

# Become a Tee Shot Wizard

## Master - Hitting More Fairways

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# Developing a Stock Shot



MASTER



ORBISgolf™

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# Class Timetable

Skills Pathway *Become a Tee Shot Wizard*

## Class Timetable - Week 1

**Session Length:**  
60 Mins

**Group Size:**  
1:8

**Skills Pathway Name:**  
Become a Tee Shot Wizard

**Skills Pathway Topic:**  
Avoiding the Big Miss

**Skills Pathway Stage:**  
Graduate

**Technical Focus**  
Understanding Driver Patterns

**Scoring Challenge**  
Driver Challenge

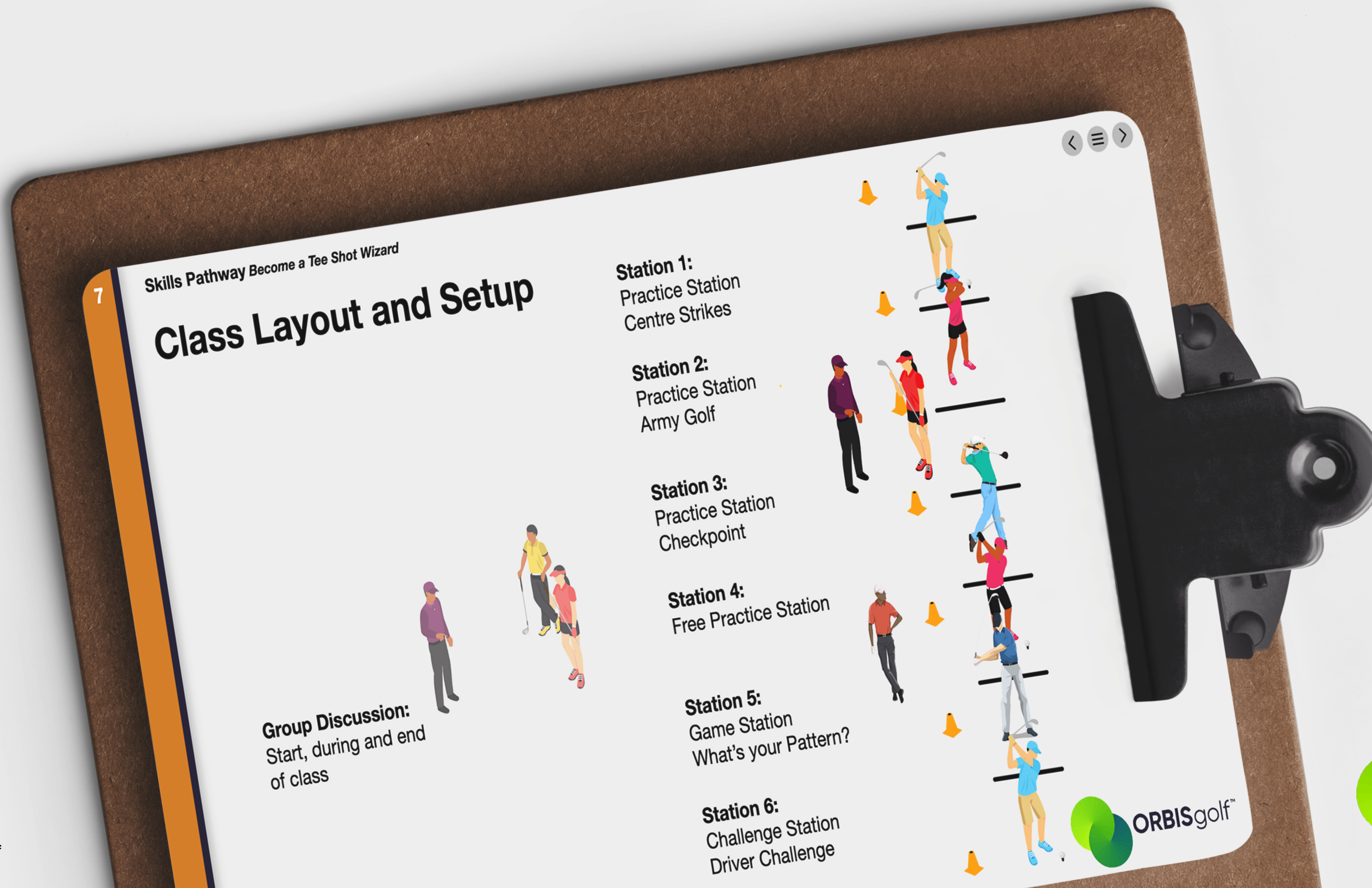
Time	Focus	Class Content	Games / Drills / Resources
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
10 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the 12 sessions that make up the 'Becoming a Driving Wizard' skills pathway and give a broad content overview</li> <li>Describe the scoring challenge and how this will help the students map progress over time</li> <li>Explain how to play the game and attempt the practice station activities</li> <li>Explain how to attempt the Scoring Challenge</li> </ul>	<ul style="list-style-type: none"> <li>Centre Strikes</li> <li>Army Golf</li> <li>Checkpoint</li> <li>What's your Pattern?</li> <li>Driver Challenge</li> </ul>
20 mins	Practice Stations Game Station Independent Practice Scoring Challenge	<ul style="list-style-type: none"> <li>Introduce and reinforce the technical focus points to students attending and provide private coaching</li> <li>Instruct students to rotate around the stations</li> <li>Students attempt the practice stations based around technical focus</li> <li>Game station can be attempted individually or in pairs</li> <li>Opportunity for students to attempt the scoring goal challenge</li> </ul>	<ul style="list-style-type: none"> <li>Centre Strikes</li> <li>Army Golf</li> <li>Checkpoint</li> <li>What's your Pattern?</li> <li>Driver Challenge</li> </ul>
5 mins	Breakout Session	<ul style="list-style-type: none"> <li>Opportunity to engage in group discussion and questions</li> <li>Opportunity to reinforce the technical learning outcomes</li> </ul>	<ul style="list-style-type: none"> <li>Centre Strikes</li> <li>Army Golf</li> <li>Checkpoint</li> <li>What's your Pattern?</li> <li>Driver Challenge</li> </ul>
20 mins	Practice Stations Game Station Independent Practice Scoring Challenge	<ul style="list-style-type: none"> <li>Introduce and reinforce the technical focus points to students attending and provide private coaching</li> <li>Instruct students to rotate around the stations</li> <li>Students attempt the practice stations based around technical focus</li> <li>Game station can be attempted individually or in pairs</li> <li>Opportunity for students to attempt the scoring goal challenge</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> <li>Challenge Scorecard</li> </ul>
5 mins	Media on GLF. Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge</li> <li>Take time after the class has finished to actively connect new students and build relationships.</li> <li>Be aware of the next next skills pathway class</li> <li>Identify those that require additional help</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>

# Class Timetable - Week 3

<b>Session Length:</b> 60 Mins	<b>Group Size:</b> 1:8	<b>Skills Pathway Name:</b> Become a Tee Shot Wizard	<b>Skills Pathway Topic:</b> Hitting More Fairways	<b>Skills Pathway Stage:</b> Master	<b>Class Focus</b> Developing a Stock Shot	<b>Scoring Challenge</b> Driver Challenge
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Time	Focus	Class Content	Games / Drills / Resource
15 Mins Prior	Setup and Welcome	<ul style="list-style-type: none"> <li>Set up the games and practice stations of your preference and the scoring challenges for the specific class</li> <li>Be ready to welcome participants 5 minutes before the session starts</li> </ul>	<ul style="list-style-type: none"> <li>Class Layout and Setup</li> </ul>
5 mins	Introduction	<ul style="list-style-type: none"> <li>Outline the focus of session and give a broad content overview of what will be covered</li> <li>Link this to the class focus from the previous weeks</li> </ul>	
25 mins	Practice Stations Game Station Independent Practice Scoring Challenge	<ul style="list-style-type: none"> <li>Introduce and reinforce the technical focus points to students attending</li> <li>Briefly explain how to attempt the Scoring Goal Challenge</li> <li>Explain how to attempt the Practice Games and Stations</li> <li>Instruct students to rotate around the stations</li> <li>Opportunity to provide private coaching during Free Practice Stations</li> <li>Game stations and Scoring Goal Challenge can be attempted individually or in pairs</li> </ul>	<ul style="list-style-type: none"> <li>1, 2, 3</li> <li>Shallow or Steep</li> <li>What's your Stock?</li> <li>Stocking up the Shot</li> <li>Driver Challenge</li> </ul>
5 mins	Breakout Session	<ul style="list-style-type: none"> <li>Opportunity to engage in group discussion and questions</li> <li>Opportunity to reinforce the technical learning outcomes</li> </ul>	
20 mins	Practice Stations Game Station Independent Practice Scoring Challenge	<ul style="list-style-type: none"> <li>Opportunity to re-cap on the technical points, introduce any additional information and discuss any questions from the group</li> <li>Instruct students to continue to rotate around the stations</li> <li>Opportunity to provide private coaching during Free Practice Stations</li> <li>Opportunity for students to continue to attempt the Game stations and Scoring Goal Challenge</li> </ul>	<ul style="list-style-type: none"> <li>1, 2, 3</li> <li>Shallow or Steep</li> <li>What's your Stock?</li> <li>Stocking up the Shot</li> <li>Driver Challenge</li> </ul>
5 mins	Media on GLF. Connect	<ul style="list-style-type: none"> <li>Add any lesson media to the student's Student Connect area which may include notes, videos and documents</li> <li>Ask Students to update the GLF. Connect App if they have successfully completed a scoring goal challenge</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> <li>Challenge Scorecard</li> </ul>
15 Mins Post	Relationship Building	<ul style="list-style-type: none"> <li>Take time after the class has finished to actively connect new students and build relationships</li> <li>Ensure everyone is aware of the next skills pathway class</li> <li>Opportunity to upsell private lessons or additional programs to those that require additional help</li> </ul>	<ul style="list-style-type: none"> <li>GLF. Connect App</li> </ul>

# Class Objectives and Setup



# Technical Guidance

The technical guidance we are prescribing is to be delivered as you see fit, you should use your experience, preferences and be sure to link your technical advice to how this will help students to with **developing a stock shot to hit more fairways**. Some of technical content you may want to explore in this first session may include:

- **Stock Shot** - Introduce some key factors for a stock shot which may include:
  - Outline the meaning of a stock shot and how this is specific to the student
  - Discuss the benefits of a student having a stock shot
  - Discuss the impact stock shots can have on statistics including fairways hit and then subsequently greens in regulation
  - A stock shot is all about the student finding a more consistent shot that they can trust on the golf course. You will need use your skill as a coach to help the student to minimise an excessive start direction or curvature on the golf ball. To do this you may want to explore:
    - Help the student to find an effective aiming strategy
    - Help the student to understand the optimum club face control for their stock shot
    - Help the student to understand the optimum club path for their stock shot
    - Provide student with specific setup or swing fundamentals specific to them hitting their stock shot



**Keep your technical instruction to less than 5 minutes to allow maximum time for play, practice, and for you to reinforce key skills through individual tuition. Encourage the use of different clubs for practice and exploration of skills through discovery and game-based learning.**



# Class Layout and Setup

**Group Discussion:**  
Start, during and end  
of class



**Station 1:**  
Practice Station  
1, 2, 3

**Station 2:**  
Practice Station  
Shallow or Steep

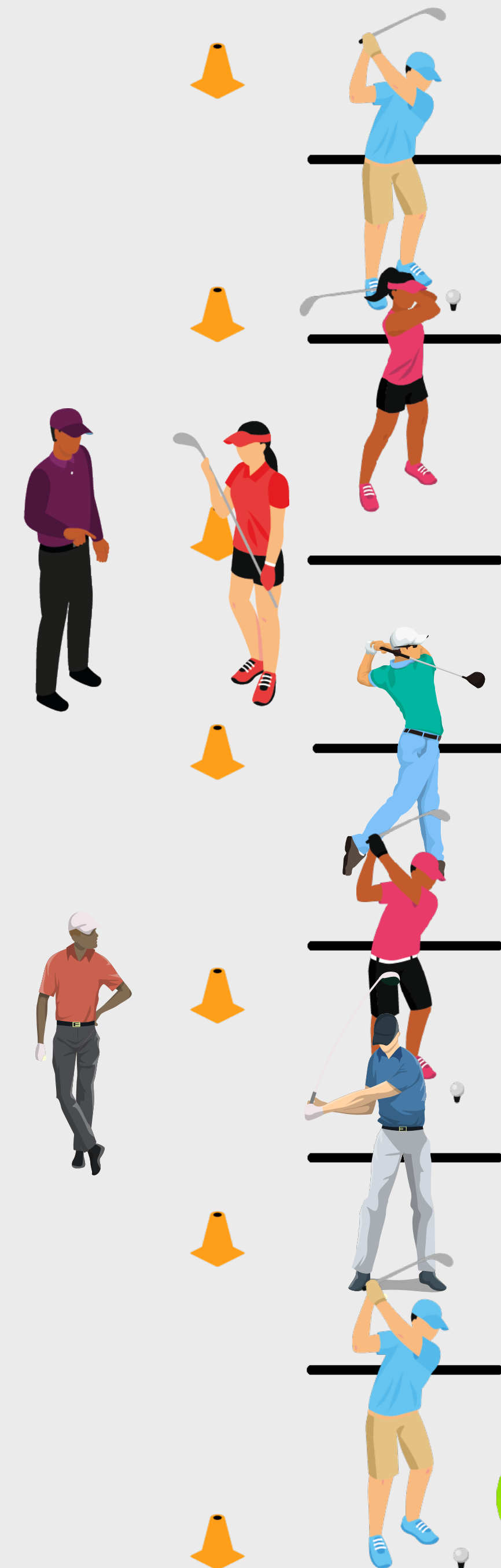
**Station 3:**  
Practice Station  
What's your Stock?

**Station 4:**  
Free Practice Station

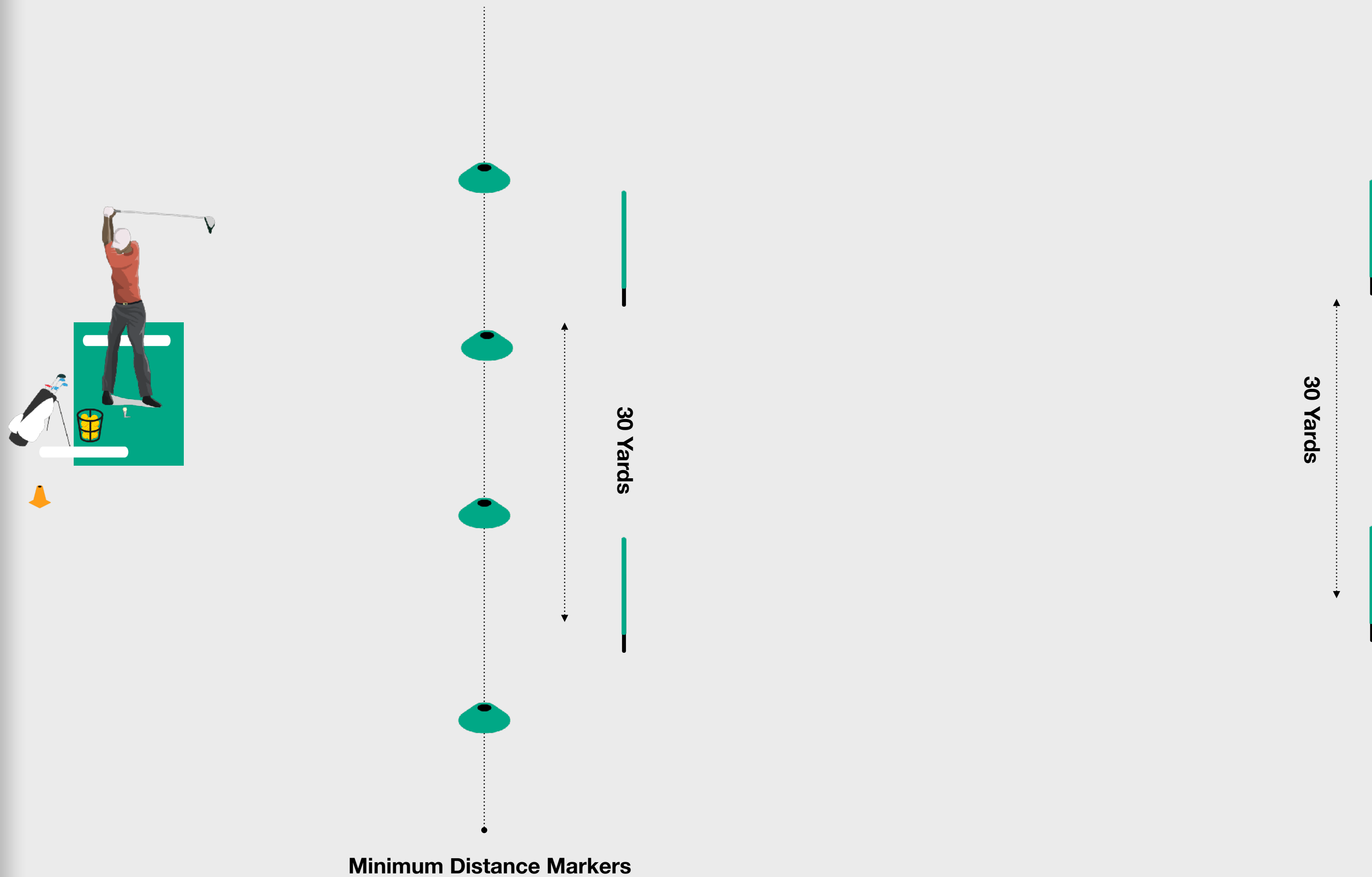
**Station 5:**  
Free Practice Station

**Station 6:**  
Game Station  
Stocking up the Shot

**Station 7:**  
Challenge Station  
Driver Challenge

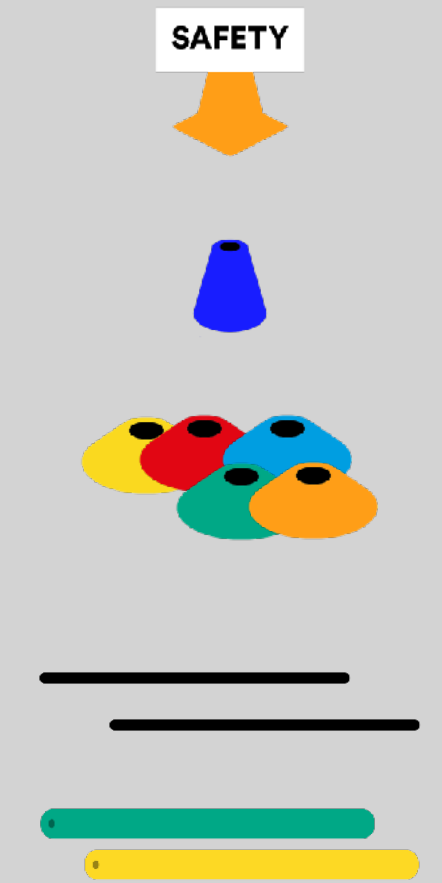


# Driver Challenge Setup



## Equipment Needed

- Orange safety cone
- 1x Marker cones
- Coloured Cones
- 4x Alignment Sticks
- 4x Foam Noodles



## Setting out the Challenge

- Orange cones to mark out a safety line
- Marker cones to represent the tee markers at the challenge station
- Use the cones to mark out the carry distance lines or use features on the outfield
- Alignment sticks with foam noodles should be used to measure the gate 30 yards wide
- Set out all the markers to enable every student to attempt their challenge for their scoring goal.



# Practice Stations and Game Cards

13 Skills Pathway *Become a Tee Shot Wizard*

## What's your Pattern?

**Equipment Needed**

- Driver
- Pencil and Paper

**How to Play**

- Pick a fairway target on the driving range or practice ground
- The student hits 10-20 shots depending on the time available
- The student marks on paper the landing position of each shot relevant to the target
- After all shots have been hit the student will have a dispersion pattern
- The student can re-attempt this using an alternative strategy to compensate for their miss

**Technical Link**

- This activity will help the student to build an awareness of their dispersion patterns and help them produce a plan to improve it
- Knowing their common miss and general pattern should help them adjust their aim on the course

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# 1, 2, 3... 1, 2, 3



## Equipment Needed

- Driver
- Golf balls

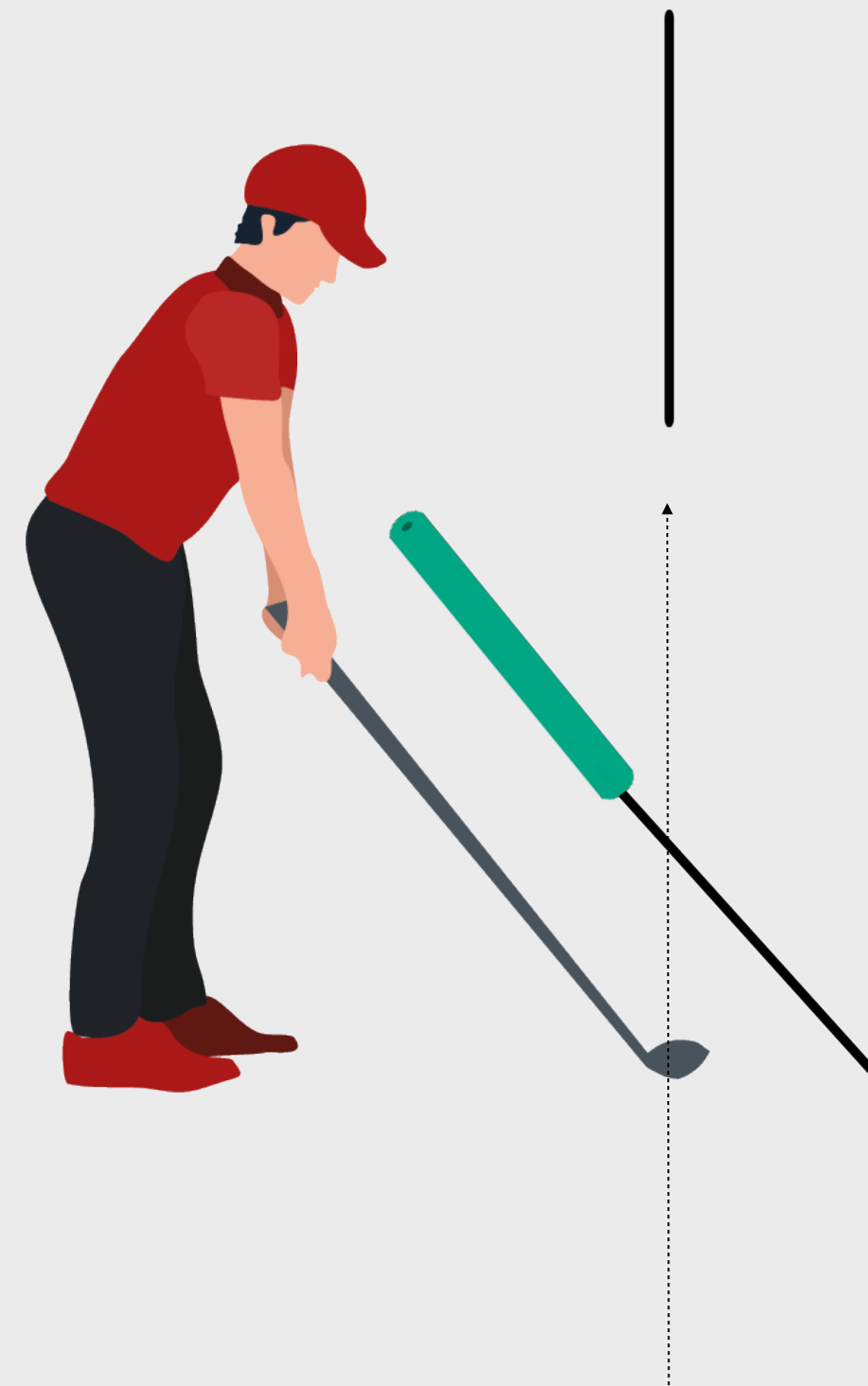
## How to Practice

- Students should understand the importance of rhythm and tempo in their golf swing
- Demonstrate the importance of maintaining a consistent swing speed whilst counting aloud “1, 2, 3”
- Allow the students to speed up and slow down their swing speed and rhythm to see the changes in consistency of strike and shot
- Once they have experimented they should realise what tempo they are comfortable with for a stock shot to produce the most consistent results

## Technical Link

- A good rhythm and tempo during a swing will increase the likelihood of making a good strike on the ball and result in improved consistency, as well as greater distance

# Shallow or Steep



## Equipment Needed

- Alignment Stick
- Foam Noodles
- Driver

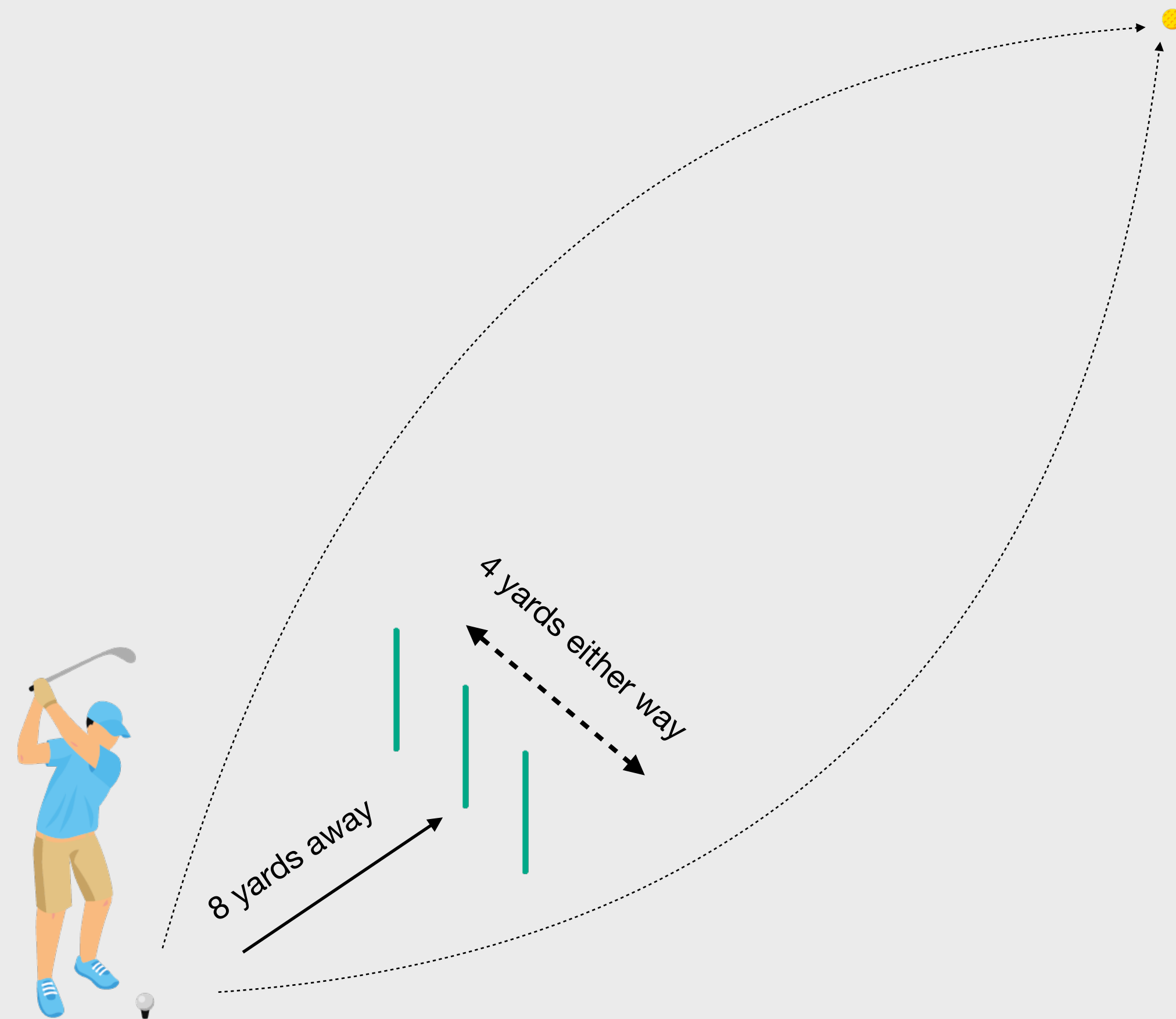
## How to Practice

- Place an alignment stick to mark the ball to target line 5- 10 yards in front of the golfer
- Place another alignment stick with a foam noodle on top in the ground on the outside of the ball to target line adjacent to the golf ball. This is used with a student to encourage a shallower swing plan and club delivery
- Move the alignment stick/ foam noodle in the ground to the inside of the ball to target line but this time a safe distance behind the golfer. This is used to encourage a steeper swing plane and club delivery
- Help the student to experiment with steep/shallow swing directions to understand what is correct for their tendencies and to help them find a feel for their stock shot

## Technical Link

- Understanding this means students will practice the correct motion required to make a golf swing where the club head is moving along the correct swing plane and optimum club head direction through impact

# What's your Stock?



## Equipment Needed

- Driver
- 3x Alignment sticks

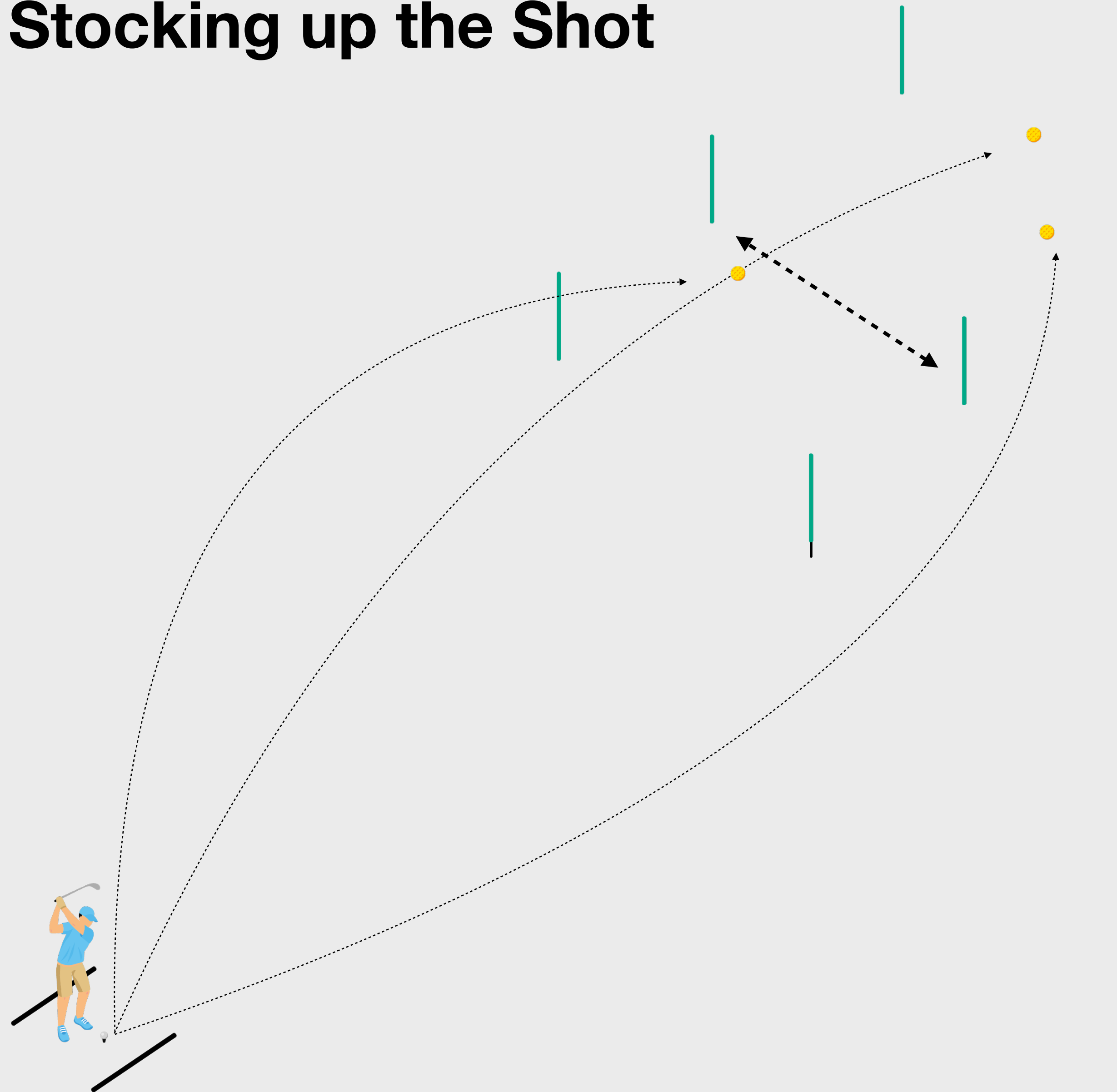
## How to Practice

- Set up an alignment stick 8 yards in front of the target line
- Set the second alignment stick up 4 yards either side of the first stick right (for a draw) or left (for a fade)
- The student must attempt to hit golf balls where they start on a chosen side based off the students natural shot shape and move back towards the target
- The alignment sticks act as an indicator for success in this activity

## Technical Link

- By having visual aids on the driving range it focuses the students minds on their target and stock shot shape
- This activity will highlight the shot the student is most comfortable hitting and will teach them to allow for that shape on the ball when they're aiming

# Stocking up the Shot



## Equipment Needed

- Driver
- Alignment sticks or Existing Targets

## How to Play

- Set up a fairway on the driving range using existing targets or alignment sticks
- The students attempt to hit golf balls on the target fairway using their stock shot
- Ask the students to hit 10 shot and see how many out of 10 they can hit the fairway
- After this they may repeat to try and beat their score

## Technical Link

- By having visual aids on the driving range it focuses the students minds on their target and stock shot shape
- It shows them what an average fairway width of roughly 40 yards looks like and highlights how consistent they are at finding it

# Scoring Goal Challenges

## Driver

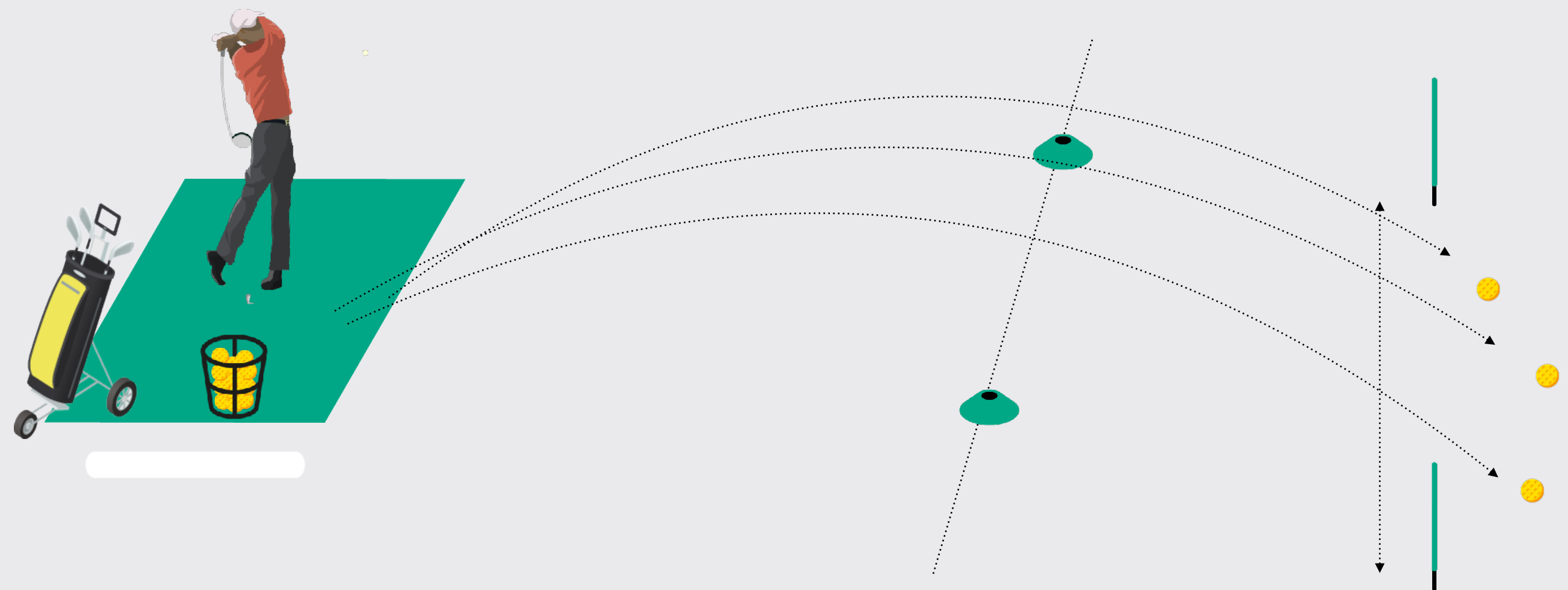


# Driver Challenge

**TRACKMAN**

Use the 'TOTAL', 'CARRY' and 'SIDE' features to provide accurate measurement

	Course Length	Break 100	Break 90	Break 85	Break 80	Break 75
Minimum Distance	< 4500 Yards	120	130	140	150	160
	4500 -5500 Yards	160	170	180	190	200
	5500 -6500 Yards	180	190	200	210	220
	> 6500 Yards	210	220	230	240	250



Minimum Distance Markers

30 Yard Wide Target Gate



## Attempting the Challenge

- Students should select the minimum distance based on their home club course length from the table opposite.
- Next, attempt to hit each shot to finish within the target gate and for each shot and note the total distance of each shot relative to the distance markers.
- Record the result of each attempt on the Challenge Scorecard.

## The Challenge

- Hit the number of required shots through the 30 yard wide target gate using a Driver. The student has a total of 10 attempts.

## What to do Next:

- On the GLF. Connect App, the student should mark the challenge as complete for scoring goal they complete to achieve their virtual reward.

100	<b>2/ 10 shots between a target gate</b>
<hr style="border-top: 1px dashed black;"/>	
90	<b>4/ 10 shots between a target gate</b>
<hr style="border-top: 1px dashed black;"/>	
85	<b>5/ 10 shots between a target gate</b>
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80	<b>6/ 10 shots between a target gate</b>
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75	<b>8/ 10 shots between a target gate</b>
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