

Curriculum

	Mastering the Game	Whole Golfer Topic	Whole Golfer Focus	Learning the Game Category	Learning the Game Category	Challenge
Week 1	Swing	Cognitive	Beginners Mindset	Rules and Etiquette	Introducing Yourself	Iron Challenge
Week 2	On the Green	Personal	Positivity	Orientation	The Clubhouse	Short Putts Challenge
Week 3	Around the Green	Social	Friendships	Preparing to Play	Staying Safe at the Golf Course	Chipping Challenge
Week 4	Swing	Creative	My Hero	Orientation	Par 3, Par 4, Par 5	Fairway Woods Challenge
Week 5	On the Green	Cognitive	Your Goals	Preparing to Play	Why Should we Warm-Up?	Long Putts Challenge
Week 6	Around the Green	Personal	Perseverance	Orientation	Areas of a Golf Hole	Pitching Challenge
Week 7	Swing	Social	Appreciation	Orientation	The Tee	Driver Challenge
Week 8	On the Green	Creative	Practice at Home	Preparing to Play	Introducing the Scorecard	Scoring Challenge
Week 9	Around the Green	Cognitive	Feeling Nervous	Rules and Etiquette	Introduce Rules in a Bunker	Bunker Challenge
Week 10	Swing	Personal	Responsibility	Orientation	Irons - Different Parts of the Club	Iron Challenge
Week 11	On the Green	Social	Praise	Orientation	The Putter	Short Putts Challenge
Week 12	Around the Green	Creative	Body Language	Orientation	Using different clubs, with different lofts	Chipping Challenge
Week 13	Swing	Cognitive	Coachable	Rules and Etiquette	The Woods	Fairway Woods Challenge

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Week 14	On the Green	Personal	Honesty	Rules and Etiquette	Ball Marker	Long Putts Challenge
Week 15	Around the Green	Social	Gratitude	Rules and Etiquette	The Pitchfork	Pitching Challenge
Week 16	Swing	Creative	Don't be afraid to make mistakes	Orientation	The Driver	Driver Challenge
Week 17	On the Green	Cognitive	Understanding	Rules and Etiquette	Where to leave your bag near the green?	Scoring Challenge
Week 18	Around the Green	Personal	Integrity	Orientation	Sand Wedge, Loft and Bounce	Bunker Challenge
Week 19	Swing	Social	Trustworthiness	Preparing to Play	Driving Range Warm-Up	Iron Challenge
Week 20	On the Green	Creative	Independence	Preparing to Play	Putting Warm-Up	Short Putts Challenge
Week 21	Around the Green	Cognitive	Play in the Now	Rules and Etiquette	Who plays first? Chipping vs Putting	Chipping Challenge
Week 22	Swing	Personal	Hard work	Rules and Etiquette	Practicing Safely	Fairway Woods Challenge
Week 23	On the Green	Social	Respect for your Team	Rules and Etiquette	Etiquette on the Green	Long Putts Challenge
Week 24	Around the Green	Creative	Additional Practice	Rules and Etiquette	Divots	Pitching Challenge
Week 25	Swing	Cognitive	Brush It Off	Orientation	Hitting with different parts of the Driver	Driver Challenge
Week 26	On the Green	Personal	Self Respect	Rules and Etiquette	Line of the Putt	Scoring Challenge

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Week 27	Around the Green	Social	Teamwork	Preparing to Play	Keeping your Clubs Clean	Bunker Challenge
Week 28	Swing	Creative	Curiosity	Playing and Scoring	How many practice swings are appropriate?	Iron Challenge
Week 29	On the Green	Cognitive	Respect	Rules and Etiquette	Who plays first?	Short Putts Challenge
Week 30	Around the Green	Personal	Confidence	Playing and Scoring	When to Play a Chip Shot	Chipping Challenge
Week 31	Swing	Social	Engagement	Playing and Scoring	Pre-Shot Routine	Fairway Woods Challenge
Week 32	On the Green	Creative	Open Minded	Preparing to Play	What to Wear?	Long Putts Challenge
Week 33	Around the Green	Cognitive	Effort	Playing and Scoring	Ground Under Repair	Pitching Challenge
Week 34	Swing	Personal	Resilience	Rules and Etiquette	Out of Bounds	Driver Challenge
Week 35	On the Green	Social	Safety	Playing and Scoring	Simple Stretches	Scoring Challenge
Week 36	Around the Green	Creative	Ambitious	Rules and Etiquette	Play the ball as it lies	Bunker Challenge
Week 37	Swing	Cognitive	Preparation	Orientation	Lie Angle	Iron Challenge
Week 38	On the Green	Personal	Passion	Rules and Etiquette	Ready Golf	Short Putts Challenge
Week 39	Around the Green	Social	Cooperation	Rules and Etiquette	What is a penalty area?	Chipping Challenge

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Week 40	Swing	Creative	Positive Energy	Preparing to Play	What's in the Bag?	Fairway Woods Challenge
Week 41	On the Green	Cognitive	Attitude towards learning	Preparing to Play	What Time do you Arrive?	Long Putts Challenge
Week 42	Around the Green	Personal	Self Discipline	Preparing to Play	Pace of Play	Pitching Challenge
Week 43	Swing	Social	Leadership	Rules and Etiquette	What are the rules on the tee?	Driver Challenge
Week 44	On the Green	Creative	Talent	Playing and Scoring	Stableford Points	Scoring Challenge
Week 45	Around the Green	Cognitive	Growth Mindset	Playing and Scoring	Matchplay Format	Bunker Challenge
Week 46	Swing	Personal	Fairness	Playing and Scoring	Texas Scramble Format	Iron Challenge
Week 47	On the Green	Social	Caring	Playing and Scoring	Ryder Cup Playing Formats	Short Putts Challenge
Week 48	Around the Green	Creative	Imagination	Rules and Etiquette	How many clubs are you allowed in the bag?	Fairway Woods Challenge
Week 49	Swing	Social	Teaching your Parents	Playing and Scoring	Shouting Fore!	Long Putts Challenge
Week 50	On the Green	Creative	Create your own game	Preparing to Play	Pre-Round Routine	Pitching Challenge
Week 51	Around the Green	Cognitive	Focus	Playing and Scoring	Reacting to Shots on the Course	Driver Challenge
Week 52	Swing	Personal	Patience	Preparing to Play	Lessons	Scoring Challenge