

Practice Club *Putting- General*

# Practice Club

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# Putting General



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# Class Timetable

4 Practice Club Swing - Long Approach Shots

## Class Timetable

Session Length: 60mins    Group Size: 1:12    Skill Focus: Swing - Long Approach Shots    Technical Focus: Using Fairway, Hybrids and Long Irons for longer distance approach shots    Scoring Goal Challenge: Fairway Wood Challenge

Time	Focus	Class Content	Games / Drills / Res
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
10 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the skill focus of the session and give a broad content overview of what will be covered</li> <li>Explain how to attempt the Practice Games and Stations</li> <li>Briefly explain how to attempt the Scoring Goal Challenge</li> <li>Instruct students to rotate around the stations</li> </ul>	<ul style="list-style-type: none"> <li>Fairway Wood Attack Ang</li> <li>Yardage Finder</li> <li>Through the Gate</li> <li>Cluster Up</li> <li>Fairway Wood Challenge</li> </ul>
45 mins	Practice Stations Game Stations Independent Practice Scoring Goal Challenge	<ul style="list-style-type: none"> <li>Students time to attempt the Practice Stations, Game Stations and Scoring Goal Challenge</li> <li>Opportunity to provide private coaching on Practice Stations and Free Practice Station</li> <li>Stations can be attempted individually or in pairs depending on the size of class</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> <li>Challenge Scorecard</li> </ul>
5 mins	Final Thoughts Media on GLF. Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the additional program opportunities including other Skills Pathway Programs.</li> <li>Opportunity to upsell private lessons or additional programs to those that require additional help</li> </ul>	

# Class Timetable

**Session Length:**  
60mins

**Group Size:**  
1:12

**Skill Focus:**  
Putting - General

**Technical Focus:**  
Improving general skills on the green

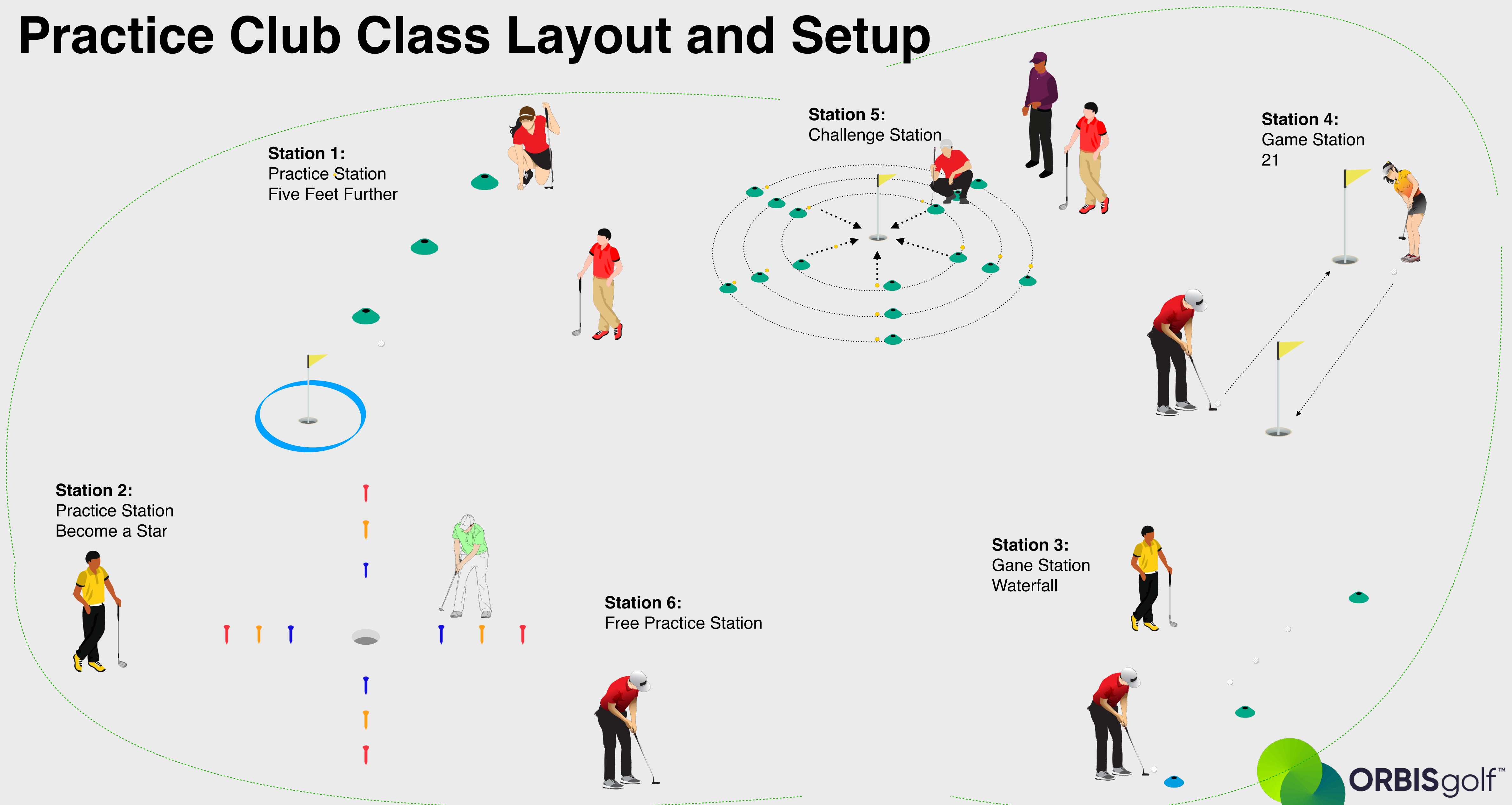
**Scoring Goal Challenge:**  
Short Putts Challenge

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
10 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the skill focus of the session and give a broad content overview of what will be covered</li> <li>Explain how to attempt the Practice Games and Stations</li> <li>Briefly explain how to attempt the Scoring Goal Challenge</li> <li>Instruct students to rotate around the stations</li> </ul>	
45 mins	Practice Stations Game Stations Independent Practice Scoring Goal Challenge	<ul style="list-style-type: none"> <li>Students time to attempt the Practice Stations, Game Stations and Scoring Goal Challenge</li> <li>Opportunity to provide private coaching on Practice Stations and Free Practice Station</li> <li>Stations can be attempted individually or in pairs depending on the size of class</li> </ul>	<ul style="list-style-type: none"> <li>Five Feet Further</li> <li>Become a Star</li> <li>Waterfall</li> <li>21</li> <li>Short Putts Challenge</li> </ul>
5 mins	Final Thoughts Media on GLF. Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> <li>Challenge Scorecard</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the additional program opportunities including other Skills Pathway Programs.</li> <li>Opportunity to upsell private lessons or additional programs to those that require additional help</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>

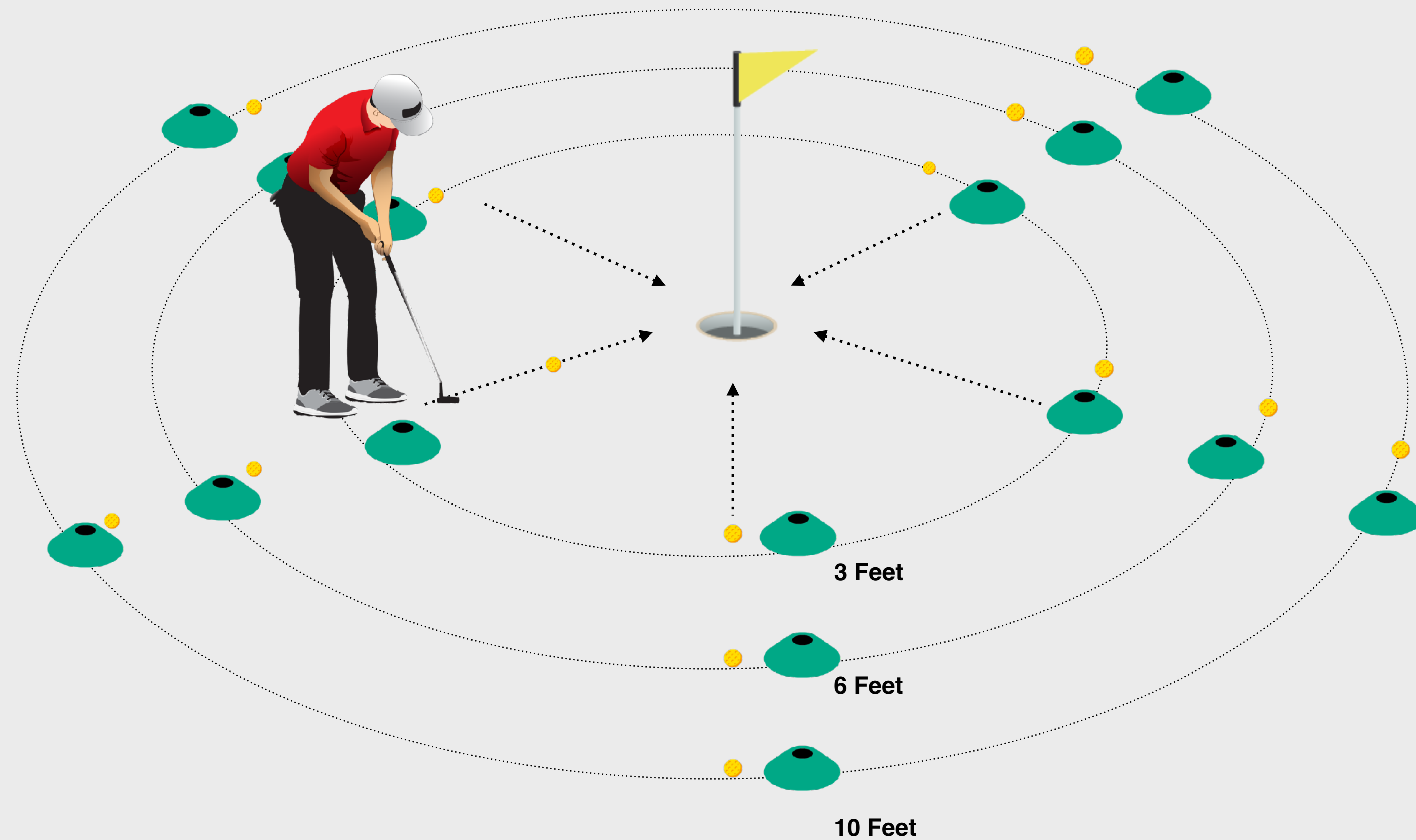
# Layout and Setup



# Practice Club Class Layout and Setup



# Short Putt Challenge Setup



## Equipment Needed

- 15 x Colored Cones
- 15 x tee pegs
- Hole on the Green
- 6 Foot Diameter Hoop



## Setting out the Challenge

- Hole should be selected on the putting green on an average sloped surface.
- The 6 foot diameter ring from your equipment bag can be used to mark the 3 foot distance, then additional distance markers can be measured from this.
- 5 tee pegs/cones should be placed around the hole at each distance 3 feet, 6 feet and 10 feet.

# Practice Stations and Game Cards

9 Practice Club Swing - Tee Shots

## Down the Tunnel

Ball to Target Line  
Alignment Stick

### Equipment Needed

- Tees
- Driver
- Alignment Sticks

### How to Practice

- Students should place an alignment stick on the ball to target approximately 5-10 yards ahead of where the ball is tee'd
- The student will then have a better perspective of what a line is from their address position
- The student then place an alignment stick either side of the ball at a safe distance away parallel to the ball to target line
- The student should experiment with what it feels like to get the club head travelling through the alignment stick tunnel
- The student should then alter the alignment sticks so they are to the right of the target, but parallel to one another
- The student should experiment with getting the club to travel through the alignment sticks and see the resulting ball flights

### Technical Link

- This activity will help the student to understand how the direction of the club head through impact effects the trajectory of the ball

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# Five Feet Further



## Equipment Needed

- Putter
- Cones
- Various sizes of hoops

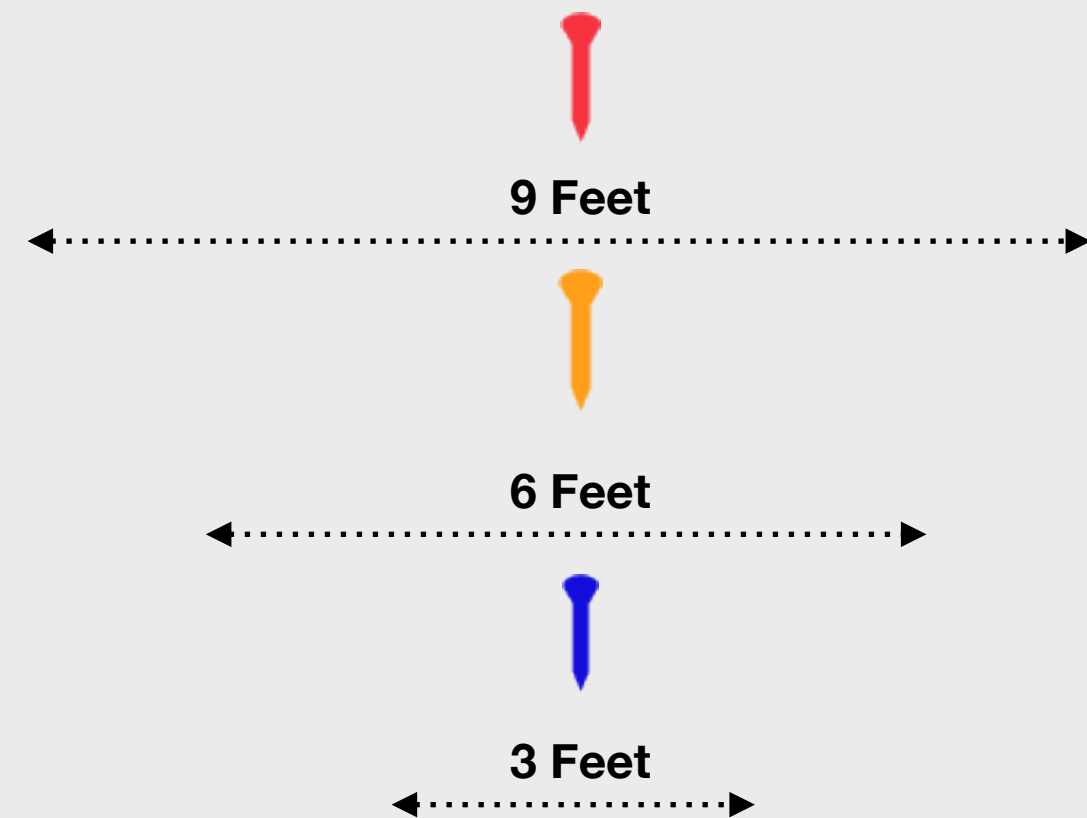
## How to Practice

- Students attempt to putt the ball into the 6 foot circle from each distance
- Once the student has gained some confidence, allow them to play a competitive game in order to challenge their skills
- The challenge is to putt a ball from 15, 20 and 25 feet into the 6 foot circle, without missing
- If the students complete this then reduce the size of the circle to make it more difficult

## Technical Link

- This activity will help the student to improve the pace and accuracy of their medium to long range putting and appreciate the challenge of having to do this under pressure

# Become a Star



## Equipment Needed

- 12 x Tee Pegs
- Putter

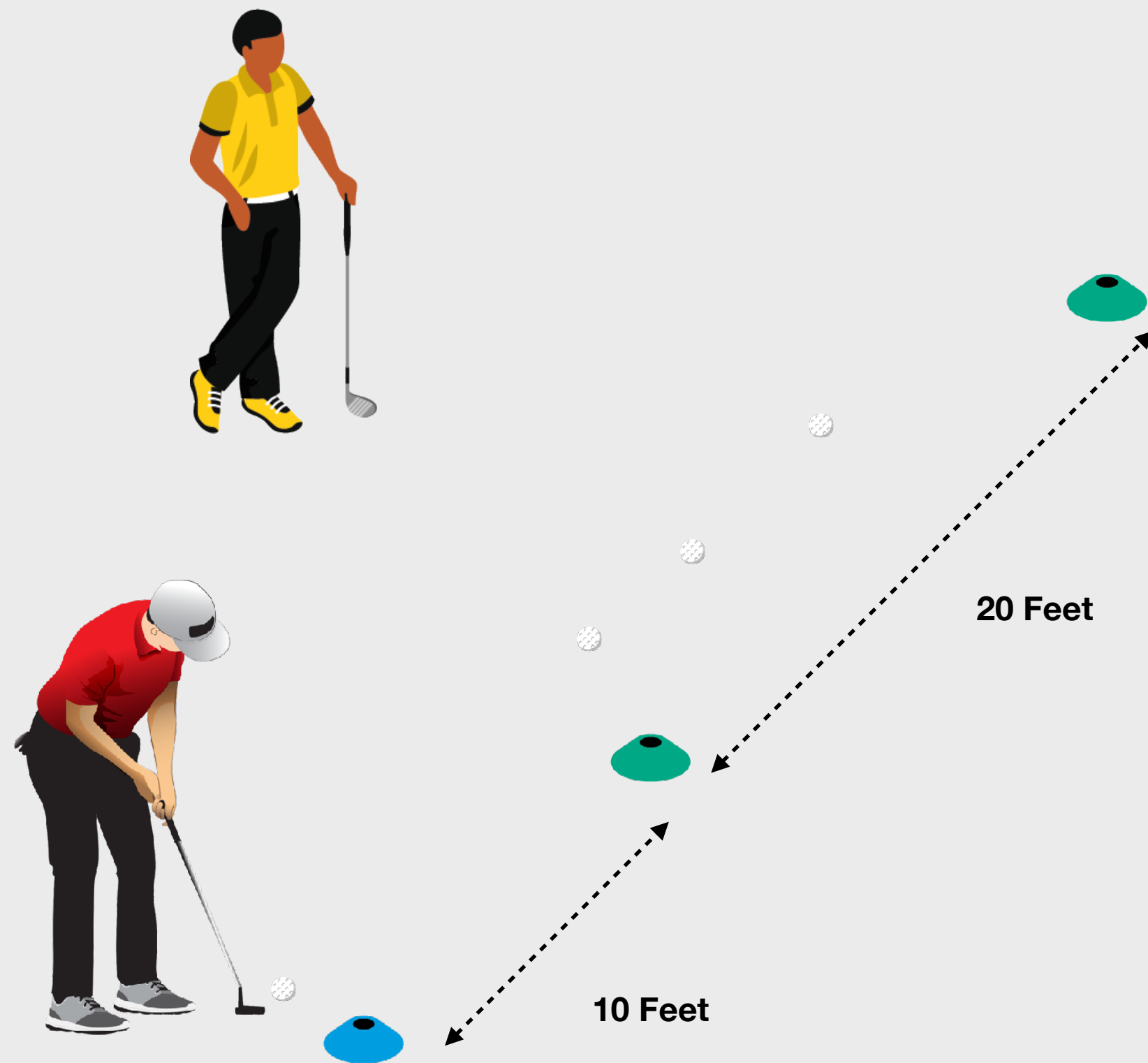
## How to Practice

- Set up a star shape of tees ranging at 3-9 feet from the hole
- A student attempts one putt from the shortest peg putt
- The student then progresses around the star with the 3 foot putts first, then moving to the 6 foot putts and finally the 9 foot putts
- If the student misses they go back to the start
- The purpose is to ingrain a consistency in all areas of their putting from short-mid range putts
- A consistent pre-putt routine can help them handle the pressure and consequence associated with each putt

## Technical Link

- The practice challenge will show the student to maintain a consistent technique as the putt length changes
- The practice station also enables the student to play under pressure in order to maintain their progress around the star

# Waterfall



## Equipment Needed

- Cones
- Putter

## How to Play

- Set this activity up with the cones 10 feet and 30 feet away
- The aim of the game is to get as many balls between the cones as possible
- The student always starts from the blue cone and should attempt to putt their first ball just past the first cone, 10 feet away
- If successful the student then attempts to putt their second ball just past their first ball but not too far as this would reduce the space they have to aim for their next ball
- The student continues until either they fail to get their ball past their previous attempt, or they putt it past the furthest cone
- Their partner then does the same and the player with the most balls within the cones is the winner.

## Technical Link

- This activity will help the student to improve their distance control, as it requires a small, incremental difference in each putt

# 21



## Equipment Needed

- 2 Putters
- 2 Golf balls
- 2 Golf holes

## How to Play

- Pick two holes on the practice green and each stand at one hole aiming at the other hole.
- Putts made on the first shot are worth three points, a lip out on the first putt is worth 2 points, 2 putts are worth one point and a 3-putt is -1 point.
- After each golfer sinks their putt, turn around and putt for the opposite hole.
- The winner is the first person to make it to exactly 21 points.

## Technical Link

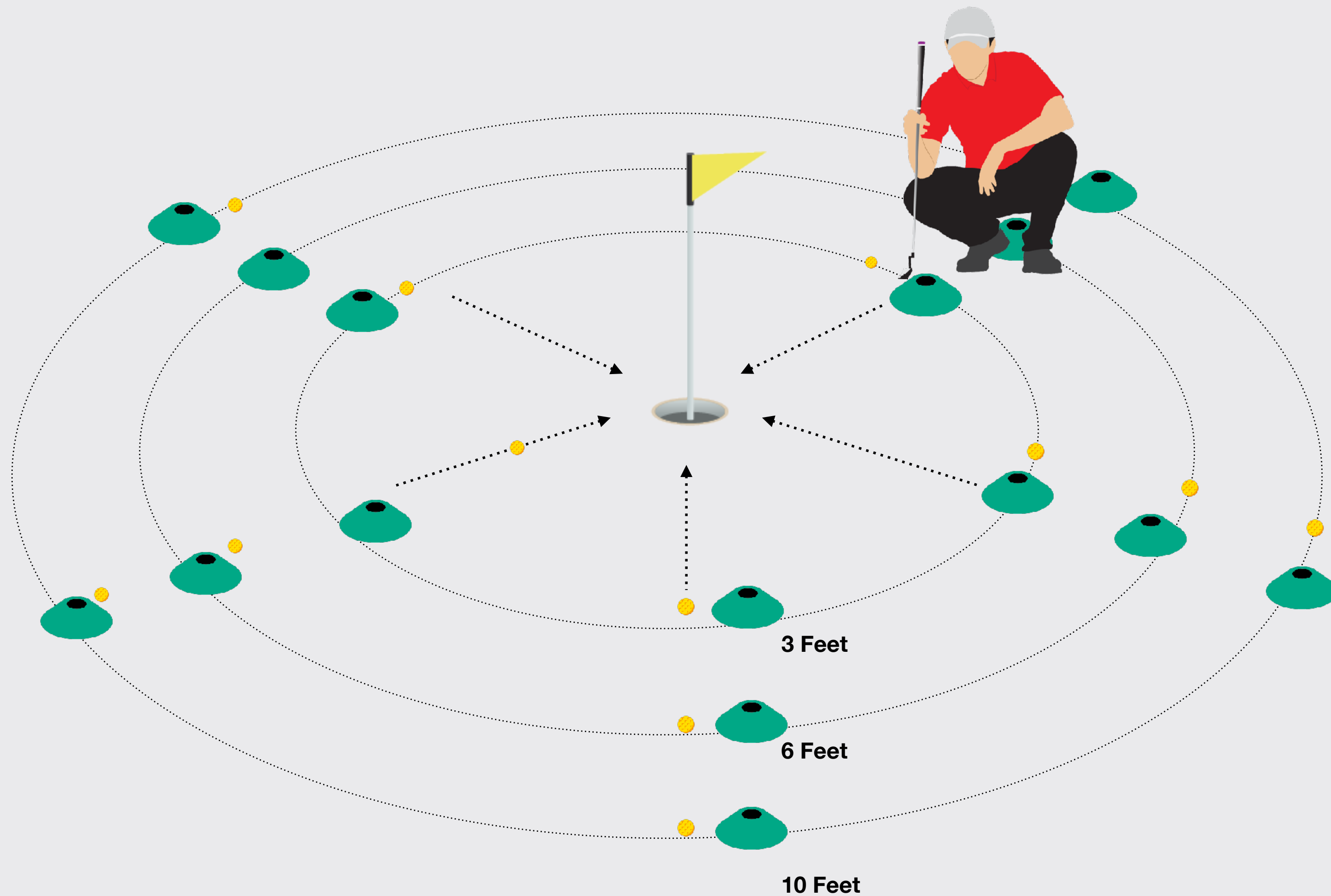
- This activity will help the student to improve their consistency and their repetition of a skill.

# Scoring Goal Challenges

## Short Putts



# Short Putt Challenge



## Attempting the Challenge

- Hit 10 putts in a random order from each starting position from five positions around the hole
- Record the result of each attempt on the Challenge Scorecard.

## The Challenge

- Hole out from starting positions 3 feet, 6 feet and 10 feet from the hole. You should attempt 10 putts from each distance and putts must be taken evenly from 5 different positions around the hole on a gently sloped surface.

## What to do Next:

- On the GLF. Connect App, mark the challenge as complete for the scoring goal you complete.

100

6/10 putts made from 3 feet  
4/10 putts made from 6 feet  
1/10 putts made from 10 feet

90

7/10 putts made from 3 feet  
5/10 putts made from 6 feet  
2/10 putts made from 10 feet

85

7/10 putts made from 3 feet  
6/10 putts made from 6 feet  
3/10 putts made from 10 feet

80

8/10 putts made from 3 feet  
6/10 putts made from 6 feet  
4/10 putts made from 10 feet

75

9/10 putts made from 3 feet  
7/10 putts made from 6 feet  
5/10 putts made from 10 feet

