

Full-Day Camp Timetables

5 Days



4 Class Plans

Playing Course Progression Levels

Session: 60mins | Group Size: 1:6

Mastering the focus: Swing | Element: Irons | Learning the game focus: Orientation | myJunior Challenge: Iron Challenge

Time	Focus	Suggested Theme Content	Games / Drills / Resources
10 Mins	Introduction & Warm Up Game	<ul style="list-style-type: none"> Outline the lesson objectives to the group Introduce the warmup game to the group Introduce FMS and Physical Literacy focus Split into teams & demonstrate warm up game Play the warmup game 	<ul style="list-style-type: none"> Relay Race
5 Mins	Learning the Game Focus	<ul style="list-style-type: none"> Introduce the components of the Golf Bag Introduce the Iron & components of the club 	
35 Mins	Mastering the Game Focus	<ul style="list-style-type: none"> Outline the safety instructions & class layout Introduce games, tasks & challenges Deliver one to one & group coaching on the Mastering the Game learning outcomes Children can attempt the Iron Challenge Children rotate around the stations 	Coming Soon
10 Mins	myJunior Track & Reward	<ul style="list-style-type: none"> Recap Mastering the Game and Learning the Game Focus from the session to check for understanding Distribute Learning the Game Resource if appropriate Children can complete myProgress Wheel and add stickers where appropriate Add any lesson notes to the child's myProgress section Award the Achiever Reward to a student in front of the parents and the group Award any Pins & Hats 	<ul style="list-style-type: none"> The Iron Challenge Tug of War Stepping Stones

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Day 1 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none"> Welcome and allocate children to their teams for the week 	<ul style="list-style-type: none"> Team Register & Design a Flag
15 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores for the Junior Camp Games on the Team Scorecard 	<ul style="list-style-type: none"> Knockdown Noodles I (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Swing 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Rocket Launcher Power Play Knockdown Tower I (Junior Camp Competition Game) Crossbar Challenge Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> On the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Cat and Mouse Round the Clock Spiral I (Junior Camp Competition Game) Tic Tac Toe - Putting Putting Partners Team Scorecard
10 Mins	Mid-Morning Break	<ul style="list-style-type: none"> Time to rest, enjoy a drink and snack 	
45 Mins	Mastering the Game <ul style="list-style-type: none"> Around the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Golf Tennis I (Junior Camp Competition Game) Closest to the Pin Tic Tac Toe Mouse Trap Team Scorecard
15 Mins	End of Morning Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the morning 	<ul style="list-style-type: none"> Team Scorecard

Day 1 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none"> Enjoy lunch and provide indoor activity to complete 	<ul style="list-style-type: none"> Golf Wordsearch
20 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game and play in teams 	<ul style="list-style-type: none"> PGA Pro Says
150 Mins	On Course Play <ul style="list-style-type: none"> Team Foursomes 	<ul style="list-style-type: none"> Outline the safety instructions Introduce the format The children play in pairs with another player from their teams Allocate appropriate tee positions depending on ability Record scores for as many holes that can be completed in the allotted time 	<ul style="list-style-type: none"> Scorecards Team Scorecard
10 Mins	End of Day Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites Give out the Achiever Award for the day Announce the points total 	<ul style="list-style-type: none"> Team Scorecard

Day 2 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none"> Welcome and review Teams for the week and Team Scores 	<ul style="list-style-type: none"> Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores for the Junior Camp Games on the Team Scorecard 	<ul style="list-style-type: none"> Head, Shoulders, Knees and Toes I (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Around the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Closest to the Line Battleships Splash Shot Over or Under (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Swing 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Stepping Stones Tug of War Up the Ladder (Junior Camp Competition Game) Flamingo Shots Team Scorecard
10 Mins	Mid-Morning Break	<ul style="list-style-type: none"> Time to rest, enjoy a drink and snack 	
45 Mins	Mastering the Game <ul style="list-style-type: none"> On the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Closest to the Line Pick a Cone, Hit a Cone Coconut Shy (Junior Camp Competition Game) Minefield Team Scorecard
15 Mins	End of Morning Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the morning 	<ul style="list-style-type: none"> Team Scorecard

Day 2 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none"> Enjoy lunch and provide indoor activity to complete 	<ul style="list-style-type: none"> Design a Par 3, 4 and 5
20 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game and play in teams 	<ul style="list-style-type: none"> Relay Race
150 Mins	On Course Play <ul style="list-style-type: none"> Team Scramble 	<ul style="list-style-type: none"> Outline the safety instructions Introduce the format Let the children play in teams and record scores for as many holes completed 	<ul style="list-style-type: none"> Scorecards Team Scorecard
10 Mins	End of Day Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the day 	<ul style="list-style-type: none"> Team Scorecard

Day 3 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none"> Welcome and review Teams for the week and Team Scores 	<ul style="list-style-type: none"> Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores for the Junior Camp Games on the Team Scorecard 	<ul style="list-style-type: none"> Floor is Lava (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> On the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Through the Gates Compass Putting Runway (Junior Camp Competition Game) Finders Keepers Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Around the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Cone Crusher Choose Your Trajectory Curling (Junior Camp Competition Game) Single, Double Triple Team Scorecard
10 Mins	Mid-Morning Break	<ul style="list-style-type: none"> Time to rest, enjoy a drink and snack 	
45 Mins	Mastering the Game <ul style="list-style-type: none"> Swing 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Slalom Happy Shots Pinseeker (Junior Camp Competition Game) Pot Luck Team Scorecard
15 Mins	End of Morning Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the morning 	<ul style="list-style-type: none"> Team Scorecard

Day 3 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none"> Enjoy lunch and provide indoor activity to complete 	<ul style="list-style-type: none"> Design a Golfer
20 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores 	<ul style="list-style-type: none"> Pitch vs Chip
150 Mins	On Course Play <ul style="list-style-type: none"> Team Foursomes 	<ul style="list-style-type: none"> Outline the safety instructions Introduce the format Let the children play in teams and record scores for as many holes completed 	<ul style="list-style-type: none"> Scorecards Team Scorecard
10 Mins	End of Day Recap / End of Week Presentation	<ul style="list-style-type: none"> Recap the games, find out the children's favourites Give out the Achiever Award for the day Announce the points total Announce the winners for the week, present prizes Provide information on the Junior Monthly Program Thank everyone for coming 	<ul style="list-style-type: none"> Team Scorecard

Day 4 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none"> Welcome and review Teams for the week and Team Scores 	<ul style="list-style-type: none"> Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores for the Junior Camp Games on the Team Scorecard 	<ul style="list-style-type: none"> Rock, Paper, Scissors (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Swing 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Crossbar Challenge (Junior Camp Competition Game) Up the Ladder Clubface Contact Tug of War - Nearest to the Pin
40 Mins	Mastering the Game <ul style="list-style-type: none"> On the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Ten Pin Bowling Putting Pool (Junior Camp Competition Game) Finders Keepers Kentucky Derby Team Scorecard
10 Mins	Mid-Morning Break	<ul style="list-style-type: none"> Time to rest, enjoy a drink and snack 	
45 Mins	Mastering the Game <ul style="list-style-type: none"> Around the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations Use one of the Games in the Junior Camp Competition 	<ul style="list-style-type: none"> Matchplay Pitch Finders Keepers Over or Under Bullseye (Junior Camp Competition Game) Team Scorecard
15 Mins	End of Morning Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the morning 	<ul style="list-style-type: none"> Team Scorecard

Day 4 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none"> Enjoy lunch and provide indoor activity to complete 	<ul style="list-style-type: none"> Naughts and Crosses
20 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores 	<ul style="list-style-type: none"> Launch Pads
150 Mins	On Course Play <ul style="list-style-type: none"> Team Scramble 	<ul style="list-style-type: none"> Outline the safety instructions Introduce the format Let the children play in teams and record scores for as many holes completed 	<ul style="list-style-type: none"> Scorecards Team Scorecard
10 Mins	End of Day Recap / End of Week Presentation	<ul style="list-style-type: none"> Recap the games, find out the children's favourites Give out the Achiever Award for the day Announce the points total Announce the winners for the week, present prizes Provide information on the Junior Monthly Program Thank everyone for coming 	<ul style="list-style-type: none"> Team Scorecard

Day 5 Morning | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
15 Mins	Introduction	<ul style="list-style-type: none"> Welcome and allocate children their teams for the week. 	<ul style="list-style-type: none"> Team Register
15 Mins	Warm Up Games	<ul style="list-style-type: none"> Introduce the Warm Up game, play in teams and record scores 	<ul style="list-style-type: none"> Obstacle Course (Junior Camp Competition Game) Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Around the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations 	<ul style="list-style-type: none"> Splash Shot Mouse Trap (Junior Camp Competition Game) Golf Tennis Over or Under Team Scorecard
40 Mins	Mastering the Game <ul style="list-style-type: none"> Swing 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations 	<ul style="list-style-type: none"> Crossbar Challenge G. O. L. F. Stepping Stones Straight Shooter (Junior Camp Competition Game) Team Scorecard
10 Mins	Mid-Morning Break	<ul style="list-style-type: none"> Time to rest, enjoy a drink and snack 	
45 Mins	Mastering the Game <ul style="list-style-type: none"> On the Green 	<ul style="list-style-type: none"> Outline the safety instructions and class layout Introduce games, tasks and challenges Deliver one to one and group coaching Children rotate around the stations 	<ul style="list-style-type: none"> Putting Runway American Pool Stick Shift (Junior Camp Competition Game) Putting Poison Team Scorecard
15 Mins	End of Morning Recap	<ul style="list-style-type: none"> Recap the games, find out the children's favourites and announce the points total for the morning 	<ul style="list-style-type: none"> Team Scorecard

Day 5 Afternoon | Full-Day Camp Timetable

Session Length:
420 mins

Group Size:
1:8

Mastering the Game Focus:
Swing
Around the Green

Mastering the Game Focus Cont:
On the Green
Course Play

Time	Focus	Suggested Theme Content	Games / Drills / Resource
60 Mins	Lunch	<ul style="list-style-type: none"> Enjoy lunch and provide indoor activity to complete 	<ul style="list-style-type: none"> Learning the Game Quiz
150 Mins	On Course Play <ul style="list-style-type: none"> Team Betterball 	<ul style="list-style-type: none"> Outline the safety instructions Introduce the format Let the children play in teams and record scores for as many holes completed 	<ul style="list-style-type: none"> Scorecards Team Scorecard
30 Mins	End of Week Presentation	<ul style="list-style-type: none"> Announce the winners for the week, present prizes Provide information on the Junior Monthly Program Thank everyone for coming 	<ul style="list-style-type: none"> Team Scorecard Prizes Junior Monthly Flyer