

Practice Club *Putting- Competitive Putting*

Practice Club

Putting Competitive and Pressure Putting



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Class Timetable

4 Practice Club Swing - Long Approach Shots

Class Timetable

Session Length: 60mins Group Size: 1:12 Skill Focus: Swing - Long Approach Shots Technical Focus: Using Fairway, Hybrids and Long Irons for longer distance approach shots Scoring Goal Challenge: Fairway Wood Challenge

Time	Focus	Class Content	Games / Drills / Res
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 	<ul style="list-style-type: none"> Class Layout and Setup
10 mins	Introduction	<ul style="list-style-type: none"> Outline the skill focus of the session and give a broad content overview of what will be covered Explain how to attempt the Practice Games and Stations Briefly explain how to attempt the Scoring Goal Challenge Instruct students to rotate around the stations 	<ul style="list-style-type: none"> Fairway Wood Attack Ang Yardage Finder Through the Gate Cluster Up Fairway Wood Challenge
45 mins	Practice Stations Game Stations Independent Practice Scoring Goal Challenge	<ul style="list-style-type: none"> Students time to attempt the Practice Stations, Game Stations and Scoring Goal Challenge Opportunity to provide private coaching on Practice Stations and Free Practice Station Stations can be attempted individually or in pairs depending on the size of class 	<ul style="list-style-type: none"> GLF. Connect App Challenge Scorecard
5 mins	Final Thoughts Media on GLF. Connect	<ul style="list-style-type: none"> Add any lesson media to the student's Student Connect area which may include notes, videos and documents Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge 	<ul style="list-style-type: none"> GLF. Connect App
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the additional program opportunities including other Skills Pathway Programs. Opportunity to upsell private lessons or additional programs to those that require additional help 	<ul style="list-style-type: none"> GLF. Connect App

Class Timetable

Session Length:
60mins

Group Size:
1:12

Skill Focus:
Putting - Competitive Putting

Technical Focus:
Putting Under Course Pressure

Scoring Goal Challenge:
Short Putts Challenge
Long Putts Challenge
Scoring Putts Challenge

Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> Set up the games and practice stations of your preference and the scoring challenges for the specific class Be ready to welcome participants 5 minutes before the session starts 	<ul style="list-style-type: none"> Class Layout and Setup
10 mins	Introduction	<ul style="list-style-type: none"> Outline the skill focus of the session and give a broad content overview of what will be covered Explain how to attempt the Practice Station Briefly explain how to attempt the Scoring Goal Challenge and let the group decide the scoring challenge 	
45 mins	Practice Station Scoring Goal Challenge	<ul style="list-style-type: none"> Students time to find their stock yardages and attempt the chosen Scoring Goal Challenge Opportunity to provide private coaching at Practice Stations Stations to be attempted individually 	<ul style="list-style-type: none"> Cup Putting Short Putts Challenge Long Putts Challenge Scoring Putts Challenge
5 mins	Final Thoughts Media on GLF. Connect	<ul style="list-style-type: none"> Add any lesson media to the student's Student Connect area which may include notes, videos and documents Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge 	<ul style="list-style-type: none"> GLF. Connect App Challenge Scorecard
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> Take time after the class has finished to actively connect new students and build relationships Ensure everyone is aware of the additional program opportunities including other Skills Pathway Programs. Opportunity to upsell private lessons or additional programs to those that require additional help 	<ul style="list-style-type: none"> GLF. Connect App

Layout and Setup



Practice Club Class Layout and Setup

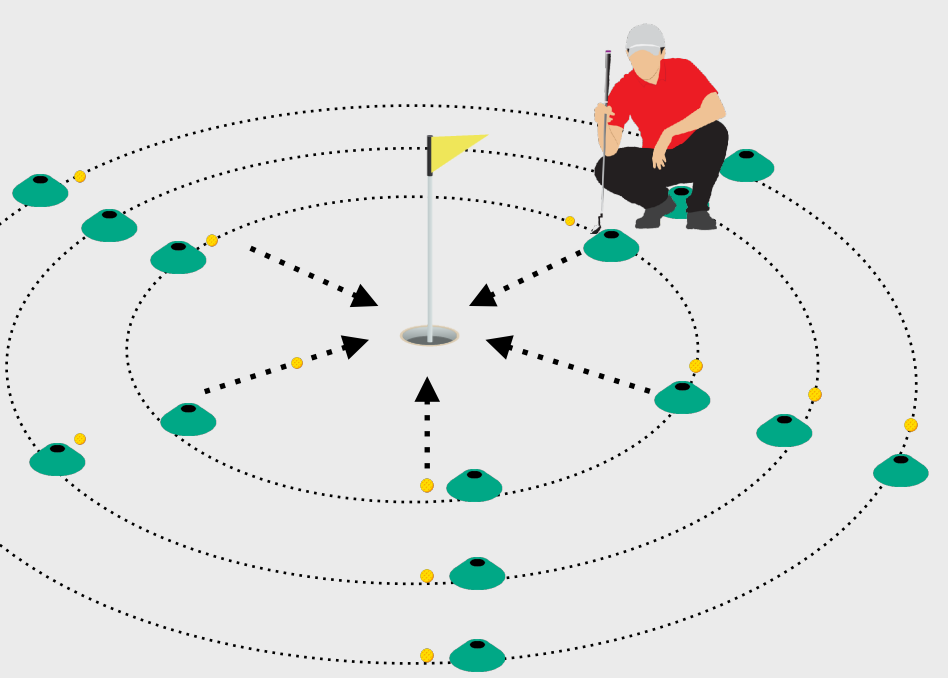
Station 1:
Practice Station
Cup Putting

Station 2:
Practice Station
Cup Putting

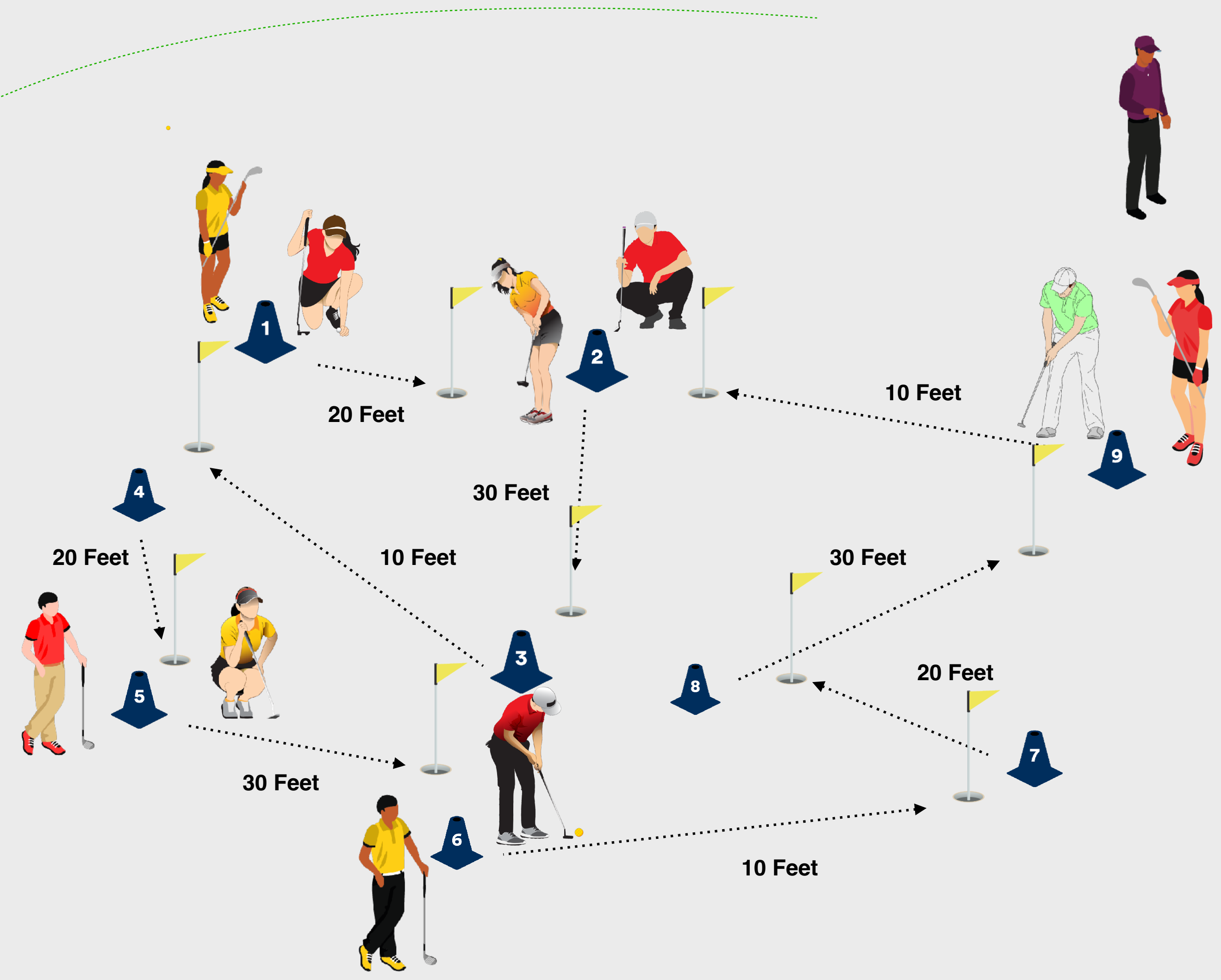
Station 3:
Practice Station
Cup Putting

Station 4:
Practice Station
Cup Putting

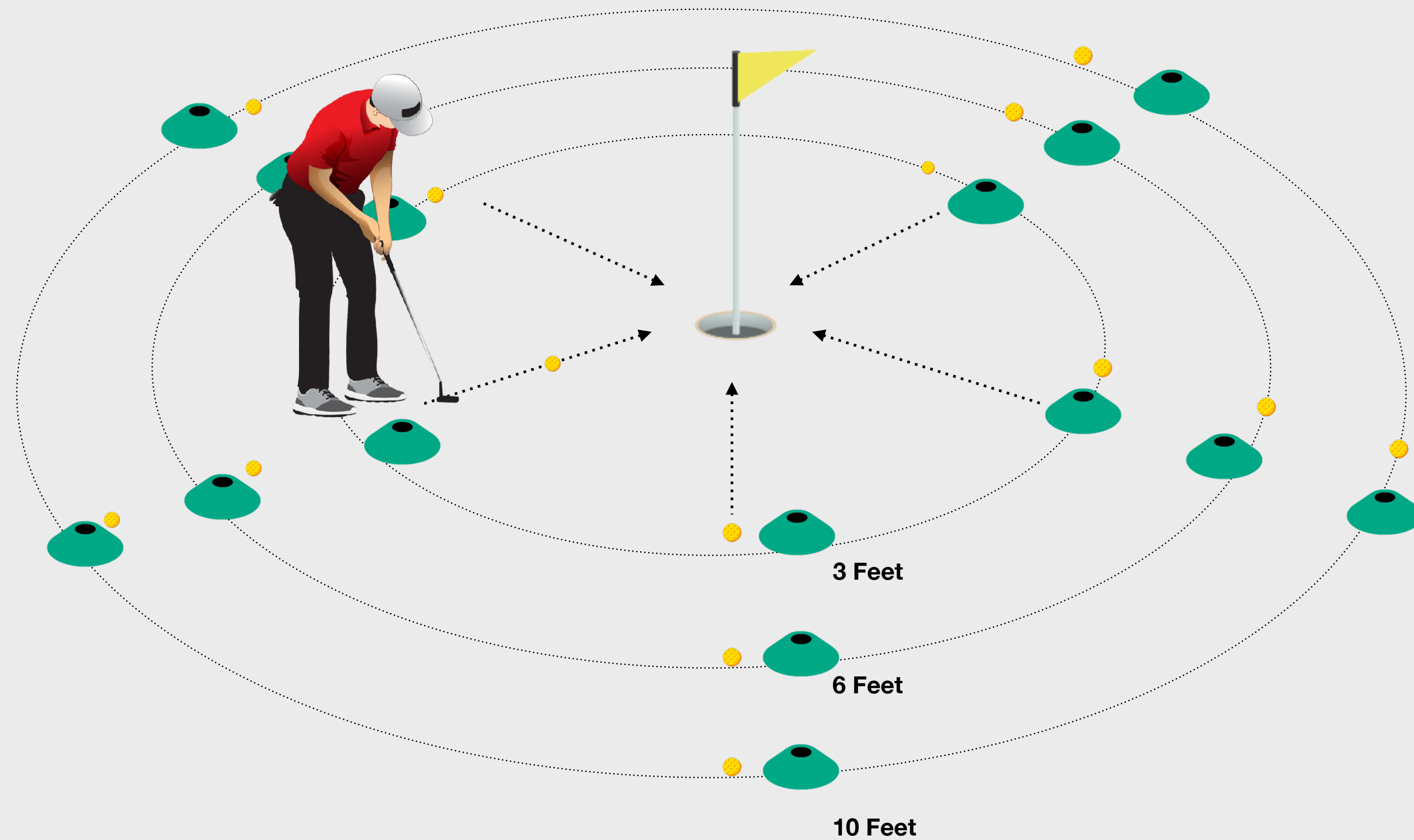
Station 5:
Challenge Station



Station 6:
Free Practice Station

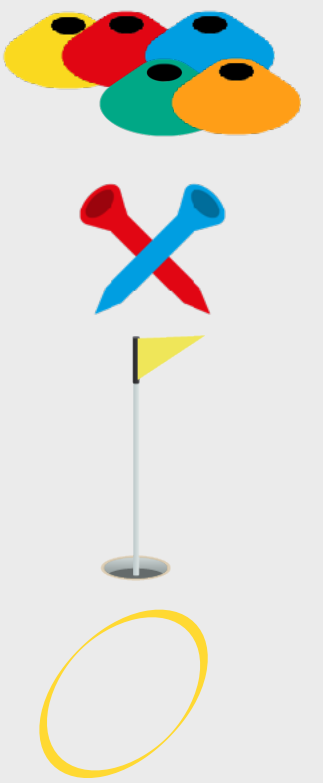


Short Putt Challenge Setup



Equipment Needed

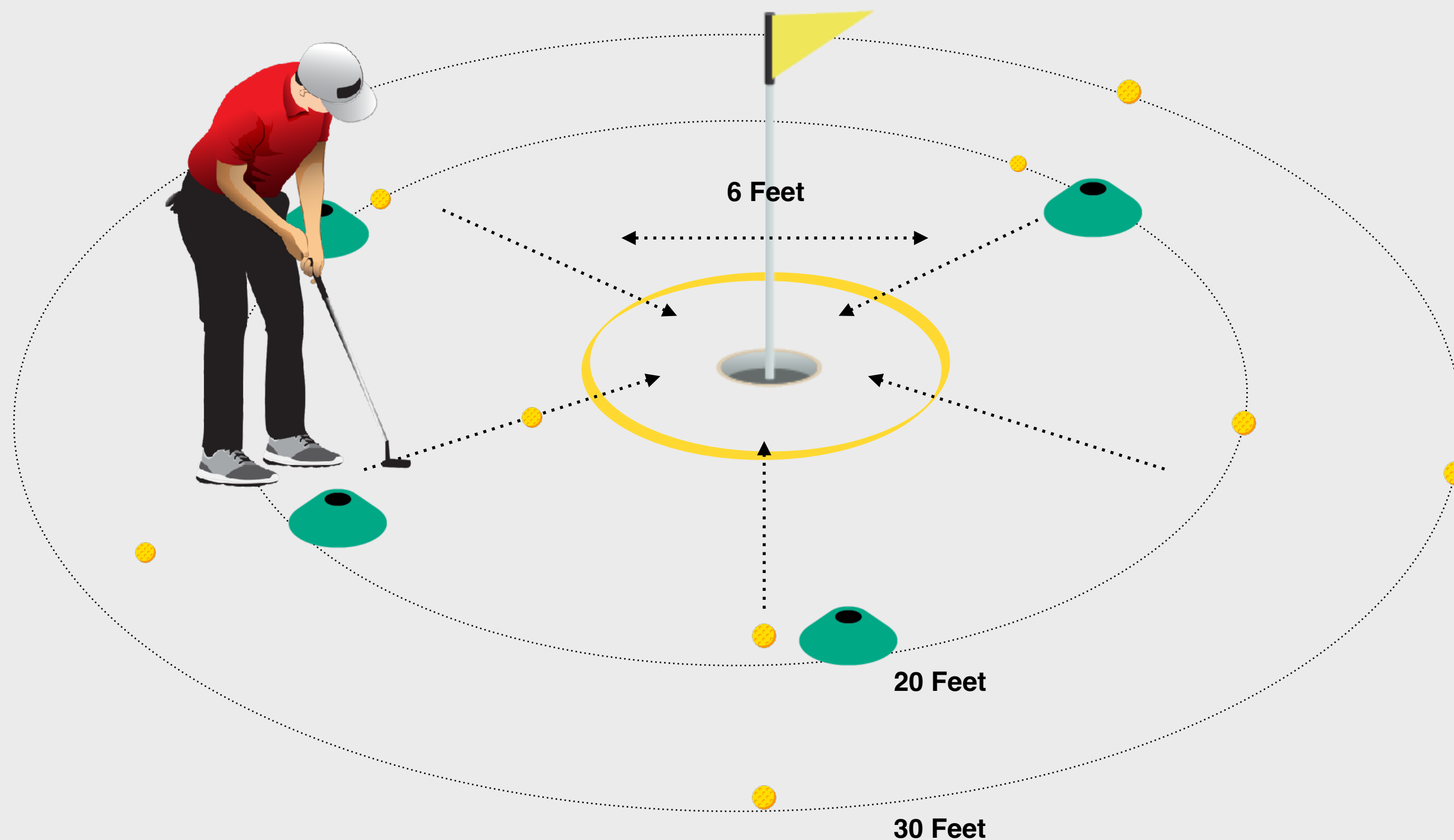
- 15 x Colored Cones
- 15 x tee pegs
- Hole on the Green
- 6 Foot Diameter Hoop



Setting out the Challenge

- Hole should be selected on the putting green on an average sloped surface.
- The 6 foot diameter ring from your equipment bag can be used to mark the 3 foot distance, then additional distance markers can be measured from this.
- 5 tee pegs/cones should be placed around the hole at each distance 3 feet, 6 feet and 10 feet.

Long Putt Challenge Setup



Equipment Needed

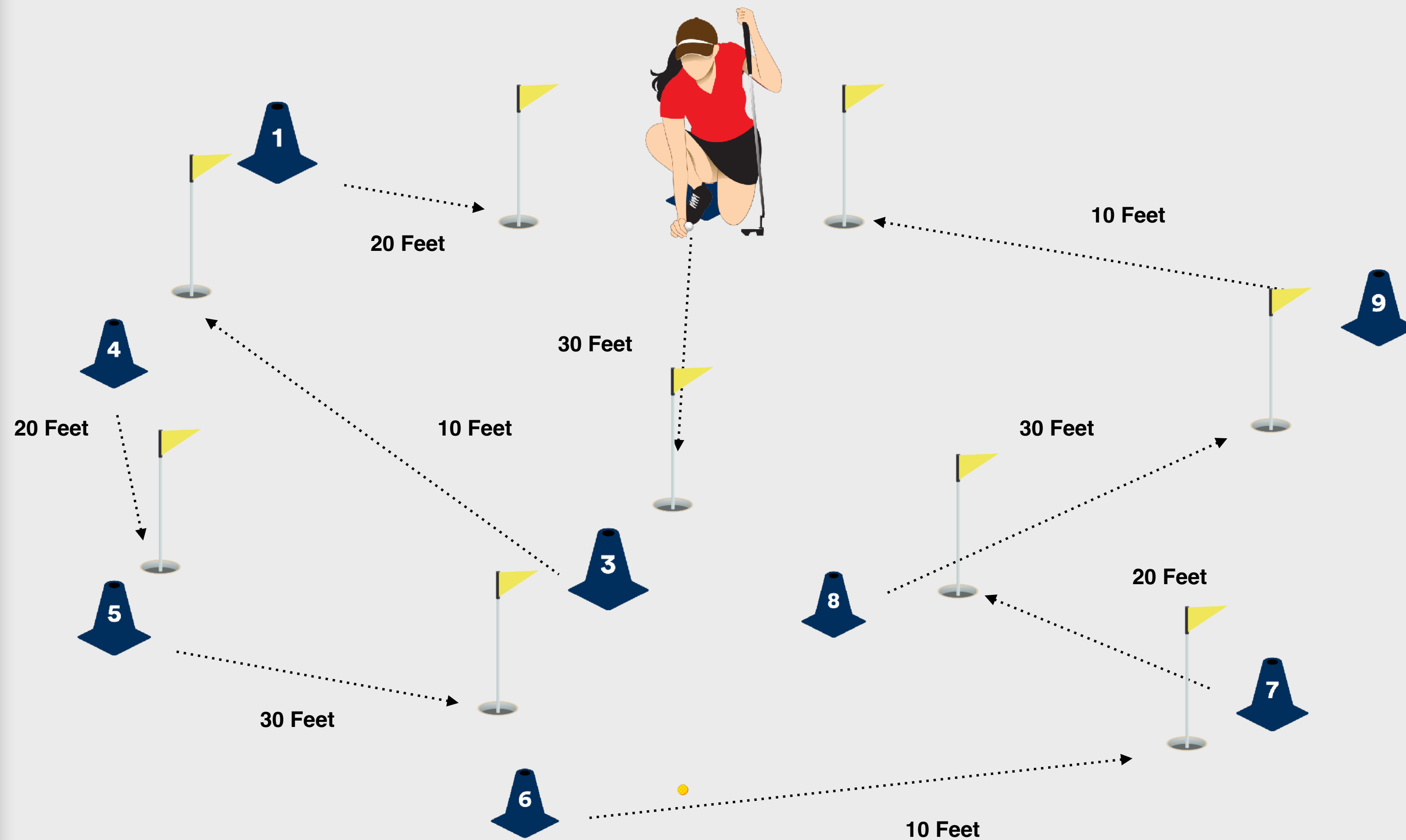
- 10 x Colored Cones
- 10 x tee pegs
- Hole on the Green
- 6 Foot Diameter Hoop



Setting out the Challenge

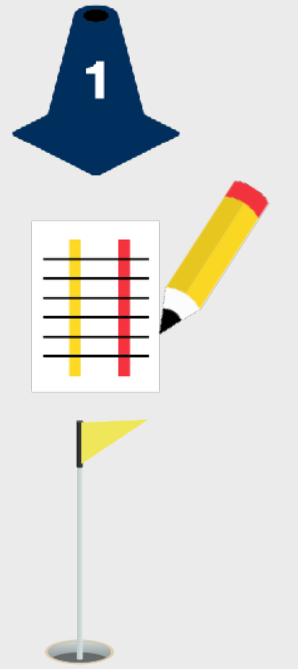
- Hole should be selected on the putting green on an average sloped surface
- The 6 foot diameter ring from your equipment bag can be used to mark the target circle for this challenge
- The 5 distances at 20 feet and 30 feet should be placed using the 10-foot markers as a guide
- 5 tee pegs/cones should be placed around the hole at each distance 20 feet and 30 feet

Scoring Challenge Setup



Equipment Needed

- 9 x Numbered Starting Cones
- Scorecard and Pencil
- 9 x Holes on the Green



Setting out the Challenge

- 9/18 holes should be selected on the putting green on an average sloped surface
- 3 cones are placed opposite 3 holes at 10 feet, 3 cones at 20 feet and 3 cones at 30 feet
- Students can attempt the challenge depending on the scoring level they are on by playing the required number of holes and distances

Practice Stations and Game Cards

9 Practice Club Swing - Tee Shots

Down the Tunnel

Ball to Target Line
Alignment Stick

Equipment Needed

- Tees
- Driver
- Alignment Sticks

How to Practice

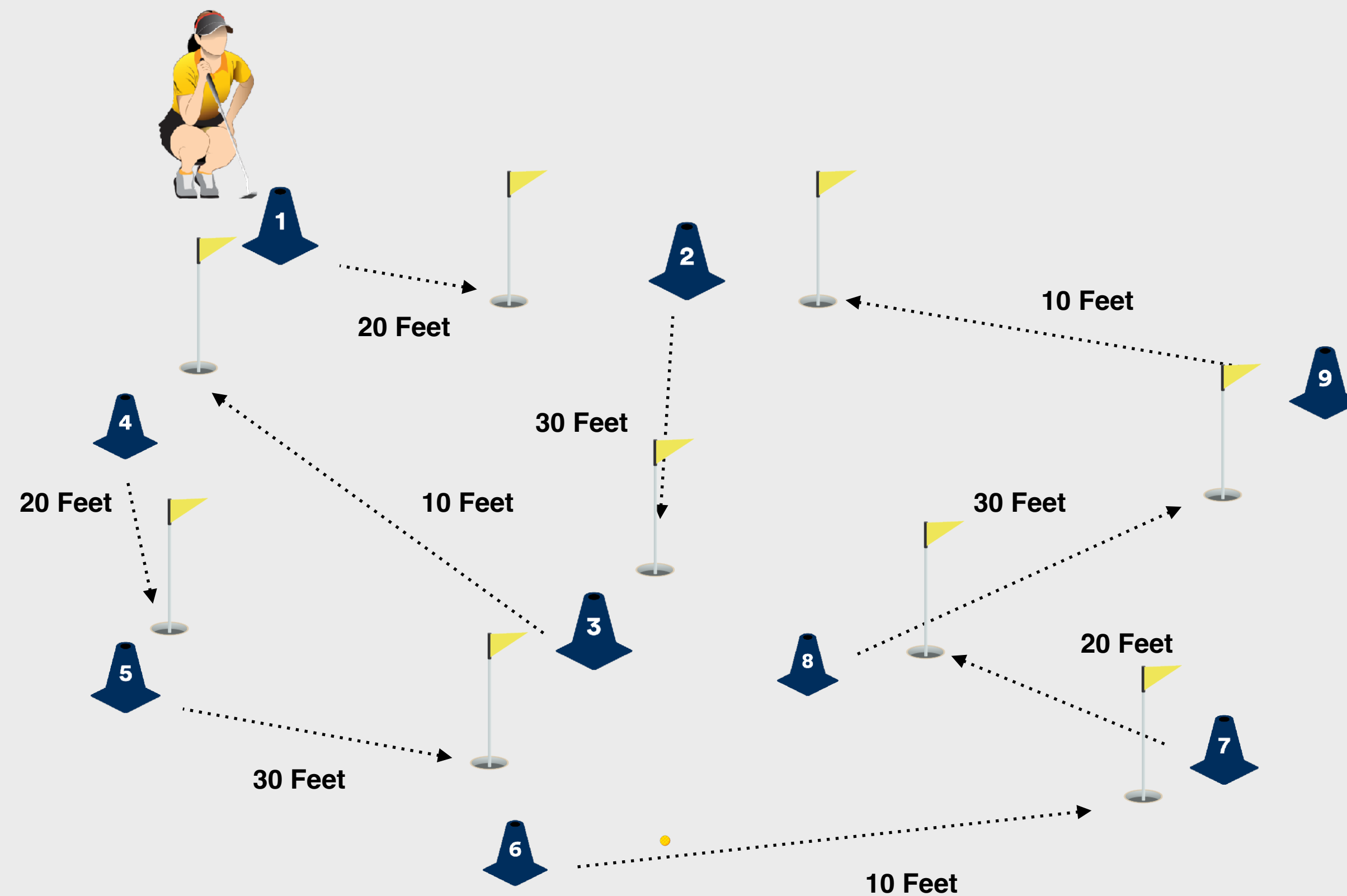
- Students should place an alignment stick on the ball to target approximately 5-10 yards ahead of where the ball is tee'd
- The student will then have a better perspective of what a line is from their address position
- The student then place an alignment stick either side of the ball at a safe distance away parallel to the ball to target line
- The student should experiment with what it feels like to get the club head travelling through the alignment stick tunnel
- The student should then alter the alignment sticks so they are to the right of the target, but parallel to one another
- The student should experiment with getting the club to travel through the alignment sticks and see the resulting ball flights

Technical Link

- This activity will help the student to understand how the direction of the club head through impact effects the trajectory of the ball

ORBISgolf™

Cup Putting



Equipment Needed

- Putter
- Cones

How to Practice

- Using the 9 hole challenge layout create two competitive teams within the group
- Pair up the individuals within each team and get them to play the 3 formats of the team competitions including:
 - Fourball Better Ball, Foresomes and Singles
- The winning pair or single will win 1 point with a halve worth 0.5 points
- The team with the most points wins

Technical Link

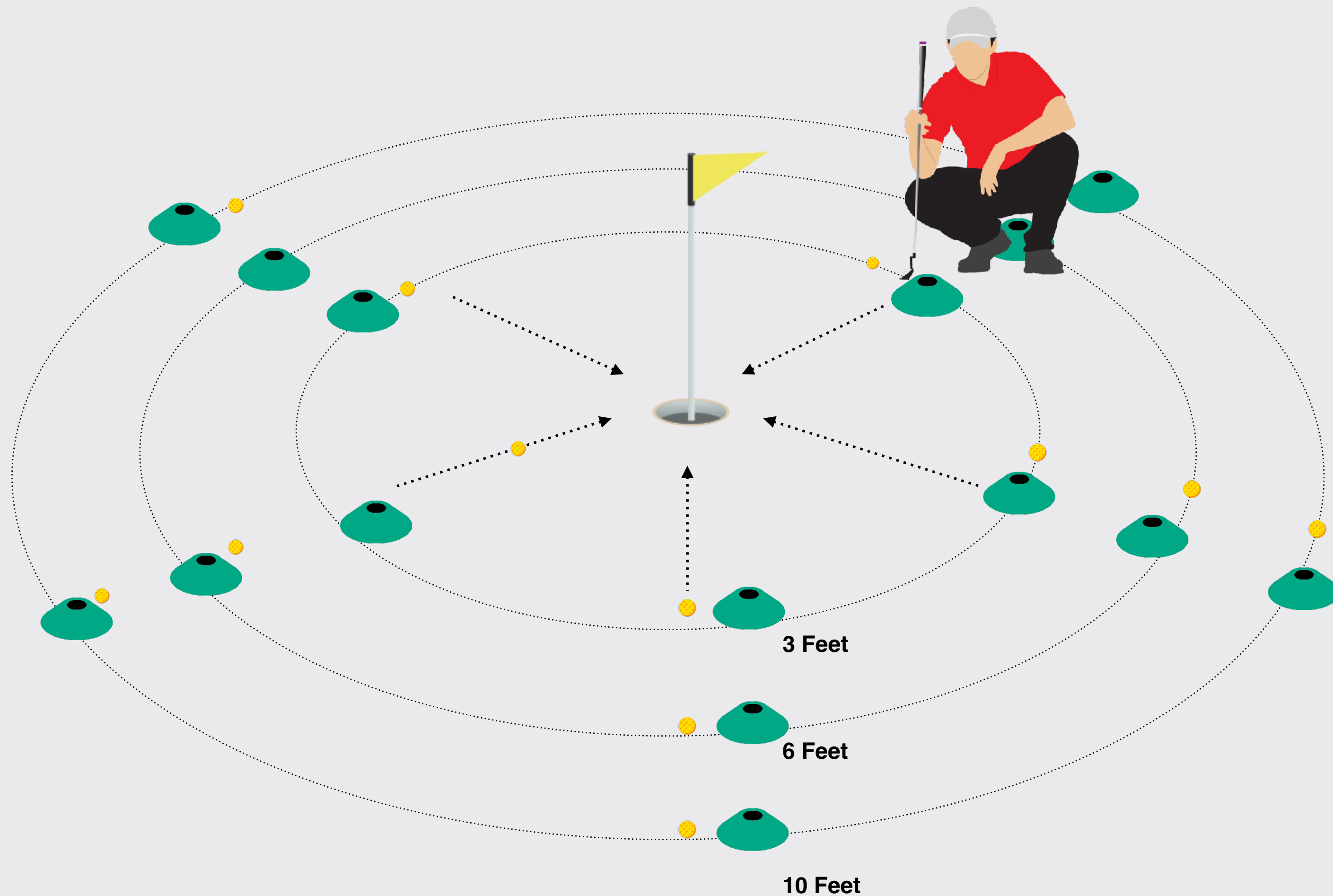
- This activity will create a competitive environment for students to practice their putting under pressure

Scoring Goal Challenges

Putting



Short Putt Challenge



Attempting the Challenge

- Hit 10 putts in a random order from each starting position from five positions around the hole
- Record the result of each attempt on the Challenge Scorecard.

The Challenge

- Hole out from starting positions 3 feet, 6 feet and 10 feet from the hole. You should attempt 10 putts from each distance and putts must be taken evenly from 5 different positions around the hole on a gently sloped surface.

What to do Next:

- On the GLF. Connect App, mark the challenge as complete for the scoring goal you complete.

100

6/10 putts made from 3 feet
4/10 putts made from 6 feet
1/10 putts made from 10 feet

90

7/10 putts made from 3 feet
5/10 putts made from 6 feet
2/10 putts made from 10 feet

85

7/10 putts made from 3 feet
6/10 putts made from 6 feet
3/10 putts made from 10 feet

80

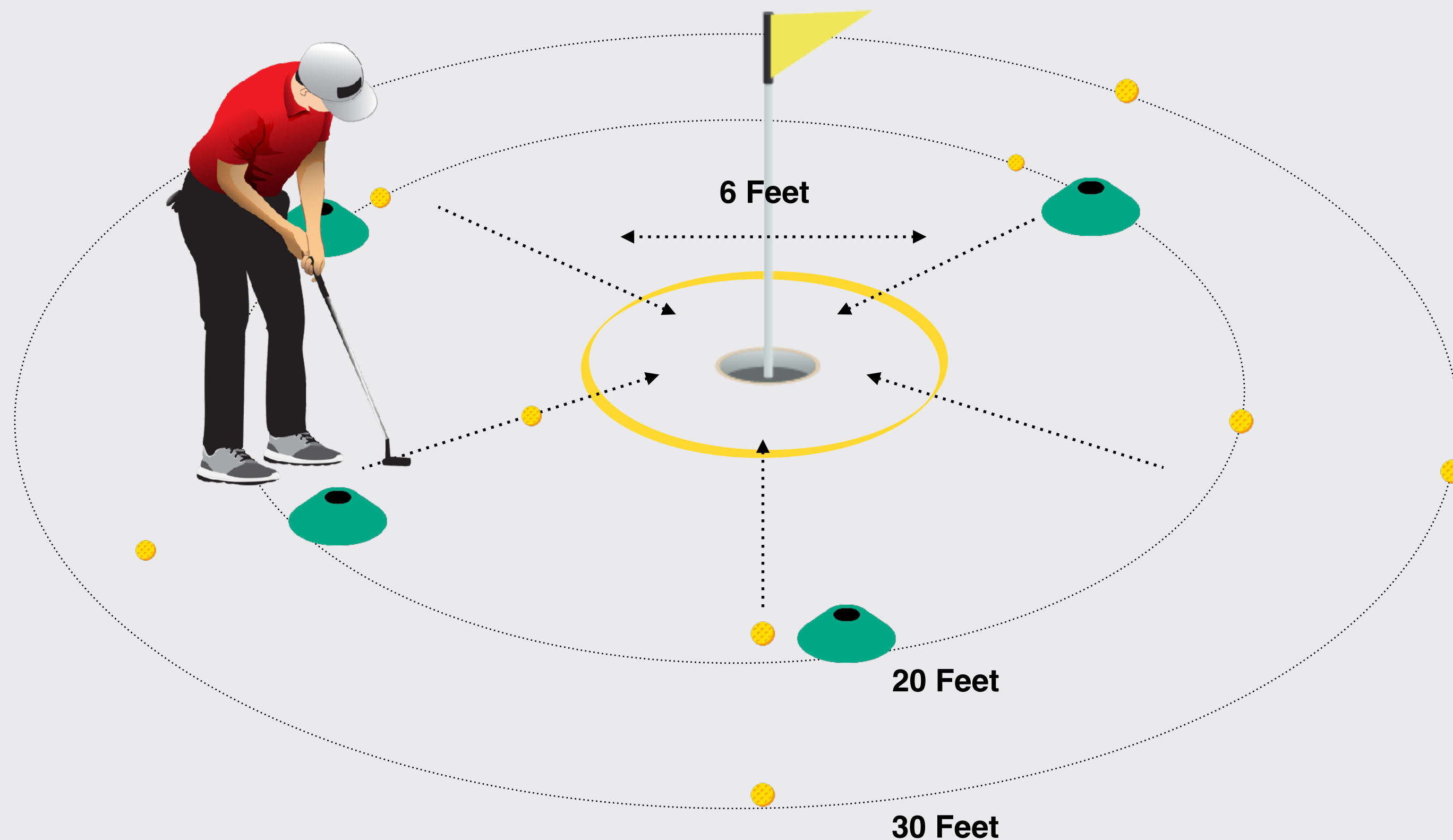
8/10 putts made from 3 feet
6/10 putts made from 6 feet
4/10 putts made from 10 feet

75

9/10 putts made from 3 feet
7/10 putts made from 6 feet
5/10 putts made from 10 feet



Long Putt Challenge



Attempting the Challenge

- Hit 10 putts in a random order from the two starting positions from five positions around the hole to finish within the target circle.
- Record the result of each attempt on the Challenge Scorecard.

The Challenge

- Putt the ball to within 3 feet of the hole from distances of 10 feet, 20 feet and 30 feet. You should attempt 10 putts from each starting position and putts are attempted evenly from 5 different positions around the hole.

What to do Next:

- On the GLF. Connect App, mark the challenge as complete for the scoring goal you complete.

100

5/10 putts in target circle from 20 feet
4/10 putts in target circle from 30 feet

90

6/10 putts in target circle from 20 feet
5/10 putts in target circle from 30 feet

85

7/10 putts in target circle from 20 feet
6/10 putts in target circle from 30 feet

80

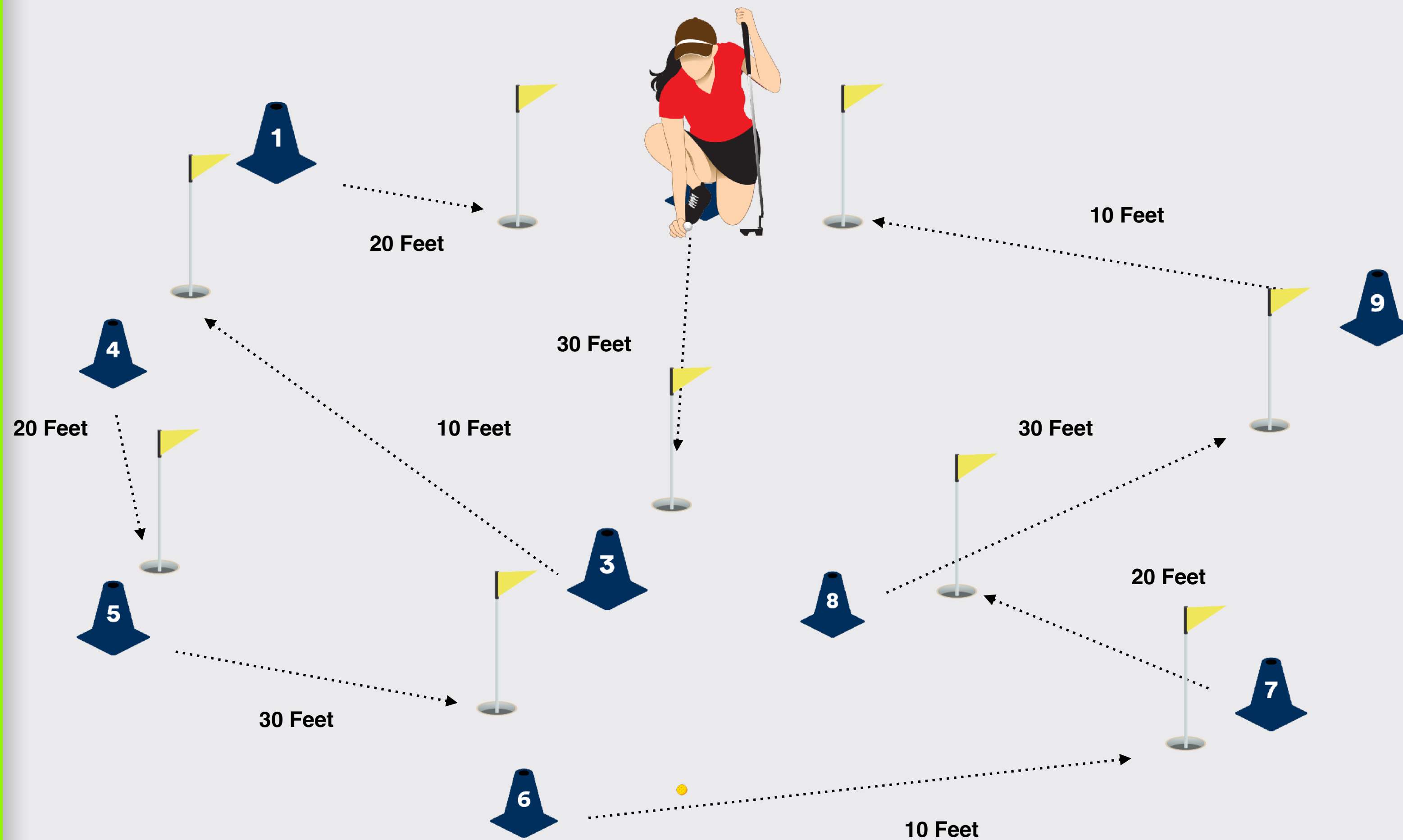
8/10 putts in target circle from 20 feet
7/10 putts in target circle from 30 feet

75

8/10 putts in target circle from 20 feet
7/10 putts in target circle from 30 feet



Scoring Putt Challenge



Attempting the Challenge

- Play 18 holes around the green completing six holes from three different starting distance in a random order.
- Record the total number of putts for each hole on the Challenge Scorecard.

The Challenge

- Complete an 18 hole circuit on the green attempting 6 putts from a starting position 10 feet from the hole, 6 putts from 20 feet and 6 putts from 30 feet from the hole.

What to do Next:

- On the GLF. Connect App, mark the challenge as complete for the scoring goal you complete.

100

Score 42 putts or less over 18 holes

90

Score 40 putts or less over 18 holes

85

Score 38 putts or less over 18 holes

80

Score 36 putts or less over 18 holes

75

Score 34 putts or less over 18 holes

