## Scoring School



Swing Challenge Week





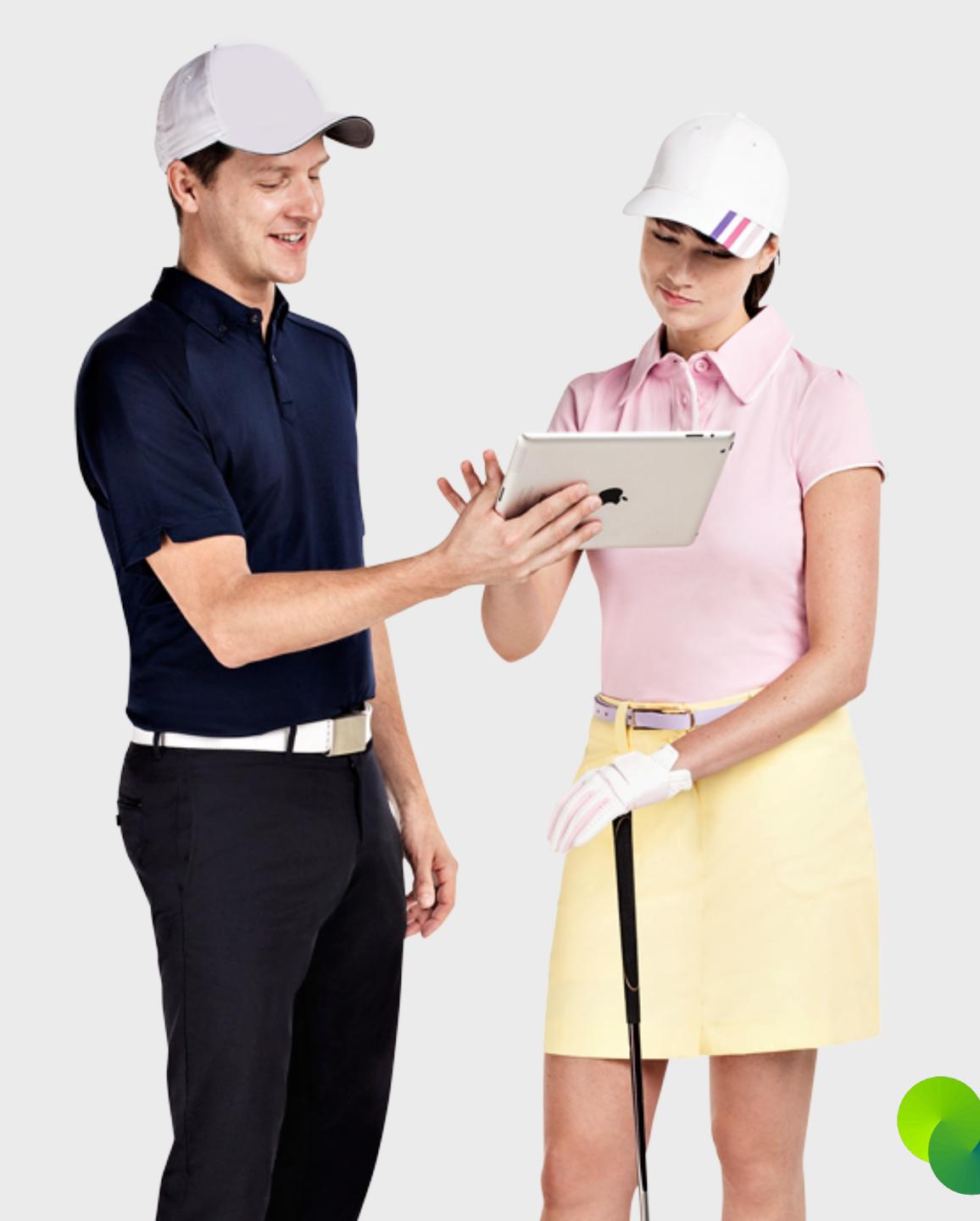
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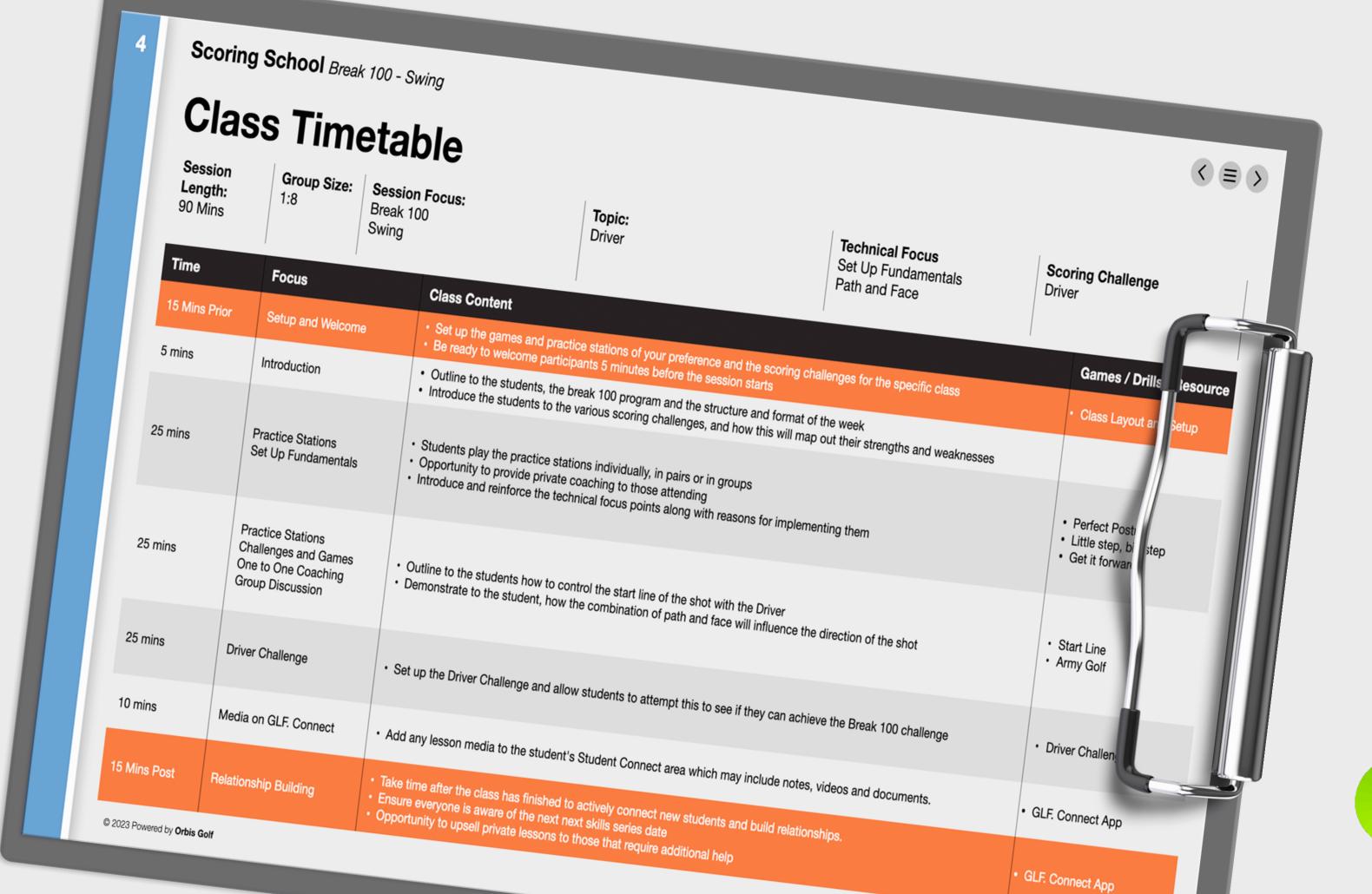
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## Session Timetable









### Class Timetable - Challenge Week

**Group Size: Session Focus:** Topic: **Technical Focus Scoring Challenge** Session Challenges and Benchmarking Swing Challenges 1:12 Break 80 Swing Length: Challenge Week 90 Mins

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	Class Layout and Setup
5 mins	Introduction	<ul> <li>Outline to the students the break 80 program and the structure and format of the challenges week</li> <li>Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses</li> </ul>	
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul> <li>Allow the students to take part in the first rotation of three parts of scoring challenges</li> <li>During this time the students will attempt the iron challenges</li> <li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li> <li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li> </ul>	<ul><li>Iron Challenge</li><li>Challenge Scorecard</li></ul>
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul> <li>Allow the students to take part in the first of three parts of scoring challenges</li> <li>During this time the students will attempt the fairway woods challenges</li> <li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li> <li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li> </ul>	<ul><li>Fairway Woods Challenge</li><li>Challenge Scorecard</li></ul>
25 mins	Scoring challenges Individual coaching Rotation around set up	<ul> <li>Allow the students to take part in the first of three parts of scoring challenges</li> <li>During this time the students will attempt the driver challenges</li> <li>Allow the students to rotate around the various challenges, allowing time for breaks and discussions</li> <li>Lay out the games cards and hand out the scoring goal challenges scorecards to the participants</li> </ul>	<ul><li>Driver Challenge</li><li>Challenge Scorecard</li></ul>
10 mins	Media on GLF. Connect	<ul> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a challenge across the scoring goals</li> </ul>	GLF. Connect App
15 Mins Post	Relationship Building	<ul> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the next next skills series date</li> <li>Opportunity to upsell private lessons to those that require additional help</li> </ul>	GLF. Connect App







### TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

### Swing

Club Speed  The linear speed of the club head's center just prior to first contact with the golf ball	Attack Angle  The up or down movement of the club head of contact between the club and ball	Launch Angle  The vertical angle the golf ball takes off at relative to the horizon	Club path  The in-to-out or out-to-in movement of the club head	Ball Speed  The speed of the golf ball's center of gravity at impact	Carry  The straight-line distance between where the golf ball was launched from and where it lands
Face Angle  The direction the club face is pointing at the point of contact between the club and ball	Face to Path  The angle difference between the reported face angle and club path	Low Point  Distance from the club head to the lowest point on the swing arc at the time impact	Launch Direction  The horizontal angle the golf ball takes off at relative to the target line	Side  The perpendicular distance between the target line and where the ball crosses a point	Total  The straight-line distance between where the golf ball was launched from and its resting position.

Keep an eye out for the Trackman Sticker on the game or challenge cards



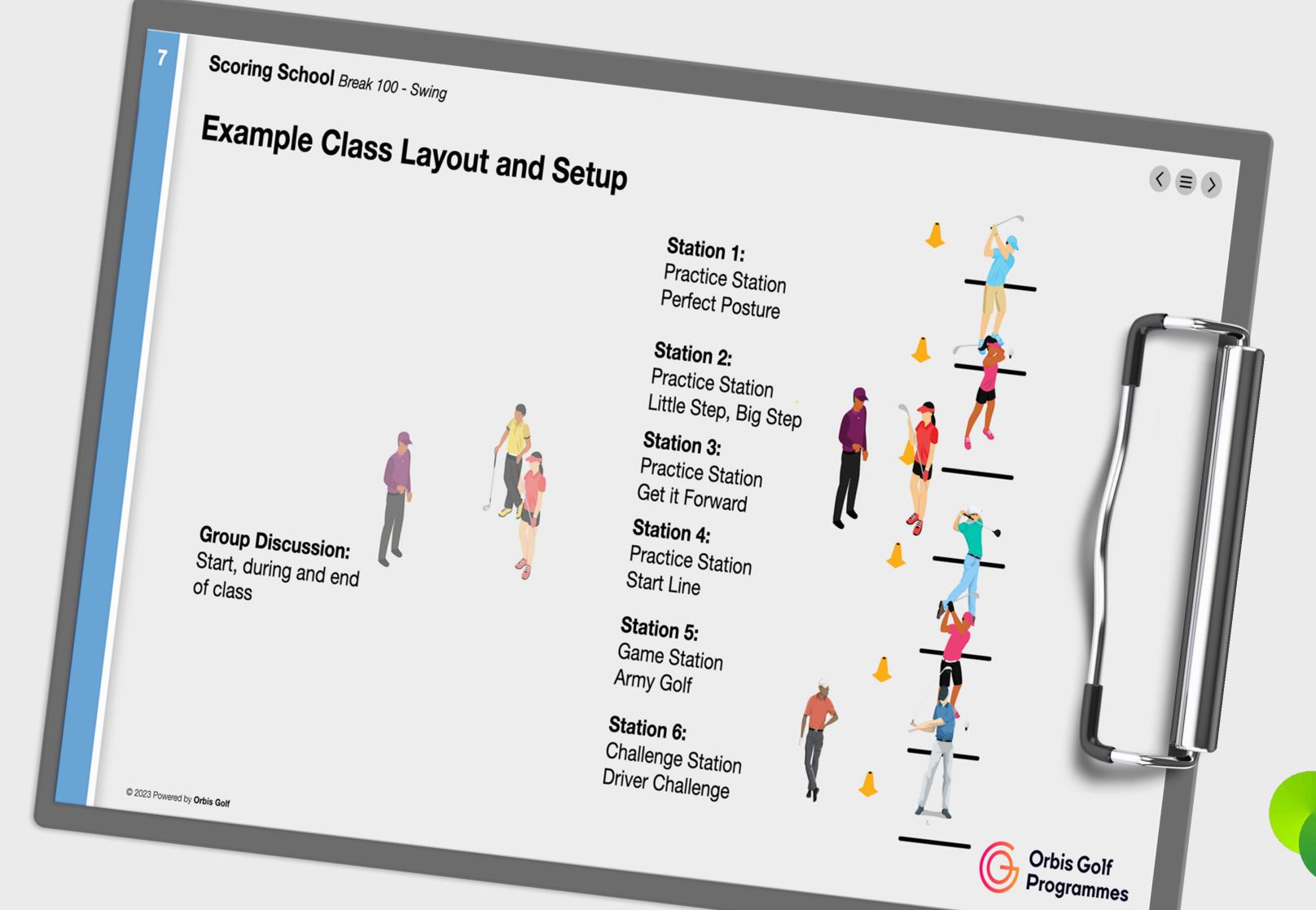
### TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.





## Objectives and Setup









### Class Layout and Setup

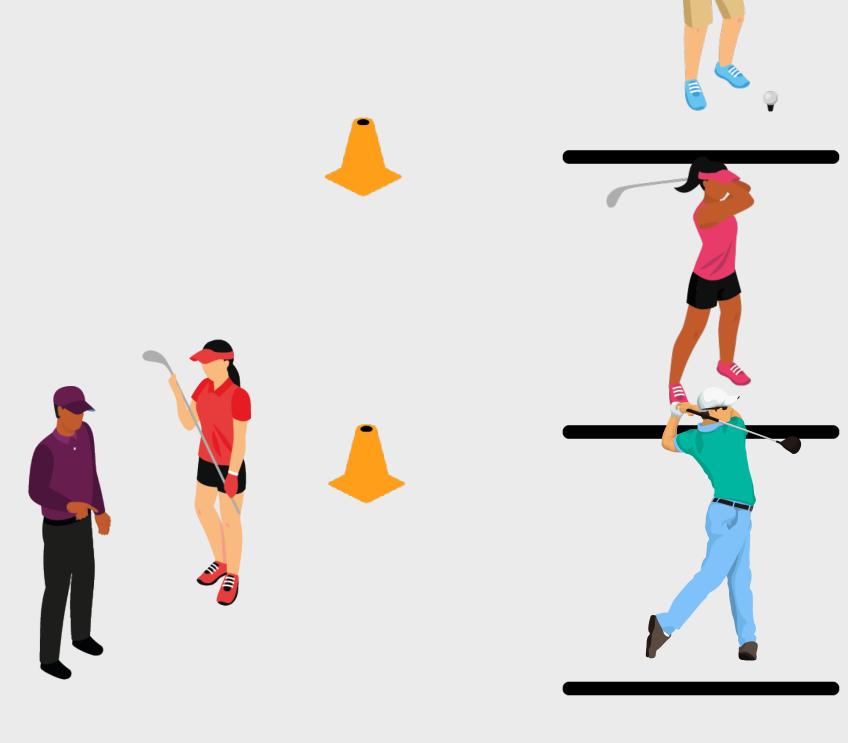
**Station 1:** 

Iron Challenge

**Station 2:** 

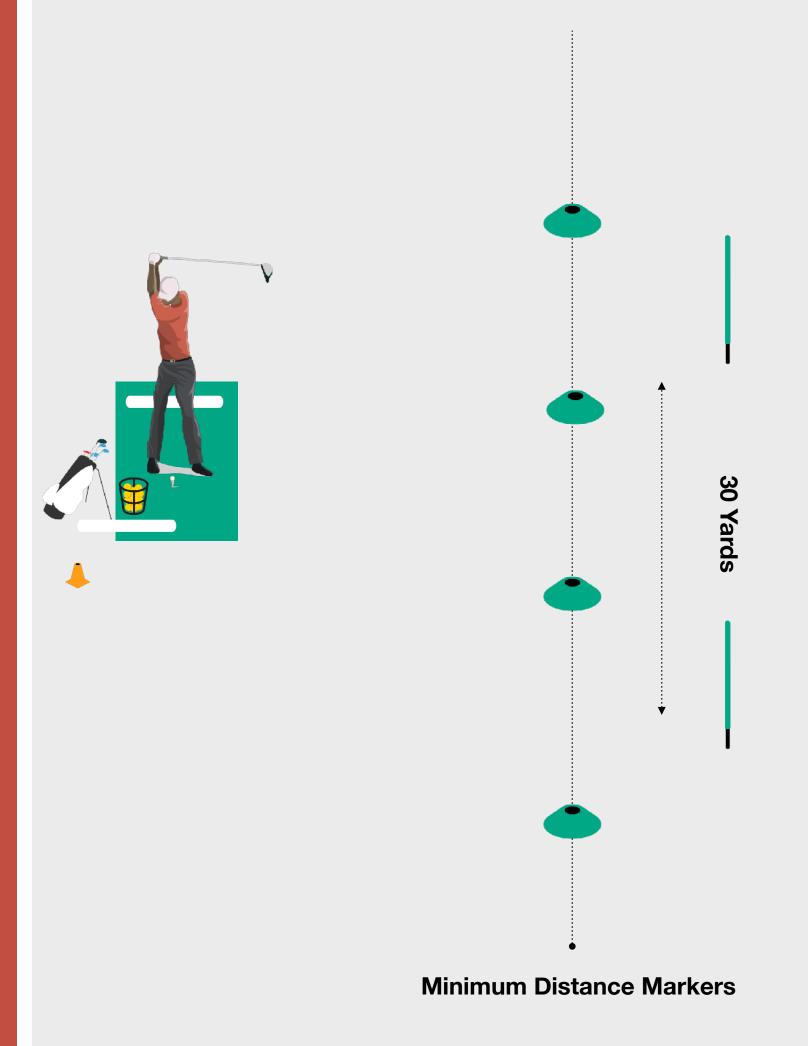
Fairway Wood Challenge

**Station 3:** Driver Challenge





### Driver Challenge Setup





### **Equipment Needed**





• 1x Marker cones



Coloured Cones



• 4x Alignment Sticks



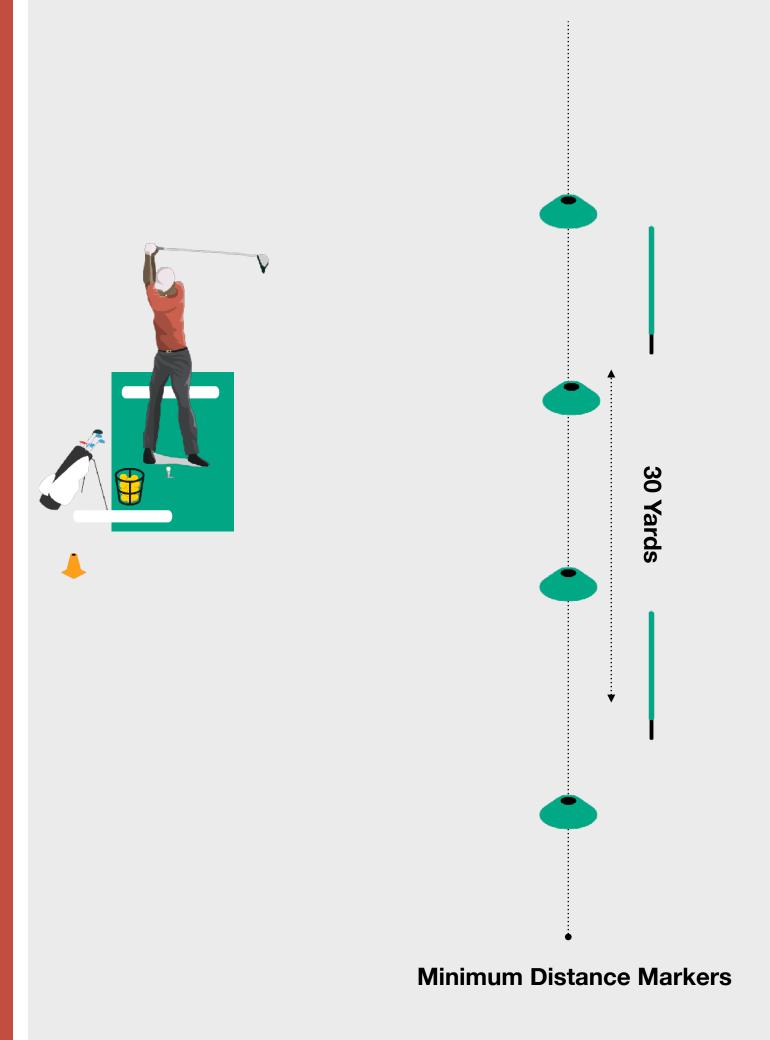
• 4x Foam Noodles

### **Setting out the Challenge**

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



### Fairway Wood Challenge Setup











• 1x Marker cones



Coloured Cones



• 4x Alignment Sticks



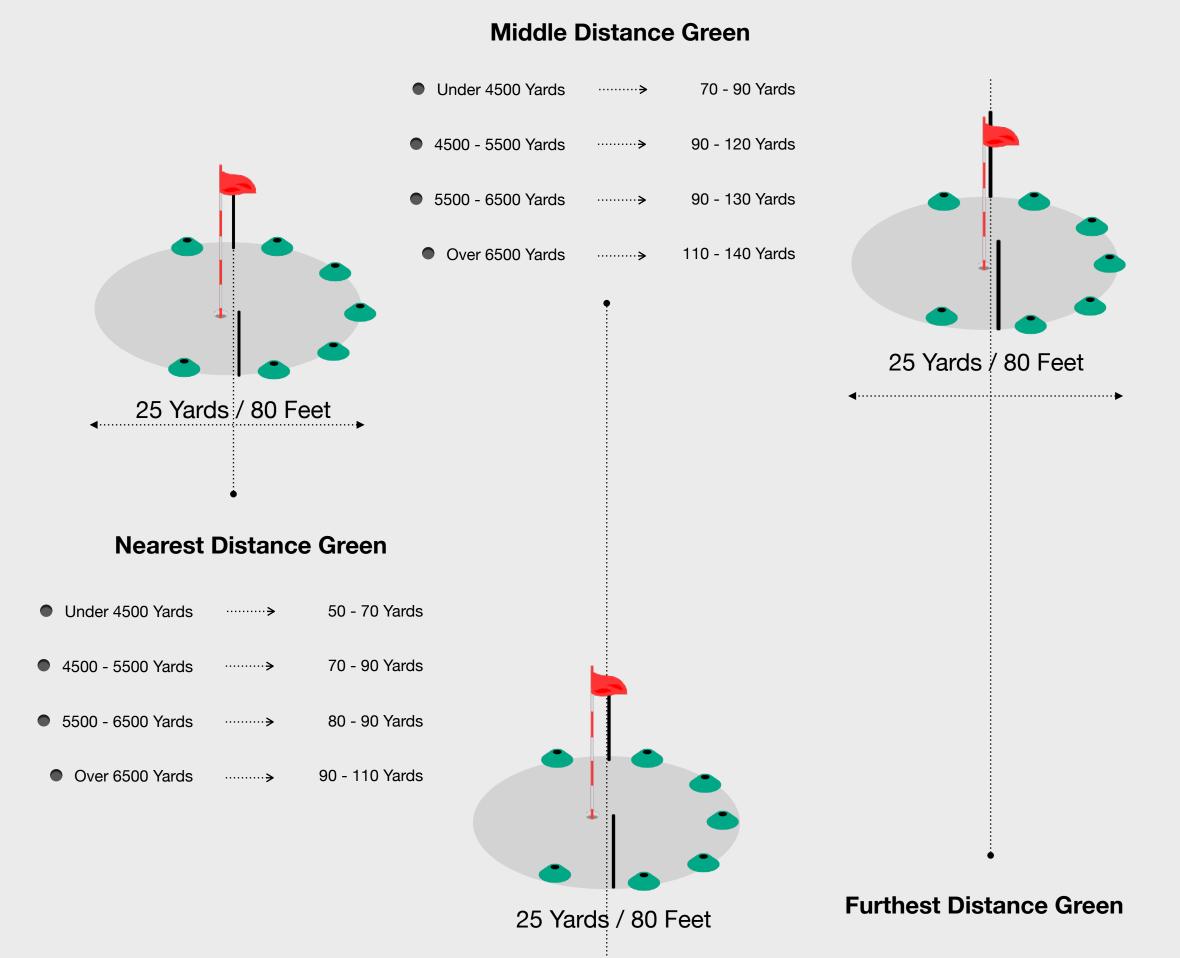
• 4x Foam Noodles

### **Setting out the Challenge**

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



### Iron Challenge Setup



4500 - 5500 Yards

5500 - 6500 Yards

Over 6500 Yards

120 -150 Yards

130 -160 Yards

140 -180 Yards







• 1x Marker cones



Coloured Cones



• 9x Alignment Sticks



• 12x Foam Noodles



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• 3x Flagstick

### **Setting out the Challenge**

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Coloured cones to mark out the three target greens
- Foam Noodles placed onto the alignment sticks used to mark the target widths
- Set out all the markers to enable every player to attempt their challenge for their scoring goal
- Flag to be used as marker for middle of the target green (optional)





## Swing Challenges







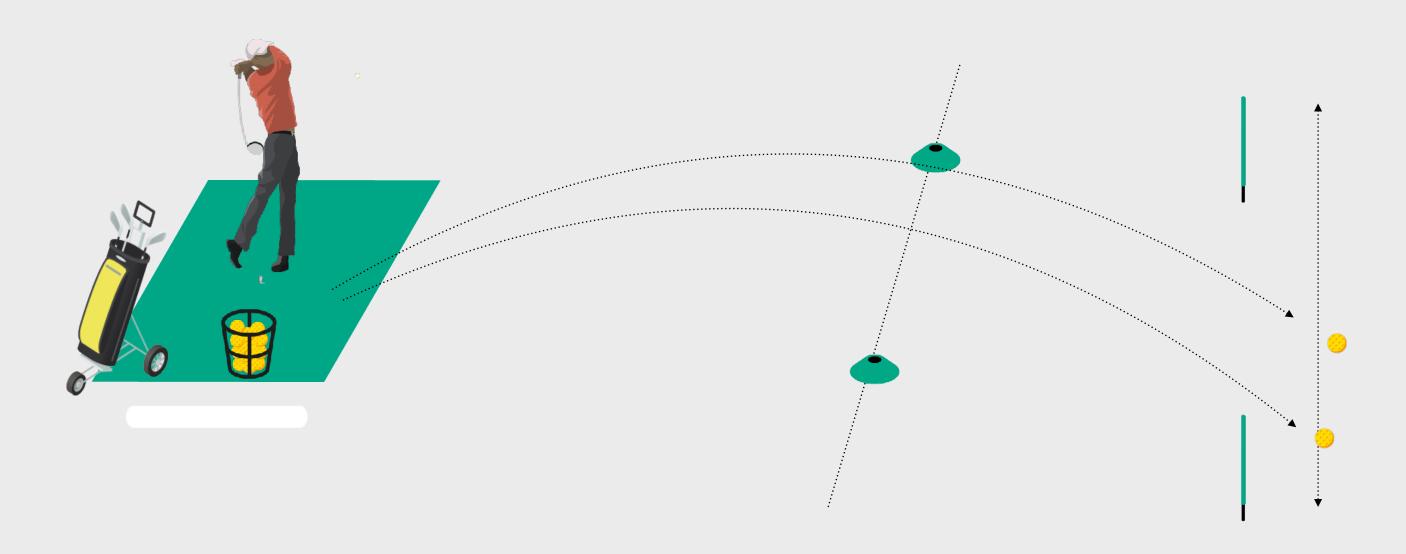
### **Driver Challenge**

### TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the
Appropriate
Minimum Distance
for your chosen
Course Length

Course Length	Distance	
< 4500 Yards	150	
4500 -5500 Yards	190	
5500 -6500 Yards	210	
> 6500 Yards	250	



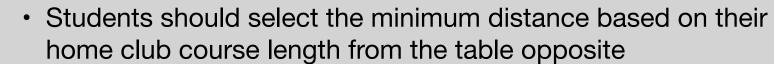
**Minimum Distance Markers** 

**30 Yard Wide Target Gate** 

### Attempting the Challenge







- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

#### The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Driver. The student has a total of 10 attempts
  - 8/ 10 shots between a target gate

#### What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

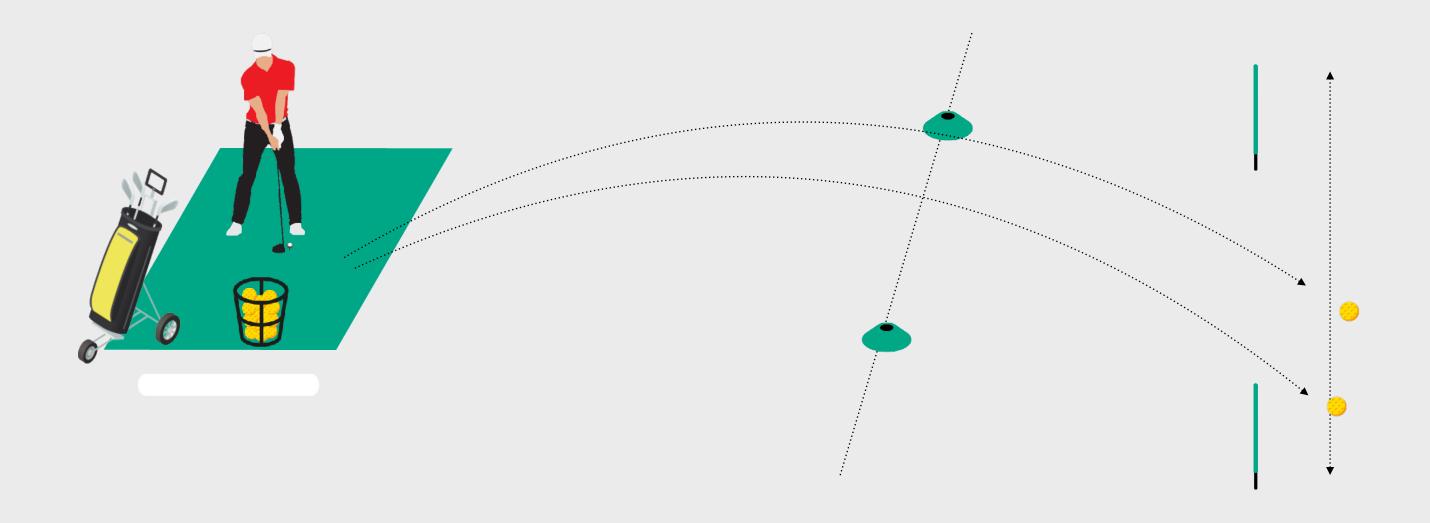


# Fairway Wood Challenge

### TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

	Course Length	Minimum Distance
	< 4500 Yards	135
Select the Appropriate Minimum Distance	4500 -5500 Yards	170
Minimum Distance for your chosen Course Length	5500 -6500 Yards	190
	> 6500 Yards	215



**Minimum Distance Markers** 

**30 Yard Wide Target Gate** 

### Attempting the Challenge





- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

#### The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts
  - 8/ 10 shots between a target gate

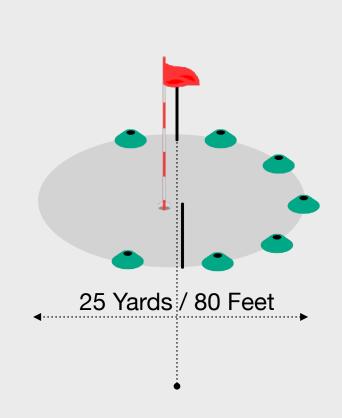
#### What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

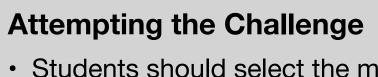


### Iron Challenge

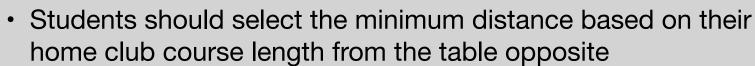
#### **Middle Distance Green**











- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

### The Challenge

- Hit five shots to each target distance using whatever Iron/ Hybrid they require to reach the given distance. Students have a total of 5 attempts for each distance. attempts for each distance:
  - 3/ 5 shots land on the nearest target green
  - 3/5 shots land on the middle target green
  - 4/ 5 shots land on the further target green

#### What to do Next:

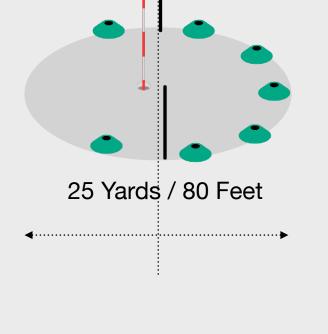
 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward





### TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement



# Under 4500 Yards 4500 - 5500 Yards 5500 - 6500 Yards 120 -150 Yards 130 -160 Yards

**Furthest Distance Green** 

25 Yards / 80 Feet



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