Practice Club Putting- Precision Putts

Practice Club

Putting Precision Putts

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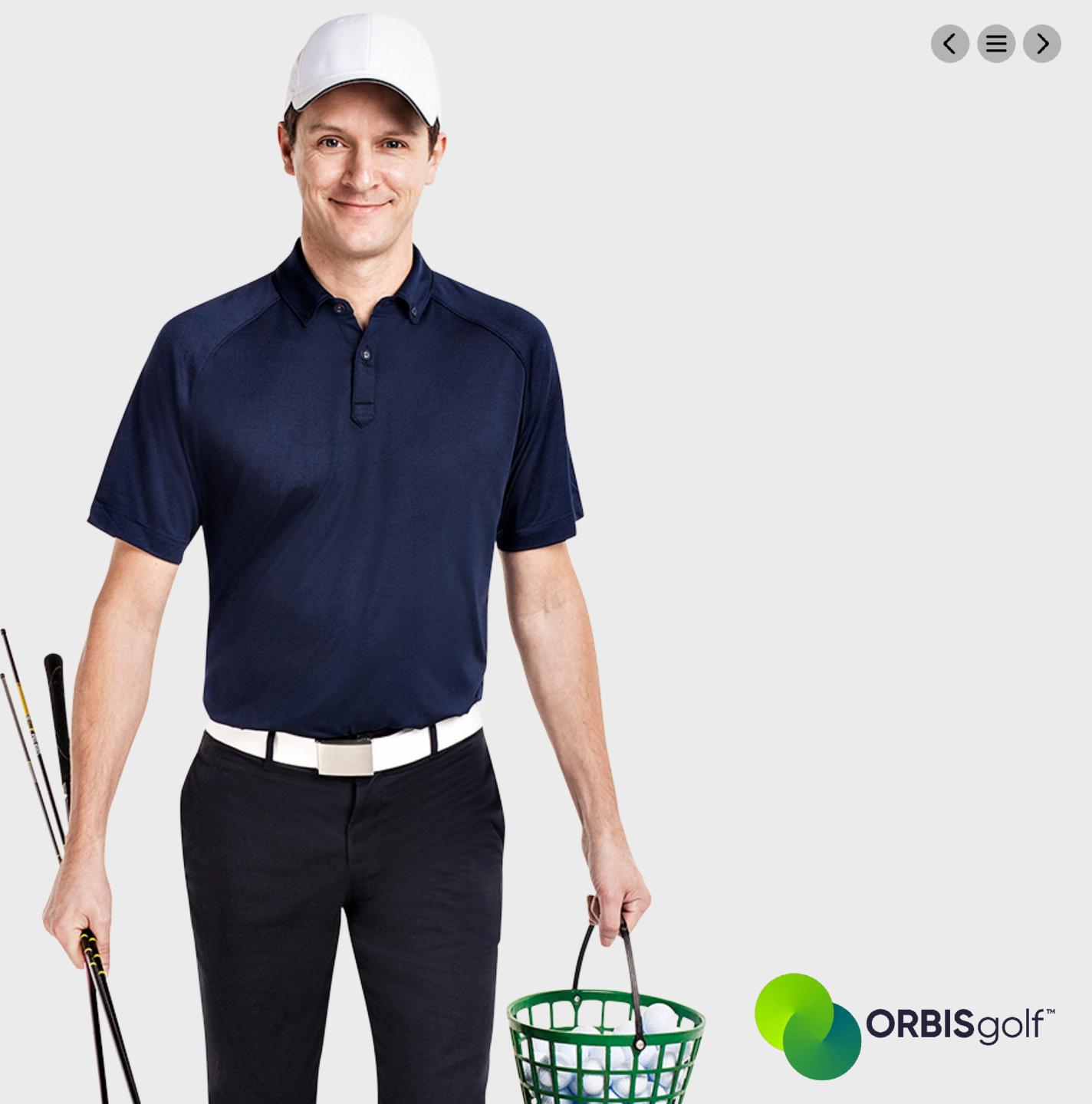
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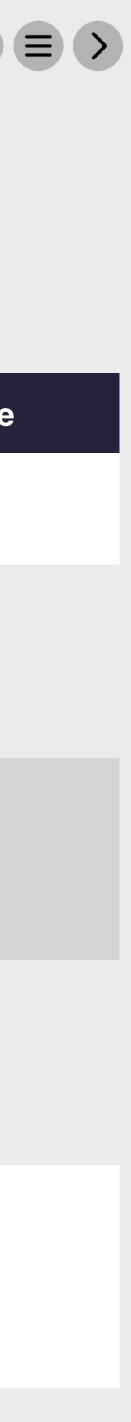
Practice Club *Putting- Precision Putts*

Class Timetable



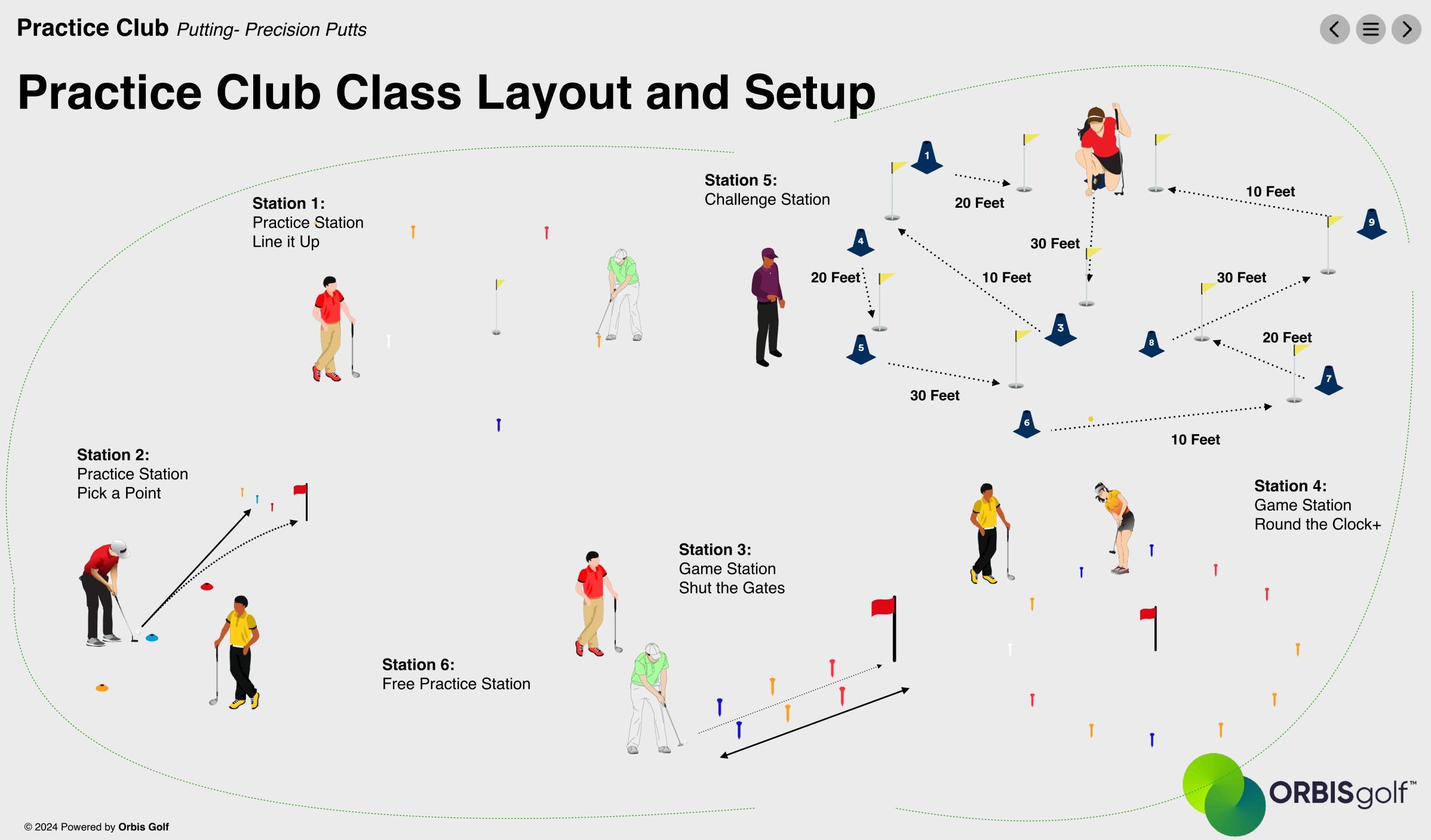
Class Timetable

Session Length: 60mins	Group Size: 1:12	Skill Focus: Putting - Precision Putts	Technical Focus: Using Green Reading and Aiming Strategy to Putt more Precisely	Scoring Goal Challenge: Scoring Putts Challenge	
Time	Focus	Class Content			Games / Drills / Resource
15 Mins Prior	Setup and Welcome		 Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 		
10 mins	Introduction	Explain how to attempt the Briefly explain how to attempt	 Outline the skill focus of the session and give a broad content overview of what will be covered Explain how to attempt the Practice Games and Stations Briefly explain how to attempt the Scoring Goal Challenge Instruct students to rotate around the stations 		
45 mins	Practice Stations Game Stations Independent Practice Scoring Goal Challeng	 Opportunity to provide provid	 Students time to attempt the Practice Stations, Game Stations and Scoring Goal Challenge Opportunity to provide private coaching on Practice Stations and Free Practice Station Stations can be attempted individually or in pairs depending on the size of class 		
5 mins	Final Thoughts Media on GLF. Connec	_	 Add any lesson media to the student's Student Connect area which may include notes, videos and documents Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge 		
15 Mins Post	Relationship Building	Ensure everyone is awar	 Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the additional program opportunities including other Skills Pathway Programs. Opportunity to upsell private lessons or additional programs to those that require additional help 		

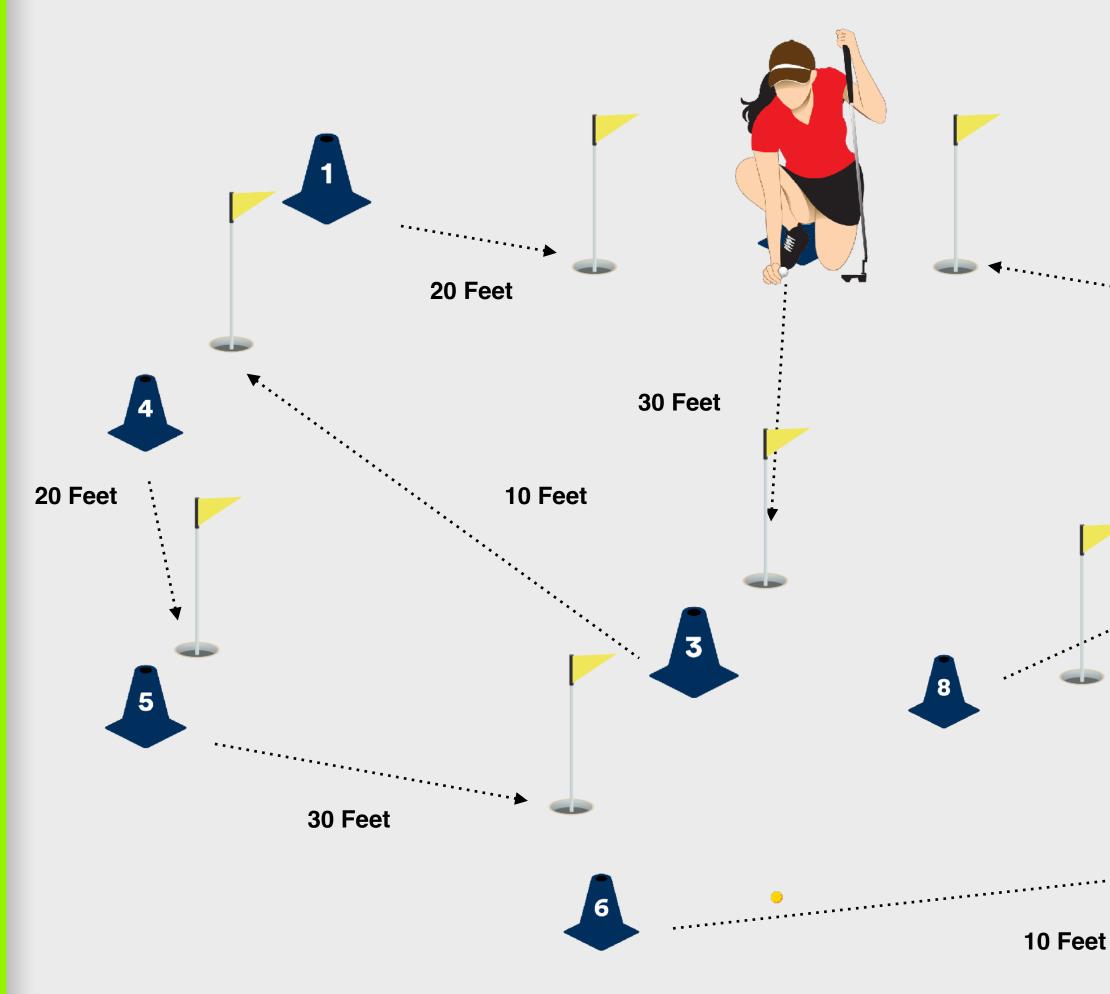


Layout and Setup





Scoring Challenge Setup



10 Feet 30 Feet 20 Feet

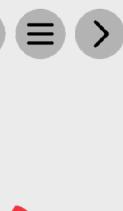
Equipment Needed

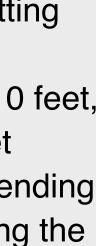
- 9 x Numbered Starting Cones
- Scorecard and Pencil
- 9 x Holes on the Green

Setting out the Challenge

- 9/18 holes should be selected on the putting green on an average sloped surface
- 3 cones are placed opposite 3 holes at 10 feet,
 3 cones at 20 feet and 3 cones at 30 feet
- Students can attempt the challenge depending on the scoring level they are on by playing the required number of holes and distances







Practice Stations and Game Cards



Equipment Needed

- Tees
- Driver
- Alignment Sticks

How to Practice

- Students should place an alignment stick on the ball to tar approximately 5-10 yards ahead of where the ball is tee'd The student will then have a better perspective of what a student will then have a better perspective of what a student will be a student will
- The student then place an alignment stick either side of th line is from their address position
- at a safe distance away parallel to the ball to target line The student should experiment with what it feels like to ge
- head travelling through the alignment stick tunnel The student should then alter the alignment sticks so they
- right of the target, but parallel to one another The student should experiment with getting the club to tra the alignment sticks and see the resulting ball flights

Ball to Target Line Alignment Stick

Technical Link

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- This activity will help the student to understand how the direction of the club head through impact effects the trajectory of the ball



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Practice Club Putting- Precision Putts

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Line it Up





Equipment Needed

- Putter
- Marker
- 5 x Tee Pegs

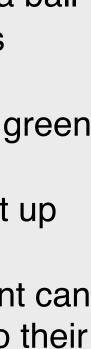
How to Practice

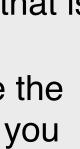
- Tell the student to mark a straight line around the middle of a ball
- Set them up to a hole and surround the hole with 5 tee pegs marking distances of 6 feet from various angles
- The student before each putt must stand behind and take a green read before aiming the line on the ball towards the target
- Once the line on the ball is aimed at the target they must set up their putter to align with this and then take the putt
- After attempting all 5 putts using the aim strategy, the student can analyse the pattern and make any necessary adjustments to their alignment

Technical Link

- This activity is good practice of an effective aiming strategy that is simple, easy to replicate and can be used for all putts
- The line around the ball gives the student a visual aid to line the club face up to and gives a more accurate perspective than you can get from your eye over the ball







Pick a Point





Equipment Needed

- 3 Tee Pegs
- 3 Cones
- Putter

How to Practice

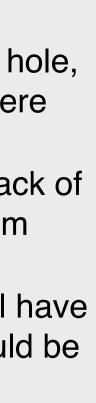
- Set this activity up on a sloped surface with 3 cones placed at 10, 20 and 30 feet from the hole
- Get the student to place the corresponding tees level with the hole, and explain how even though the putt is the same direction there are differing amounts of break due to the length of the putt
- The student should attempt the putts and based on the feedback of whether the ball missed high or low they should adjust their aim (and the tee position) accordingly
- Be sure to help the student understands that speed of putt will have an effect on how soon the putt breaks, and therefore this should be taken into account when choosing where to aim
- Encourage the students to work in pairs here to ensure correct aim at the start and to notice if a putt was just misaligned or mis-hit

Technical Link

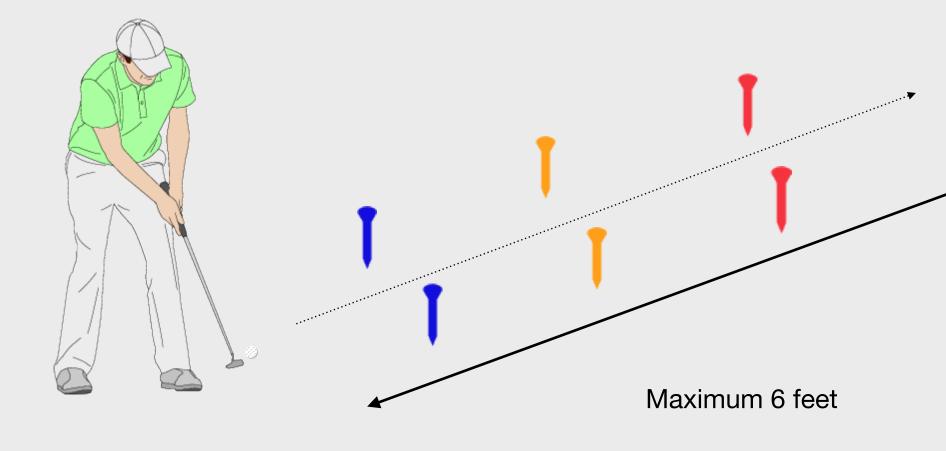
• This activity will help the student to understand how to aim effectively on a sloped surface, especially with respect to longer putts







Shut the Gates





Equipment Needed

- 6 Tee Pegs
- Putter

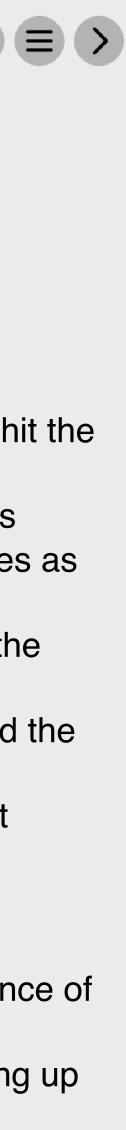
How to Play

- Ask the students to set up the tee pegs as gates to try and hit the putt through towards the hole on a sloped surface
- Make sure they read the green before placing tee peg gates
- Start with the widest gate first and decrease the size of gates as they get closer to the hole
- The aim is to hole a putt where the ball passes through all the gates
- Each time a putt is holed, the gates must be rearranged and the width of each gate decreased
- This can be played until the gates are just a ball width apart

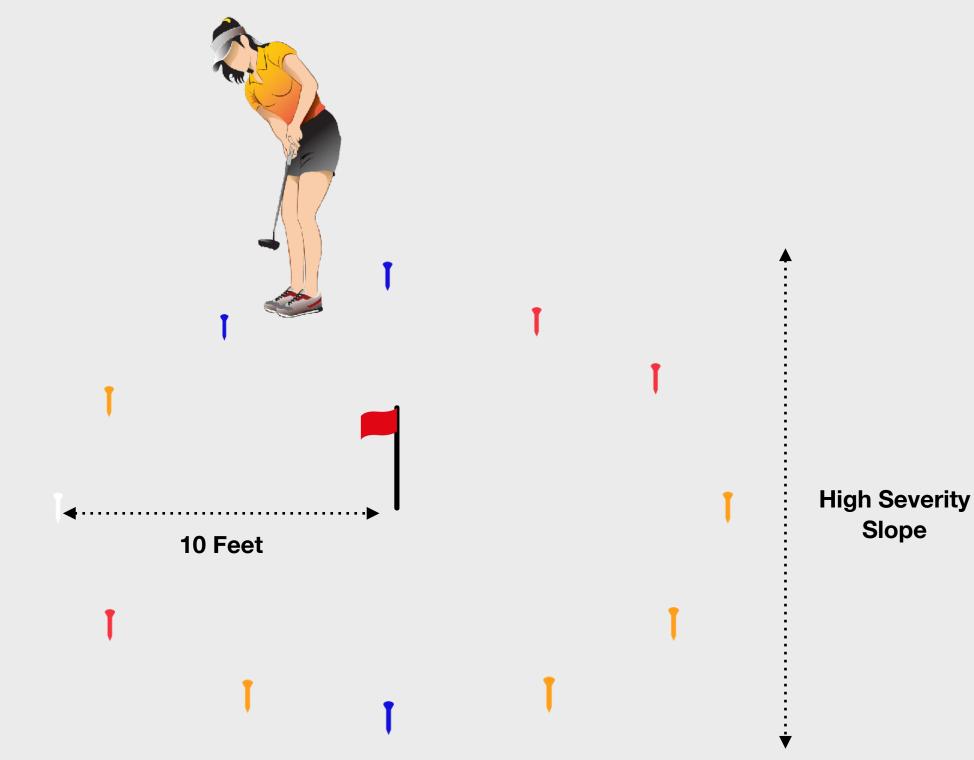
Technical Link

- This activity will help the student to understand the importance of the club face when aiming and selecting the start line
- It will also test their green reading ability when initially setting up the tee peg gates





Round the Clock+





Equipment Needed

- 12x Tee pegs to mark the points on a clock
- Putter

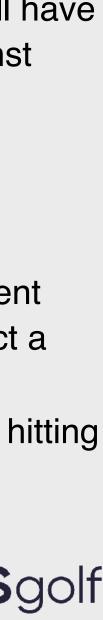
How to Play

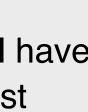
- Set up the student on a sloped part of the green
- Place 12 tee pegs around the hole equally spaced and 10 feet away from the hole
- A student attempts one putt from each tee peg
- The aim is to focus the student on where they are aiming and encourage them to read the green before each putt
- After they have taken a putt from each tee position they will have a score of how many holed, which they can compare against their partners or their previous scores

Technical Link

- Putting on a severe slope to the same hole, but from different angles can really emphasise how much the slope can effect a putt and will test the students green reading ability
- This activity may identify a students weakness/strength for hitting putts with a certain break

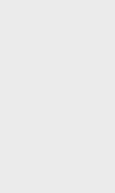










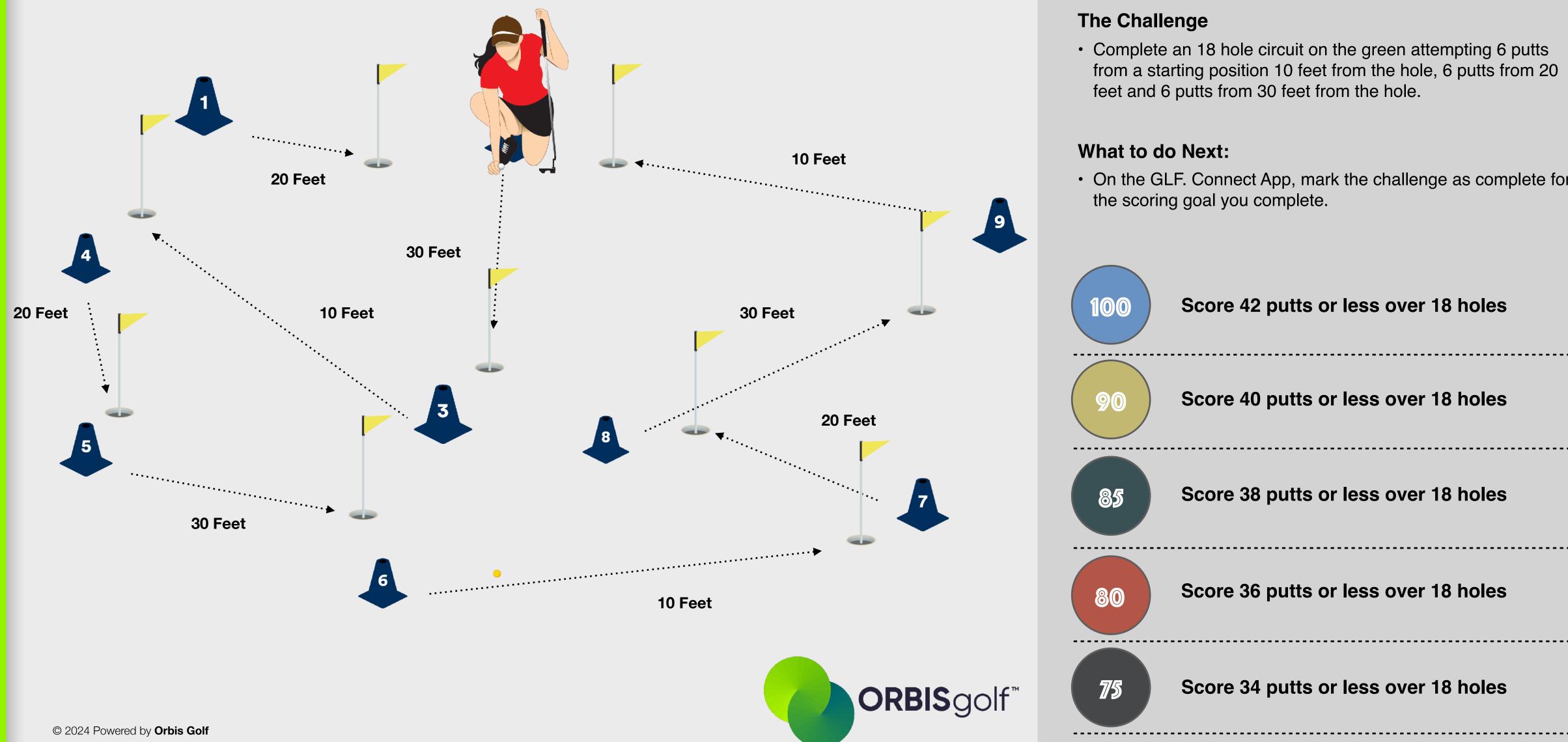


Scoring Goal Challenges Scoring Putt



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Scoring Putt Challenge



Attempting the Challenge

- · Play 18 holes around the green completing six holes from three different starting distance in a random order.
- Record the total number of putts for each hole on the Challenge Scorecard.

- Complete an 18 hole circuit on the green attempting 6 putts from a starting position 10 feet from the hole, 6 putts from 20 feet and 6 putts from 30 feet from the hole.
- On the GLF. Connect App, mark the challenge as complete for





