









- Setup Guidance
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# Setup Guidance

It is your responsibility to setup the challenges during your classes and ensure that these are set up to ensure that challenges are engaging for the student easy to understand as-well as be visually engaging.

It is also critical that you setup the challenges ensuring that the safety of all participants in ensured at all times even though you will have adults in your class. The challenges have been designed to guide the students journey through the scoring goals, harness a competitive element in classes and add meaning and consequence to practice.

You are the expert guide on why these challenges are beneficial whilst ensuring you balance the need to keep the students engaged and enjoying learning the game. Our guidance includes:



### Digest the Challenges

 Take the time to review the challenges across each skill and scoring goal so that you understand the requirements and can guide the student.



### Review your Facilities

Before you setup the challenges, take some time to review your facilities so you can understand how best to layout each one.



### Safety is your Top Priority

 Even though adults will be attending your Practice Club, ensuring all those attending your class and using your facilities is your top priority.



### Setup in Good Time

 Prior to starting your Practice club, arrive in good time to setup the challenges. This is important as you may have other members using your facility and it important that you are ready to meet and great the students



### Utilise Supporting Resources

 There are a range of supporting resources available in the Training Hub built for both coaches and students. This includes scorecards, summary tables and more.



### Engagement with myGame+

 Advocate the importance of the students utilising the myGame+ feature on GLF. Connect. This will help students to understand the challenge and record their progress.

















### Swing Challenges Layout & Setup

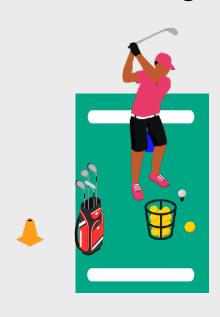
The graphic opposite provides an example image of how we suggest you layout a class so each of the students attending your class can practice effectively, attempt the challenges within the session and receive adequate access to private coaching from you. It also setup to encourage social interaction between those attending. Crucially, this is all done in a safe environment:

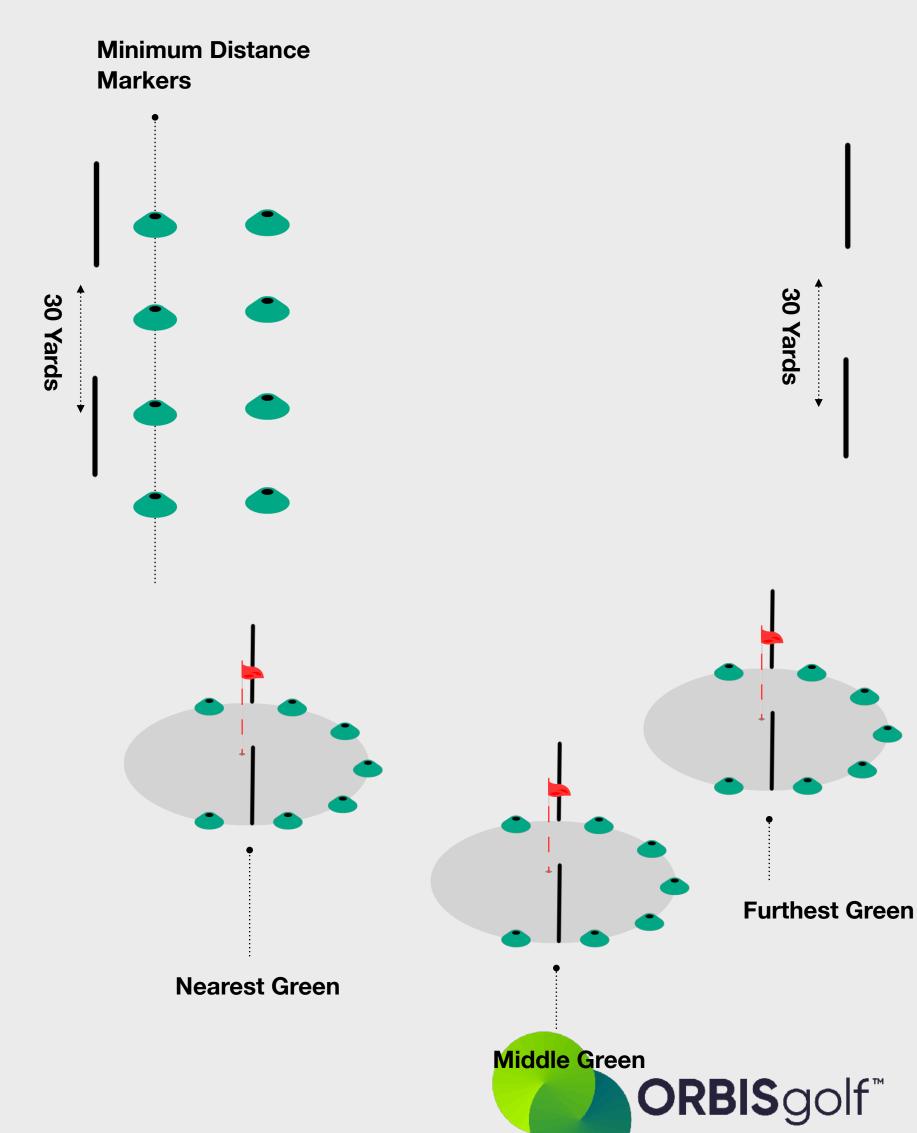
- Station 1 is the Fairway Wood/ Hybrid & Driver Challenge Station. This includes a 30-yard target gate and minimum distance markers for each scoring goal dependant on the yardage of the golf course you are based at. Add a competitive and social element to your practice by getting your Students to attempt these in pairs.
- Station 2 is the **Iron Challenge Station**. This includes three target greens with a target circle of 25 yards in diameter for each distance. The distance of each green will be dependant on the yardage of the golf course you are based at. Add a competitive and social element to your practice by getting your Students to attempt these in pairs.
- Even though you are teaching adults, safety should still be your top priority when running your class, please remember to;
  - Add your orange safety cones behind each station to identify to theStudents where they are required to walk and stand
  - Dividers should be used to identify the hitting stations
  - Baskets should be placed to the side of the golfers and behind the hitting area
  - Students should never go in front of the hitting stations to collect a golf ball or golf club
  - Students should always exit the hitting stations from the rear by crossing the orange safety cones

**Station 1:** Driver & Fairway Wood Challenge

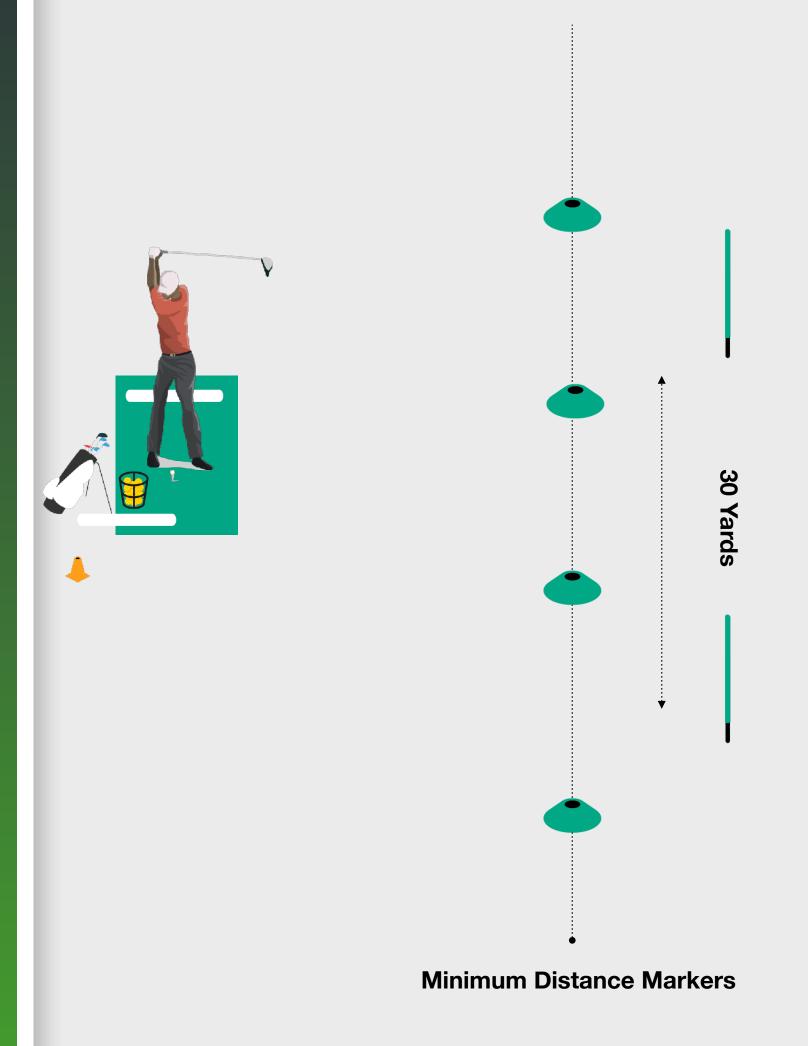


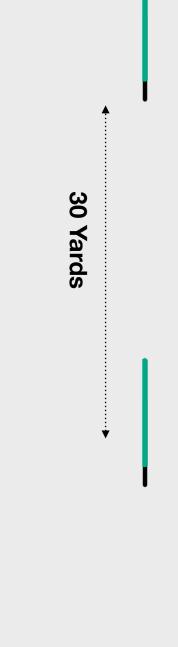
**Station 2:** Iron Challenge





# **Driver Challenge Setup**











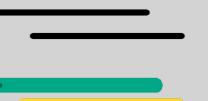
1x Marker cones



• Colored Cones



4x Alignment Sticks

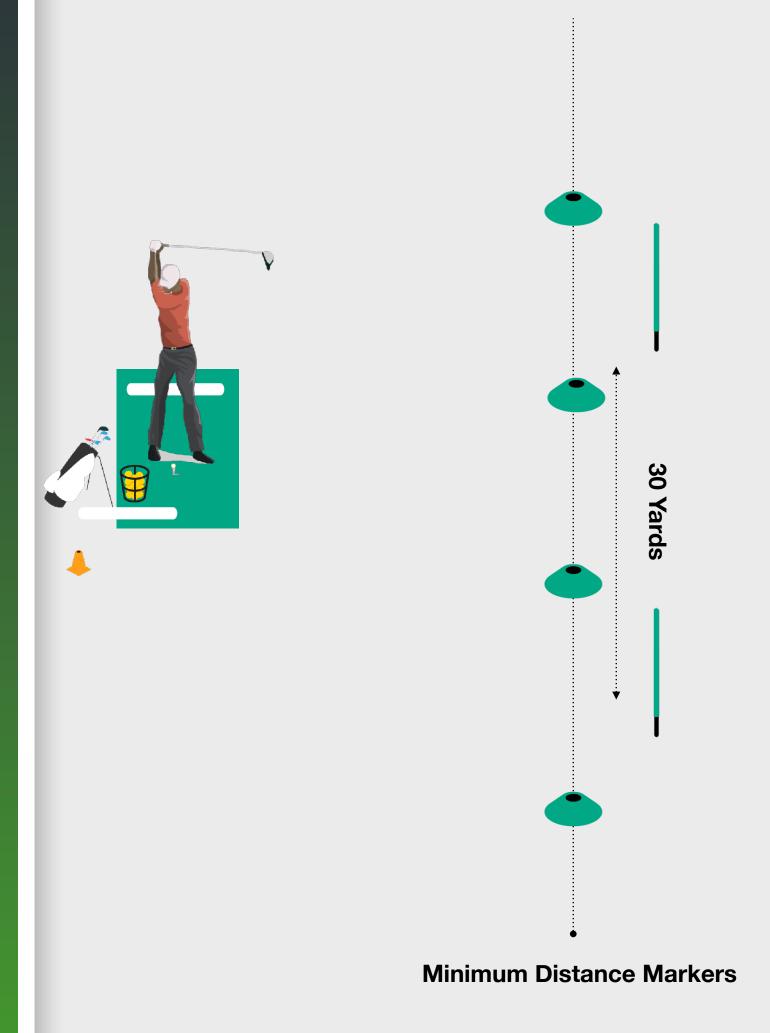


• 4x Foam Noodles

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal.



### Fairway Wood Challenge Setup











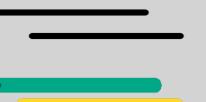
• 1x Marker cones



Colored Cones



• 4x Alignment Sticks



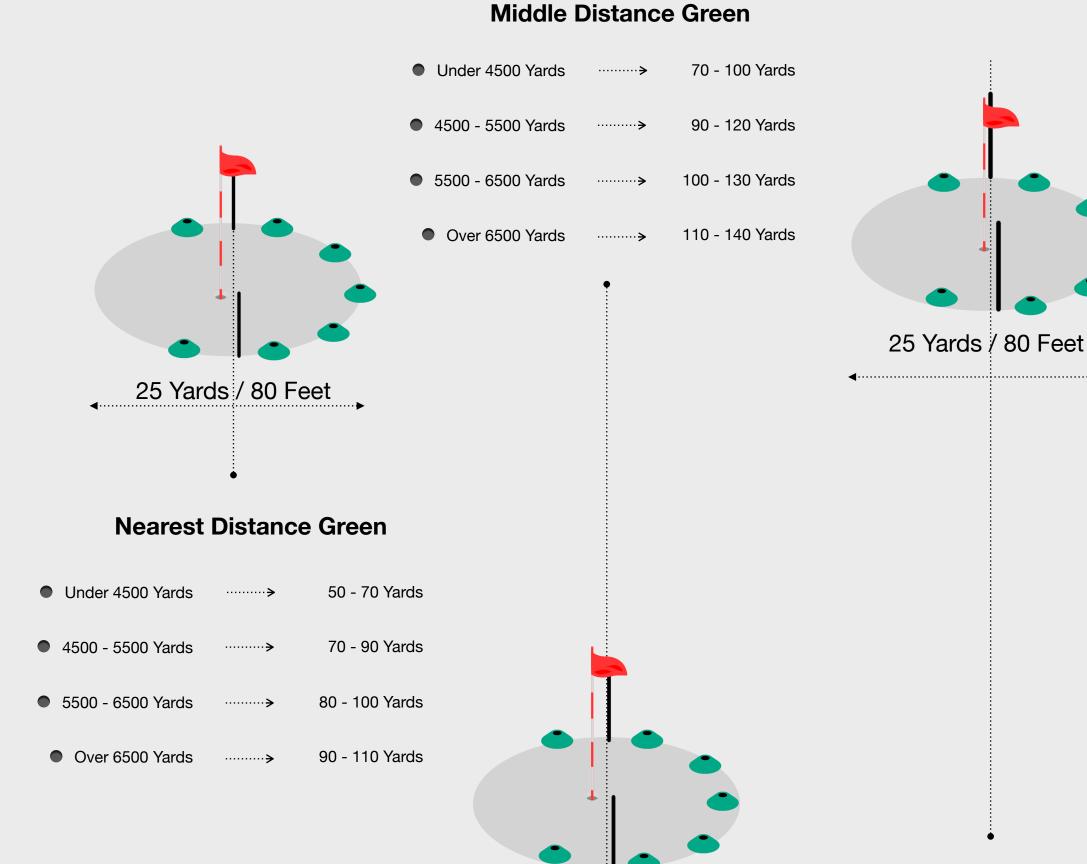
4x Foam Noodles



- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal.

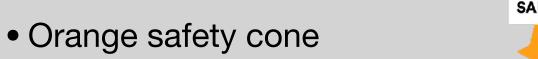


# Iron Challenge Setup

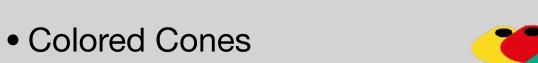


25 Yards / 80 Feet

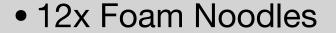








• 9x Alignment Sticks





**Furthest Distance Green** 

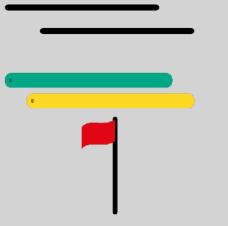
120 -150 Yards

ORBIS golf

4500 - 5500 Yards

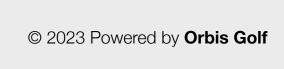
5500 - 6500 Yards

Over 6500 Yards



- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Colored cones to mark out the three target greens
- Foam Noodles placed onto the alignment sticks used to mark the target widths
- Set out all the markers to enable every player to attempt their challenge for their scoring goal.
- Flag to be used as marker for middle of the target green (optional)















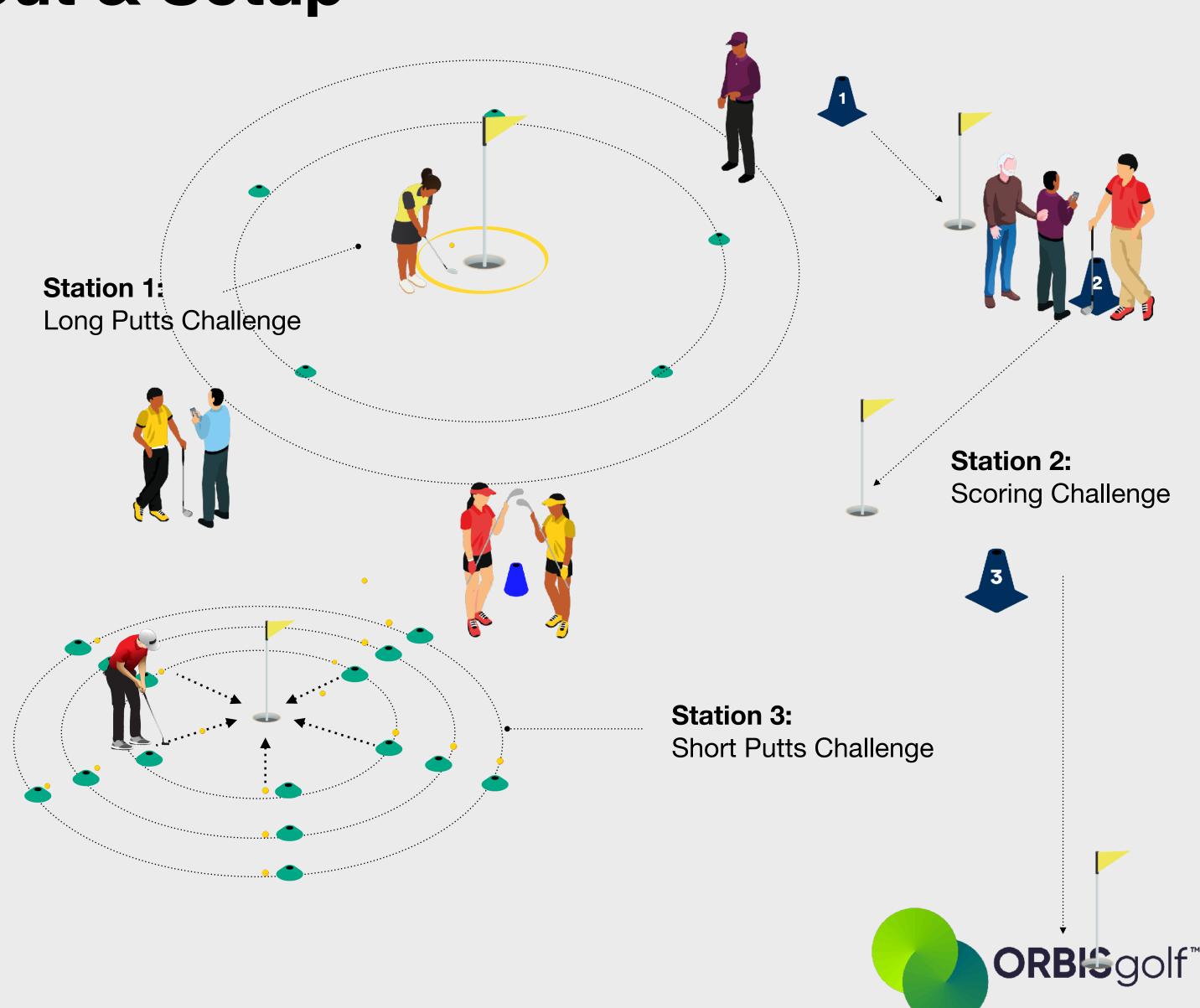




### Putting Challenges Layout & Setup

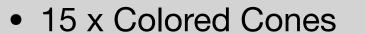
The graphic opposite provides an example image of how we suggest you layout your Putting Challenges so each of the Students attending your class can attempt the challenges within the session safely. It also setup to encourage social interaction between those attending:

- Station 1 is the Long Putts Challenge Station This includes the 6foot diameter circle around the hole and the two difference distances where cones are used to mark the five different positions. Add a competitive and social element to your practice by getting your Students to attempt these in pairs.
- Station 2 is the **Scoring Challenge Station** The way in which you setup this challenge will depend on the size of your putting green and access. There are a few variations for setting up this challenge but in this example three holes are used and students should rotate around these holes six times to complete 18 holes. Add a competitive and social element to your practice by getting your Students to attempt these in groups.
- Station 3 is the **Short Putts Challenge Station** This includes the three different distances where cones are used to mark the five different positions around the hole but tee pegs are recommend to be used. Add a competitive and social element to your practice by getting your students to attempt these in pairs.
- During the session, allow for the students to connect socially. This is one of core principles of the program that it encourages social connections to be strengthened.



**Short Putt Challenge Setup** 

#### **Equipment Needed**





• 15 x tee pegs

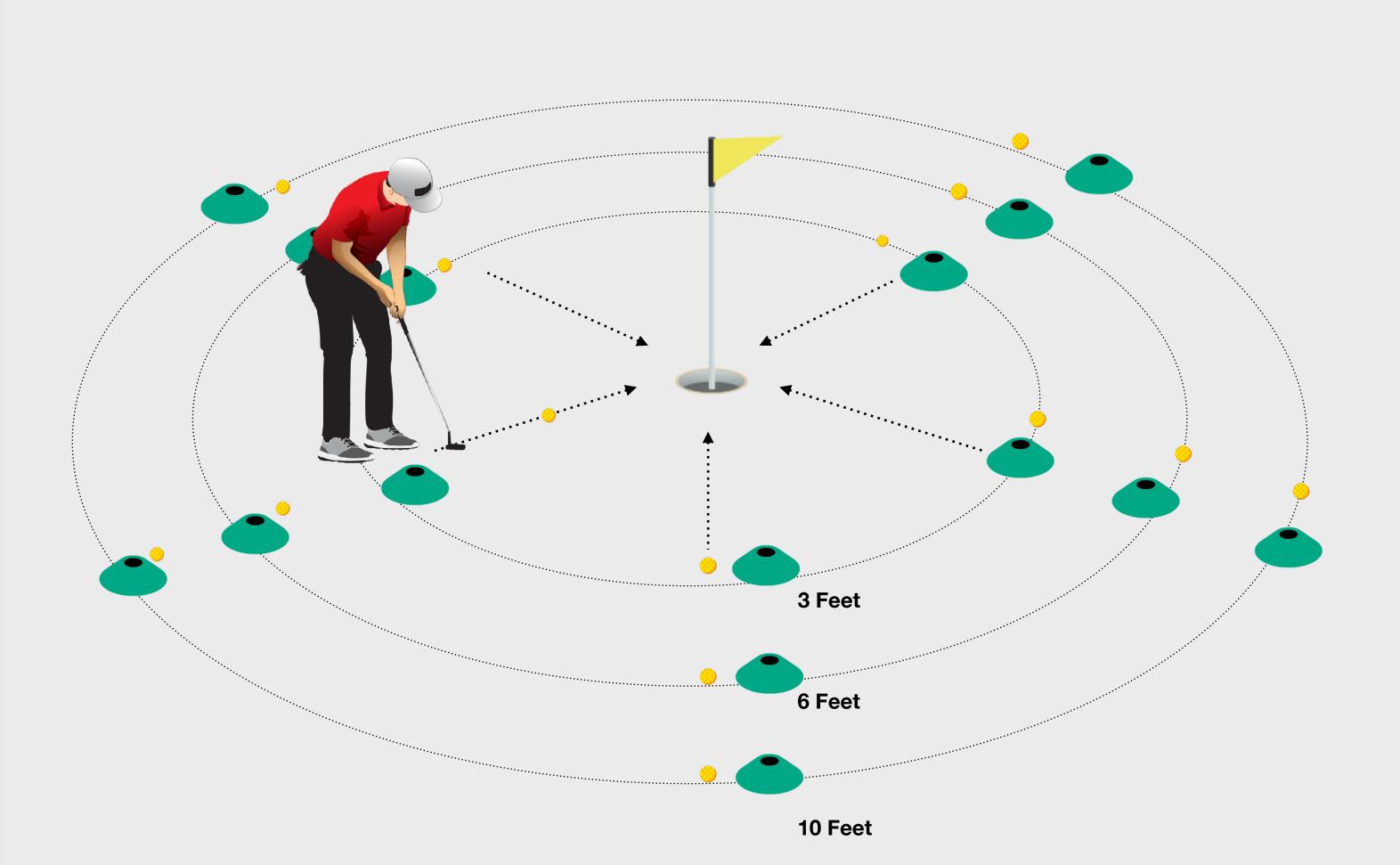


Hole on the Green

• 6 Foot Diameter Hoop

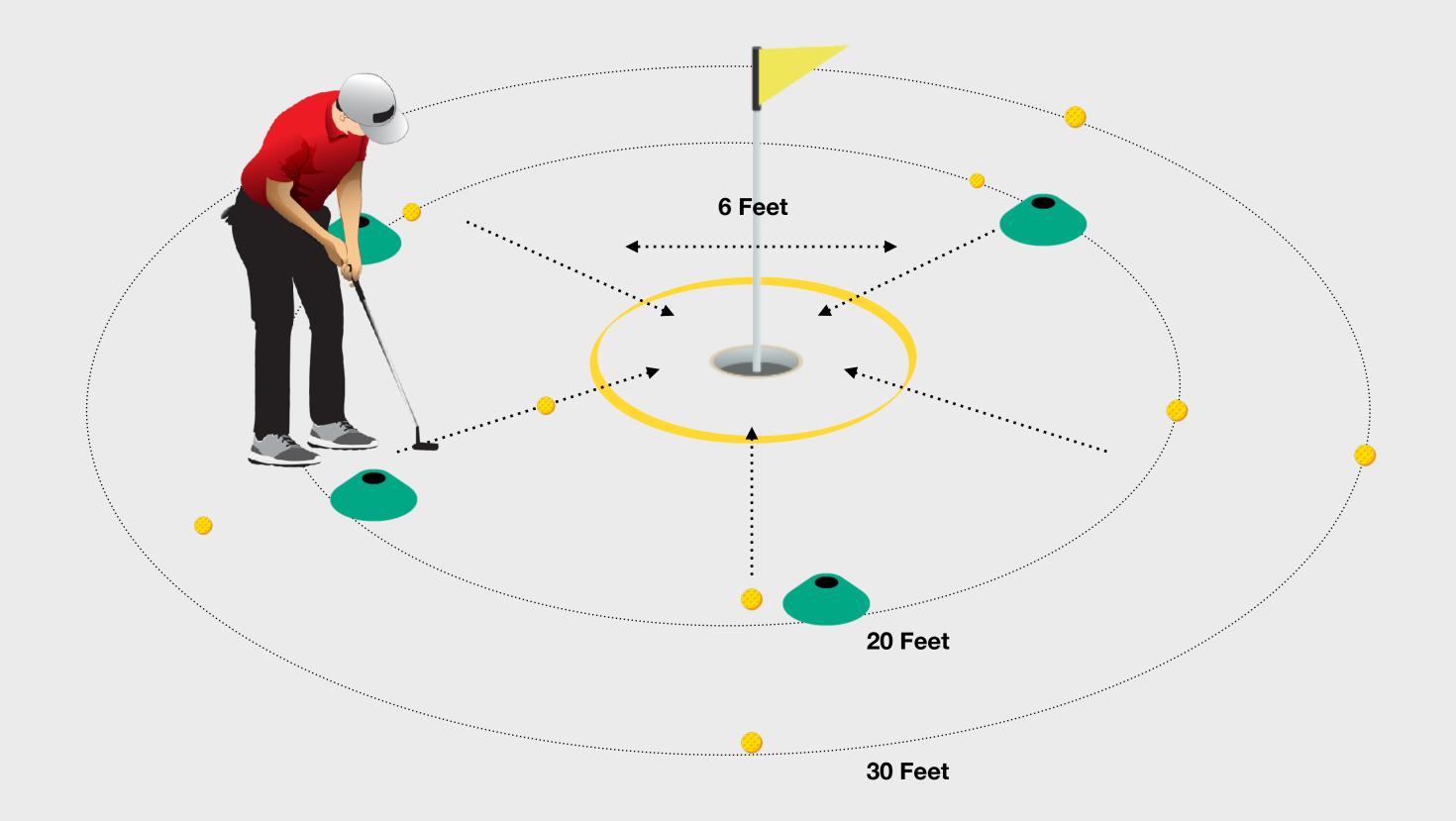


- Hole should be selected on the putting green on an average sloped surface.
- The 6 foot diameter ring from your equipment bag can be used to mark the 3 foot distance, then additional distance markers can be measured from this.
- 5 tee pegs/cones should be placed around the hole at each distance 3 feet, 6 feet and 10 feet.





### Long Putt Challenge Setup







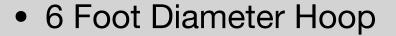




• 10 x tee pegs



Hole on the Green

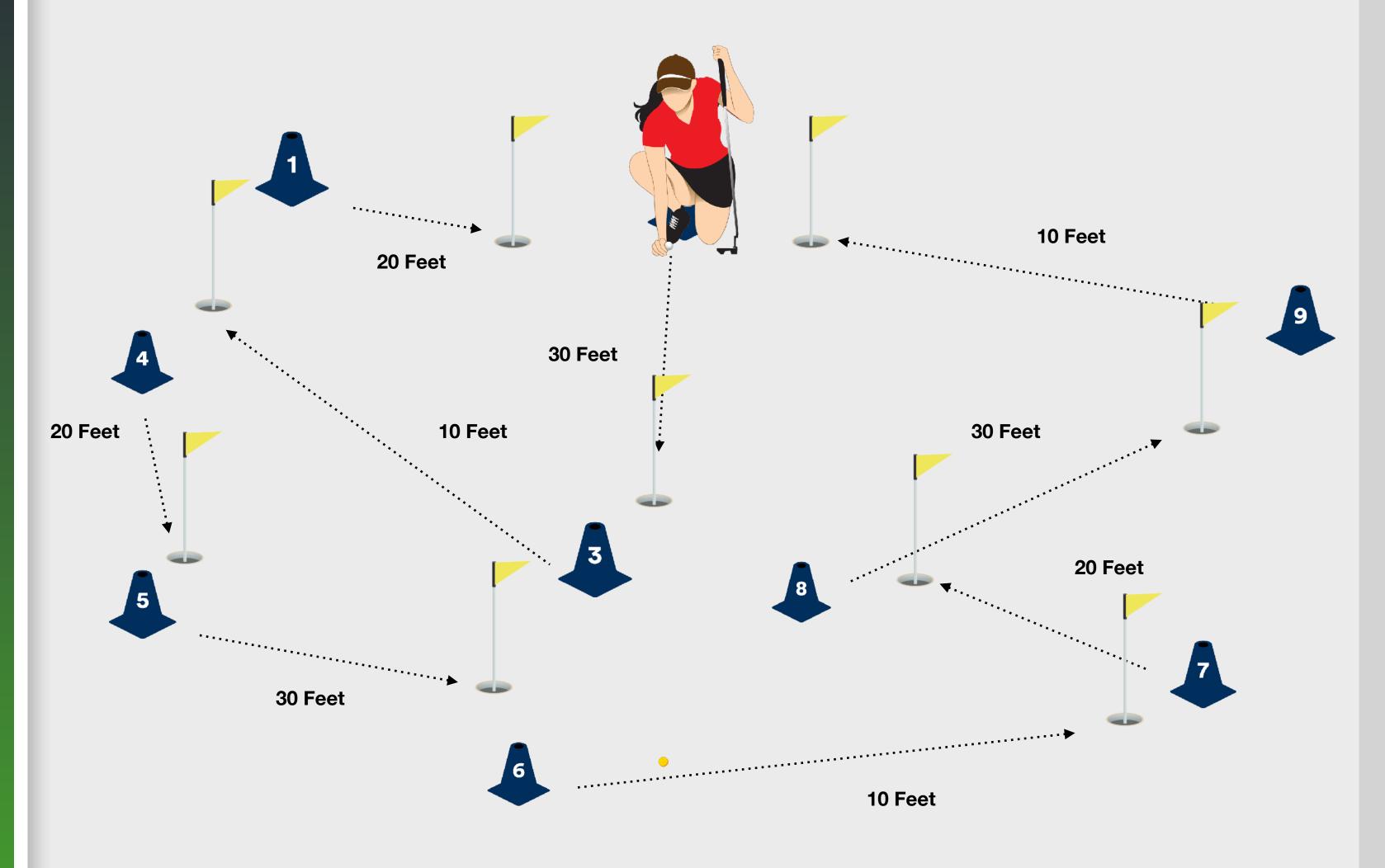




- Hole should be selected on the putting green on an average sloped surface
- The 6 foot diameter ring from your equipment bag can be used to mark the target circle for this challenge
- The 5 distances at 20 feet and 30 feet should be placed using the 10-foot markers as a guide
- 5 tee pegs/cones should be placed around the hole at each distance 20 feet and 30 feet



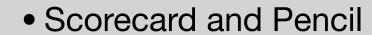
# Scoring Challenge Setup

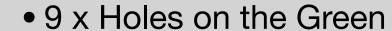














- 9/18 holes should be selected on the putting green on an average sloped surface
- 3 cones are placed opposite 3 holes at 10 feet,
  3 cones at 20 feet and 3 cones at 30 feet
- Students can attempt the challenge depending on the scoring level they are on by playing the required number of holes and distances





# Around the Green Challenges Setup



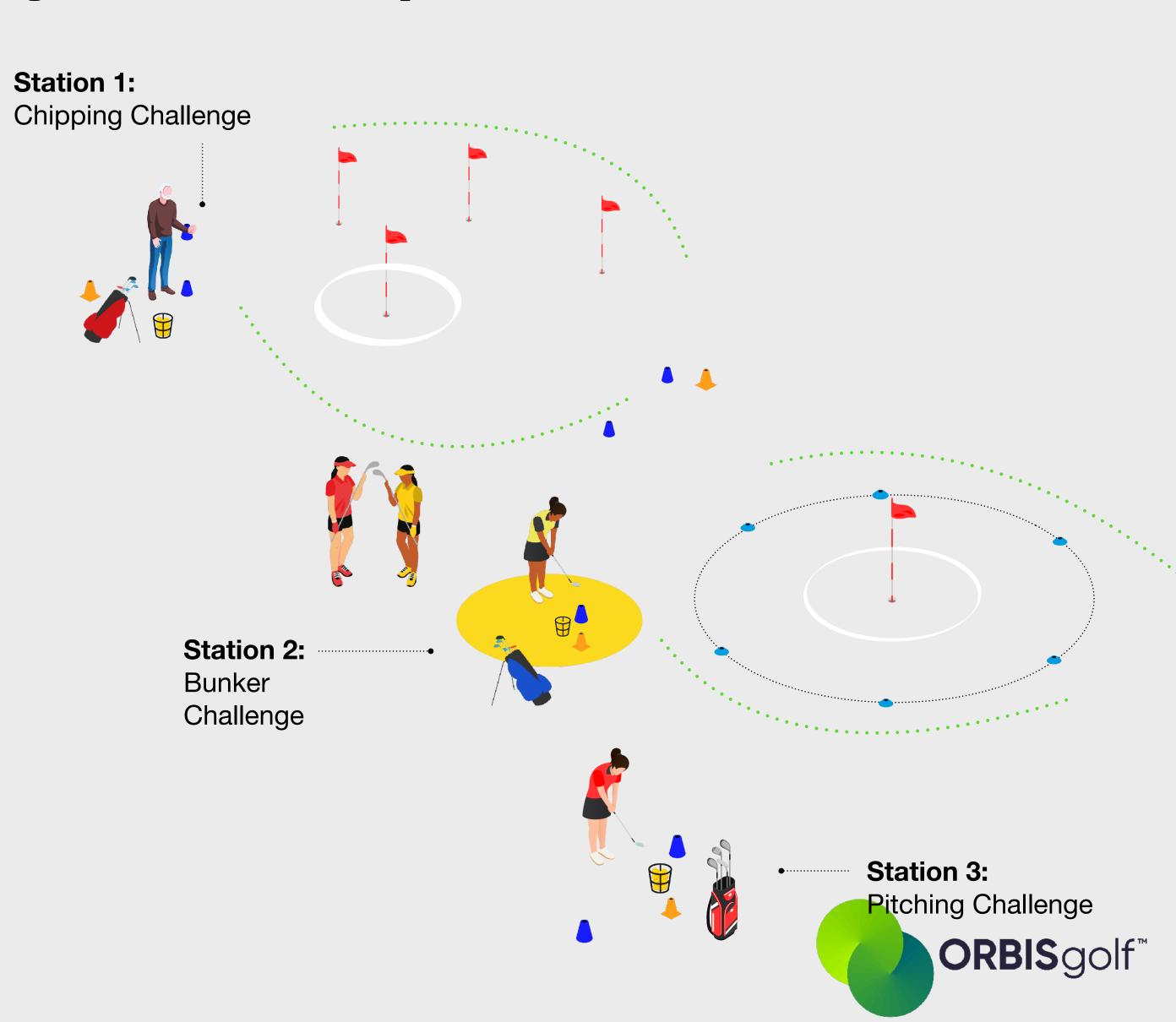




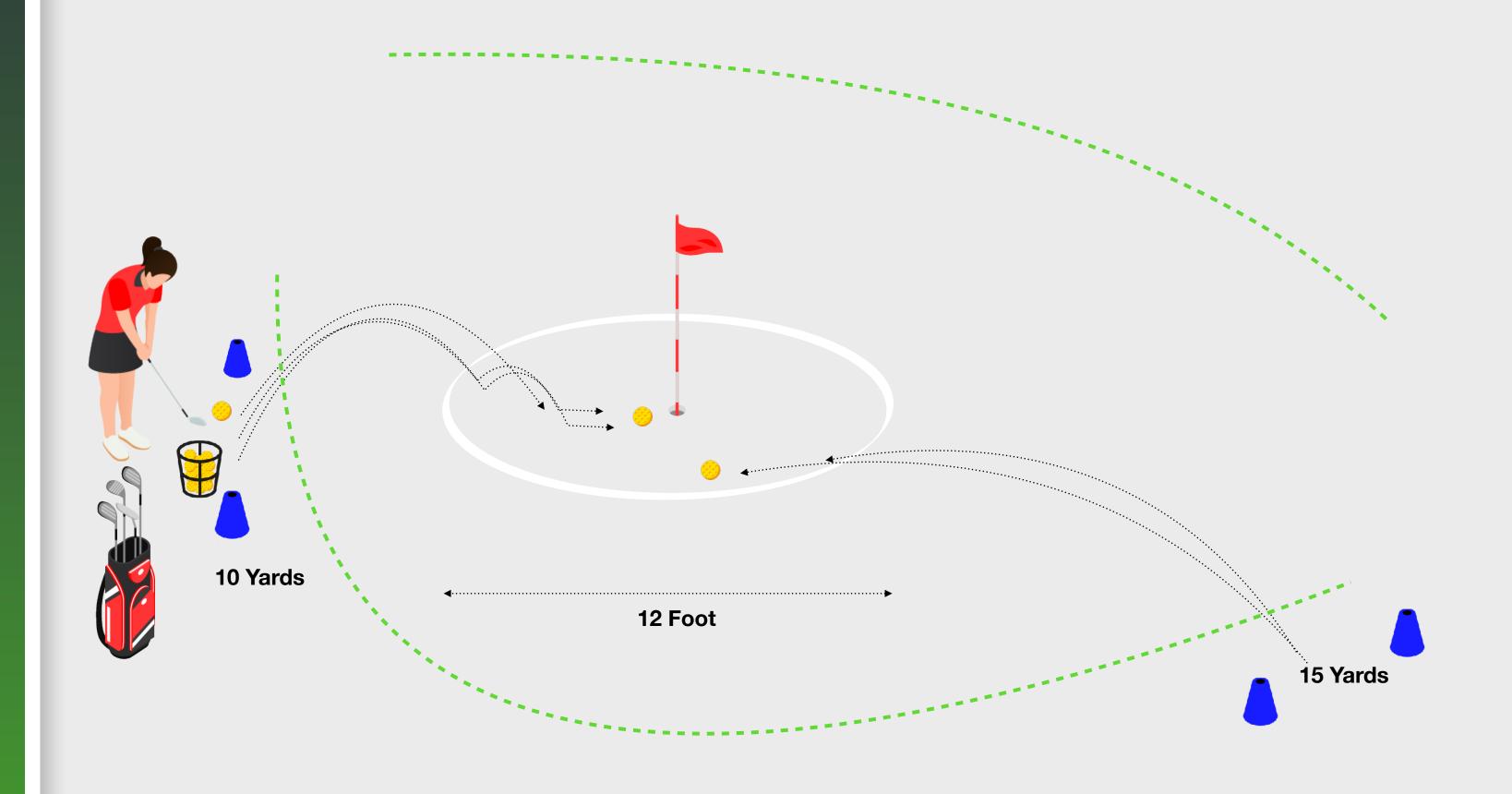
### Short Game Challenges Layout & Setup

The graphic opposite provides an example image of how we suggest you layout your short game challenges in your class. The exact way in which you layout your challenges wilful depend on the facilities available to you and the size or amount of greens available. In the example opposite we have provided guidance for setting up the challenges when multiple greens are available:

- Station 1 is the **Chipping Challenge Station**. There are two starting positions and a single flag being used with the 12 foot diameter circle around the hole. Add a competitive and social element to the challenge by getting your students to attempt these in pairs.
- Station 2 is the **Bunker Challenge Station**. A single bunker is being used with two starting positions for each distance. A single flag is being used with the 30 foot diameter circle around the hole. Add a competitive and social element to the challenge by getting your students to attempt these in pairs.
- Station 3 is the **Pitching Challenge Station**. There are two starting positions and the student is utilising the same hole and target circle as the bunker challenge. Add a competitive and social element to the challenge by getting your students to attempt these in pairs.
- When attempting the challenges, allow for the students to connect socially. This is one of core principles of the program that it encourages social connections to be strengthened.
- Even though you are teaching adults, safety should still be your top priority when running your class, please remember to;
  - Be mindful of how you setup your Pitching and Bunker Challenges
  - Be mindful of the position of the hitting areas and whether these are hitting towards others attending your class or using the area.
  - Limit the amount of golf balls being used to keep the green as clear as possible.

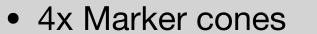


# Chipping Challenge Setup







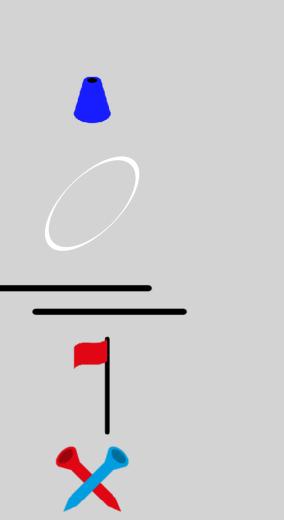






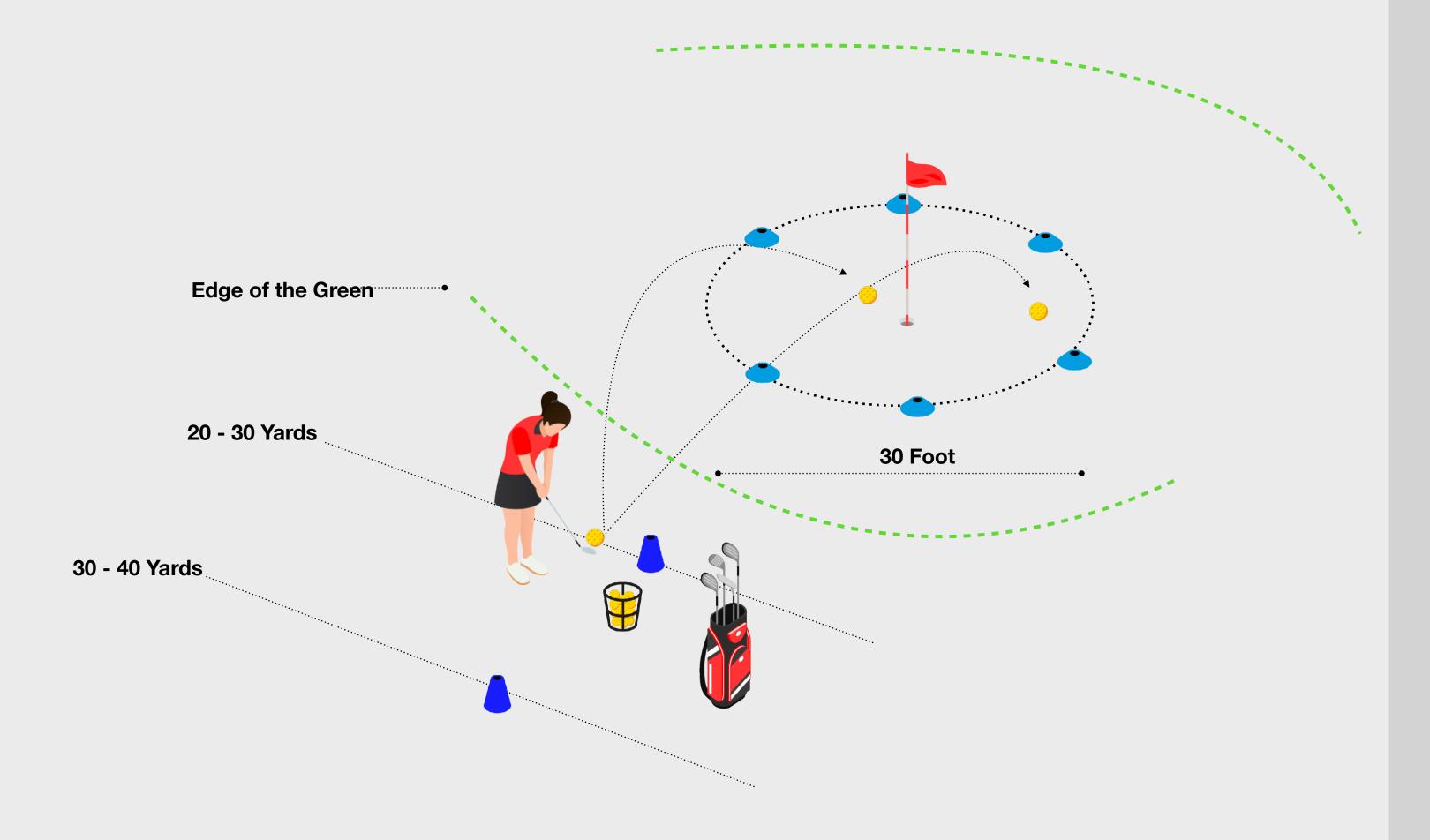
• 1x Flagstick

Tee Pegs



- 1 flag should be selected on the green.
  Alignment sticks could be used where this isn't possible
- Your 12-foot target circle from your equipment bag is placed around the flag or alignment stick
- Three starting points are positioned around the green at 10 yards and over 15 yards
- Each starting position should be places close to the edge of the green
- These starting position should offer variation in lie and angle to the target

# Pitching Challenge Setup



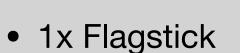






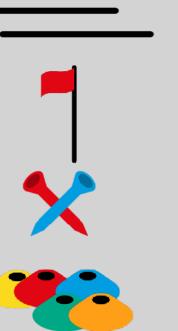


• 1x Alignment Sticks



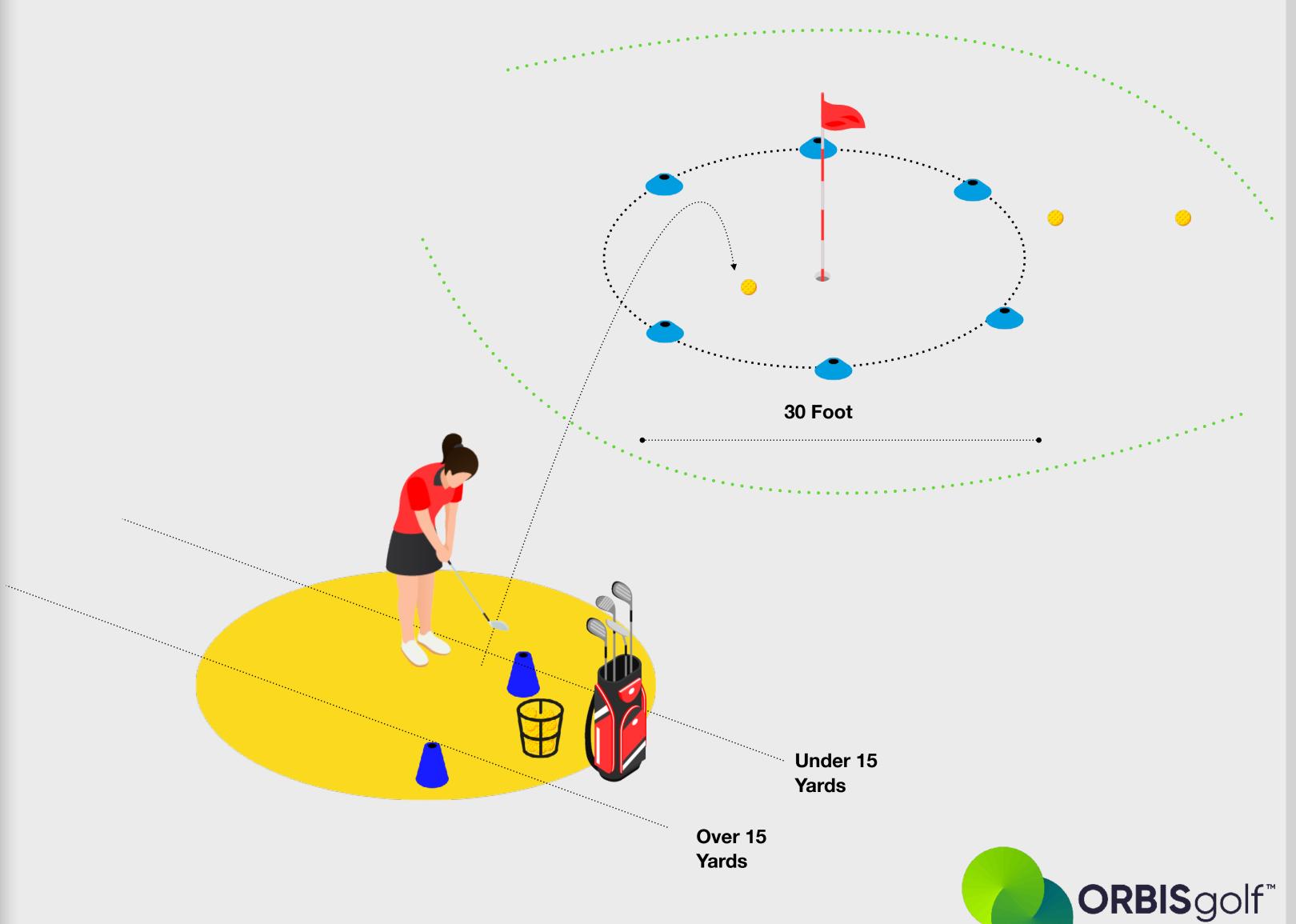






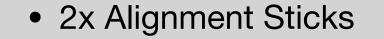
- Create a 30 foot diameter target circle around the flag/alignment stick using the colored cones
- Using marker cones create starting points positioned in a row at distances of 20 - 30 yards and 30 - 40 yards

# Bunker Challenge Setup





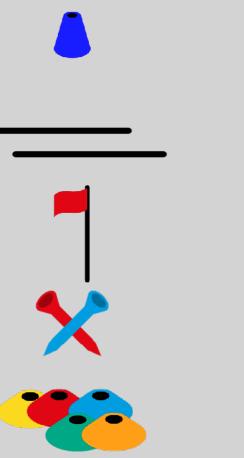
2x Marker cones







6x Colored Cones



- Create a 30 foot diameter target circle around the flag/alignment stick using the colored cones
- Using marker cones create 2 starting points positioned in the bunker at distances of under 15 yards and over 15 yards