

# Scoring School

**BREAK  
75**



## Hybrid and Fairway Woods





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# Session Timetable

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Scoring School *Break 75 - Swing*

## Class Timetable

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**Session Length:**  
90 Mins

**Group Size:**  
1:8

**Session Focus:**  
Break 75  
Swing

**Topic:**  
Driver

**Technical Focus**  
Shot Shaping  
Developing a Stock Shot

**Scoring Challenge**  
Driver

Time	Focus	Class Content	Games / Drills	Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>		
5 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the break 75 program to the students and the structure and format of the challenges week</li> <li>Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses</li> </ul>		
25 mins	Practice Stations Shot Shaping and Stock Shot	<ul style="list-style-type: none"> <li>Students play the practice stations individually, in pairs or in groups</li> <li>Opportunity to provide private coaching to those attending</li> <li>Introduce and reinforce the technical focus points along with reasons for implementing them</li> </ul>		<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
25 mins	Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> <li>Outline to the students how to control the shot shape of the shot with the Driver</li> <li>Demonstrate to the student, how the combination of path and face will influence their shot shape</li> </ul>		<ul style="list-style-type: none"> <li>X's &amp; O's</li> <li>Stocking up the shot</li> </ul>
25 mins	Driver Challenge	<ul style="list-style-type: none"> <li>Set up the Driver Challenge and allow students to attempt this to see if they can achieve the Break 75 challenge</li> </ul>		<ul style="list-style-type: none"> <li>Draw it in</li> <li>Fade it in</li> </ul>
10 mins	Media on GLF Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents.</li> </ul>		<ul style="list-style-type: none"> <li>Driver Challenge</li> <li>GLF Connect App</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships.</li> <li>Ensure everyone is aware of the next next skills series date</li> <li>Opportunity to upsell private lessons to those that require additional help</li> </ul>		<ul style="list-style-type: none"> <li>GLF Connect App</li> </ul>

# Class Timetable

**Session Length:**  
90 Mins

**Group Size:**  
1:8

**Session Focus:**  
Break 75  
Swing

**Topic:**  
Hybrids and Fairway Woods

**Technical Focus**  
Taking it on in 2  
Mental Preparedness

**Scoring Goal Challenge**  
Hybrids and Fairway Woods

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
5 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the break 75 program to the students and the structure and format of the challenges week</li> <li>Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses</li> </ul>	
25 mins	Going for it in 2! Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> <li>Outline the technical guidance and how that reflects on the shot in play</li> <li>Play 2nd shot to one hole on create hypothetical range senecios of going for a green in 2 shot on a par 5</li> <li>Opportunity to provide private coaching to those attending between each shot</li> </ul>	<ul style="list-style-type: none"> <li>Going for it in 2!</li> <li>Fairway Finder</li> </ul>
25 mins	Mental Preparedness Practice Stations Challenges and Games One to One Coaching Group Discussion	<ul style="list-style-type: none"> <li>Introduce and reinforce the technical focus points and reasons they could help the student</li> <li>Explain some of the mental techniques required to prepare for shots</li> <li>Opportunity to provide private coaching to those attending</li> </ul>	<ul style="list-style-type: none"> <li>Mental Preparedness</li> <li>Position and Flight</li> </ul>
25 mins	Hybrid and Fairway Wood Challenge	<ul style="list-style-type: none"> <li>Set up the Hybrid and Fairway Wood Challenge and allow students to attempt this to see if they can achieve the Break 75 challenge</li> <li>Use the challenge scorecard to record the outcome of each attempt</li> </ul>	<ul style="list-style-type: none"> <li>Hybrid and Fairway Wood Challenge</li> <li>Challenge Scorecard</li> </ul>
10 mins	Media on GLF. Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have succesfully completed a challenge across the scoring goals</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the next Scoring School themed class or challenge club class date</li> <li>Opportunity to upsell private lessons to those that require additional help</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>



# Technical Guidance

The technical guidance we are prescribing is to be delivered as you see fit. You should use your experience, preferences and be sure to link your technical advice to how this will help students to improve the key skill of pitching. Some of technical content you may want to explore in this session may include:

- **Taking it on in 2** - Introduce some discussion around strategy of going for a par 5 in 2 shots when there is risk and reward
  - Discuss the decision making process when deciding to go for a par 5 in 2 shots. Things to consider:
    - Is the risk worth the reward on that particular hole and at the stage of the round
    - Do the conditions lend themselves to the shot and is it achievable
    - Are there better ways to make the desired score whilst reducing the risk
- **Mental preparedness** - Discuss with the students the mental preparedness required to take on and execute a risk / reward shot:
  - Discuss how past experiences will influence the present state of mind
  - Discuss how repetitive practice of the shot will build up a bank of preparedness to fall back on at crucial times
  - Create hypothetical scenarios for the students to take on a shot in a controlled environment



**Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.**



# Objectives and Setup

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## Driver Challenge Setup

30 Yards

Minimum Distance Markers

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Equipment Needed

- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 4x Alignment Sticks
- 4x Foam Noodles

SAFETY

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal

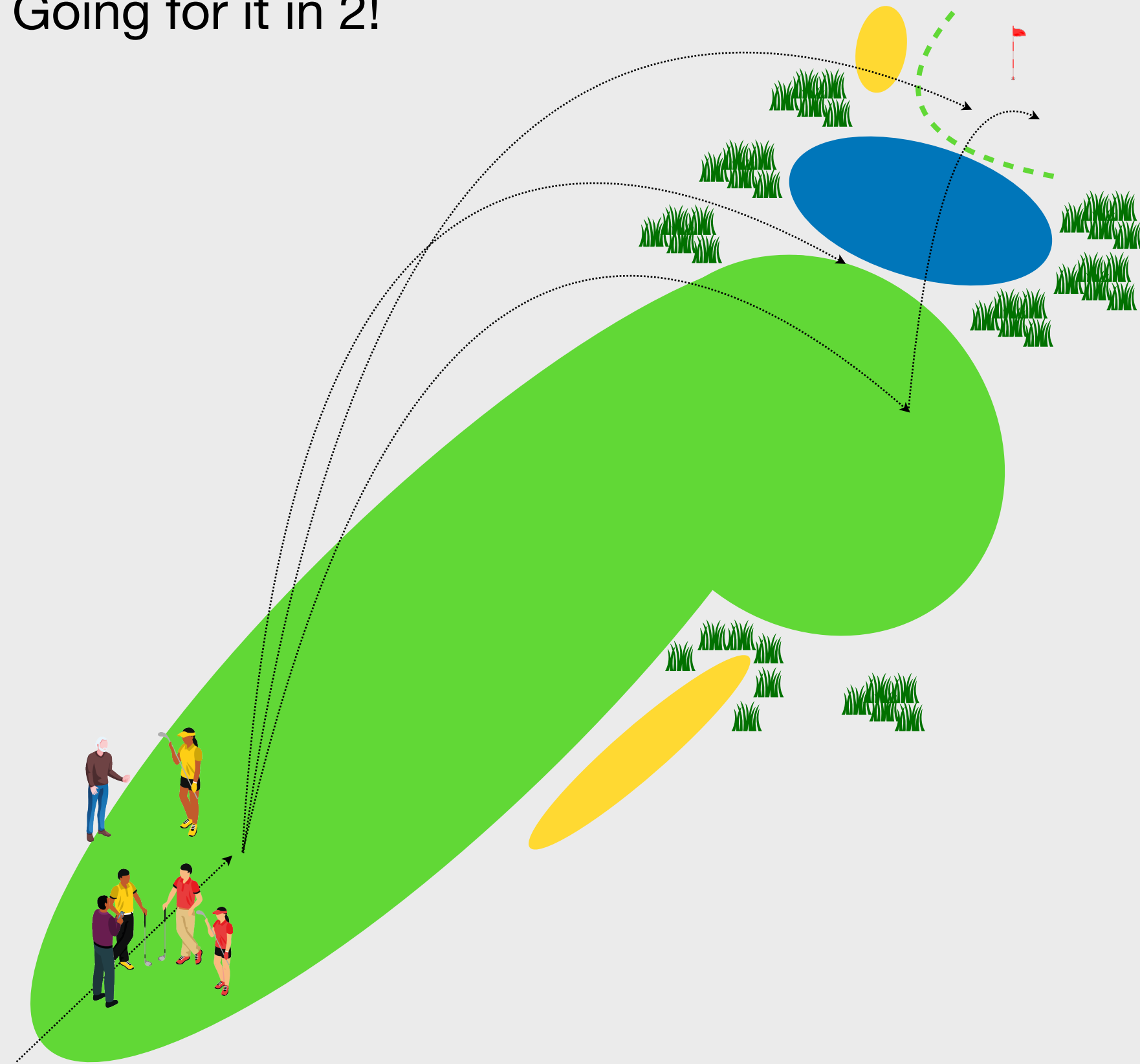
30 Yards

Orbis Golf

# Example Class Layout and Setup

## Station 1:

On Course (Option 1)  
Going for it in 2!



## Station 1:

On Range (Option 2)  
Going for it in 2!

## Station 2:

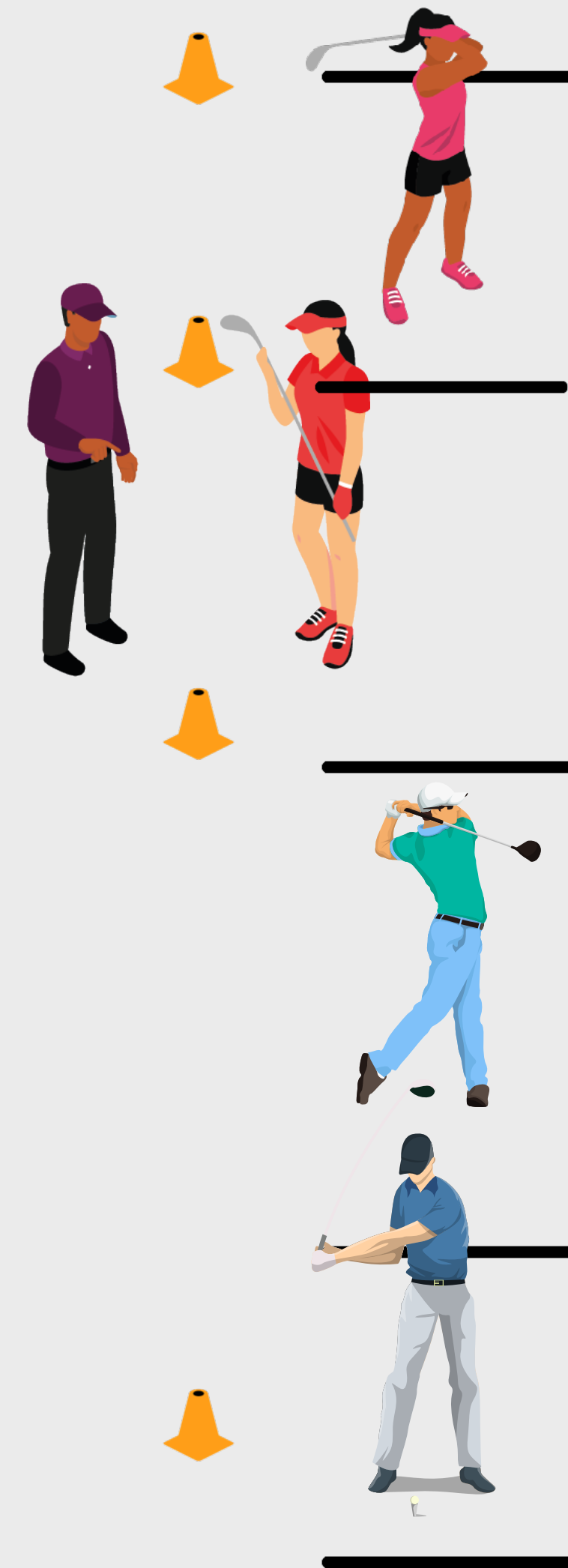
Practice Station (Option 2)  
Fairway Finder

## Station 3:

Practice Station (Option 2)  
Position and Flight

## Station 4:

Challenge Station  
Fairway Wood Challenge



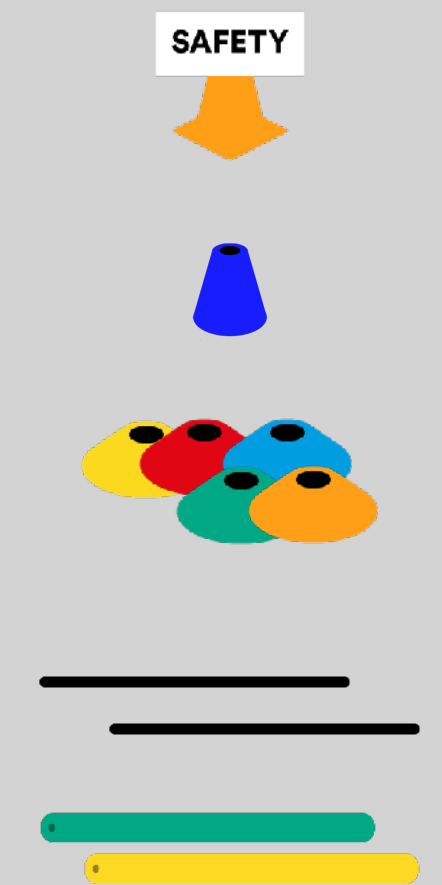


# Fairway Wood Challenge Setup



## Equipment Needed

- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 4x Alignment Sticks
- 4x Foam Noodles



## Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt the challenge for their scoring goal



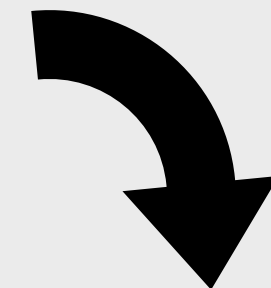
# TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

## Swing

<p><b>Club Speed</b></p> <p>The linear speed of the club head's center just prior to first contact with the golf ball</p>	<p><b>Attack Angle</b></p> <p>The up or down movement of the club head of contact between the club and ball</p>	<p><b>Launch Angle</b></p> <p>The vertical angle the golf ball takes off at relative to the horizon</p>	<p><b>Club path</b></p> <p>The in-to-out or out-to-in movement of the club head</p>	<p><b>Ball Speed</b></p> <p>The speed of the golf ball's center of gravity at impact</p>	<p><b>Carry</b></p> <p>The straight-line distance between where the golf ball was launched from and where it lands</p>
<p><b>Face Angle</b></p> <p>The direction the club face is pointing at the point of contact between the club and ball</p>	<p><b>Face to Path</b></p> <p>The angle difference between the reported face angle and club path</p>	<p><b>Low Point</b></p> <p>Distance from the club head to the lowest point on the swing arc at the time impact</p>	<p><b>Launch Direction</b></p> <p>The horizontal angle the golf ball takes off at relative to the target line</p>	<p><b>Side</b></p> <p>The perpendicular distance between the target line and where the ball crosses a point</p>	<p><b>Total</b></p> <p>The straight-line distance between where the golf ball was launched from and its resting position.</p>

Keep an eye out for the Trackman Sticker on the game or challenge cards



**TRACKMAN**

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.



# Practice Stations and Games Cards





# Going for it in 2!

## Focus

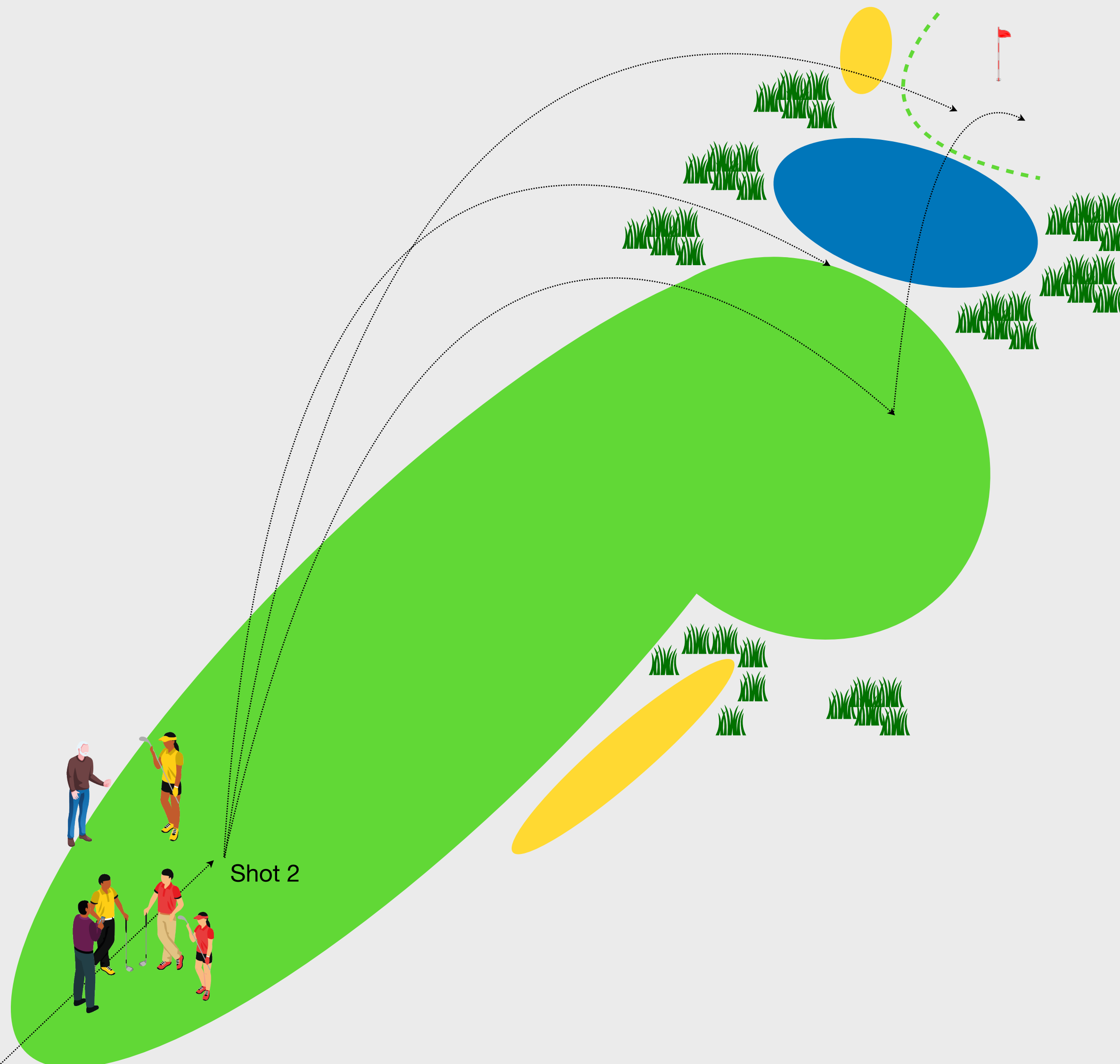
- Going for it in 2
- Approach Shots
- Shot Selection
- Analysis of the strategy

## How to Practice

- On the driving range using range based technology or on the golf course, find a shot of suitable length that is on the limit for a hybrid or fairway wood second shot to a par 5
- Ask the students to individually explain their shot selection for the approach shot ahead
- Discuss with students the pros and cons of their chosen shot selection and where applicable advise alternatives
- Play out the hole in the formats suggested and on its completion discuss how the strategy and shot selection played out

## Technical Link

- This activity will give the students an understanding of planning and execution of their 'Approach Shot' strategy and the positive or negative impact that had on their score





# Mental Preparedness



## Focus

- Scoring
- Approach to tough shots
- Analysis of performance

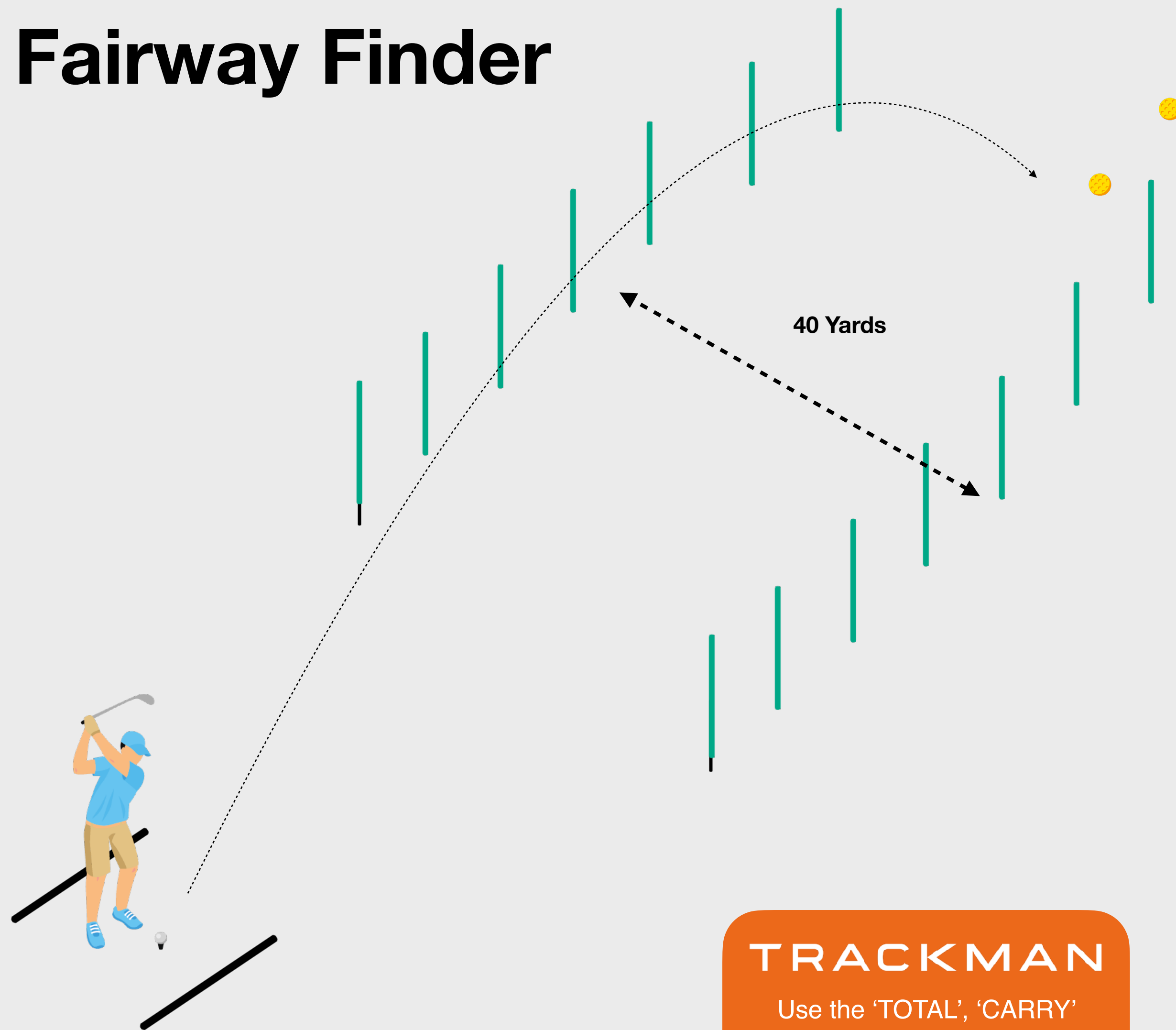
## How to Practice

- Discuss how past experiences will influence the present state of mind
- Discuss how repetitive practice of the shot will build up a bank of preparedness to fall back on at crucial times
- Create hypothetical scenarios for the students to take on a tough shot in a controlled environment

## Technical Link

- This activity will give the students an understanding of the difference of practice and real course scenarios
- Create a competitive environment within the group to develop mental toughness within their game

# Fairway Finder



## TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.

## Equipment Needed

- Driving range
- Alignment sticks, cones or other targets
- Golf balls

## How to Practice

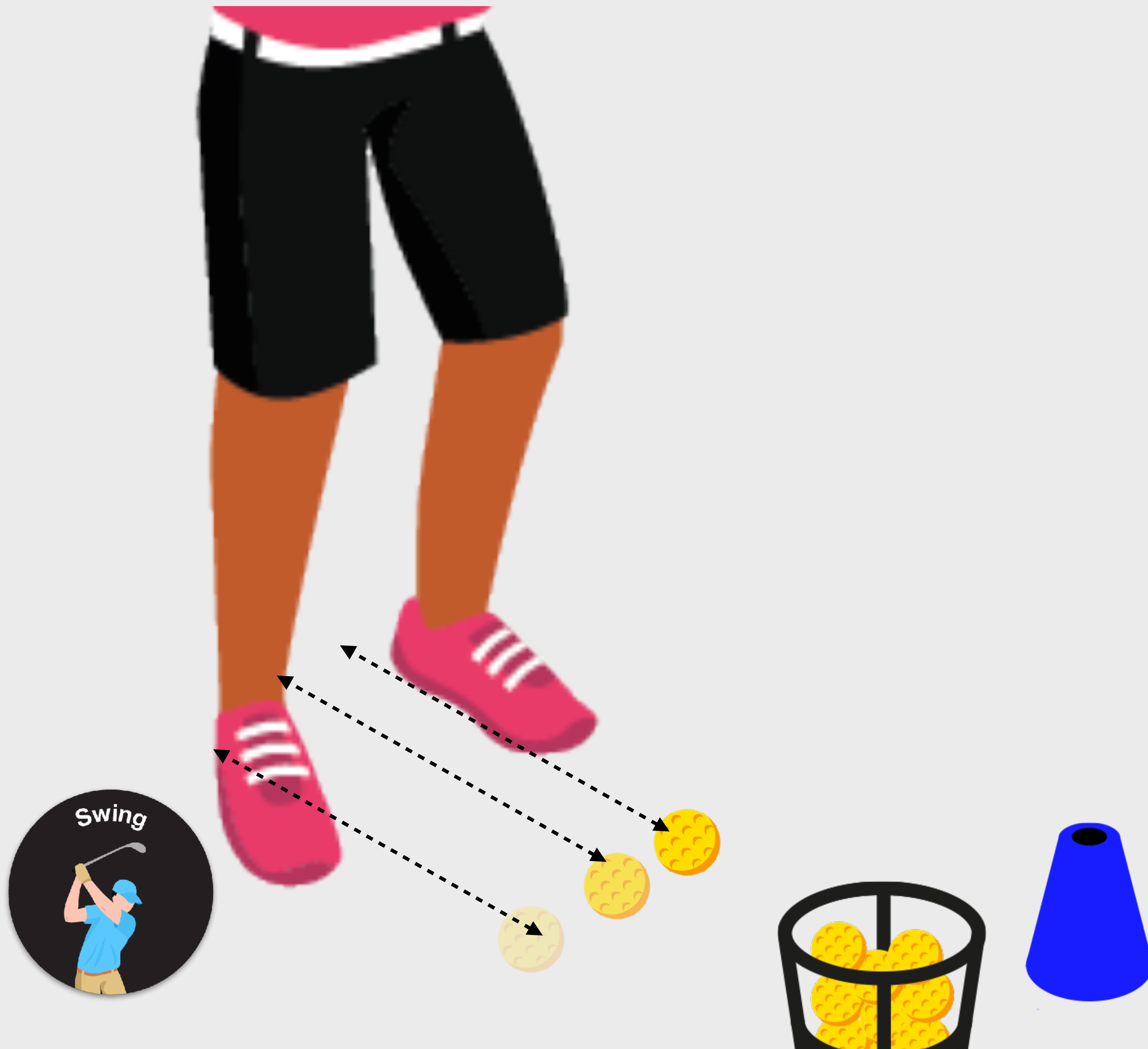
- Create a fairway area on the driving range utilizing existing targets, cones, or alignment sticks.
- Instruct students to hit golf balls and aim to land them in the fairway using their stock shot, which can involve a fairway wood.
- Ask students to hit 10 shots and keep track of how many out of 10 they successfully land in the fairway.

## Technical Link

- By having a visual target on the driving range it focuses the students minds onto what is required for a stock shot
- It also shows them what an average fairway width of roughly 40 yards looks like



# Position and Flight



## Equipment Needed

- Fairway Wood

## How to Practice

- Students should understand how changing their setup will affect the attack angle of the fairway wood
- Ask the students to adjust their ball position forwards and back in their stance and see the difference that makes not eh flight of the ball

## Technical Link

- Allowing the learning to change and adjust their setup will help them understand how ball position will effect attack angle and flight of the ball

# Hybrid and Fairway Wood Challenge





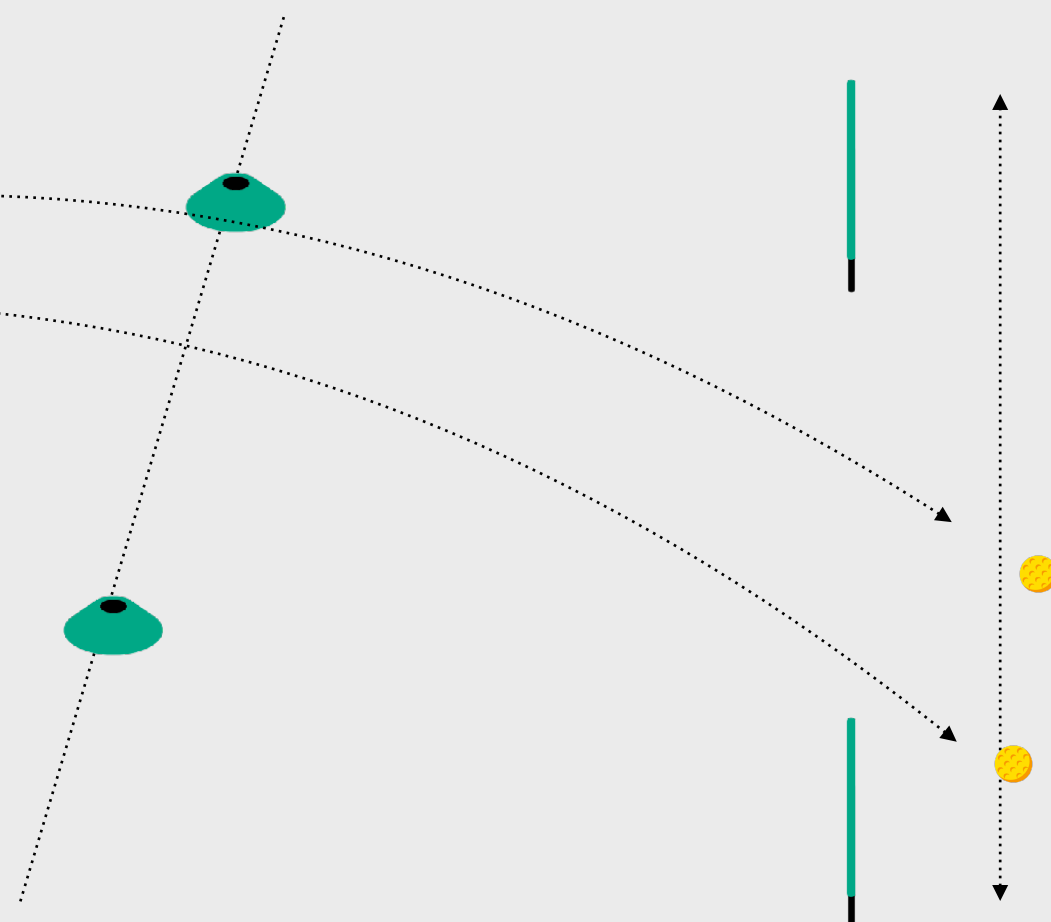
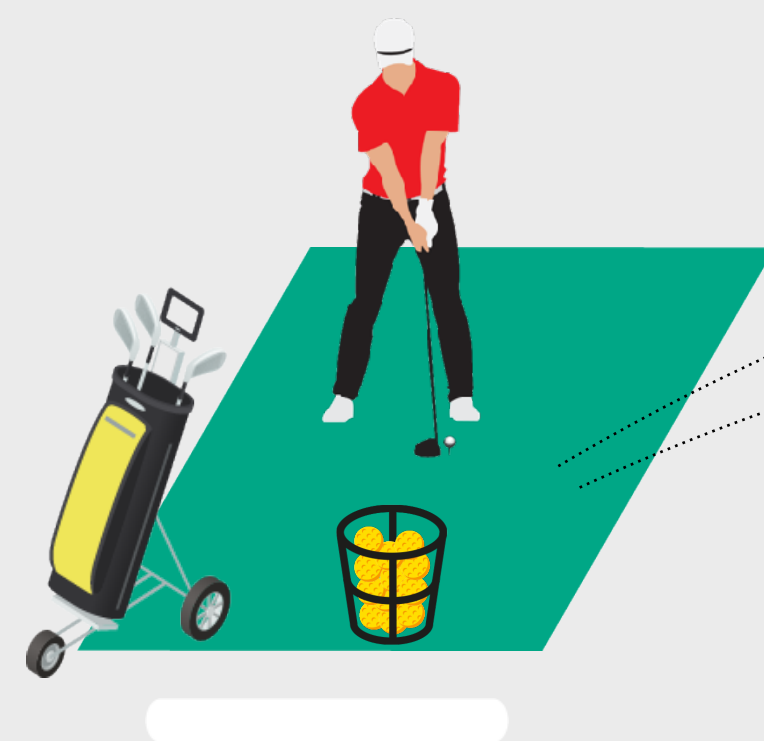
# Fairway Wood Challenge

## TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the Appropriate Minimum Distance for your chosen Course Length

Course Length	Minimum Distance
< 4500 Yards	145
4500 -5500 Yards	180
5500 -6500 Yards	200
> 6500 Yards	225



Minimum Distance Markers

30 Yard Wide Target Gate

## Attempting the Challenge

- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and note the total distance for each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

## The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts

• **6/ 10 shots between a target gate**

## What to do Next:

- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

