Scoring School



Swing Challenge Week

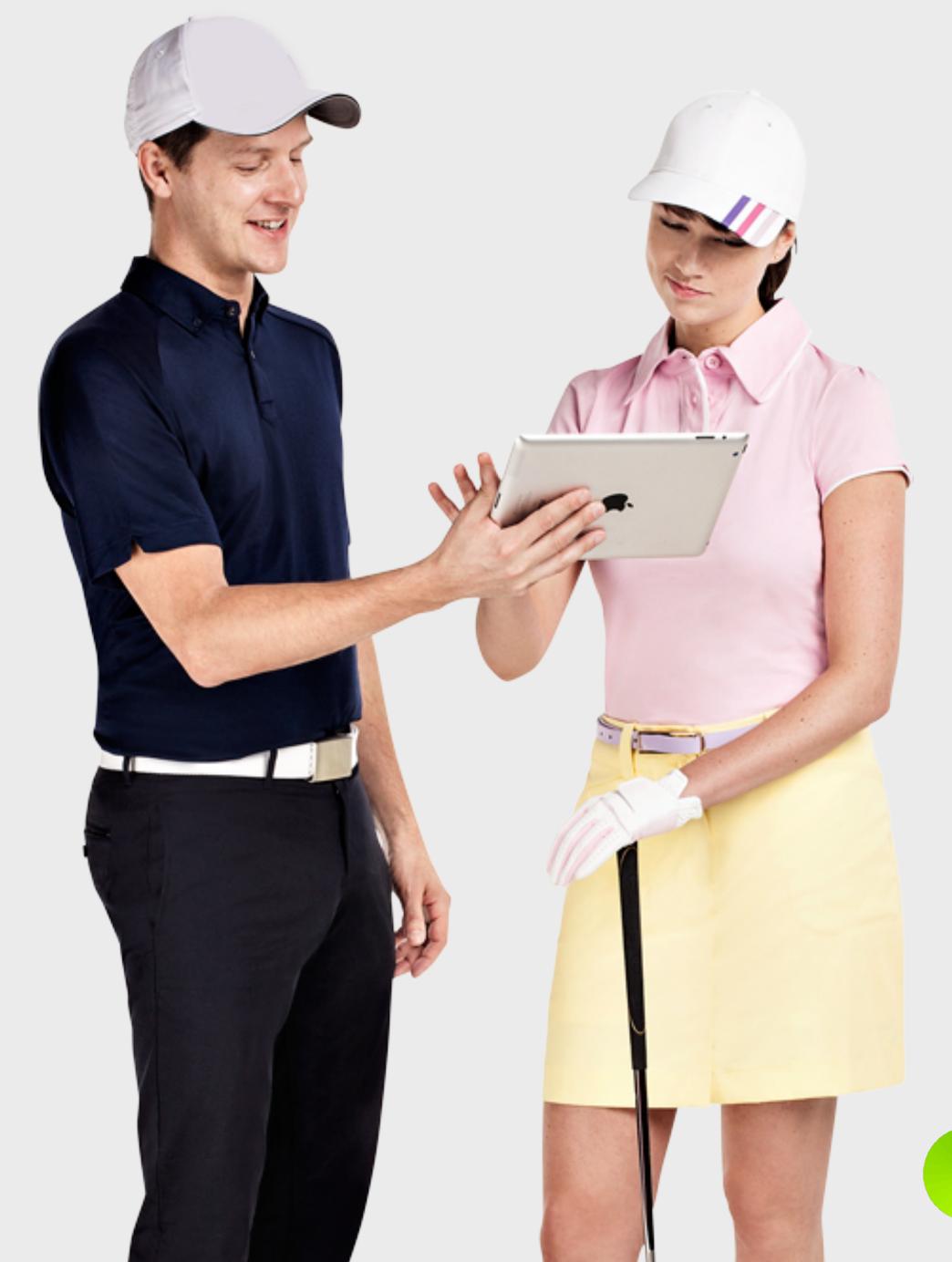






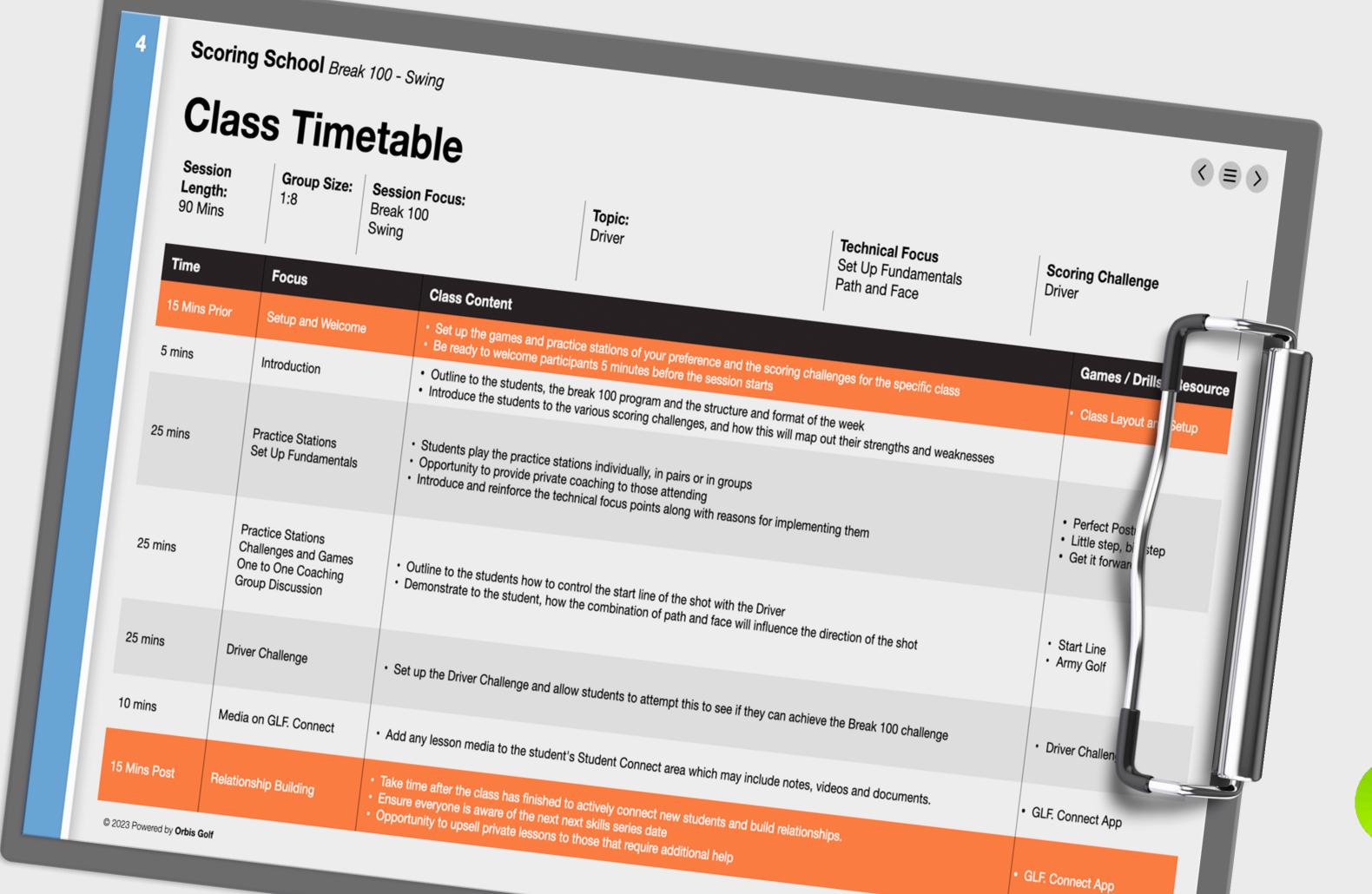


- 3 Class Timetable
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- Scoring Skills Challenges





Session Timetable









Class Timetable - Challenge Week

Session Length: 90 Mins **Group Size:** 1:12

Session Focus: Break 100 Challenge Week **Topic:** Challenges and Benchmarking

Technical FocusSwing

Scoring Challenge
Swing Challenge

| Time | Focus | Class Content | Games / Drills / Resource |
|---------------|---|---|---|
| 15 Mins Prior | Setup and Welcome | Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts | Class Layout and Setup |
| 5 mins | Introduction | Outline to the learners the break 100 program and the structure and format of the challenges week Introduce the students to the various scoring challenges, and how this will map out their strengths and weaknesses | |
| 25 mins | Scoring challenges Individual coaching Rotation around set up | Allow the students to take part in the first rotation of three parts of scoring challenges During this time the students will attempt the iron challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions | Iron ChallengeChallenge Scorecard |
| 25 mins | Scoring challenges Individual coaching Rotation around set up | Allow the students to take part in the first of three parts of scoring challenges During this time the students will attempt the fairway woods challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions | Fairway Woods ChallengeChallenge Scorecard |
| 25 mins | Scoring challenges Individual coaching Rotation around set up | Allow the students to take part in the first of three parts of scoring challenges During this time the students will attempt the driver challenges Allow the students to rotate around the various challenges, allowing time for breaks and discussions | Driver ChallengeChallenge Scorecard |
| 10 mins | Media on GLF. Connect | Add any lesson media to the student's Student Connect area which may include notes, videos and documents. | GLF. Connect App |
| 15 Mins Post | Relationship Building | Take time after the class has finished to actively connect new students and build relationships. Ensure everyone is aware of the next next skills series date Opportunity to upsell private lessons to those that require additional help | GLF. Connect App |







TRACKMAN Integration

Several of the games and challenges can be enhanced with the integration of a Trackman 4 radar. On the relevant slides you will see a Trackman sticker with the suggested data to enhance the challenge and the feedback to the customer. See below a summary of the key data Trackman 4 will produce.

Swing

| Club Speed The linear speed of the club head's center just prior to first contact with the golf ball | Attack Angle The up or down movement of the club head of contact between the club and ball | Launch Angle The vertical angle the golf ball takes off at relative to the horizon | Club path The in-to-out or out-to-in movement of the club head | Ball Speed The speed of the golf ball's center of gravity at impact | Carry The straight-line distance between where the golf ball was launched from and where it lands |
|---|---|--|---|---|---|
| Face Angle The direction the club face is pointing at the point of contact between the club and ball | Face to Path The angle difference between the reported face angle and club path | Low Point Distance from the club head to the lowest point on the swing arc at the time impact | Launch Direction The horizontal angle the golf ball takes off at relative to the target line | Side The perpendicular distance between the target line and where the ball crosses a point | Total The straight-line distance between where the golf ball was launched from and its resting position. |

Keep an eye out for the Trackman Sticker on the game or challenge cards



TRACKMAN

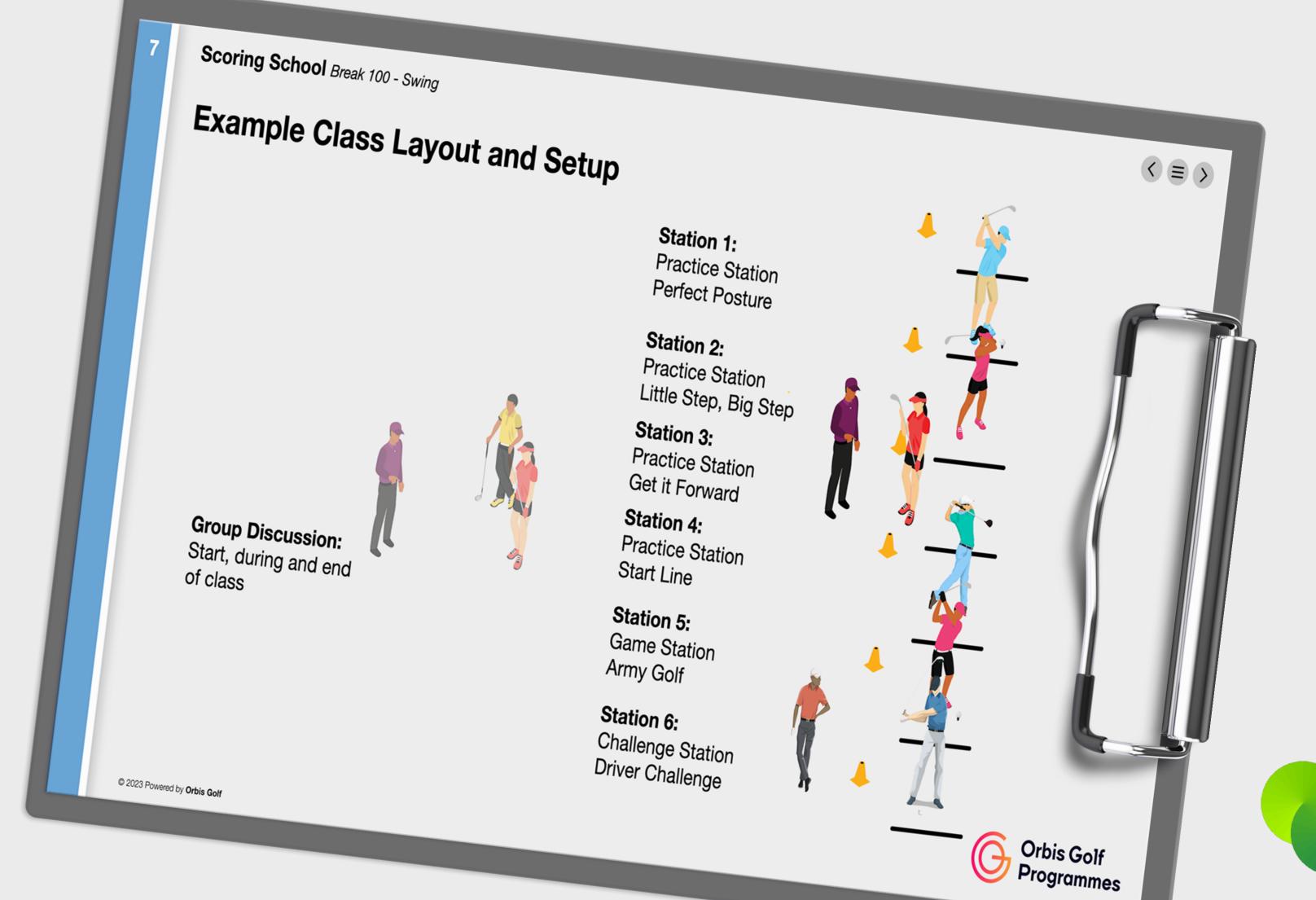
Use the 'TOTAL', 'CARRY' and 'SIDE' features to enhance the students experience and give some additional feedback.







Objectives and Setup







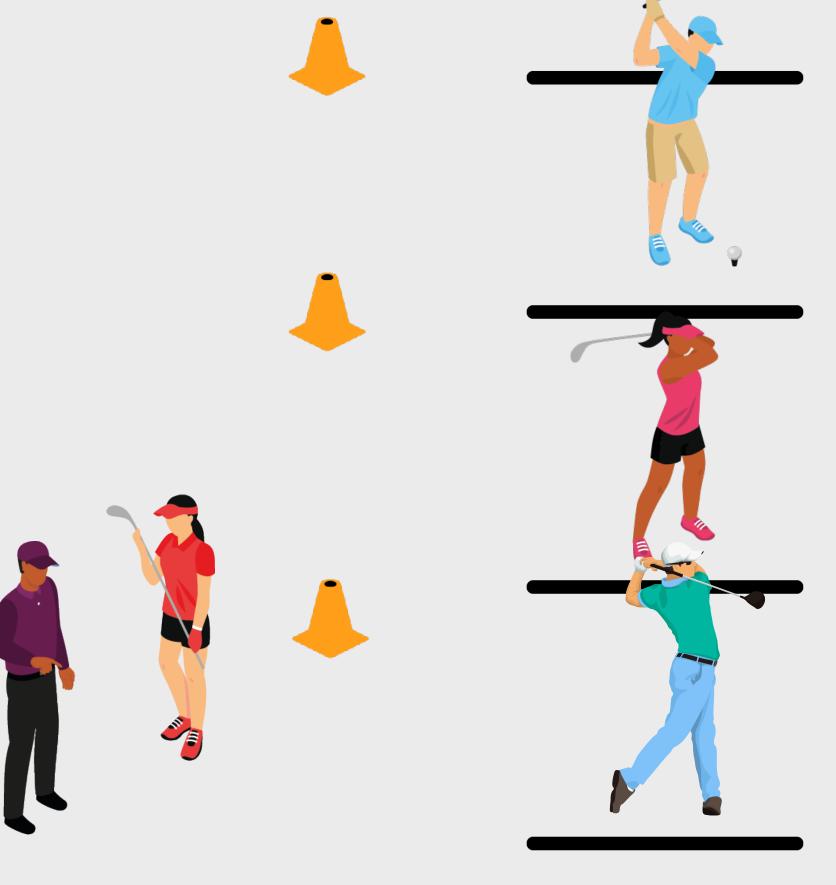




Station 1: Iron Challenge

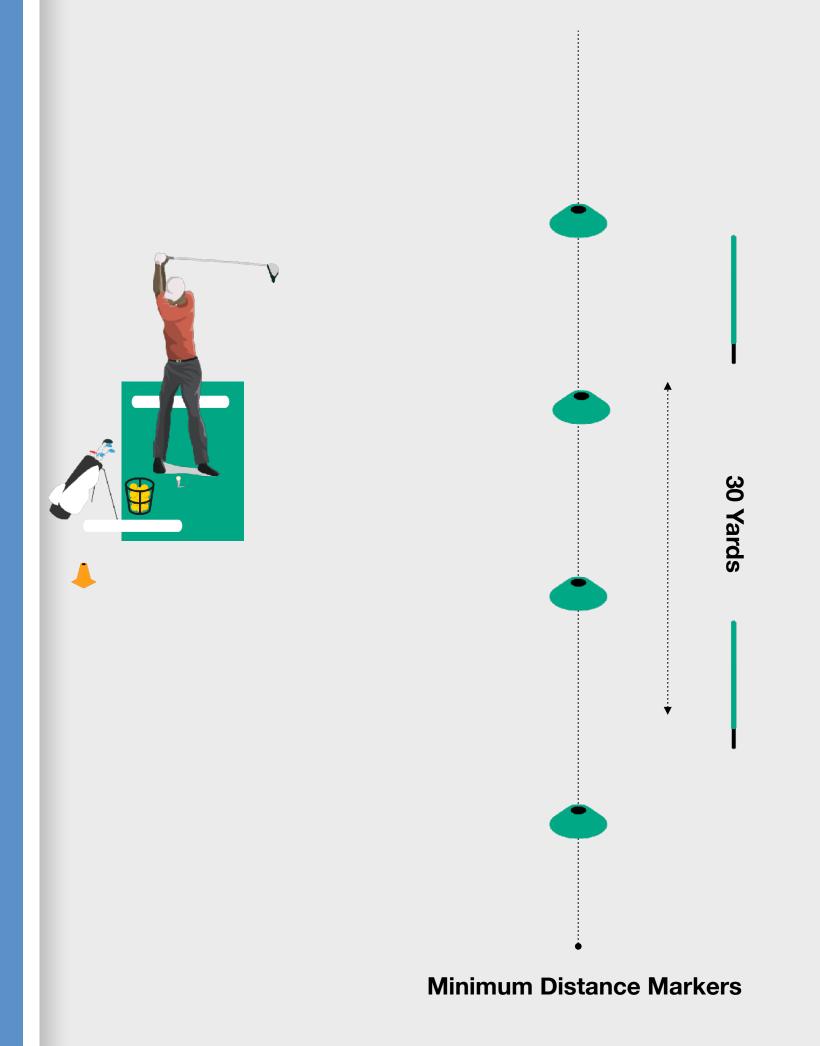


Station 3: Driver Challenge





Driver Challenge Setup







Equipment Needed

4x Foam Noodles

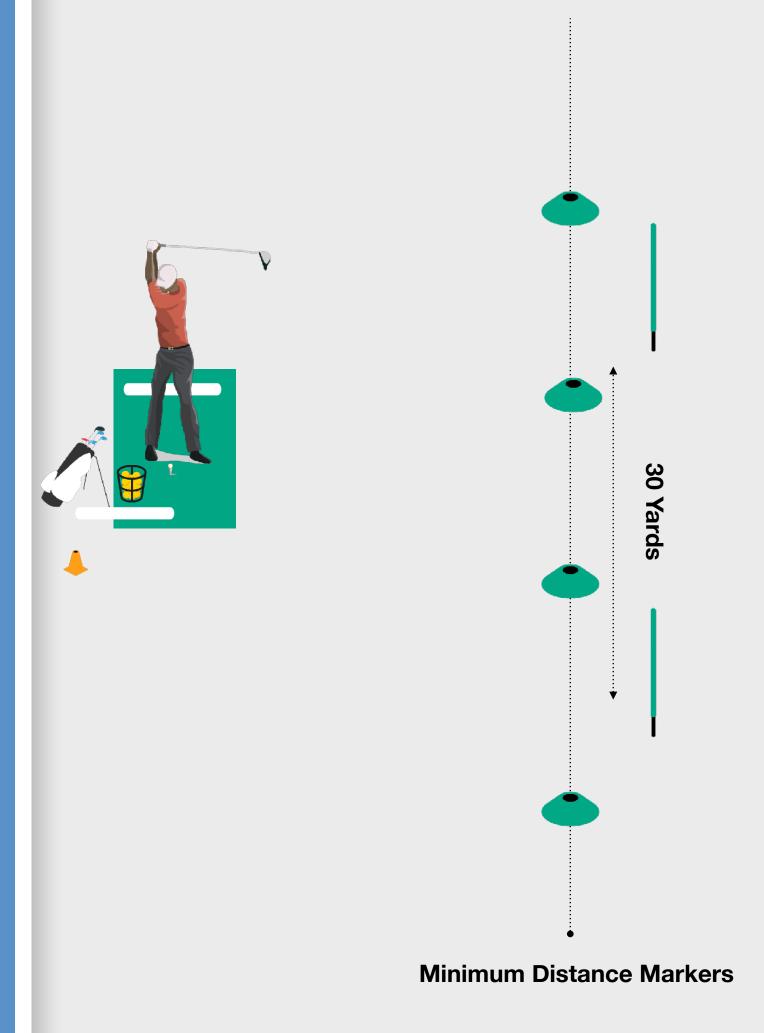


Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



Fairway Wood Challenge Setup





Equipment Needed





• 1x Marker cones



Coloured Cones



• 4x Alignment Sticks



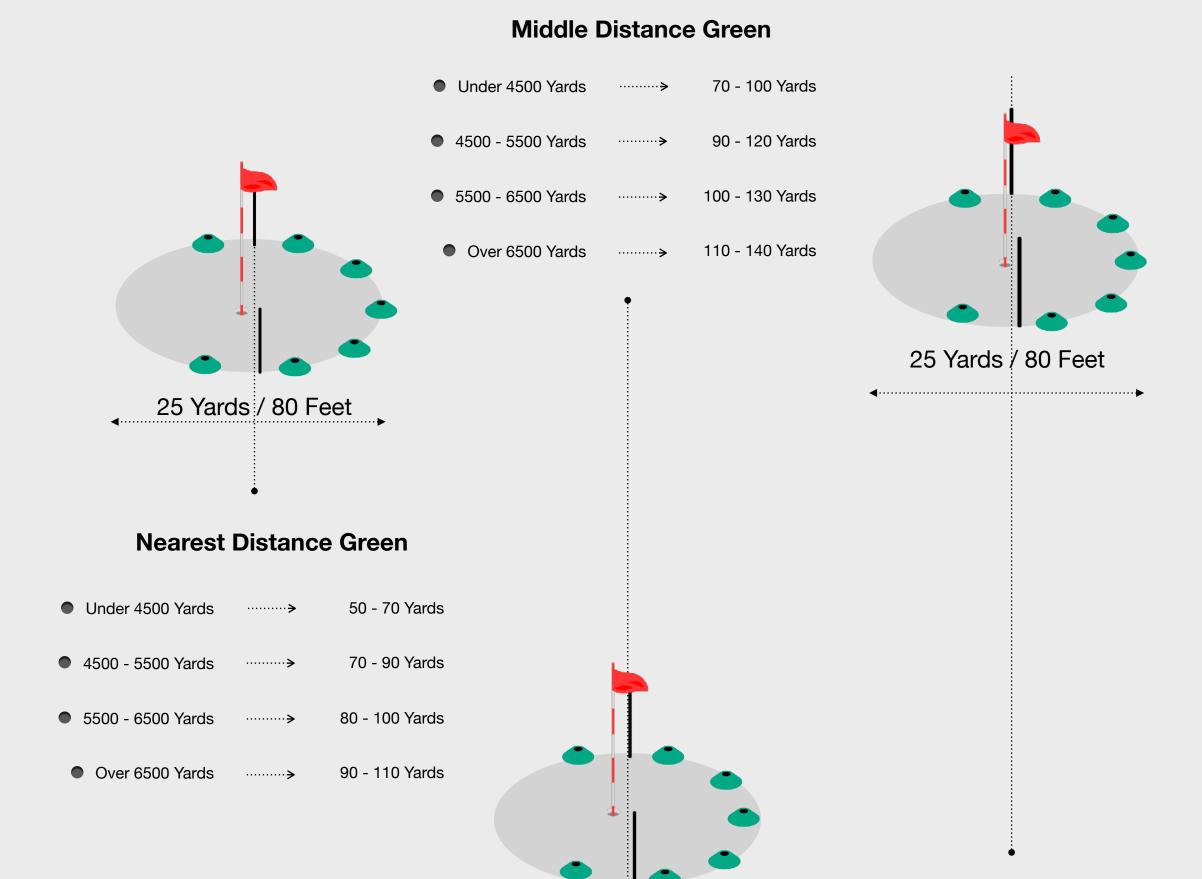
• 4x Foam Noodles

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal



Iron Challenge Setup



25 Yards / 80 Feet

Furthest Distance Green

120 -150 Yards

130 -160 Yards

140 -180 Yards

4500 - 5500 Yards

5500 - 6500 Yards

Over 6500 Yards







• 1x Marker cones



Coloured Cones



• 9x Alignment Sticks



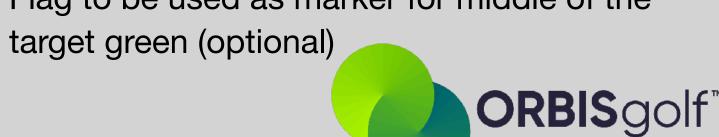
• 12x Foam Noodles



• 3x Flagstick

Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Coloured cones to mark out the three target greens
- Foam Noodles placed onto the alignment sticks used to mark the target widths
- Set out all the markers to enable every player to attempt their challenge for their scoring goal
- Flag to be used as marker for middle of the









Swing Challenges







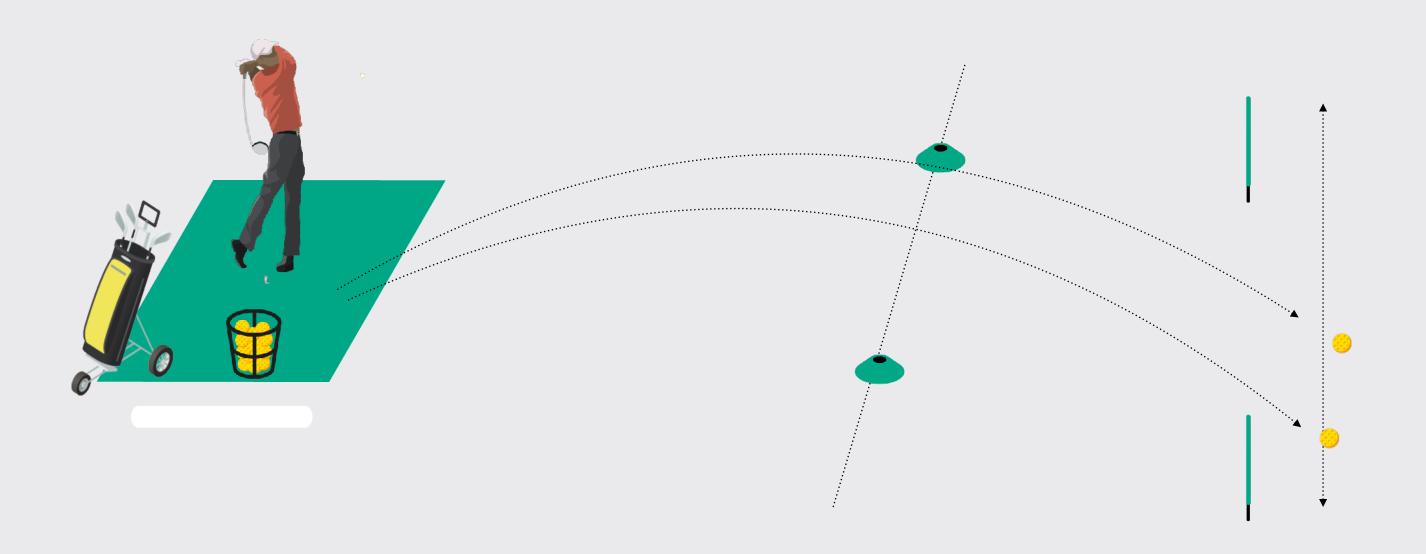
Driver Challenge

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

Select the
Appropriate
Minimum Distance
for your chosen
Course Length

| Course Length | Minimum Distance |
|------------------|---------------------|
| < 4500 Yards | 120 |
| 4500 -5500 Yards | 160 |
| 5500 -6500 Yards | 180 |
| > 6500 Yards | 210 |



Minimum Distance Markers

30 Yard Wide Target Gate

Attempting the Challenge





- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Driver. The student has a total of 10 attempts
 - 2/ 10 shots between a target gate

What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward

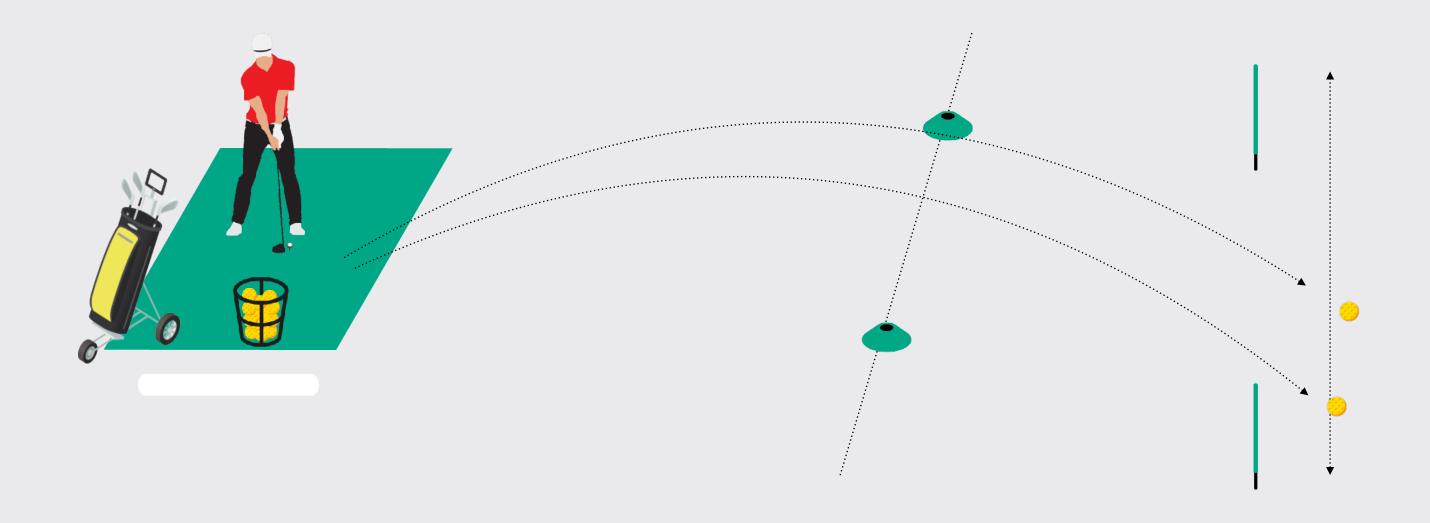


Fairway Wood Challenge

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

| | Course Length | Minimum Distance |
|---|------------------|---------------------|
| | < 4500 Yards | 105 |
| Select the Appropriate Minimum Distance | 4500 -5500 Yards | 140 |
| for your chosen Course Length | 5500 -6500 Yards | 160 |
| | > 6500 Yards | 190 |



Minimum Distance Markers

30 Yard Wide Target Gate

Attempting the Challenge





- Students should select the minimum distance based on their home club course length from the table opposite
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Fairway Wood/Hybrid. The student has a total of 10 attempts
 - 2/ 10 shots between a target gate

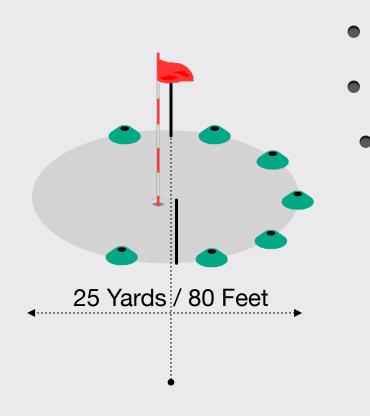
What to do Next:

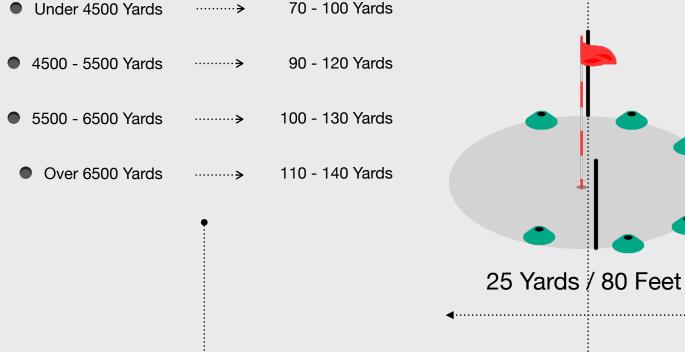
 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward



Iron Challenge

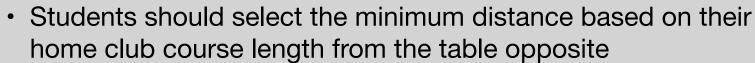
Middle Distance Green











- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers
- Record the result of each attempt on the Challenge Scorecard

The Challenge

- Hit five shots to each target distance using whatever Iron/ Hybrid they require to reach the given distance. Students have a total of 5 attempts for each distance. attempts for each distance:
 - 1/5 shots land on the nearest target green
 - 1/5 shots land on the middle target green
 - 2/5 shots land on the further target green

What to do Next:

 On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward





25 Yards / 80 Feet

Furthest Distance Green Output Outp

| • 4500 - 5500 Yards | ······> | 120 -150 Yards |
|---------------------|---------|----------------|
| • 5500 - 6500 Yards | ·····> | 130 -160 Yards |

TRACKMAN

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

