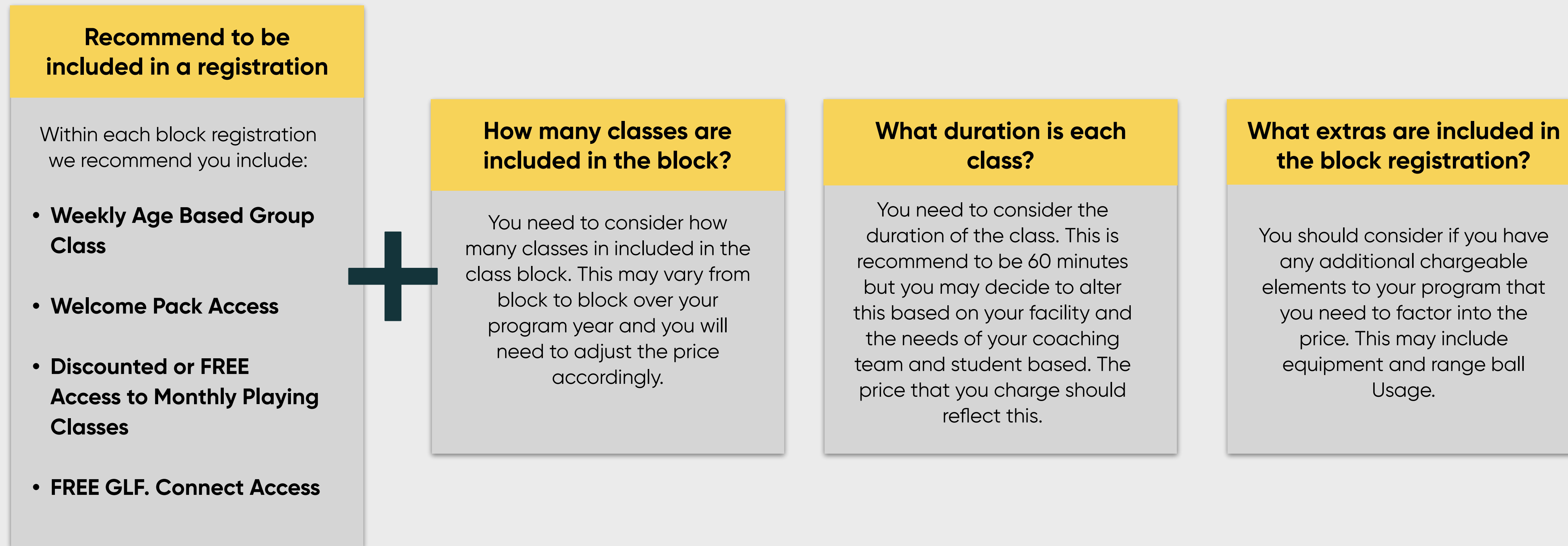




# Pricing a Program Block

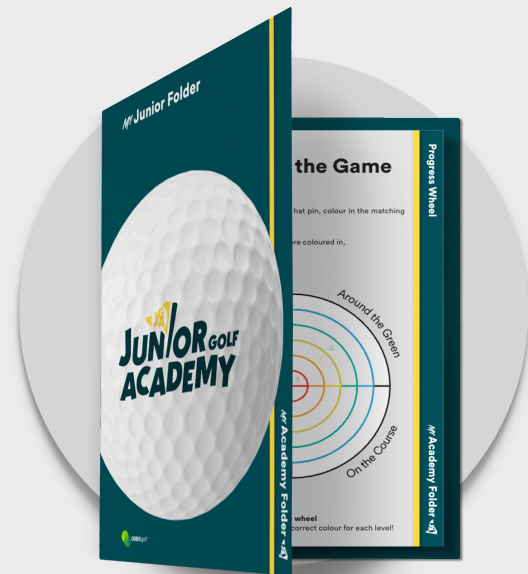
You should schedule your weekly program in blocks of classes across your program year, and therefore when parents register juniors on the program they are registering juniors to entire block of classes. We recommend that when marketing your program some added value extra are included but when pricing each of your program blocks you will need to consider a number of factors...

Example  
**\$200 per junior  
for 10 weeks**



# Junior Welcome Pack

As part of your registration to the program, juniors are recommend to receive a welcome pack. This Welcome Pack has been designed to give the junior all of the resources they need to actively engage in the program. The Welcome Pack is recommend to be charged at a one off price and includes:



## myAcademy Folder

This provides juniors with everything they need to know to engage in their journey through the program and it fits perfectly into the juniors golf bag!



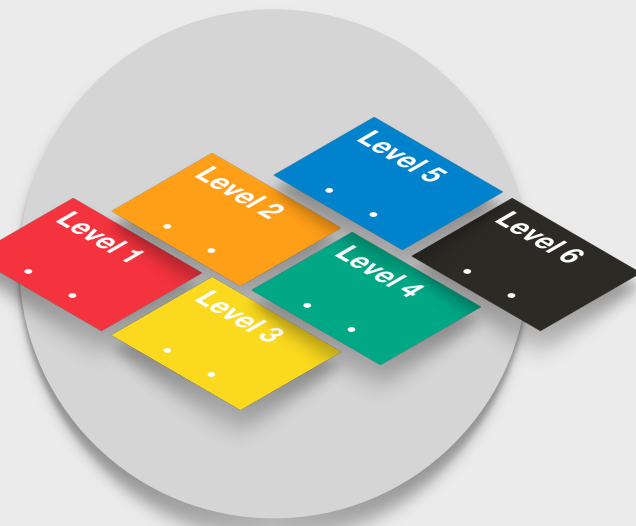
## Junior Program Hat

Used as a symbol of participation in the program, the JGA Hat gives your junior the ability to proudly display their Junior Hat Pins as they earn them and their participation in the program!



## Junior Valuables Pouch

Perfect for storing everything your junior needs in practice and on the course.



## Program Resources

Interactive and educational resources for your junior are included within the myAcademy folder and will help your junior to navigate the program, track their progress and collect the reward elements.



## On Course Goodies

Perfect for laying the foundations for educating your junior on equipment necessary to play the game. This includes 3 golf balls, tee pegs, pencils, pitchfork and a water bottle.



# Other Things to Consider

During your program year you will encounter a number of operational challenges with your Junior Weekly program due to for example inclement weather, sickness and other unforeseen circumstances. You also need to ensure you maximise engagement and uptake in your program classes at all times and link to your programs to the other JGA program elements...

## Consider Overflow Weeks

During your program year you should consider setting aside overflow weeks which can be used as opportunities for juniors who have missed classes during a block to make up their session. This will help to avoid refunds and any barriers to sign up.

## Utilise Pro Rota Feature

In GLF. Connect you can activate a pro rated feature which allows parents to register juniors onto your class blocks when weeks have already been delivered. The price will automatically be updated and this is great way to maximise sign ups.



## Link to Course Play and Social Play

Getting juniors to onto the golf course and participating in the challenge element of the program is a critical component. When scheduled you should ensure you program dates link to these class to maximise participation.



# Running a Class

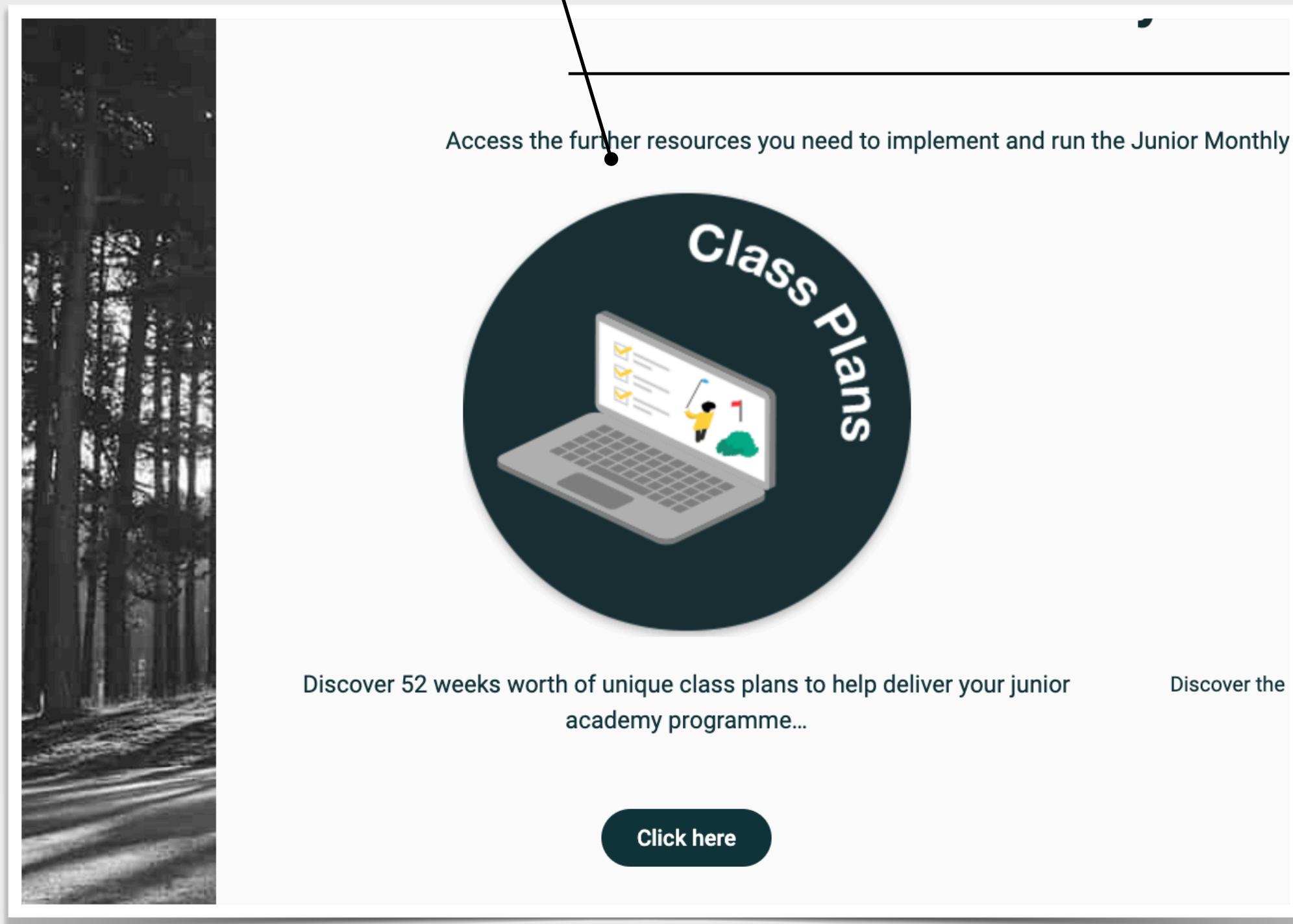




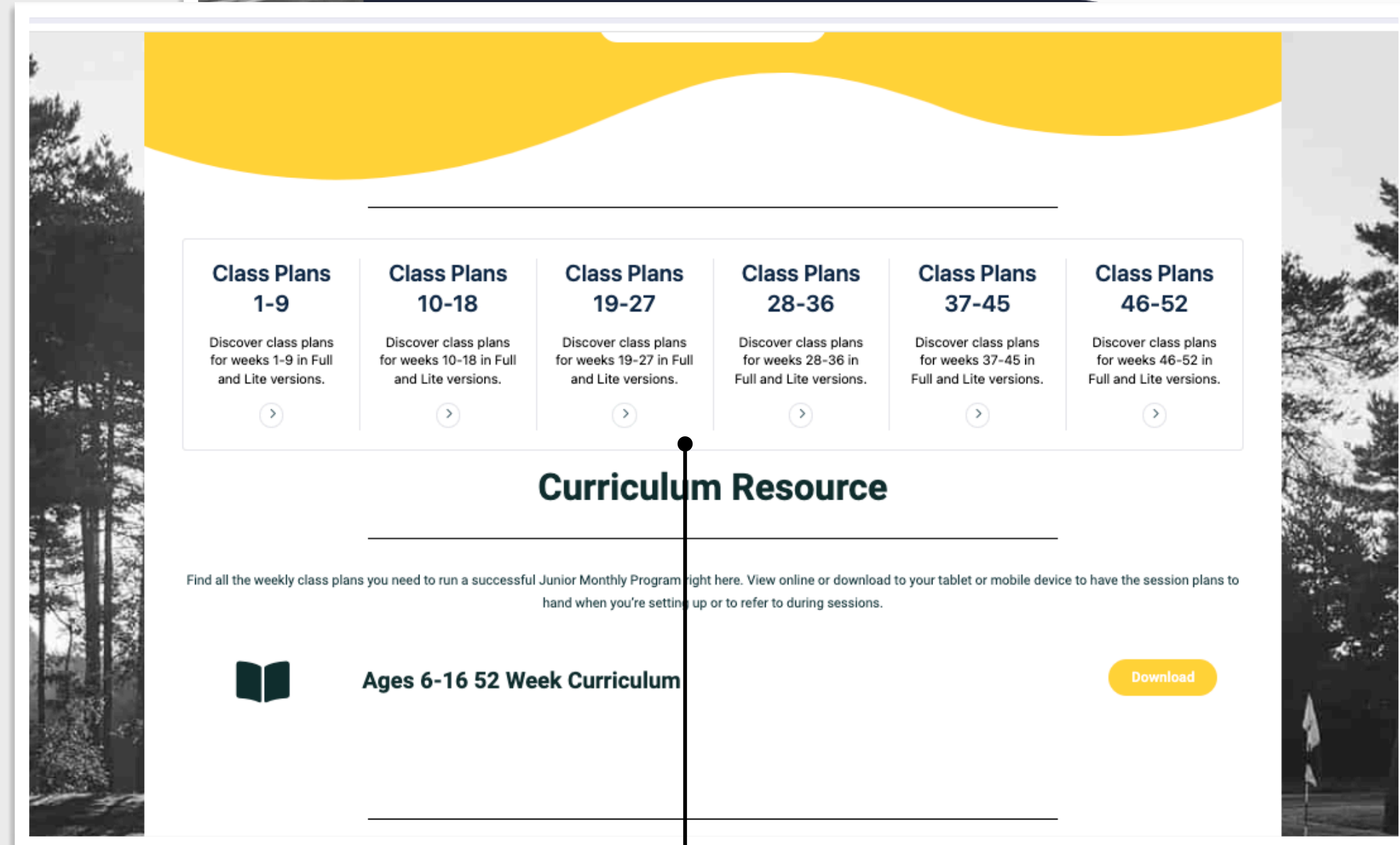
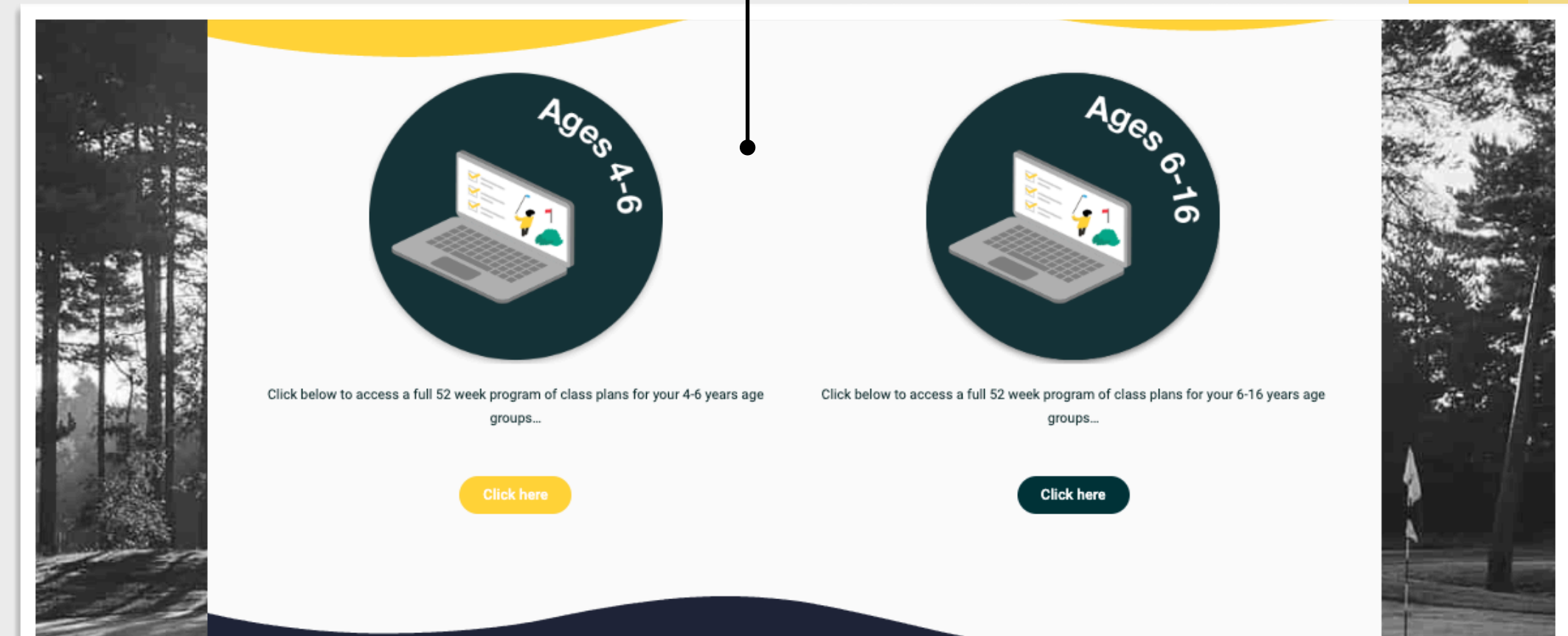
# Accessing the Class Plans

In the Coaches Toolbox, you can access an example lesson plan for each of the weeks that correspond to the program curriculum across two age ranges. Follow the steps below to deliver the correct class plan for each week...

**1** On the Junior Weekly page select the Class Plan option...



**2** On the age selection page you choose the option you require based on the class you are delivering...



**3** On the Class Plan use the quick links to jump to the week of the program and view the plan...

# What's Included

Once you have found the correct class plan, these have been built to give you everything you need to prepare and deliver your class as well as ensuring it meets the necessary learning outcomes and opportunities for the junior to progress through the program pathway. Each Class Plan will include...



## 1. Class Layout and Setup

This section of the class plan will provide you with a recommendation of how to layout your class to ensure it is delivered safely and meets the delivery of the learning outcomes.



## 2. Equipment you Need

Each class plan will list the specific equipment required to deliver the games and challenges within the class.



## 3. Timetable

The timetable provides you with an overview of what is delivered in the class and how the class is broken down across the 60 minutes.



## 4. Warm Up Game Card

Each class plan includes a Warm up Game that links to the physical Literacy learning outcome.



## 5. Game Cards

Each class plan includes Game Cards that the juniors attempt with a partner during the class.



## 6. Challenge

For juniors participating in the program pathway, each class includes an opportunity to attempt a Mastering the Game Challenge.



## 7. Learning the Game Focus

Each class plan includes a focus with the Learning the Game learning outcome and ideas of what you can introduce to the juniors.



## 8. Whole Junior Focus

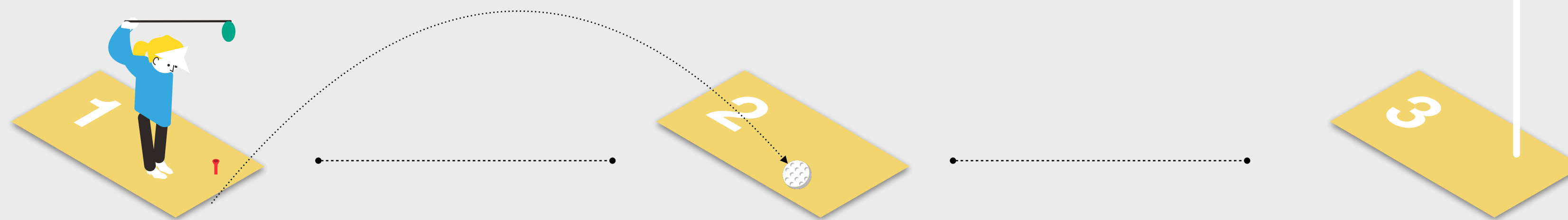
Each class plan includes a focus with the Whole Junior learning outcome and ideas of what you can introduce to the juniors.



# Before a Class Begins

It is vital that you are organized for your classes and there are a number of actions we recommend you take in the week prior and just prior to the start of the class to ensure it is a success.

The Step by Step guides available in the Coaches Toolbox will help you prepare but some of the key actions just prior to your class starting are as follows...



## Week Prior

In the week prior or a few days before your class we recommend:

- Ensure you have reserved access to the practice facility
- Organize the equipment you need for the class including clubs, challenge resources and equipment for games and challenge stations  
Ensure you have some time block into your schedule prior to the class start time on GLF.
- Review your Class Plan

## 30 Minutes Prior to the Class

It is the day of the class and you should ensure you arrive at least 15 minutes prior in order to:

- Setup all of the game stations, warm up game and challenge stations
- Ensure you have all of the equipment required,
- Be available 5 minutes prior in order to meet and greet the juniors

## Run Your Class

It's time to run your class and deliver a great Junior Weekly Program experience at your club!

# Flow of the Session

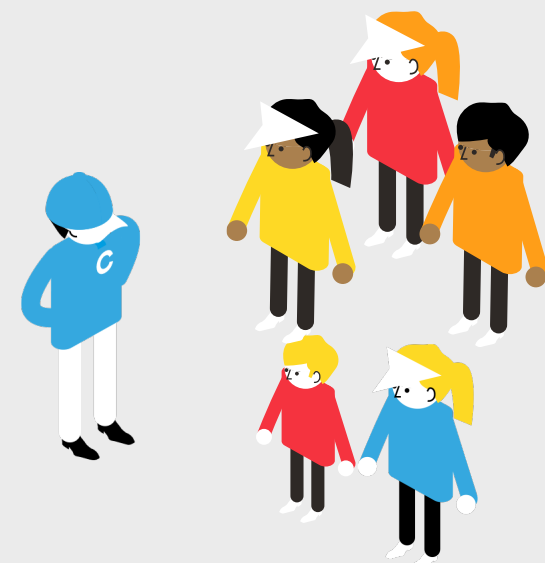
Each class will differ in regards the skill focus and specific layout of your facility, however based on the success of the program and our experience delivering junior coaching sessions, we have put together some recommended guidelines for the delivering of your class and how to setup your class effectively using a Swing class as any example...

**Game and Challenge Stations**

Children should play in pairs, with stations 1 and 2 being a pair, another pair at station 3 and the last pair at station 4. Children should rotate around the stations, with each pair spending approximately 8 minutes to spend at each. Safety is your top priority when running your class and safety cones and dividers should be clearly marked.

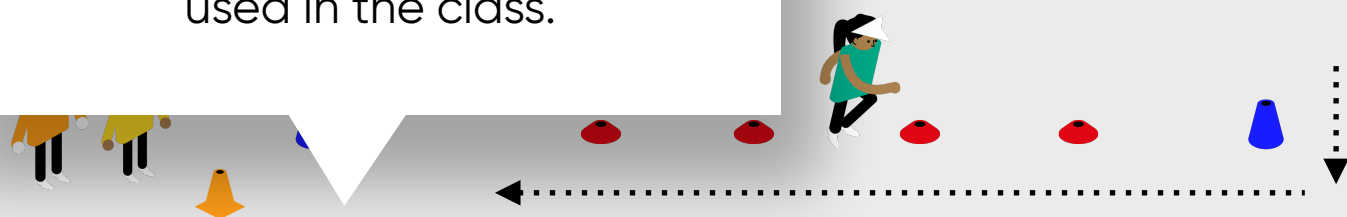
## Introduction

Complete a short introduction to the group and explain the learning outcomes for the class.

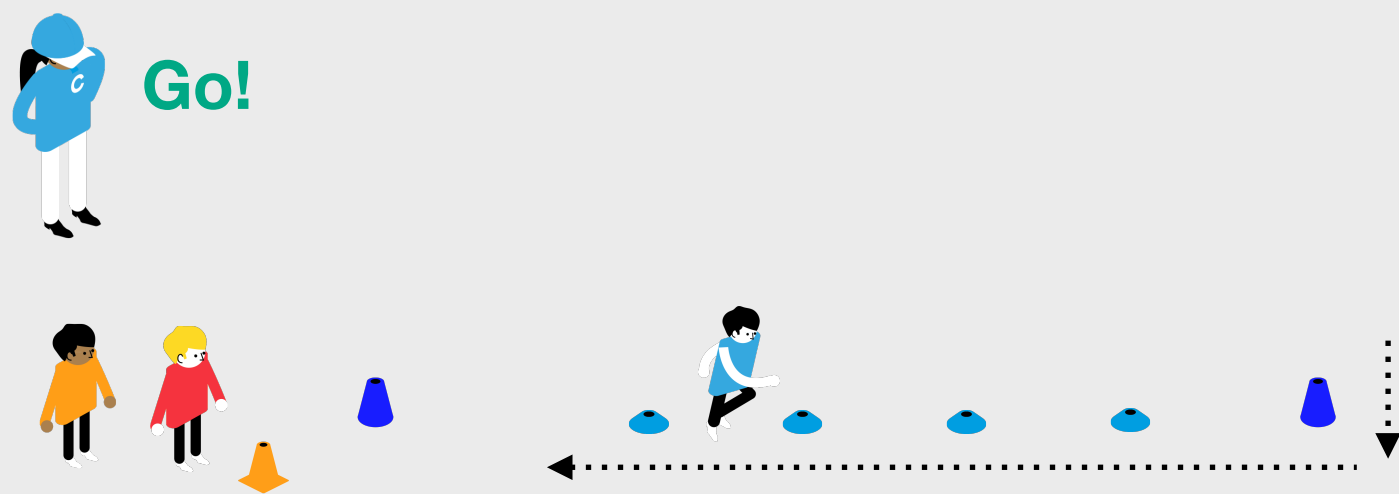


## Warm Up Game

Begin with the warm up game at the start of the session away from the main game stations used in the class.

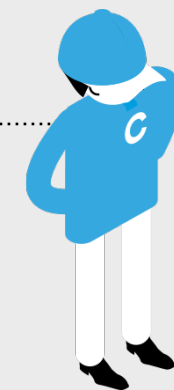


Go!



## Station 1: Challenge Station

This is where the child, under the supervision of the coach, can attempt the Mastering the Game Challenge.

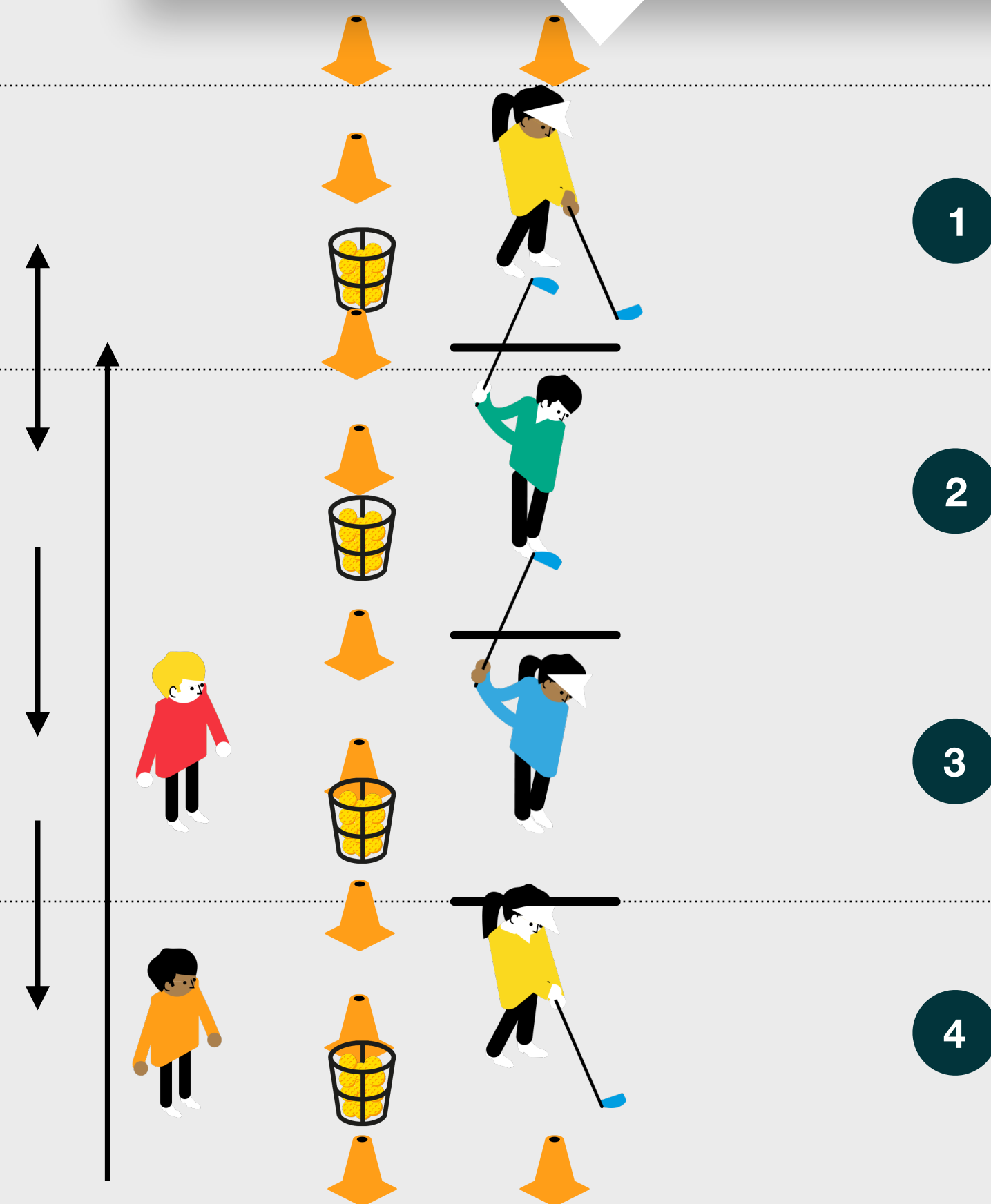


## Station 2 and 3: Game Stations

At these stations the children play in pairs or play the games independently with occasional supervision from the coach.

## Station 4: Free Practice Station

It is at this station the child can develop their fundamentals under guidance from the coach, away from any form of game or competitive play. Those in the Practice Station rotate with their partner in the Challenge Station.





# At the End of the Session

Providing a knockout experience to those attending the class doesn't just stop with delivering the class itself. What you deliver at the end of the class is just as important to the success of the program and development of each junior. At the end of the class, we recommend you take the time to...

## Encourage Social Connections

Taking time at the end of your class to actively encourage social connections between juniors and the family will allow friendships to be formed and confidence to be built at the club.

This is also a great chance to engage with juniors and their parents on a one to one basis, to receive feedback on how they felt the class went and to provide additional support if needed.



## Promote Further Program Opportunities

This class is an opportunity to promote the other opportunities within the program and you should be prepared with all of the information you need to promote the other program elements.

## Encourage Playing Opportunities

Juniors should be encouraged to play together outside of the weekly classes and monthly playing class. Facilitating the opportunity to play together will help to improve the juniors ability, enjoyment and confidence on the course as well as promote club membership.



## Recording Progress myGame on GLF.Connect and myAcademy Folder

To record the juniors progress through the 6-Level Progression Pathway, the GLF.Connect myGame+ feature and the myAcademy folder can be used. Juniors may have completed Challenges during the class and should be encourage to log progress and receive their awards.

# Some Things to Remember

The success of the class will in the main be driven by the juniors and the parents experience on the day. We are providing you with all the tools you need to make it a success but you have a critical role to play in delivering a great class for those who attend. Remember the following when delivering a class at your club...



## Keep the Classes Fun

Make sure you retain a sense of fun in all of your classes. Of course you will want to develop the skills of those attending but make sure that each class will keep each junior come back week after week.



## Keep it Safe

Nothing will do more damage to the success of your program like a perception by the junior or the family that the environment isn't safe. Always keep this in mind by ensuring you setup your sessions safely, collect important medical information, emergency contact details and reiterate safety to the group.



## Keep it Inclusive

Remember that there may be a range of ages, abilities and experiences attending your class. Therefore make sure that the flow of the day is as inclusive as possible for all participants. Focus on creating a support atmosphere with teamwork at its heart.



## Be Prepared

Preparation will be key to the success delivery of your class. Not only will this help you enjoy the class, but it will also create a great image of you and your club to the junior and the family.



## Engage with Parents

The classes are a shop window for junior and parents into life at your club and the Junior Golf Academy program. Strive to ensure that all involved create an environment and atmosphere that allows the junior and the family to be confident and comfortable at the club. Take time to answer any questions they have and update them on their child's progress.



# Implementation





# Implementation Link to Course Play

The Junior Weekly Program is crucially run in tandem with the implementation of the Junior Playing Events. This is due to how one program compliments the other and that those participating in the Junior Weekly Program can access Course Play event to gain on course experience. Additionally, the Junior Course Play program provides the junior with the opportunities to attempt the challenges within the progression pathway across each element and level. Therefore it is vital that the implementation of your Junior Weekly Program is aligned to the implementation of the Junior Playing Event...



**1. Full Swing**



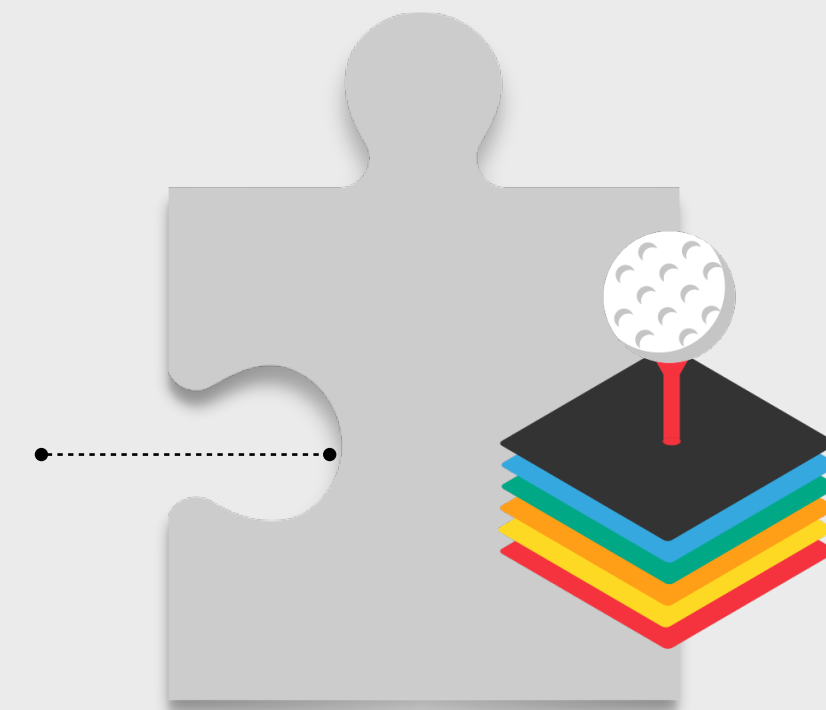
**3. Around the Green**



**2. On the Green**



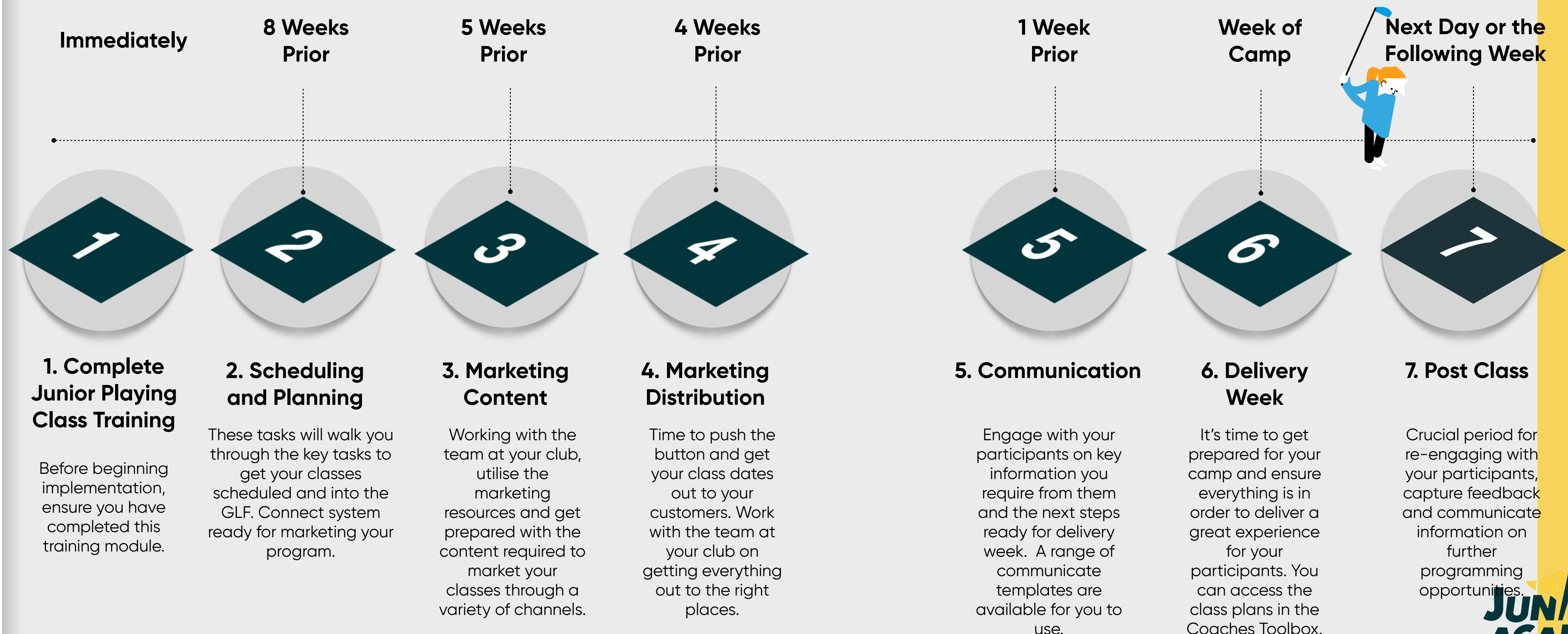
**4. On the Course**





# Implementation of the Program

After completing this program Training you will be ready to get into action and start your journey to getting up and running at your club. The implementation stages of the Junior Weekly Program is broadly as follows...





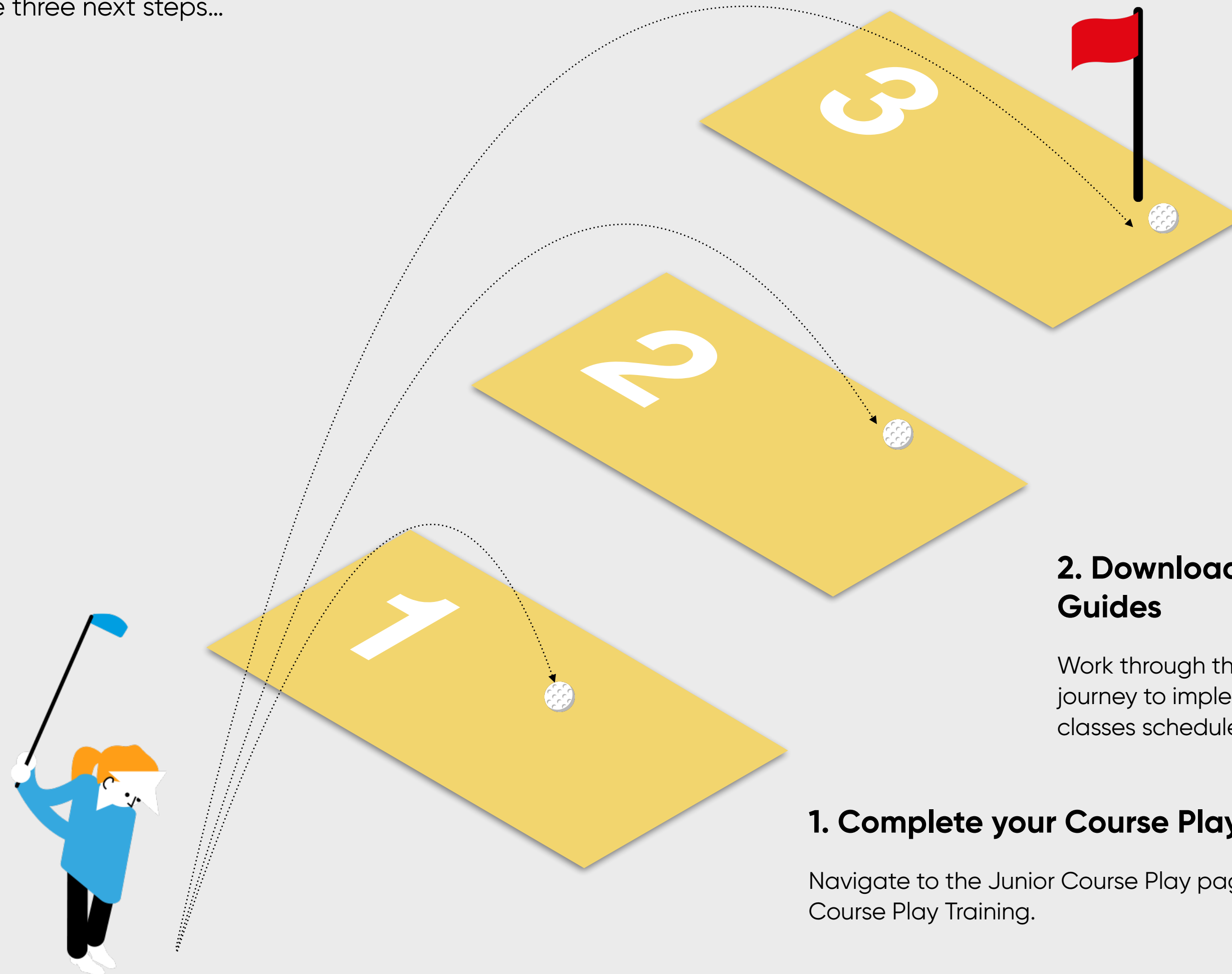
# Next Steps





# Next steps

Take the next steps towards a thriving Junior Weekly Program at your club by following these three next steps...



### 3. Begin Marketing Your Program

Time to push the button and begin marketing your program classes at your club and through a variety of channels.

### 2. Download and action the Step 1 Checklist Guides

Work through the steps listed within these guide to begin your journey to implementing your program at your club by getting classes scheduled.

### 1. Complete your Course Play Training

Navigate to the Junior Course Play page and complete your Course Play Training.

# Thank you.

**Please review the Course Play Training Module within the Junior Course Play Page of the Coaches Toolbox.**