# **Become a Short Game Wizard** Wizard - Knock it Close

Spin and Speciality Shots

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# **Class Timetable**

4	Skills Pathway Becon Class Ti Session Length: 60 Mins	<b>Skills Pathwa</b> Become a Sh Wizard	<b>Y Name:</b> ort Game	
	Time Fo	Setup and Welcome	Outline the 12 session	ractice stations of your prefere articipants 5 minutes before the s that make up the 'Becoming' challenge and how this will help he game and attempt the pract opt the Scoring Challenge
	10 mins	Introduction Practice Stations Game Station Independent Pract	Explain how to atten     Explain how to atten     Introduce and reinf     Instruct students to     Students attempt     Game station can     ortunity for s	brown of the second of the second of the second of the second of the stations of the practice stations based around the statempted individually or in tudents to attempt the scoring
	20 mins 5 mins	Scoring Challeng	Opportunity to      Opportunity to     Opportunity to     Introduce and	reinforce the technical learning reinforce the technical focus p onts to rotate around the station
	20 mins	Practice Station Game Station Independent Scoring Char Media on G	Practice Ilenge . Students at Game statio Opportunity . Add any le	ents to rotate around the out- empt the practice stations base in can be attempted individually for students to attempt the sco esson media to the student's St ents to update the GLF. Connect a after the class has finished to a of the next ne

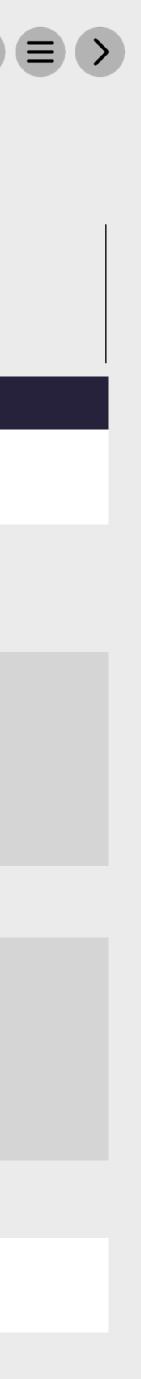




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# **Class Timetable - Week 3**

<b>Session</b> <b>Length:</b> 60 Mins	<b>Group</b> Size: 1:8		<b>way Name:</b> Short Game	Skills Pathway Topic: Knocking it Close	<b>Skills Pathway Stage:</b> Wizard	Class Focus Spin and Speciality Sho	ots Bunker Cha	•
Time	Focus		Class Content				Games / Drills / Re	esource
15 Mins Prior	Setup an	<ul> <li>Setup and Welcome</li> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>		ecific class	<ul> <li>Class Layout and Setup</li> </ul>			
5 mins	Introduct	ion	<ul> <li>Outline the focus of the session and give a broad content overview of what will be covered</li> <li>Link this to the class focus from the previous weeks</li> </ul>					
25 mins			<ul> <li>Introduce and reinforce the technical focus points to students attending</li> <li>Briefly explain how to attempt the Scoring Goal Challenge</li> <li>Explain how to attempt the Practice Games and Stations</li> <li>Instruct students to rotate around the stations</li> <li>Opportunity to provide private coaching during Free Practice Stations</li> <li>Game stations and Scoring Goal Challenge can be attempted individually or in pairs</li> </ul>				<ul> <li>Angle of Attack</li> <li>Quick Sand</li> <li>Sandy Set Up</li> <li>Higher or Lower</li> <li>Bunker Challenge</li> </ul>	
5 mins	Breakout	Session	<ul> <li>Opportunity to engage in group discussion and questions</li> <li>Opportunity to reinforce the technical learning outcomes</li> </ul>					
20 mins			<ul> <li>Opportunity to re-cap on the technical points, introduce any additional information and discuss any questions from the group</li> <li>Instruct students to continue to rotate around the stations</li> <li>Opportunity to provide private coaching during Free Practice Stations</li> <li>Opportunity for students to continue to attempt the Game stations and Scoring Goal Challenge</li> </ul>			<ul> <li>Angle of Attack</li> <li>Quick Sand</li> <li>Sandy Set Up</li> <li>Higher or LowerBunker</li> <li>Bunker Challenge</li> </ul>		
5 mins	Media on	n GLF. Connect	<ul> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge</li> </ul>			<ul><li>GLF. Connect App</li><li>Challenge Scorecard</li></ul>		
15 Mins Post	Relations	hip Building	<ul> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the next skills pathway class</li> <li>Opportunity to upsell private lessons or additional programs to those that require additional help</li> </ul>				GLF. Connect App	



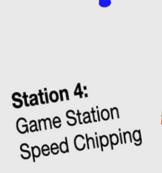
# **Class Objectives and Setup**

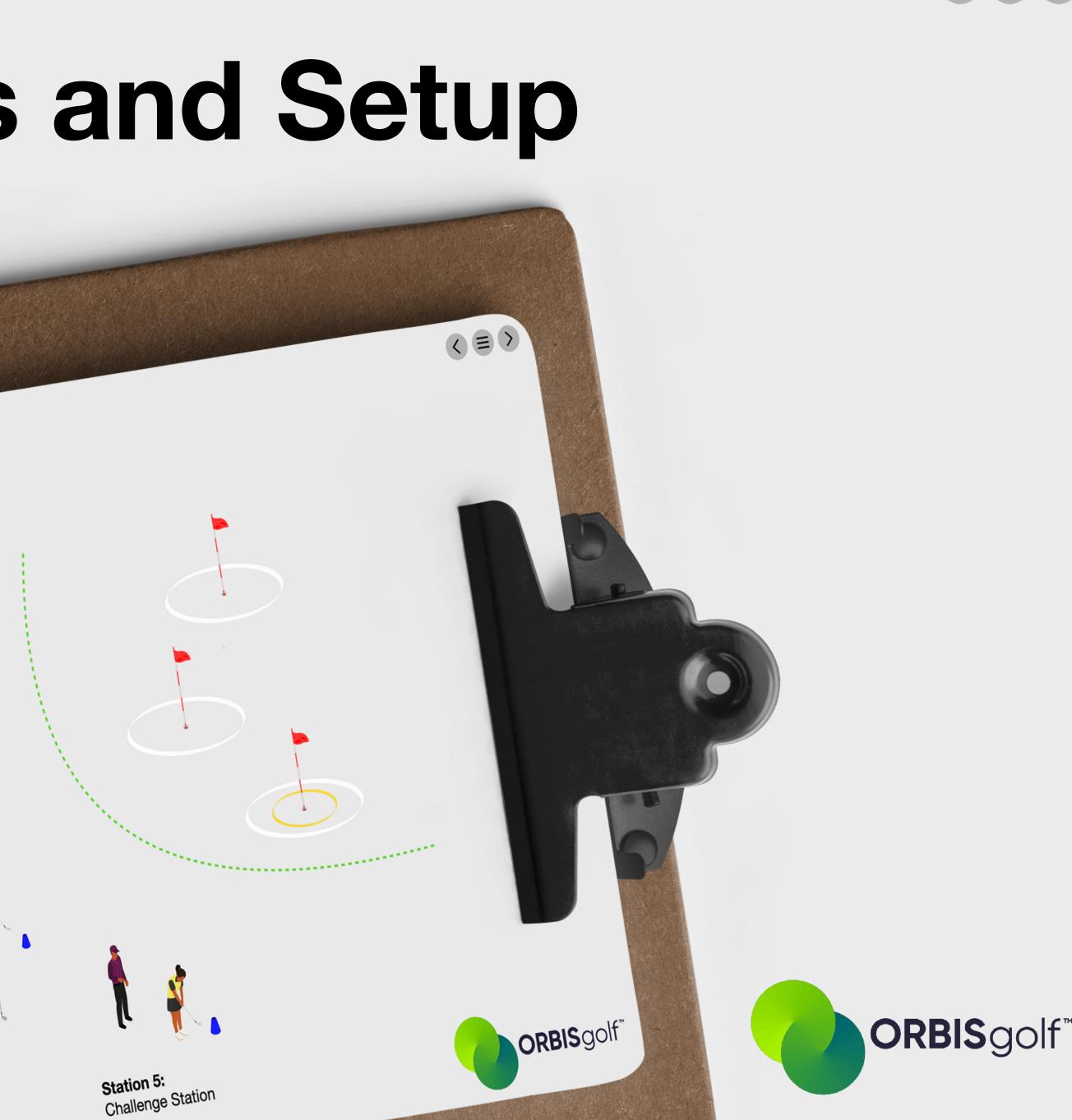
Skills Pathway Become a Short Game Wizard Example Class Layout and Setup

> Station 1: Practice Station Ball position and Shaft Position

> > Station 2: Practice Station Attack Angle

> > > Station 3: Practice Station Strike Point





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# **Technical Guidance**

The technical guidance we are prescribing is to be delivered as you see fit, you should use your experience, preferences and be sure to link your technical advice to how this will help students to improve their skill of spin and speciality shots to knock it close. Some of technical content you may want to explore in this first session may include:

- **Spin -** Outline some methods of how to manipulate spin from the bunker which may include:
  - Introduce to the students how to add or remove spin on the golf ball •
  - Discuss the process of varying the spin of a bunker shot using different techniques or changing clubs •
  - Outline what influences spin with a bunker shot including: lie, club selection, ground conditions and strike •
  - Explain how setup and technical elements can be varied to influence flight control such as shaft position and lean •
  - Describe how the golf ball can play a vital role in the spin produced •
  - Highlight where spin can be utilised, where it isn't useful and what impact conditions impact creating spin •
- Specialist Shots Outline some of the adverse lies in the bunker that will require special adjust by students which may include:
  - Plugged Lie •
  - Ball above feet ۲
  - Ball below feet •
  - Ball high in the bunker face
  - Vary depths and types of sand



Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.





### **Example Class Layout and Setup**

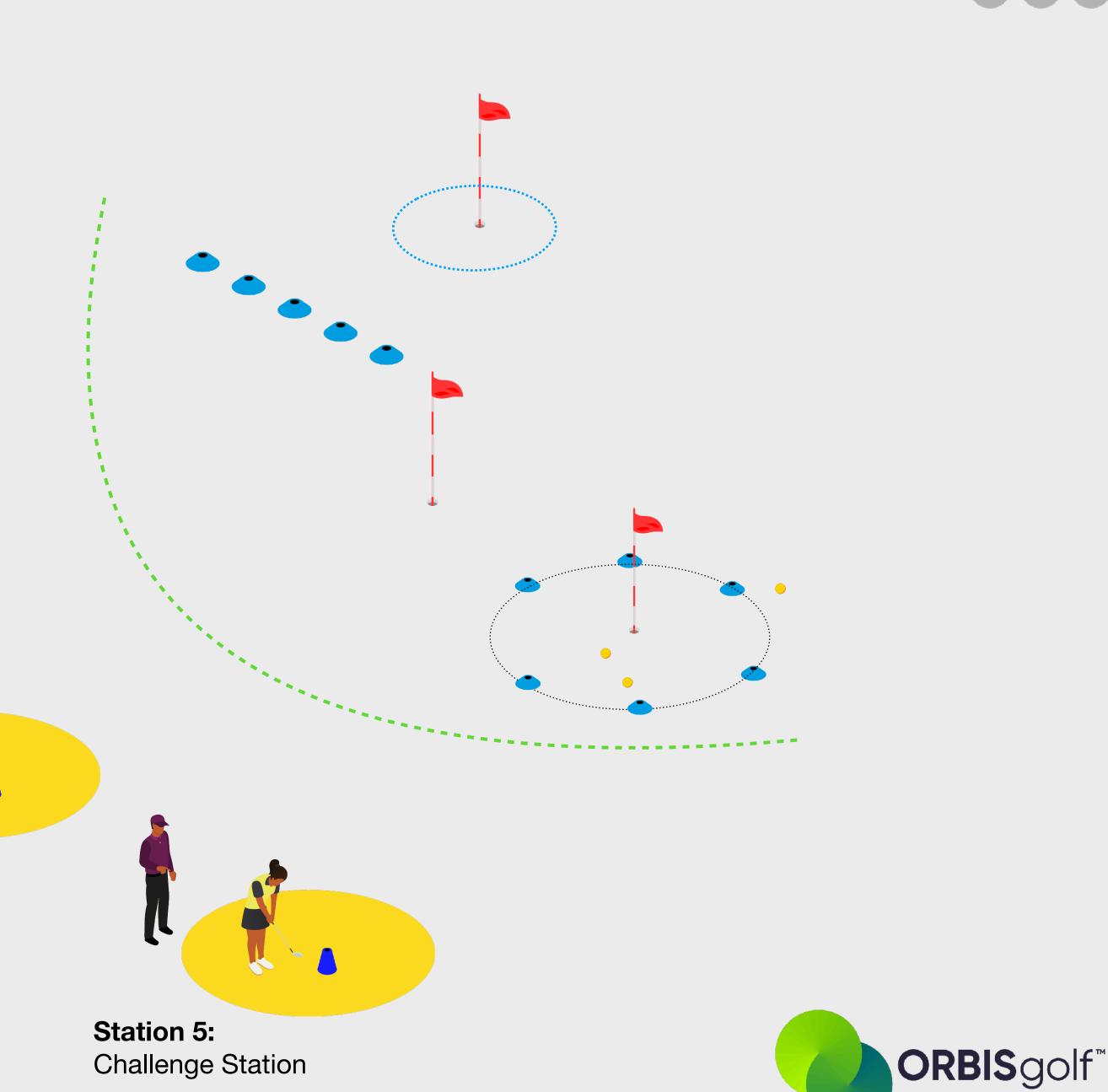
Station 1: Practice Station Angle of Attack

Station 2: Practice Station Quick Sand

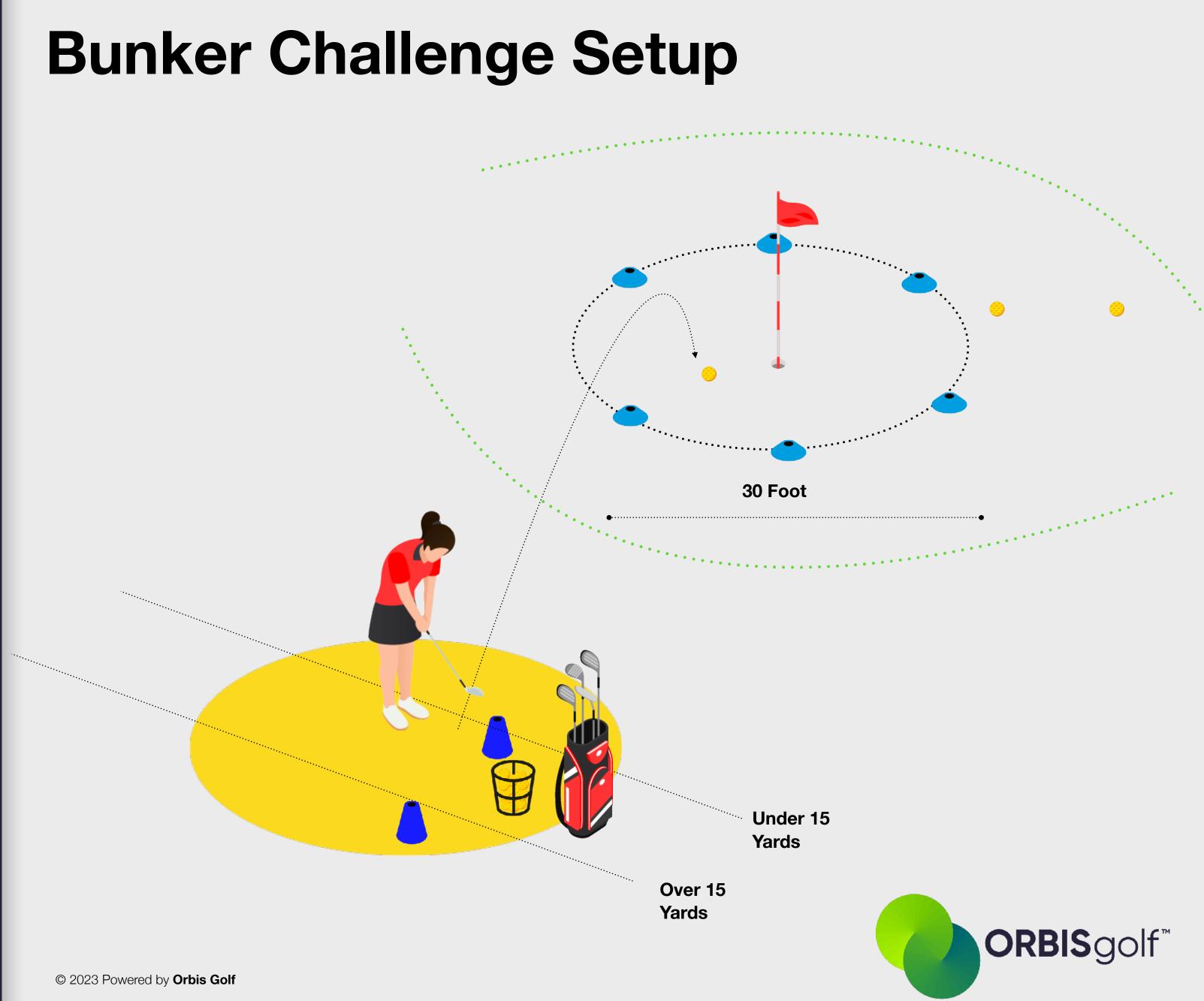
> Station 3: Practice Station Sandy Set Up



Station 4: Game Station Higher or lower... Bunker

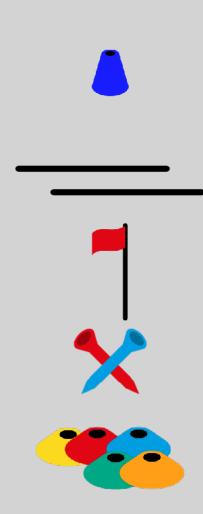






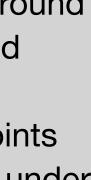
#### **Equipment Needed**

- 2x Marker cones
- 2x Alignment Sticks
- 2x Flagstick
- Tee Pegs
- 6x Colored Cones



#### **Setting out the Challenge**

- Create a 30 foot diameter target circle around the flag/alignment stick using the colored cones
- Using marker cones create 2 starting points positioned in the bunker at distances of under 15 yards and over 15 yards

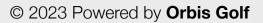


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# **Practice Stations and Game Cards**



Skills Pathway Become a Short Game Wizard Ball Position / Shaft Position



#### Equipment Needed

- Wedge
- Marker Cone

#### How to Practice

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- Ask the students to chip balls from around 15 yards Students should vary the ball position at set up from
- back of their stance to the centre of their stance and finally move towards the front of their stance Allow the students to see how changing the ball pos
- can affect the initial trajectory and strike of their chip After exploring ball position, the students should kee
- ball position consistent, but explore changing the for lean of the shaft and the vertical position of the shaft

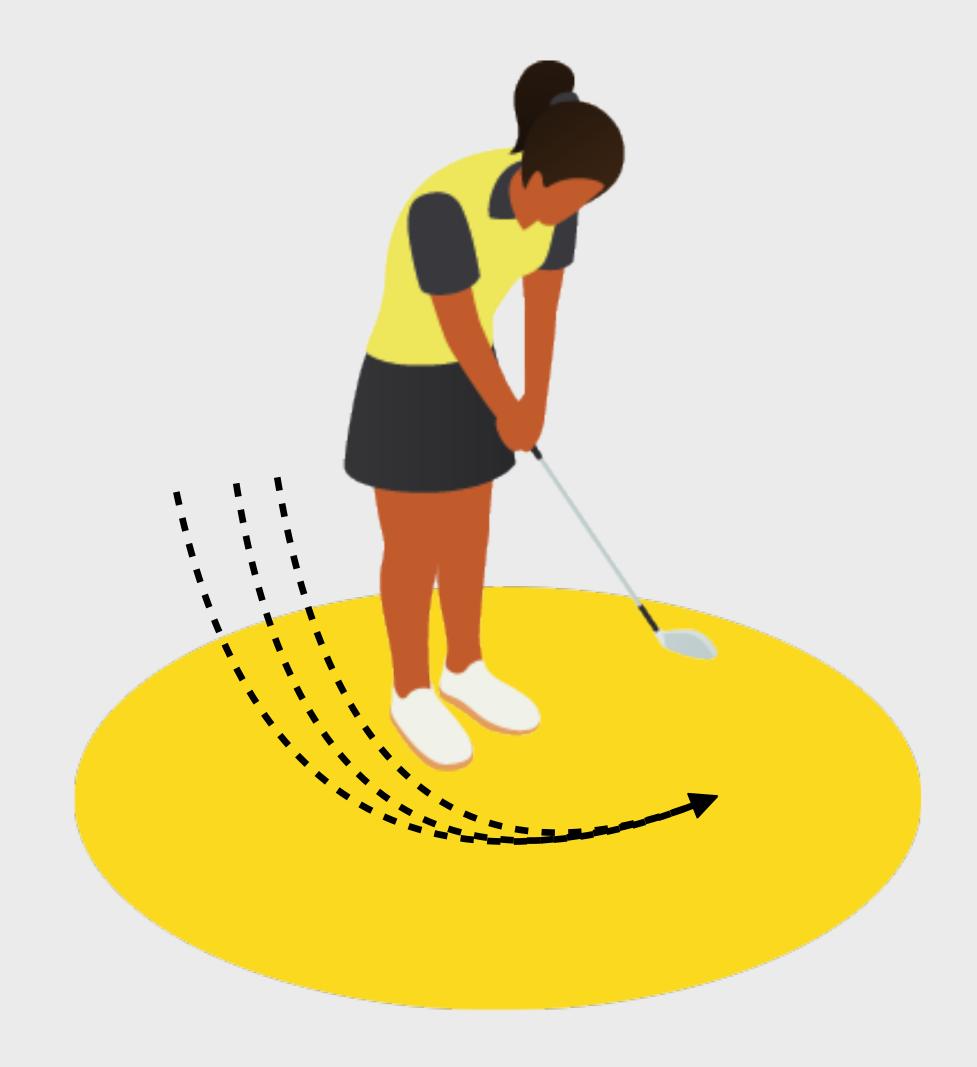
#### **Technical Link**

 This activity will help the students to understand hov changing the ball position and shaft position at addr can affect the trajectory and strike on the ball

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## **Angle of Attack**





#### **Equipment Needed**

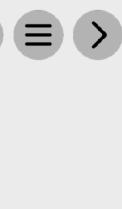
• Wedges

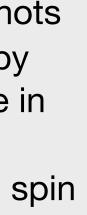
#### **How to Practice**

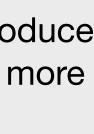
- Ask the student to alter their angle of attack from bunker shots
- Students should experiment with varying the attack angle by steepening and shallowing it and focus on how this change in attack angle affects the balls flight and spin
- Once they have found the optimal attack angle for creating spin they should move on to the next club and see how the flight and spin is affected whilst maintaining the same technique

- This activity will help the students to understand how to produce a consistent contact, manipulate flight and how to achieve more or less spin through altering the attack angle
- The change in clubs throughout the activity will give the students a greater understanding of how loft can assist in gaining spin



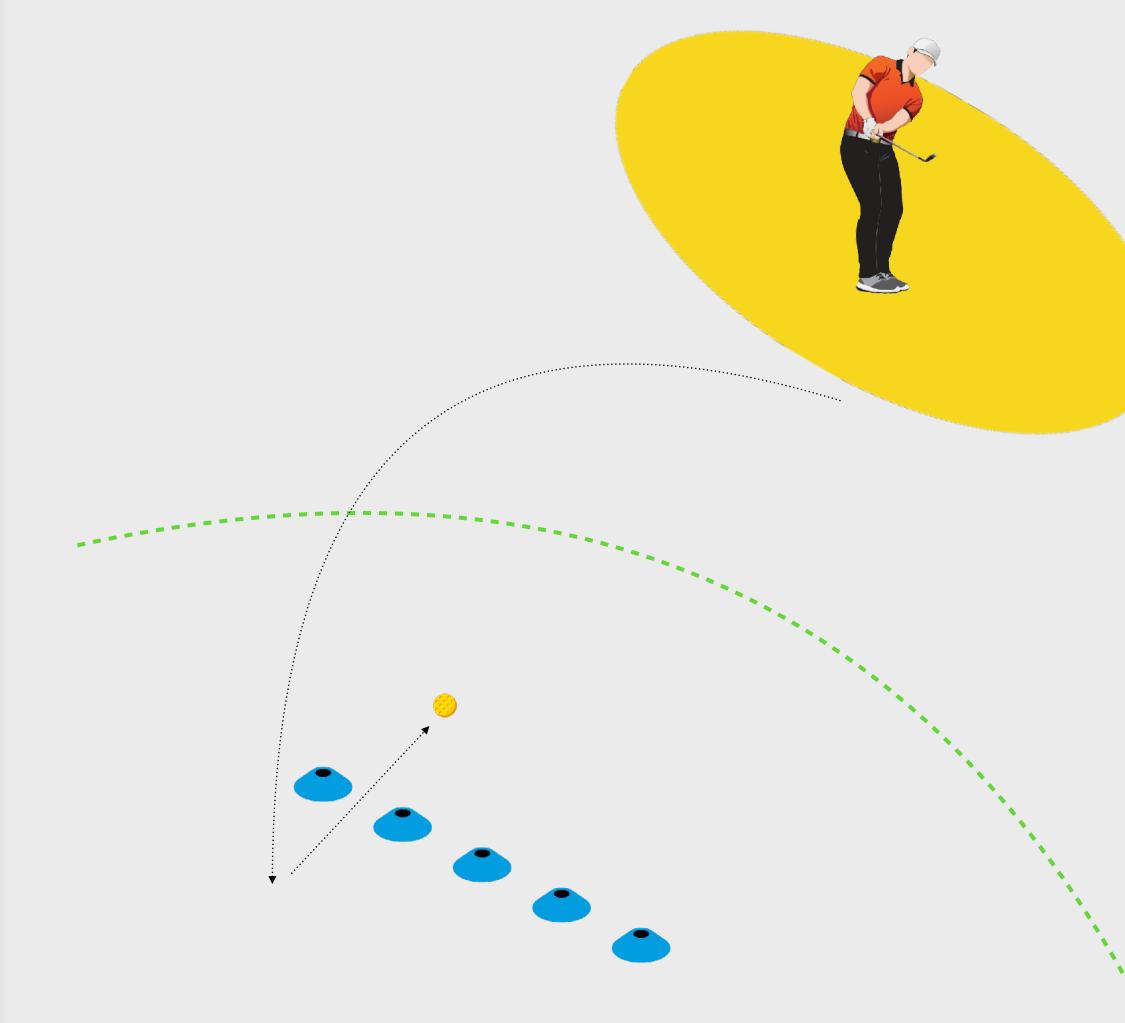








## **Quick Sand**





#### **Equipment Needed**

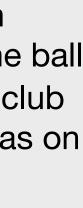
- Sand Wedge
- 5 x Cones

#### **How to Practice**

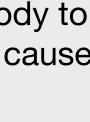
- Position the student in a bunker on the edge of the green
- This activity is all about getting speed through the sand when striking the ball out of the bunker in order to create spin on the ball
- Ensure students experiment with having an open and closed club face when performing this drill to understand the effect this has on spin
- The aim when they are attempting these high speed shots is to produce enough spin to land it after the cone line and spin it back before the cone line

- A key factor when attempting the bunker shot is to use the body to accelerate through the ball because a halt in momentum can cause digging rather than a glide through the sand
- If speed is applied with an open club face then and the correct set up then spin will be imparted on the ball that can cause it to spin back shorter than it's landing distance



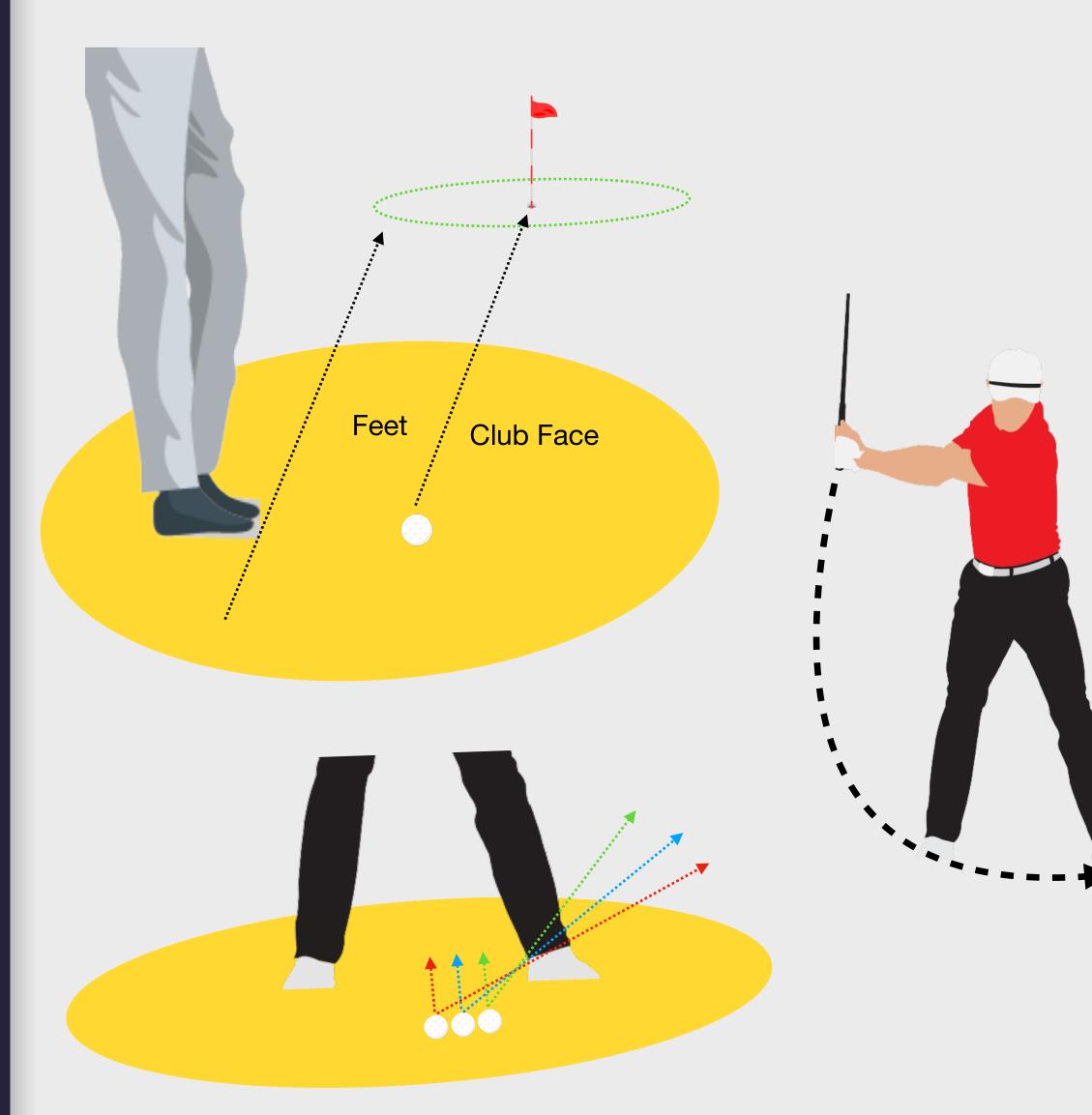








# Sandy Set Up





#### **Equipment Needed**

• Wedge

#### **How to Practice**

- Position several balls in a bunker round the edge of the green
- Ask the student to attempt shots to the pin from the varying lies to experience the effect they have on the bunker shot
- Before each shot the student must go through a five factor set up check list that includes:
  - Shaft Lean (Lower Hands)
  - Swing Length
  - Ball Position
  - Face Direction
  - Body Alignment
- Technical advice must be provided as to what set up adjustments are required to produce higher/lower trajectory shot and more/less spin

- This activity will show the student that speciality shots out of a bunker require changes in set up to achieve them successfully and these changes must be explained
- Students should experiment with performing each of the set up changes to the extreme in order to notice the full effects





# Higher or lower... Bunker!



#### **Equipment Needed**

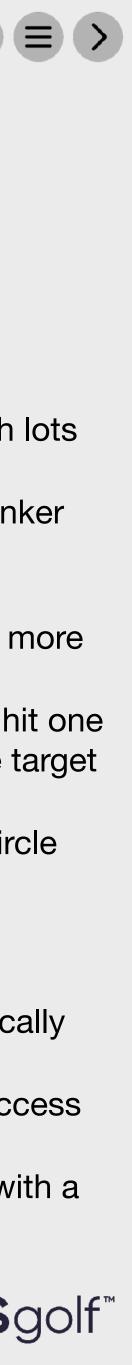
- Wedge
- Hoop or Cones for 6 foot diameter target circle

#### How to Play

- Position the student in a bunker on the edge of the green with lots of green to work with
- Demonstrate to the student two different ways to play the bunker shot
  - Shot 1 with a PW at a lower trajectory with increased roll
  - Shot 2 with a SW at a higher trajectory, with less roll and more spin
- Once the demonstration is over they must take it in turns to hit one high and one low shot, with the intention of finishing it in the target circle
- A point is awarded each time the ball finishes in the target circle

- Outline to the students the benefits of both shots and specifically where each shot would be used on the course
- Explain to the student the potential risks and likelihood of success with each shot
- This activity will test students ability to hit two types of shot with a degree of accuracy and under pressure





# Scoring Goal Challenges Short Game









